

26<sup>th</sup> April, 2012

THE ENERGIES OF THE RA COLLECTIVE

*Channeled by Sohrab*

POSSESSION  
SOUL CONNECTIONS  
PREMONATIVE DREAMS  
FORGIVENESS  
SOLAR FLARES  
THE NEW POLARITY WITHIN EARTH AND WITHIN SELF

(Prior to the meeting, Sohrab listed several people who required energy/healing. As the group began chanting, the soul of one of these friends spoke through him, in agitation.)

DD: Mane javooch! Mane javoonch! Mane madad aapo! (I want to go! I want to go! Please help me!)

(Sohrab shifts energies)

Trance Channeling begins

 Dear friends, you witnessed a ‘mistake’ on the part of the medium: please learn from this.

In his enthusiasm to facilitate a strong connection between his group and the patient, he accidentally allowed her to speak through him, which was inappropriate: it has only confused her further.

Yes, this soul *does* desire release, and she *does* require your assistance in this; but help could have been offered in a more streamlined manner.

Now please begin to work for her: you have been taught to simply offer light and energy to the soul, to do with it what it wants; but in this particular case, *she does desire release*.

Please help her release: she is a stubborn soul, and is holding onto all that is earthy and familiar. There is an energetic tug-of-war taking place within her. She has already been contacted by her spirit friends, loved ones and guides. She wants to cross over; but at the same time, she is ‘hanging onto life as she knows it’.

Focus upon her. Work as a joyous collective, offering her love, light and reassurance that the passage will be smooth and desirable. Place her in this very room, energetically floating above all of you. Embrace her in your light. Chant 9 OMAs as you work for her.

Thank you: it is now upto her to make her choice.

*(Note: DD passed over less than an hour after this was done)*

Dear friends, we now ask the group to work for PK. He needs the equivalent of an 'electric shock' from you. He needs to be activated, so that he can make the most appropriate choices for self. Currently, he is in a state of energetic inertia, and is not able to accurately process what is appropriate and needed for self.

The 'jolt' you offer him will not force an outcome; but it will offer him the opportunity to review self more clearly, and to choose for himself.

Please 'shock' him by chanting 9 OMAs, extremely rapidly and loudly.

(The group does so)

Now please offer love and light to all the others mentioned at the onset of the meeting. Add to this list anyone you choose. Embrace all of them gently with your group light. Offer them the opportunity to self-nurture, heal, balance and align.

(The group does so)

AND SO IT IS, AND SO IT IS, AND SO IT IS. You are being offered the higher-soul gratitude of all the friends for whom you have worked today. Take a moment and receive this.

The small 'error' that took place at the beginning of the meeting needed to be witnessed by all of you. Please take it as an important learning lesson.

Most of you are now at an energetic level where you open up to the energies of others, often by choice.

This is completely acceptable, and in fact should be practiced by all; but it must be done of choice, and responsibly.

Your exaggerated concept of 'possession' is unfortunately colored by media sensationalism. It does occur, but most often in a much subtler and milder manner, when you open self to another's energies for an extended period of time.

Let us look at this practically. When you obsess about another person, and repeatedly think of them with anger, frustration, and hatred; you open your energetic doors to their energies.

You are creating this link, and by default a part of their energies gets attached to you. Remember, the Universe facilitates your desire: in this case, you are telling the Universe that you want to obsess about them. The Universe instantly complies with this subtle request.

Now that this ‘attachment’ has been made, you start to experience your connection with the other person even more strongly. This leads to an amplified view of the pain and trauma, and often takes you into a space of exaggerated depression, violence and hatred.

You now have the divine right and the energetic ability to ‘connect’ with anyone you so choose, but you have to use this connection responsibly, and terminate it at the appropriate moment.

Even when you connect with another through love and joy (as you often do with a beloved), it is necessary for you to return to self. Otherwise this free-flow of love can turn to suspicion, jealousy and possessiveness.

A general rule is this: raise your own vibrations, center and balance yourselves, and choose to connect with the other person for personal reasons of growth, development and understanding of the situation at hand. Do your work, start to resolve and assimilate issues, and then at the appropriate time, bless the soul and return his energies to him. Center yourselves once again, raise your own vibrations, and return to the fullness of self.

If you still find yourselves obsessing about the person or the situation, you then know that you have not fully distangled the energy connect.

This holds good for all souls; whether they are in physical form, in a coma, or in spirit form.

#### *What if they refuse to go?*

 We are aware of your issue, dear friend. Yours was a rare case, and we do not wish to confuse the group with your example. However, in your case, there was a long-term connection which you chose for personal growth reasons. This soul is not with you any longer. What you now experience is simply an ‘echo’ of what was. You are now free of it. Do not re-establish this connection, but you may still work with others, of choice.

#### *What happens when one constantly judges another?*

 You are opening the doors wider and wider for attachment. Judgment, criticism, obsession and any other strong emotion like this opens up your energetic doors. Your attachment is then based primarily on that emotion.

Now do not misunderstand us: we are not urging you to close your doors at all times...not at all. But just as you open your home in the daytime, but lock the doors at night; you must learn to do the same, as is appropriate for self.

