

21st June, 2012
THE ARCTURIANS
Channeled by Sohrab

NEW ORBS IN OUR ENERGETIC STRUCTURES
WORLD CITIZENS
THE RE-STRUCTURING OF THE CHAKRIC SYSTEMS OF ALL ORGANS
THE ENERGIES OF JULY 2012

(Sohrab began the meeting by talking to the group)

I would like to share with all of you some relevant information that came in a recent personal session with a client.

There are, apparently, different sets of orbs in our extended energetic structures, and we will now be drawing to self either single orbs, or groups of such orbs, for assimilation.

These are broadly divided into four categories:

The first are ***event-based orbs***. When we draw these to us, we will suddenly be reminded of an event from childhood, or from any point in our lives. This could even be an event not from this lifetime; but from another, simultaneous, one.

The event need not be a momentous one; it could even be a seemingly meaningless 'slice of life'. We are urged to play it out like a film, and to observe it closely. There is, in all likelihood, an undiscovered aspect within it that needs embrace and assimilation.

The second are ***emotional orbs***. These may not be associated with an event, but they will contain a strong emotion. We may, for example, suddenly find ourselves feeling very 'blue' for no apparent reason; or inexplicably happy. We are urged not to try and shift the mood, but to allow it to play itself out, embracing the experience.

The third are ***personality orbs***. These will be personality traits that suddenly arise at odd moments. The example given was this: while driving a car in the chaotic traffic of Bombay, you may suddenly experience 'very murderous' feelings for a fellow driver. We usually instantly quash these, saying to self "I really shouldn't feel this way!"

We are urged, instead, to experience them to the full, but obviously not to act upon them! Play out your fury, 'tell him off' mentally or verbally, and assimilate the

experience. This personality trait may be latent within self, or it may be an aspect of an alternative self: either way, embrace it.

The fourth is a **divinity orb**. This is an aspect of your own higher self, your own Godliness, your own magnificence. Paradoxically, these are the orbs that we are the most likely to resist or to dismiss.

Do not assume that a divinity orb means 'bliss'. It could; but it could also be wonderful moments of calmness, balance, focus or self-appreciation.

It was further explained that we would now be working with all four sets of orbs; sometimes individually, and sometimes in combination. One could, for example, experience a certain event, and an emotion, and an aspect of one's divinity, all that the same time.

We are urged not to dismiss this process as the 'wanderings of the untrained mind'. We are asked to be alert to this process, and to work with it fully. Assimilation will take place even if we ignore them, but at a much slower rate.

To share a personal example with you: just last night, I had a long-overdue, rather controversial confrontation with a friend. I was driving home alone, and I could feel a lot of issues coming up. My first impulse was to block them, and not look at them: this is my tendency. I instead allowed myself to feel exactly what I was feeling, and even vocalized my mood and my emotions to myself, out aloud, in the car.

Now, I always question what I am told in a meeting or in a personal session, especially when the information comes 'through me'. I said, "Surely it is inappropriate to go into an important business meeting, if I am assimilating an orb of anger?"

It was then explained to me that I was certainly not to 'act upon it'; but instead of trying to change the mood to one of calmness, I was instead to channel that anger into personal force and dynamism, so that it would 'work for me'.

Guys, please understand that I am not urging you to wallow in the mood; but instead to experience it fully and completely, so that you can acknowledge it and move through it. This is living in awareness.

All that I have just described is to do with the upgrade of the pineal gland, which is the interface between the ego personality and the divine mind, and to help us move into the 5th dimension.

Now, another aspect that has been addressed in a recent personal session, which also applies to the group, is that of the **World Citizen**.

The world, quite obviously, is going global. Thanks to widespread media, TV, and through the internet, even the farmer in the most remote Indian village is now exposed to how others around the world work and live.

We are now being energetically invited to join a group of World Citizens. This is not an 'official organization'; yet energetic membership is based on how one thinks, feels and views the world.

A World Citizen is one who thinks globally. He does not see himself as bound by cast, community or even a country; he views himself as a member of planet Earth. He goes beyond cast, creed, colour and sexual bigotry.

A World Citizen intrinsically believes that we should all move beyond boundaries, geographical divisions and passports. He believes in the equitable distribution of food, water and resources the world over.

His desire is for a unified world currency, and for a world government. He truly sees the world as a wonderful, unified entity.

Think about this. If you also feel this way, you are, in your heart, a World Citizen. Choose to become a member if you so desire. It will open up your structure tremendously.

Thank you!

Trance Channeling begins

 Welcome!

Many of you will now start hearing clicks, vibrations, hums, music and other such sounds. Some will hear it with the 'inner ear'; and others quite audibly. You may even choose to listen for this. The easiest way would be when you are in meditation, in a restful state, or while dosing off.

What are these? *They are the sounds of your organs re-aligning, or upgrading, their individual chakric systems.*

Each organ has its own chakric system, which is directly connected with the body's chakric system. Do not assume that they are all linear, like the body's system.

The *heart*, for example, now has a structure like a series of energetic spokes, emanating from a central point. The *liver and kidneys* have an intertwining chakric structure, much like that of two DNA strands.


Each organ, and each area within the body, is currently re-aligning or re-creating its individual chakric system, and making the appropriate upgrades for self.

Simultaneously, these new formations are sending out the equivalent of 'a beam of light' to the pituitary and pineal glands; which in turn are releasing your new coding into your extended energetic structure.

You are, therefore, rapidly changing, growing and evolving: you must now view one another from the perspective of who they are today; and not from whom you knew they were earlier.


