

15th March, 2012


THOSE ASPECTS OF THE SOHRAB THAT ARE THE MAHA AVATAR BABAJI.

Sohrab's channeling:

SHAMBALA
SHANGRI-LA

(Prior to the meeting, there was a discussion about the possible existence of Shambhala. Thereafter, the channeling commenced.)

Trance Channeling begins

 Don't even attempt to read his energies today: you will all get different readings! However, we are appreciative of the fact that so many in the room now do this instinctively, and on a regular basis. And so you should.

Shangri-La. Shambhala. Does it exist? Most definitely; and yet, let us shatter your pre-conceived notions of this.

Every society and planetary body around the Universe has its own Shambhala. From your planet's perspective, it could be considered Earth's Sacred Space.

You are already aware that each person houses, within his own body, an energetic sacred space. This is a space of personal divinity; one so private that none can enter it, not even the grandest Master, without your express invitation.

From time to time you do invite energies into this space, but always for a limited time period: none but you can reside there permanently.

Similarly, Planet Earth has her own sacred space, into which she invites her inhabitants, energetically, from time to time. This sacred space is physical; and yet it is not.

Her actual Shangri-La lies deep within her surface, near her core centre. Physically, none of her inhabitants can ever visit it: you will never discover it, and neither will her subterranean inhabitants. None can, as the energies must remain pure and uncontaminated. However, energetic reflections or representations of this space are often experienced on the planet's surface.

When you are invited to visit this space, and if you had the ability to recall this 'trip', each would see it differently. The high vibrations of the energies there merge with

yours, and offer you a unique view of it. Some would mentally interpret it as a 'garden of Eden', others a magnificent crystalline cave, and so on.

Now, you spoke of the Himalayas, the Gobi desert, or the Sahara 'housing' Shangri-La. Places like these, and many others as well, offer you energetic portals to enter the sanctum. These are instant entrances to it, and are therefore often confused with the space itself. Ethrically, it could therefore exist anywhere and everywhere.

Major portals do exist in the Himalayas, the Sahara and Gobi deserts, Machu Picchu, and in Mount Kailash, to name but a few.

Portals are not limited to unpopulated spaces: it may interest you to know that one such hidden portal exists right in the centre of New York City. Yet, to preserve its sanctity, no one will ever step onto the very spot of the portal, unless they are invited to visit Shangri-La. Energetically, they will simply avoid that particular spot, without ever knowing that they are being 'diverted' from it.

Are there are specific number of such portals, worldwide?

These shift and change from time to time, but in general there are always 144 such entrances 'kept alive' at any given moment.

Earth's Shambhala has an indefinable purity, and contains infinite possibilities, probabilities and infinite creation.

There are seven **keepers of Shambhala**; Masters of a very different kind to the ones with which you are accustomed. These magnificent beings do not have physical bodies at all, but highly multi-vibrational ones. Once they undertake this task, they are keepers forever. They can never 'leave' the space; as they have to maintain the energetic purity of it. Now please do not view this as 'restrictive': they are able to travel astrally, and can visit the ends of the Universe, at will. And being keepers of this kind of energy can only offer them pure and uninhibited joy.

I find it so difficult to even begin to conceptualize 'the void', 'the Universe' and 'God'...

Imagine what a germ, within your body, thinks of you! He exists within you, he experiences a part of you, he has been 'created' and 'housed' by you, and yet he can never move outside your body to have an external view of you. The analogy is the same for you and 'God'. Simply work towards experiencing being a part of the Universe, and then experience the Universe within self.

Now, for today's discussion, let us focus upon Earth's Shambhala. The keepers could be considered 'beings of light', but they are not beings as you know them, and they have to be able to move beyond 'light' as well.


They have to be able to shift personal frequencies to access and hold any and every energy necessary for Earth and all her inhabitants. They have to be able to move to the void, and beyond it.

The keepers work exclusively to further the evolution of your home planet and all of you. They are concerned with her moment-to-moment re-creation of self. They also have a specific grid connection with all other Shambhalas around the Universe, to allow for a free flow of Universal energies.

Now, if the energies are so high here, why would Mother Earth invite individuals or groups into her sacred space? Any thoughts here?

