

4th October, 2012
THE ST. GERMAIN
Channeled by Sohrab

CANCER
DIABETES
REPPRESSED CREATIVITY
NEW WORLD GROUPS

Please take a moment and connect with any Master energy of your choice: individual or collective. Now combine this energy with your own unique essence. You are in the 'driver's seat', choosing to combine this energy with your own. (Pause)

You may now direct this combination energy towards all the friends mentioned prior to the meeting, who desire healing and light. If you feel a particular 'pull' towards any one individual, then please direct the light to him. If not, then direct it to all the people mentioned. (Pause)

Now turn the energy beam inward, upon self. Take it into the solar plexus and hara chakras. Celebrate self. Allow the energies to spread themselves throughout the physical body: healing, nurturing, balancing and aligning self. (Pause)

Consciously relax the physical body as you do this: many of you are tense. Relax into the self-healing. (Pause)

Now stimulate your kundalini. Stimulate the root chakra, and allow the energies to rise up through the other chakras, burst out of the crown chakra, and fountain around you, bathing the self in light. (Pause)

Now breathe in the light: first through the lungs, and then through the entire skin surface. Charge yourself with this light, and experience an inner energetic vibration. Demand that the body begin to shed unwanted debris: mental, physical and emotional. As you do this, mentally chant your own name 21 times. (Pause)

And so it is, and so it is, and so it is.

Trance Channeling begins

 Greetings!

Yes, dear friends, some of the souls you have worked for today do wish to exit, and they will do so shortly.

Now let us speak of the baby you wished to help. (Prior to the meeting, the group had received a request to work for a 13-month old child who had cancer, and had already undergone several rounds of chemotherapy).

This child has not come with any 'baggage', but has offered self at a stringent learning/teaching tool for the family. (Addressing R) Dear friend, as you are a friend of the family, you may pass on this information if you deem it appropriate.

Many family members are blocked: they have very rigid structures, patterns, belief systems and modes of behavior. This child emits tremendous light, and offers the family the opportunity after opportunity to 'open up'. Most are resisting the shift. The child desires all to start vibrating at a higher frequency, after which it may choose to exit. The child does not require energetic healing at all. However, should you speak to the family, attempt to offer them an understanding of the situation.

You have all been discussing, prior to this meeting, the recent surge in diseases worldwide, with particular reference to cancer.

Yes, cancer does have its roots in fear, anger, and repressed emotions; but currently, one of the greatest reasons for this is due to **repressed creativity**.

People continue to stifle their creativity and refuse to acknowledge who they are, and who they could be, using the power that is already 'in their hands'. Many with cancer today have an exaggerated lack of appreciation of self, lack of motivation of self and a lack of acknowledgement of self.

Today, cancer can be a great motivational friend. It can be used as a stimulus, as it also urges the other cells of the body to 'stand up and fight', and to re-create self differently.

A cure for cancer has already been discovered, but this information has been suppressed. Just as you already have discovered ways to fuel your vehicles and illuminate your cities without the use of oil and petroleum; using alternative energy sources such as solar and wind power, natural fuels, water and magnetic energy. It is the greed of large corporations and political parties that prevents this information from being freely disseminated to the world.

The Pharmaceutical industry is currently one of the most vicious and manipulative of all earthly corporate entities. If you wish to aid the world, then do not focus upon the so-called diseases; instead enlighten the corporate and political arenas, and help them understand that such knowledge must be shared freely and openly.

(To K) We offer you our blessings, with your meeting tomorrow, and with your future projects as well!

Diabetes is, today, very similar to cancer. You are already aware that diabetes stems from a 'lack of sweetness' in your life: feeling unloved, non-nurtured and unappreciated. Diabetes now also occurs when you stifle your innate creativity. When you flow with creativity, how can you possibly feel unloved or unappreciated?

Creativity is, therefore, very important in the current era. When we speak of this, we refer to it at all levels. The first, and most apparent, are your personal talents and skills, be they artistic or practical. You can be a skilled dancer, painter, musician or performer; or a highly creative businessperson, leader or homemaker. For this to emerge, you need to allow it to arise from your feminine aspect; and then instantly combine it with your masculine initiation.

All of you are currently growing energetically at a very rapid and accelerated pace; both at soul level and at the physical, incarnated level as well. In many instances, you do not allow the physical to match the growth of the soul. Your higher being urges you forward, and the physical resists. You then create, within self, an energetic tug-of-war.

Look at this very practically: haven't all of you, in the recent past, felt inner urges to 'try something new'? To join a class, or to take up a new hobby, or to experiment with a new business venture, or to change an old pattern, or to approach a situation from a new and unexplored viewpoint? And yet you resist this, making logical excuses to justify to self why you can't and shouldn't.