This is a mistake that you constantly make: for example, parents commonly continue to view their adult offspring as 'children'.

Does each organ have one set of 7 chakras or many more?

 This depends on the upgrades that you are initiating. Many are now working on the merger of one organ (the heart, for example) with other 'hearts' from simultaneous existences. The amount of chakras will depend on the level of merger that you are working on.

As we mentioned earlier, during 2012, each person will work at his pace. Groups may energetically band together from time to time: for example, all light workers, the world over, may deem it appropriate to simultaneously work on the pituitary and pineal glands. But in general, the review and sequence will be chosen individually.

Why?

 As you well know, each organ is linked to emotion, and to personal issues. Who better than you, to chart out your own course for assimilation?

If a person has had perennial issues with a blocked heart chakra, through lifetimes, it would then be appropriate for him to work on this, by restructuring his chakric system, and by merger with different aspects of his heart, from different realities. He will also create external situations to provoke this release and assimilation.

Dear friends: ***you are now moving towards the month of July, which is going to be one of high energetic intensity.*** This has already begun.

All on planet Earth will experience these powerhouse energies; and each will choose how to use them. Some may direct the intensity towards a single, stubborn issue; others may direct the energies into a several areas in their lives.

Expect earth movements and world events to take place, along with stirring events in your own lives, both internal and external. The course of your lives will now take unexpected twists and turns.

Issues will arise, events will swirl around you, and everything will appear to be taking place at break-neck speed. There will be moments of pain and trauma; and others of intense joy and exhilaration.

Life will be a roller-coaster ride: rather than resist it, throw yourselves into the motion.

He has already spoken of the energetic orbs: you are likely to find these aspects coming up, fast and furious. Embrace them and work with them. Live in duality. Go about your daily tasks, yet constantly work with and for yourselves, knowing that these experiences have been created, by self, for your rapid growth and evolution.

Thought we spoke of the month of July, the energetic trend has already begun, and will continue far beyond that month. It is simply that its intensity will be felt the most at that time.

You may also experience strange and unfamiliar physical symptoms, due to the rapid energetic upgrade of the organs of the body. Some may experience aches, tingles, and occasional diarrhea or bleeding. Do not be alarmed. If you must use medication, opt for natural ones. But, as much as possible, allow the releases to take place unhindered.

If you feel the urge to cry, or laugh, even for an extended period of time, let it flow. Understand that, as the organs upgrade, they will be releasing old energies that must be allowed to leave the body, smoothly and fully. If you 'go with the flow', you will find yourselves blossoming like flowers; and you will discover, within self, new strength, balance, focus and energetic awareness. Let us assure you that, through this process, you have not only your own higher-soul support; but also the support of wonderful Masters, Guides and energetic friends.

As light workers, you also have the dual responsibility of supporting others through these processes. Share this information with them; help them understand what is happening.

If you commit to the process, the month can be a wonderful, exciting and vibrant one for you. Celebrate it instead of resisting it.

Each and every one of you will experience shifts and changes that you had not anticipated, in your personal lives, and in the lives of people and events around you.

Use your intuition, which will be at an all-time high. If you get strong feelings about doing or not doing something, please heed them.

If you find yourselves thinking of a friend, make the effort to call her or to send her a message. If you want to say something to a person, do so. If you want to tell a friend how much you care for her, do so. If you want to 'tell off' someone, do so. If there is something you have been repeatedly 'putting off' for later, address it now.

Through these processes, you are opening yourselves up to giving and receiving in equal measure. Do not allow your customary laziness or embarrassment to hold you back.


Another example: let us say that you are driving home from work, and feel urged to take an alternative route home. Do not question it, just do so. You may not always get to know 'why', but follow your gut.

Be very aware of your thoughts, words and actions during this time period: do not necessarily censor them, but be aware of them.

All human beings will be working on their throat chakras during this month. You will find yourselves provoked to speak your truth, and to speak out, where you previously may have held back. Do so.

We are not urging you to carelessly 'blurt out' whatever comes up; on the contrary, learn to say things in a way they can be received, rather than how you wish to offer them. But you must still speak your truth.

Why is the human race working on this, right now, simultaneously?

 This is because the lack of communication, miscommunication and misinterpretation are currently humanity's greatest stumbling blocks.

Dear friends: we are not urging you to be harsh or brutal. Only to speak your truth, without subterfuge.

Treat this month as if it was your last month on earth.

It is not; but say what you are impelled to, without holding back. Do this in openness and joy. Tell people that you love them. Give appreciation where it is due. Remind others of past events they have created, which have shaped your lives. Why not seek out an old, beloved teacher, and tell her what she meant to you? And simultaneously speak out, where you need to.

Dear friends, the roller-coaster ride can be thrilling, but it is never slow. Touch your exuberance during this month. Enjoy your personal upgrades. Acknowledge them, and appreciate them.

What will be the outcome of this, if we fully commit to it?

■ You will not only become a Global Citizen, you will start to truly understand that you are a child of the Universe. You will also find a tremendous new energy rising up from your very core center: the core that is common to all your existences. You are, in fact, upgrading all aspects of self, in all realities and timelines. You are also moving into a 5th dimensional being.

So will we be able to manifest?

■ Instantaneously, if you so desire. You will begin to understand that manifestation is not 'creating something', but simply opening self up to what already exists.

BLESSINGS, JOY, LOVE AND LIGHT FROM THE ARCTURIANS.