Rejuvenation?

To help us access both matter and anti-matter?

 All this and more. The Shambhala Masters need you as much as you need them. Each inhabitant is invited into Shambhala at least once in his or her lifetime; and some more than that.

In general, you will have no recollection of this visit. The experience is so intense that your earthly mind and body tend to block out any recollection of it. If you could recall it fully, you might, quite literally, 'go mad', lose all your senses and destroy your brain cells.

However, some do retain a faint energetic echo. They would probably experience, in an instant, a feeling of the fullest expansion of self, inner peace, harmony and simultaneous exuberance. The various Masters, in living form, who have described 'Nirvana', have experienced this.

In some cases, after the visit, there has been a full personality change in the person, overnight. Now this is not to be confused with a 'walk-in', but it can occur.

When you actually visit the place (as all of you have done, or will do, at some point) you undergo a complete re-wiring of your energetic structure. Not just of the structure you inhabit in this incarnation; but in all your past, future, simultaneous and alternate realities as well. The moment you interact with the energies there, you can 'never be the same again'. You also activate all 144 DNA strands, to differing degrees.

For this very reason, some choose this experience towards the very end of their physical lives, when they are in a comatose or semi-comatose state. This way, they are not hampered by normal human resistance: they experience the shift fully and freely, and shortly thereafter shed the body, taking with them, into the spirit realm, a new and expanded self.

What happens to a living person, after he experiences this complete re-wiring?

■ The earlier examples given were rather dramatic. Most do not have any obvious external shifts or any recollection of the experience.

However, once this is experienced, your DNA is highly activated, and you start energetically mutating in every one of your forms. Through this simultaneous activation, you can then shift course at will, and choose to experience all your lives in a new and exciting manner.

Hypothetically, you could return with a new-found passion for science or mathematics, which you never before had. This would lead you to explore aspects of self and of the Universe that you would never have, prior to the experience.

You could find yourself changed from a 'socialite' to a 'seeker'. From a shy, retiring person, to one who now offers service to large groups of people. A perennial 'victim' may now become a self-assured, balanced human being.

The touching of Shangri-La is one of pure joy and pure self-recreation. Here, you truly understand that you have no limits.

You said this happens in a flash of a second: does it always happen in the sleep state?

■ Not at all, it could happen at any time. But when you are in the sleep state, or semi-comatose, you travel even more smoothly and resist it less.

(Pointing to D) Yes, your NDE that you related to the group in the past was a simultaneous experience of the Shangri-La energies and a trip to the spirit realm. If you so choose, you can now re-visit the experience again, and 'see' more than you did at that time.

You said that all our parallel existences visit Shambhala...so we do this each time we incarnate?

■ Now that you have learned that your past, present and future is actually simultaneous, understand all aspects actually touch it at the same moment.

So Shangri-la is pure physics?

■ Pure physics, indeed! It also takes your understand of sacred geometry to a different level.

You have studied how the “Big Bang” created initial shapes and forms, all of which re-created themselves over eons: this has been discussed in the past.

Shangri-La offers you the opportunity to create new sacred geometry in an instant: in doing so, you are not only re-writing the physics of self, but also of the Universe, as a reflection of self!

Does the basic pattern change?

■ What is your concept of the smallest particle of existence?

The God Particle.

■ Exactly! Now what if we were to tell you that that is a giant, in comparison to the actual particles you work with, when you visit Shangri-la?

Here, you create and re-create God’s Particle constantly. You energetically experience the equivalent of your own ‘big bang’; every aspect of self disintegrates into billions of trillions of infinitesimal aspects of self, each with full consciousness.

Through this process, you get to know and experience the Universe entirely: it is the ultimate Cosmic Orgasm.

In the next instant, you once again re-assemble self in a new and upgraded form.

You spoke of our individual portals or ‘cut-outs’ to the void. Are we actually the very fabric of these portals?

■ You are all guards of your own portals. The ‘cut-out’ itself is an aspect of your own energy (or should we say, non-energy). Therefore you are the portal and the ‘passageway’ leading to the void.

