


29th November 2012

SOULS FROM 26/11

Channelled by Sohrab

SOULS FROM 26/11 SPEAK ON VICTIMHOOD

Trance Channelling begins

 SOUL 1: Greetings! I was one of the victims of 26/11: I choose the word “victim” deliberately; as at that time, I was filled with victimhood. You may recall that I spoke to you soon after the event; but my energies are very different now.

At our previous ‘meeting’, I had shared with you that I had been a very comfortably married, upper-class society lady, and that although my life on earth was relatively comfortable, I had been unable to touch my power. (The group murmurs in recollection)

I had spent my entire life allowing others to bully me: my family, friends and staff. I was totally submissive, and agreed instantly to anything anyone else suggested to me, or imposed upon me.

I was with my family at the restaurant. After the gunmen held us up, and during those two to three minutes before I was shot, I knew in an instant that I couldn’t rely on anyone else to help me or save me. In that short time, I understood that I could only rely upon the strength of self: I touched my power for the first time, completely and totally. Those were the happiest moments of my life.

After I moved into the spirit realm, I chose to serve, in gratitude, the energies of the terrorist who killed me. He helped me touch my power. I also learned that he was one of those who had come to earth to fulfil this mission. He was in complete balance. In the spirit realm, we were, and are, the best of friends.

Today, I am a different being, and I come to help you understand how to move away from victimhood, and into a space of personal power.

Though there are no sexes in the spirit realm, I choose to assume more masculine attributes, to help me on my personal journey. I have worked extensively on self, and have now understood my victimhood: I had no sense of self or self-respect.

While on earth, I felt insecure, undeserving, and stupid. I always wondered why I was there, what I had to offer, and felt completely colourless and useless.

On the surface, I functioned very cleverly, covering this up. I played the role of the dutiful wife, the unselfish mother, and the understanding mistress to a large household staff. I always conformed to the wishes of others, marrying the man my parents chose for me, and functioning in a manner I thought would please others.

My last three minutes on earth were so full, so empowering. I experienced complete joy and a sense of completion. And during my passage, I experienced such a sense of personal freedom: it was bliss.

In the spirit realm I was met by loved ones, friends, and Guides. As I was predisposed to this knowledge, it was not difficult for me to accustom myself to these new circumstances. The inner expansion and power that I experienced was so potent that I did not desire the healing sleep.

The masters urged me to allow this, but in my newfound power I stood up to them and said, "No, I challenge you! I am touching my power, and choose not to experience it now!" They stood back, smiled, and said "So be it". I did, of course, go through personal inner healing, but never in the deep-sleep way.

I have subsequently spent a lot of time working on self and touching my inner power. I have now also chosen to help anyone on planet earth who desires to do the same. My area of expertise is abused, battered, victim women; but I work for all who desire to overcome powerlessness.

My journey has been glorious: I have one foot on planet earth and one foot in the spirit realm, and I am able to visit both realms at will. I now work very strongly with balanced masculine energies, and urge and propel others to touch look inward, and to touch their inner power.

Sometimes this is very successful; but when a person continues to resist, I 'stand back' but still repeatedly offer them the support of my vibrations. I can be infinitely patient, but also infinitely persistent!

I have also worked extensively with those who have contemplated suicide and in many cases have managed to urge them to touch their inner power, and not commit the act. With this little secret boost, they have managed to avert the act at the last minute.

Dear friends, I share this with you not in boastfulness, but out of a desire to help you understand that touching your power, and acknowledging and appreciating who you are, is of paramount importance during the year 2012.

I now welcome any questions you might have.

Had you pre-chosen this form of an exit?

■ Prior to my incarnation, I had not chosen a violent exit. But during my earthly life, at a higher level, I understood that I was not progressing in my chosen mission to touch my power.

I had many opportunities to do so on earth. Thanks to my affluent circumstances, I could have started an institution or an NGO, and would have then touched my power through a sense of achievement and validity.