This energetic tug-of-war, that is completely self-created, leads to physical diseases or emotional ones, such as depression, loneliness, schizophrenia, confusion, lack of motivation, inertia and so on.

We urge each and every one of you to spend a few moments with your creative center, on a daily basis. Discover the inner creativity bubbling up from within the self. Listen to the self. Let it guide you.

It will tell you exactly what is perfect in the moment of the now. Creativity expresses itself in many ways, not just through 'public performance'. You may feel urged, on a certain day, to take a walk and enjoy the sunshine; or to go to the kitchen and cook a new and exciting dish. You may get the urge to wear a certain colour, or to change your personal style. You may suddenly get a revelation as to how to approach a blocked situation in your life from a completely different perspective. Listen to your creativity!

Are you aware that you have, in the brain, a specific area for creativity? This is currently being upgraded by self, with the help of new universal energies. Many who resist this

upgrade are being plagued by recurring headaches, dizziness and mental disorientation. If this is happening to you, command self to open up to the new, creative energies.


Now let us move further. ***It may interest you to know that each one of you has now joined a new, energetic world group.*** Some have joined several.

These groups deal with different aspects of Earth life: power, oil, technology, scientific advancement, politics, culture and so on.

Please do not confuse your earthly aptitude with your choice at an energetic level: a person who is resistant to mathematics on Earth may have joined that particular group, as he may be, at core, a mathematical soul.

Take a few moments in meditation and find out which group or groups you belong to: the answers may astound you. You will find that the areas in which you are in the most self-doubt are the groups in which you participate the most. So take your skepticism as confirmation.

Would you call this collective unconscious?

 Most definitely. As humans, you are now attempting to bridge the gap between the collective conscious and unconscious.


Let us take you through a short exercise. Close your eyes, and ask self to reveal to you any one Universal group that you are a part of. (Pause)

Would anyone like to share?


Group Member 1: *I got "Art, creativity and expression".*

 Did you get a specific image within this?

I have always dreamt of starting an art gallery.


 Understand that this desire has already been energetically manifested.

I also got the word 'environment'.

 This is urging you to serve Planet Earth both physically and energetically.

(Addressing the group) See how easy this is? She already got two aspects. All of you could connect and find out several for self. Let us continue.

Group Member 2: *I got “Provoker”. I feel that this means that when one provokes self and others, one helps all touch new challenges, attitudes and thoughts.*

 Wonderful!

Group Member 3: *I belong to a group of Sages: we bring enlightenment to all on Planet Earth.*


Group Member 4: *Unifier*

 Explain this.


We bring people together. This group works with spiritual brotherhood.

You are an energetic liaison officer, an energetic matchmaker. Your group brings together those with like energies, introducing them to each other. You also help the appropriate energies to merge.


Group Member 5: *I got the word ‘diamond’, and saw its shape with different facets.*

 You are working, with others around the planet, to help humans embrace all aspects of self. You are also working on self in an accelerated manner. Several such facets have come up for assimilation recently: these have been rejected by you over lifetimes. Bring these up, acknowledge them and accept their validity in your existence. You are one of the diamond league.


Group Member 6: *For the past three days, I have been repeatedly been getting “I am pure consciousness”. This came to me again, now.*

 Yes, dear friend, you are working as an ‘engineer’ with the collective unconscious, urging humans to touch this and take it to higher realms of merger. In short, you are helping self and others touch their power.

Group Member 7: *I feel I am part of a group dealing with oil. The recent scams in this area really disturb me.*


 May we remind you of energies? You have worked with the Kali energies over lifetimes. You are the equivalent of ‘the vanquisher’, holding a sword in one hand, and a spear in the other. You must provoke others, and help them rout out debris that needs removal. You are part of the group of the ‘Universal Warrior’: this group does not tolerate any movement away from the light. This group works for all kingdoms on planet Earth.

Group Member 8: *I got 'cooking': yet I don't like cooking and I don't cook!*


 This goes far beyond food, dear friend. Your group helps feed souls with the light. Your group works to nourish and enlighten others: cooking was but a mental metaphor. However, please be aware of your own resistance to the objective of the group. It is your greatest desire to grow in knowledge and wisdom; yet you resist your own greatness. As always, when you join a group, you are working for self first, and then for others. As you teach, you learn.

(Addressing the group now) Do spend a little conscious time with you group(s) as well: in meditation, in the daydream state, as you are falling asleep at night, or in full waking consciousness. Connect with the group and its other energetic members, ally yourself with its aims and objectives, and even watch yourself in action. You have a new host of friends in the ether: enjoy them!


Group Member 9: *I got an image of elephants...what does that mean?*

 This group helps self and others touch their 'bigness', their magnificence.