Each aspect of self, depending on its own energetic level of evolution, is allowed differing distances up the passageway. So even in this relatively dense body on Earth, you do constantly receive ‘radiation’ of the void, through your portal.

So, what is your ‘passport’ to enter Shangri-La?

The first is that you have to be invited in by Planet Earth herself: no gate-crashers are permitted! (all laugh)

This invitation will only be extended when you are energetically expanded and ready for and desirous of this visit. And please do not assume that a person has to officially be a ‘spiritualist’ for this: readiness is assessed at a completely different level.

Though, as has been mentioned before, this does generally occur in the sleep or comatose state, you could be there and back mid-stride, walking upon the road, in full consciousness. "Time", as you know it, does not hold good there.

Let us take you through a brief experience to simply experience the portal. Take a moment and center yourselves. Breathe and relax....

Today, we ask you to imagine that you are in the middle of the Gobi desert. Go ahead and visualize beautiful, virgin sand dunes. The sky is bright and vibrant. The sun above is not hot, but it fills you with pure energy.

This entire group is standing there together. Now allow yourselves to experience an 'inner lift', as if you are gently being raised off your feet. Visit your portal in complete silence for a few minutes.....

Now return to full consciousness. Was it pleasurable? Could you experience the energies?

(Most in the room could)

Now let us speak of the **physical Shangri-Las** on planet Earth's surface. These have occasionally been visited by humans, and are mistaken as 'the original'; yet they are 'liaison spaces' between you and Earth's sacred space, deep within the planet's surface.

You are well aware of the fables and myths of such spaces; and indeed they have been 'stumbled upon' from, time to time, by explorers. But let us assure you that even in these cases, it is not an accident, but a visitation by energetic design.

There are two such spaces in the Himalayas, for example: one being a hidden cavern of vast proportions, in which lives an ancient and secret tribe.

Rare visitors are always welcomed, fed and housed for a brief period, and thereby experience vast personal growth. However, when they leave, they only retain a vague and hazy recollection of their experience; and often dismiss it as a hallucination.

Another physical Shangri-La exists within the Greek Islands and another, deep in the Amazonian jungle, to name but a few.

All the inhabitants of these various Shambhalas lead apparently simple lives, and are yet highly, highly evolved beings. They do not have need for technology as you do, and yet can harness crystalline and Universal power, at will, to serve their every need.

All of these friends are very warm and welcoming, yet highly reclusive. They have no need to travel anywhere physically, as astral flight is natural to them.

Should any of you 'stumble upon them', physically or in the dream state; please bear all this in mind, and fully embrace this experience!

Where in the Himalayas is the cavern?

☀️ (Smiling) Do you really expect us to give you co-ordinates? And even if we did, and you adventurously undertook an expedition, you would never find it, unless you were energetically ready to do so. All these spaces have energetic shields, preventing the masses from discovering them.

Maha Avatar Babaji is said to have a secret retreat in the Himalayas...

☀️ Yes, this is one of the Shangri-Las.

You, dear friends, are now able to receive all this information, as you are at a stage of energetic readiness to consciously visualize and connect with Earth's Shangri-La. Your actual visitation will only take place as scheduled by your own higher energies; but you can now start to touch the energies consciously, at will.

Can you not sense the energies in the room today?

(The group collectively experiences multi-vibrational energies; many state that they are extremely heavy-headed and are also experiencing very physical inner shifts and movements)

☀️ Yes indeed. For the purposes of today's session, you have all created an energetic Shangri-La, right here in this room.

Dear friends, the Shangri-La energies invite you to experience them at will, as described above. They also give you the permission to 'energetically invite' your children with you on your journeys. Natural or adopted children, or any child whom you emotionally consider 'yours'. Even a pet, if he is like a child to you. But no one else.

If you do this, you will perceive a wonderful change in self and in the children.

What about grandchildren?

☀️ No grandchildren, unless you are in the role of a parent to them, physically or emotionally.

We will speak more of Shangri-La in the future....

JOY, LOVE LIGHT AND BLESSINGS FROM THOSE ASPECTS OF THE SOHRAB THAT ARE
THE MAHA AVATAR BABAJI.