At another point in my life, had I followed the route of going abroad to study for a brief period in time, I would have then taken a different life course and touched my power in that way.

So you see, I created opportunities like these, but repeatedly chose to ignore them or evade them.

The violent exit I took was a choice I made, at a higher level, moments before it occurred. Had I not chosen it, the bullet would have passed me by. I would have then fallen to the floor in a faint, would have been mistaken for dead, and would have subsequently been rescued.

However, the choice that I made was most certainly the correct one for self. For the first time in my life I did not run away from a situation, but faced it squarely, in full power. Having then touched my power to that degree, I had no further need to remain on Planet Earth; hence I exited.

Had you lived through the experience, would it have motivated you to touch your power? Or would you have run away from that again?

■ I would have probably run away from my lesson again. In all likelihood, I would have done what most people in the city did. After the event, many got 'fired up' and were motivated to touch their power, stand up and speak out. They formed citizens' groups, demanded more responsible politicians, a better policing system, and the like. But after a while, all of this died out, and people simply slid back into their prior, complacent, powerless ways.

My choice was such that, having touched my power, I could now work on self, and with others on earth, at an accelerated pace. Far more fully than I would have, had I chosen to remain on Earth.

None of those with whom I now work are conscious of my presence. I like it this way: I do not desire personal fame or acclaim. That is why, even today, I choose not to share my earthly name with you. It is unimportant.

Did you ever discover why you let your life slide?

Let me use the concept of a linear time-line for this explanation. I drifted, over lifetimes, into a state of complacency, inertia and stagnation: nothing seemed to motivate me to grow or evolve. I went further and further into uselessness and helplessness. I lacked a sense of purpose, and a sense of self.

I had gone so far into this downward spiral that I needed a tremendous jolt to jerk me out of this. This event, coupled with all that I experienced in those last three minutes, ranging from abject terror and victimhood, to completeness and power, was exactly what I needed to correct this imbalance.

Many of us on earth seem to play the Victim game!

The Victim-tyrant game is the one played most commonly on planet earth: almost all humans play this, to varying degrees, in the lives. Remember, Earth is one of the most vigorous training grounds to overcome this: there is almost no other society in the Universe that can give you the opportunity to work with this.

So how do we overcome this?

Why not start by making two simultaneous lists? On one, write down all those areas in which you feel you are lacking, a failure. Include all the qualities you dislike about self.

Start taking these one by one, and find out how they serve you. Yes, serve you. For example, if you dislike your hot temper, you can begin to understand that this helps raise your vibrations, helps you speak your truth, and helps shake up people around you.

As you start acknowledging the validity of these aspects in your life, they begin to get assimilated. Then and only then can you get to the point where you can *choose* to exercise your hot temper, rather than having it control you.

Now, on the second list, write down everything magnificent about self. Put down physical attributes, circumstances, attitudes, abilities, and the like. Keep adding to these, read them to self over and over again, and truly appreciate yourself more and more for all of this.

The eventual aim of this exercise is to merge the two lists, so that there is no difference between the two.

Dear Friends, this month of December is one of great personal choice and personal endeavour. If, for example, you want to change something in your lives, just do it. If you want to be kinder to a person, or treat them differently, just go home and do it. If you want to change your food habits, just do so. It is now as simple as that. And if you make a choice, and follow it through with endeavour, the energies that abound will support you and urge you further on your journey.

But remember, if you choose to continue to live in ambivalence, the energies will further that as well. If you are on a downward spiral, the energies will urge you further in that direction. If you choose to live in personal confusion, that will be magnified. You are NOT a victim to these energies: the choice is entirely yours.


Why not use these energies to your advantage? Direct the course of your lives, and just live them the way you desire. See how exciting and fulfilling it will feel to be 'in charge', and to touch your power so completely.

Now I understand! I have been feeling this recently. I have had a lot of failure in my business, but I just knew that something within self had shifted. Things are now looking up and seem to be going my way. I also notice a change in the people around me.