I am just the opposite in life!

 Exactly! Since you continually refuse to acknowledge your magnificence, your vastness and your power, how perfect that you would join a group that teaches you and others just that! You have chosen to join them; now use their energies for your benefit.

Group Member 10: *Creating through destruction.*


 Another cosmic surgeon! You may recall, at a prior session, that we had explained how an earth surgeon is the perfect example of a person who works with the holy trinity: creation, preservation and destruction. In order to preserve the patient's life, and to create a new and healthy future of him, he has to operate and destroy the cancer within. All three forces have to be utilized in balance and perfection, without hesitation.

Many on earth hesitate to wield destructive forces; others only use that and resist the other two aspects. You are part of a team of cosmic surgeons. You help self and others use the energies of the holy trinity in perfection.

Think about this in your practical lives: many of you hesitate to 'speak up and speak out', fearing the outcome, even when it is necessary. Many resist using 'tough love' on their children, even when it is absolutely necessary in certain situations. Others wield this destructive force in other imbalanced ways, punishing and even torturing self and

others; instead of exploring creative and preservative methods of self-healing and self-help.

How would one work with people like that?


 In general, a person follows a 'destructive path' for one of two reasons: it is either his soul mission, in which case there is nothing you can or should do; or he has gone off-track for self. A person like this may even go into soul fragmentation.

Here, you follow your intuition and work with the person. Counseling and advice may serve him. A severe jolt may be best for him. Or energetic work at a soul level may urge him to re-align with his expanded energies.

Will that soul listen?

 That would depend on the level of fragmentation the soul has already experienced.

Group Member 11: I got 'planetary development'?

 Does that surprise you? We must speak of you publically, so that others learn. The soul (K) you see sitting here appears to be human, yet her energies are predominantly those of a nature spirit. She has, more often than not, incarnated as a forest spirit, or a guardian of rivers or other water bodies. At times she has worked under the planet's surface, with minerals and crystals. She understands planet life better than she does human life.

You, dear friend, have always been more familiar with earth spirit energies than you have with human ones; hence your personal feelings of being odd, misunderstood, 'not quite fitting it', and not quite able to communicate with other humans easily.

You have taken human form for personal growth reasons as well as the desire to serve Planet Earth in yet another way, as this you have always done. You and your group wish to awaken the human race to the natural joys of their planet. You are truly 'of the earth': this group acknowledges your magnificence and bows to you.

You are truly a child of Gaia. Whenever you feel low or depleted, simply connect with Gaia's core energies. You will be instantly replenished. Blessings.

Group Member 12: I got a sunflower; and then photography, painting, and (surprisingly) mathematics!

Would you like to interpret this?

I used to paint years ago. I enjoy photography, but mathematics is something I hate.

Dear friend, did we not say that you might surprise yourself? You belong to a group that uses the science of mathematics to understand and create the Universe. Your group uses sacred geometry to 'paint energetic landscapes' which others then inhabit. Each time you create a new landscape, it urges self and others to raise their vibrations and inhabit it. In short, you urge all to grow and evolve through creativity. In your case, this is the one and only group you are working with.

Group Member 13: *I got 'world economics and finance'.*

And no doubt you are an economic genius?

I know nothing about it! Zero! (All laugh)

Again, in your case, what you see is not what you get. At a soul level, you are an economic genius. Your group helps all touch 'higher economics and finance': touching abundance. Study yourself, dear friend. You will find, in your earthly life, areas of tremendous lack and tremendous abundance. You are teaching self and others how to move from one extreme to the other.

Group Member 14: *I got the words 'welding' and then 'arbitration'.*

Your group is similar to hers (group member 4), but not quite the same. She is an energetic matchmaker; whereas your group helps unite dissimilar energies that need to grow through such a union. Through this merger, they move into a new level of understanding self and the Universe.

Practically, on earth, this would be akin to introducing two very dissimilar people, knowing that through their possible unlikely future friendship, they would learn, grow and broaden their perspectives of self and of life.

Group Member 15: *'Pulse of the earth'*

What does this mean to you?

I saw a lot of animals, birds and the environment.

Precisely. In your case, the words 'pulse of the earth' do not refer to the vibration of planet earth herself, but to those of the animal, avian and plant kingdoms. Your group works joyously with these, helping raise their consciousness.

We leave you to enjoy your new connections and to explore who you are at a higher level. Touch your creative centers and let yourselves shine!

THE JOY, LOVE, LIGHT AND THE EMBRACE OF THE ST. GERMAIN.

(At the closing of the meeting, Sohrab experienced the energies of T, K's friend who had recently passed over in the US. She briefly smiled joyously, and said "I am in peace, I am in the light". Sohrab further explained that all he experienced from her was light and joy.)