You are now all at an energetic level where, the instant you think strongly of a person or a situation, you are instantly connected with it. Use this fully and joyously, but with responsibility.

*As a channel it is my duty to work with energies on a daily basis, so I now choose and say – retreat and go to the light ---*

Dear friend, you cannot generalize. You often operate from fear. Assess each individually; and when it is appropriate, connect and hold the energy for the required period. When it is not, do not entertain the connection.

Learn from today's episode, which was provoked to teach all of you a valuable lesson. He (Sohrab) genuinely desired to help the soul in question. However, had he taken a moment, he would have realized that it was not appropriate for the soul itself. No harm was done: she is now back in a space of security.

*How much are we to 'open our doors' to the external?*

 Each person has a unique, individual energetic structure. At the same time, he constantly merges with energies around him.

All of you, for example, are currently a beautiful merger of one another. When you leave this room, after this meeting, you will not be the same as when you entered it. It is necessary that you imbibe what you need, and yet return to a relative level of individuation. Yet you will retain an essence, the perfume of those with whom you have intermingled.

You constantly add to your fragrance with every interaction in life. This constant upgrade flavors you, but you still retain your essence.

Now, when you are obsessed with a person or situation, either with anger, or passion, or jealously, or in any other way, you open to an overdose of the perfume. It becomes overwhelming, and turns sour.

External essences should complement and enhance you, not obliterate you.

*I get a lot of early-morning precognitive dreams. These are generally of events that are about to take place, and do. What am I supposed to do with this?*

 You are looping forward in time and picking up what is about to happen. Learn now to take this forward: ask yourself why this is happening, and what you need to do about it.

This has been discussed at a prior meeting, but we will touch upon it again.

There are different kinds of premonitory dreams. If you get specifics, such as 'flight ABC is going to crash tomorrow', you must then immediately ask yourself what you need to do about it. You may need to alert a friend who is going to take the flight. You may need to alert the airline itself.

This way, you are offering those who are considering involving themselves with the event, a chance to touch their higher selves and reconsider their decision.

A person may heed you, or he may scoff at you. So be it. You have done your energetic duty; and must then release the outcome, without regret or self-blame. You cannot hold yourself responsible for all those who do choose to involve themselves with the outcome.

Now, you may also have a dream wherein the events are not clearly defined. A group member, for example, had a dream a month prior to 26/11, in which she intuited that an act of terrorism was going to take place 'somewhere in Colaba'.

In this case, as she had no specifics, it was her duty to energetically connect with all those 'unknown' people who were going to involve themselves in the event, and offer them the necessary 'jolt', to re-evaluate their participation in the upcoming situation.

*I recently dreamt that my father was going to call me from Hong Kong and have a tiff with me: at that point, the phone rang, and I could see it was his number. I chose not to answer it for that very reason.*

 In this case, she was forewarned, and had several choices. She had already picked up the energy of the upcoming phone call. She made a specific choice: not to involve herself with the argument at that moment in time...perfectly acceptable.

Another choice could have been to answer the phone, and to choose not to participate in any argument, thereby shifting the energy around.

A third choice could have been to participate in the argument, but from a space of balance and expansion.

Premonitions like this offer you the opportunity to touch your power, and to change the course of events, if you so choose.

*Does assimilation have to be a two-way street?*

Not at all: you may choose to work upon and assimilate a certain situation; whereas the other person involved may not choose to do so.

Let us say that a husband and wife share a tumultuous relationship. Each may work upon it at their own pace. One may not even choose to work upon it at all. So be it. You can only work from the perspective of self; you cannot ‘force’ another to do so.

If the wife does her personal work, she may even grow into a space where the marriage becomes perfectly comfortable for her, whereas the husband still finds it intolerable.

However, when one partner works upon an aspect, it has to energetically affect the other partner as well. But each will continue to work at their own pace.

*When we work through love, and forgiveness, surely things must change?*

They do indeed! Forgiveness, as you well know, is simply thankfulness to the other party FOR GIVING you an experience you needed for your growth and evolution.

Till you have genuinely reached that state of gratitude, you have not actually forgiven the person. You are simply spouting words.

When you genuinely work from a space of forgiveness and love, you change your own cellular structure. You re-fuel your cells with light and expansion. And through this, you reach out and offer the other person the opportunity to do the same for self.

Let us remind you that ***you can never send out any energy that you do not offer self first.***

If you do not love yourself, you cannot love your husband or children. If you do not respect yourself, you can never respect another. If you do not deem self worthy, you can never send out healing to another.

You often claim to do so, but you are simply fooling yourself. Now wake up and examine this in self.

You can raise your physical hand, and reach out and touch another, at will. But you cannot do this energetically, unless you have already generated that energy within self first.

Water has to first boil before it releases vapor. You cannot command a cold pot of water to do so.

So what love, light and healing can you possibly offer another, if you do not have it within self first? Yes, you can go through the motions of waving your hands about and duping yourselves into believing that you have just done so, but where is the energy? It is only self-deception.

*Can you speak to us of the recent solar flares?*

 Kindly share your technical knowledge of this with the group first.