Thank you! A perfect example that illustrates my point. Well done.

BLESSINGS, JOY, LOVE AND LIGHT FROM YOUR FRIEND IN THE ETHER.

(Sohrab shifts energies)

 SOUL 2: Greetings from another friend from the 26/11 event! I have not spoken to you before; but today I choose to share with you my experience.

First of all, you may wonder why two souls from the event are speaking today. The new crystalline grid, which is currently being installed around planet Earth, is helping release trapped energies from all the spaces that were involved with the event. The hotels, buildings, the train station and the city itself are being refreshed.

This energetic cleansing is naturally also affecting all those that were involved with the event, directly or indirectly. They are undergoing a reviewal of their thought patterns, attitudes and belief structures. Your group was also deeply connected with the event, and are therefore going through the same.

At that time, I could have been considered the perfect example of a coward. Though I was with my wife and child, I was overcome with so much fear that I spared no thought for them, and only attempted to save my own life. They perished; I did not. I continued to live in this city, but tortured myself with humiliation and worthlessness, till I finally created a heart attack and died of it.

I initially carried forward these emotions into the spirit realm, where they were simply magnified, as here there are no earthly filters to block one's energies. My intensified feelings of cowardice, shame and humiliation were so strong that I felt that I didn't even deserve to be in the spirit realm.

I therefore thought-created hellfire, and 'burned' for an extensive period of time. I believed that I deserved to suffer this way. I believed that this was expiation of my misdeeds. My

earthly conditioning was very rigid. I had been raised to believe in divine punishment, sin, heaven, hell and purgatory.

My guides kept attempting to reach me through my hellfire, but I repeatedly brushed them aside, as I didn't believe I deserved to be saved. They, in their infinite wisdom, stood aside patiently, till I finally touched a miniscule aspect of inner power.

I began to realise that these were earthly experiences I had created for my growth and evolution. The moment this happened, the guides were with me once again, and the so-called hellfire vanished.

My progress has since been rapid and joyous. I understood that my game-plan was my own, and that my wife and child had their own choices and their own course to follow. Even had I attempted to 'play the hero', they would still have perished, and I would still have survived.

I have begun to understand the role of cowardice in my life: it was a great teacher to me. I am no longer ashamed of this quality, as I have now assimilated it.

Cowardice, per se, can make you freeze up in fear; but it can also be a magnificent tool to provoke you to overcome it by touching your power, acknowledging your fear, and still acting in a manner appropriate for self. That is true strength.

I leave you with my blessings...a friend.

(Sohrab shifts energies)

SAI KA PRANAM!

The current cleanse mentioned earlier is under the purview of the Sai. He offers you the opportunity to review your structures and re-calibrate your vibrations. He helps all who wish to release debris.

Those who still have pain, trauma, sorrow and confusion in connection with this event may choose to call upon the Sai, and then visit their perspective of the event afresh.

The Sai reminds all of you that you have, within self, both the victim and the terrorist. He urges you, during the month of December, to make choices and take practical, constructive steps to move away from these, and into your own power.

Most sitting in this room continue to terrorise self. You continue to suppress aspects of self that need to be shared with the world. You continue to do so, worrying about how your family, friends or society will perceive you.

Free yourselves during this month. The energies of December are very vibrant and joyous: use them to your benefit. Allow them to uplift and free you from your own captivity.

The Sai blesses you, embraces you and offers you the opportunity to explore the Universe with him.

(At this point the group offers light and healing to several people. Sohrab speaks)

Dear friends, please let us add Kasab's energies to our healing today.

Please draw the Sai's energies into the stomach and hara areas. There are several in the room today who have stomach and womb issues. Please use Sai's energies to heal self, all through the month of December. Just call upon them, and direct them to these areas. The Sai says that this is equally applicable to men and women.

Now let us offer this light to the womb of Mother Earth.

Thank you.