(Note: Darshana kindly added to what she earlier said, by sending me the following passage)

Large flares are often associated with huge ejections of mass from the Sun, although the association is not clear. These **coronal mass ejections (CMEs)** are balloon-shaped bursts of solar wind rising above the solar corona, expanding as they climb. Solar plasma is heated to tens of millions of degrees, and electrons, protons, and heavy nuclei are accelerated to near the speed of light. The super-heated electrons from CMEs move along the magnetic field lines faster than the solar wind can flow. Rearrangement of the magnetic field, and solar flares may result in the formation of a shock that accelerates particles ahead of the CME loop. Each CME releases up to 100 billion kg (220 billion lb) of this material, and the speed of the ejection can reach 1000 km/second (2 million mph) in some flares. Solar flares and CMEs are currently the biggest "explosions" in our solar system, roughly approaching the power in ONE BILLION hydrogen bombs!

The magnetics are enhanced with the CME's. Each ejection is with Antimatter generated by the energy of the sun's solar corona. The Earth's core is molten iron. The very spin of the Earth creates gravity and the base of all matter. This marriage of Antimatter and Matter creates weather, violent storms, earthquakes and violent eruptions of volcanoes.

CME's are in cycles of 11 years. 2012 is the first year of the solar cycle. As these solar flares intensify and we start peaking this cycle you can well imagine what effects it would have on Earth, Humanity, animal and mineral kingdoms.

**Galactic cosmic rays (GCRs)** come from outside the solar system but generally from within our Milky Way galaxy. GCRs are atomic nuclei from which all of the surrounding electrons have been stripped away during their high-speed passage through the galaxy. They have probably been accelerated within the last few million years, and have traveled many times across the galaxy, trapped by the **galactic magnetic field**. GCRs have been accelerated to nearly the speed of light, probably by supernova remnants. As

they travel through the very thin gas of interstellar space, some of the GCRs interact and emit gamma rays, which is how we know that they pass through the Milky Way and other galaxies.

The magnetics holds a power on our mind and psyche in the oncoming dimension ascension. CME's with energy of one Billion Hydrogen Bombs will surely push us into the changes required by humanity into the higher dimension.

Thank you! You are all familiar with magnetics in terms of positive and negative poles; and of attraction and repulsion. You are aware that earth's magnetics keep her cohesive. Without this, there would be no gravity.

The solar flares are now introducing, to Earth, a new polar energy. A new element to add to your concept of magnetism. This is neither positive nor negative; it is neither matter nor anti-matter. This new energy constantly shifts and re-invents itself.

*Is this neuter, as compared to the positive and the negative?*

■ No, it is not; yet at times it will take on the energetic aspect of any one of these three, or even combinations thereof.

This is an element of pure consciousness. As your consciousness rises, you combine with the appropriate levels of this aspect, and upgrade your inner polarity.

This 'third' aspect is common to all of your existences; whereas some of them do or do not contain what you term 'positive' or 'negative' polarities. It is through this that you are now able to connect with all aspects of self. It could be considered a Universal receiver and receptor.

*God's particle!*

*What will happen to us, with the introduction of this new aspect?*

■ You will all explode! (Much laughter)

You will, indeed, but not physically. Your structures are now exploding constantly, and at a very rapid rate. These mirror the solar flares. The sun is also within you!

It may interest you to know that, just as you are experiencing the effects of the solar flares; every aspect that you house, such as your viruses and germs, are experiencing the same. To them, you are the equivalent of 'the sun'.

Here is another paradox: the smaller it gets, the bigger it gets. A cell in your body is larger than the Sun in your sky. Work this one out for yourselves.

*Is there a co-relation between the solar flares, and the increasing number of dolphins and whales that are washing up on our shores?*

■ Yes, there is. Dolphins and whales are both multi-dimensional beings, and are evolving and energetically mutating at a very rapid rate. Many are simply 'shedding the old model' to make way for the new.

*What of the upcoming 2012 eclipses?*

■ These upcoming eclipses are going to facilitate the opening up of new portals, which will draw to planet Earth multi-phasic frequencies of a magnitude never before experienced by her.

Through these, new and 'explosive' combinations of energies are going to flood the planet, and all of her inhabitants.

It is the responsibility of all earth's inhabitants to align themselves with and to acclimatize themselves to these potent energies.

Whether a human is consciously aware of this or not is immaterial: the higher souls of all will guide them through the process.

Each of you has an in-built safety-net; but these are now growing thinner and thinner. You now have to learn to keep pace with energetic evolution on Earth. All of you are, in effect, training to 'run the marathon'.

*How can we best prepare ourselves for this?*

■ These new energies are extremely individual: at the appropriate time, we will disseminate general information to the group. But beyond that, each person will have to find his or her way to work with them.

For example, one person may use them solely to target stubborn, resistant issues of the past. Another may use them to create the appropriate external opportunities for personal growth.

You are being offered a palette of paints and a blank canvas: each must paint his own masterpiece.

**BLESSINGS FROM THE ENERGIES OF THE RA COLLECTIVE.**

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