10th January, 2013 The Higher Soul of Sohrab The Energies of Rape Victims *Channelled by Sohrab*

BECOMING INTER-DIMENSIONAL THREE RAPE VICTIMS SHARE THEIR EXPERIENCES

Trance Channelling begins

(Sohrab opens his arms wide)

Just experience these energies. (Pause)

Now take in these energies and allow your structure to blur, like a film going out of focus. (Pause)

Most are scared to try this, as they fear losing their current reality. Try it again, secure that you are guided and protected. (Pause)

Now allow yourselves to experience memories, flashes, and glimpses of other 'yous'. (Pause)

Now choose to return to this reality.

(Smiling) Yes, disconcerting for most, yet a conscious experience of what you are now doing all the time.

This experience reminded me of a computer-generated image, where a man morphs into a wolf!

Exactly! All of you are now repeatedly allowing your rigid energetic structures to blur, so that you can more easily access and integrate different aspects of the self, from different dimensions, realities, timelines and frequencies. However, this has to be done responsibly, as you cannot allow self to lose your current reality.

This phenomenon will now become more and more apparent: you may find brief moments in the day when you find yourselves unusually aggressive, or empowered, or extremely sensitive. Aspects that may not be the norm for this incarnated self. This may last a few minutes or a few hours, after which you will find yourselves 'back to normal'.

You will also find yourselves becoming more and more sensitive to emotions, thoughts, colours, moods, and music.

This is beginning to happen because you are interacting with the new earth: not a separate entity from yours, but a new energetic earth that is beginning to slowly merge with yours. As this morphing takes place, older energies will be slowly replaced with new ones.

Those who are energetically sensitive and highly-attuned to this process may even find themselves occasionally losing a sense of time and space. Memory lapses may occur, and you may not be able to recall a conversation that took place a day earlier.

This blurring process is part of your desire to now 'liquefy' your solid structure; so that you can re-create self afresh, moment to moment.

This awareness now needs to seep into your consciousness, so that you can choose what you desire to absorb or assimilate at any given moment in time. Let us illustrate this with an example.

If you are about to face a situation you find difficult, such as a court case or a job interview; you can choose to allow self to liquefy and assimilate those aspects of the self that would be appropriate to support you through this process. At a higher level, you might then briefly merge with a part of self that is a skilled negotiator, as well as one who in comfortable being 'in charge'.

This process does not take time; in only requires a few seconds of focussed intent. You are, in effect, using the merged pituitary, pineal and third eye as an energy beacon.

In this moment when you make this demand of self, you shift frequencies, re-combine your extended energies, and re-create self anew. You have liquefied and solidified in an instant.

Every single person can do this. But till you trust the process, you may erroneously add in elements of self-doubt and failure, which will then naturally incorporate into your energetic structure as well.

Can this also be used for self healing?

Most certainly. Let us say that you have a painful joint. If you choose to liquefy and open to an aspect of self that is in perfect physical condition, you have contain two opposing energies: that of balance and imbalance. As the two come together, the issue behind your current pain is brought up instantly for reviewal and assimilation. At the same time, the stronger, healthier energy begins to work on the weaker one. And healing takes place.

Till you are adept with this process, it may take a little time. But there are those who can already work it instantly, as they have complete and total faith and belief in their own healing and regenerative powers.

Right now, I feel like the Masters have 'moved away'.

(Smiling) Yes, many are currently feeling unsupported. The Master energies have not 'moved away', but are simply standing aside to allow you to touch your own power and work for yourselves.

Right now, for example, he (Sohrab) is simply channelling his own higher soul energies. The Master strands are very much present within his own structure, but he is being urged to rely upon self.

In the past, when, say, the Sai energies spoke, he would reach into self and access perhaps 70% of the Sai strands, combining them with 30% of himself. Now, he is being urged to work with 90% or more of the self. This makes him feel very insecure, as he has to rely predominantly on the self. As do all of you.

When you now call upon your favourite Masters to help you through a self-healing procedure, or a tough situation; they will only support you if you access at least 90% of your own power and energy.

Similarly, when you now consult a friend, therapist or medium, they will continue to offer you guidance; but you will still need to touch your own power and make your own decisions. *Your answers now have to come from within.*

BLESSINGS FROM THE HIGHER SOUL OF THE SOHRAB.

(Sohrab shifts energies)

Dear friends, three rape victims wish to speak today. They will not identify themselves: their names are unimportant.

Soul 1: Greetings! On planet earth I was male and a victim of repeated physical abuse and rape at the age of 5. I then took my own life, as the pain was too much to bear.

I am currently completely detached from what occurred, and am not emotionally involved with the episode. I have understood that this detachment is necessary for me to understand why I created this event for personal growth and evolution.

I have come to learn that I needed only five earth years of a vigorous experience; hence my suicide at such an 'early age'. This suicide was part of my plan, hence there are no repercussions.

The reason I made such a vigorous choice was this: I have repeatedly, in various existences, played the tyrant. I constantly imposed my will upon others when in positions of authority; truly believing that my way was the best way.

As a soul, I understood that this pattern was self-perpetuating, and therefore chose to experience intensive victimhood to break the pattern.

I am a courageous soul and do not like to 'waste time'; hence this short but intensive burst of experience was deliberately chosen by me. I have now shattered all old patterns, and am unlikely to repeat them.

Blessings!

Soul 2: On earth, I was in feminine form, and was the victim of repeated rape.

My story is very different: I used rape as an attention-getting syndrome. I am able to say this today in complete balance, with no apology: I have grown beyond it and have understood exactly why I created it.

I had not chosen rape as a learning tool prior to my earthly incarnation. This came about later. I had incarnated to touch self-love, as I had very little self-worth. I created five rapes, in a misguided attempt to gain the love, sympathy and attention of family and friends.

I literally provoked the rapists to 'go over the edge' and perform the act. I then played the victim-game fully, moaning and weeping about the event to all who would listen.

Each time I did get the attention and the sympathy of those around me, but all I experienced was hollowness, insincerity and emptiness. I slowly began to realise that my quest for self-love was failing.

I finally managed to break my pattern: I went into therapy. I began to understand what I had created, and even had the courage to apologise to all my rapists in the fullness of self-understanding. I later exited smoothly, naturally and normally.

You say the rapes you created were not part of your blueprint. How did this then fit with the choices your family made, prior to your incarnation?

At a soul level, my family realised that there might be a possibility that I choose this route. Not a certainty, but a possibility. And this was taken into account. They could have grown without these episodes taking place; but since I chose this route, they used it for personal growth and evolution as well.

Now, in the case of my friends, the case is slightly different. Some, who had factored this into their possible evolution, stood by me and supported me through my processes. Those who deemed it unsuitable for their growth simply moved away and disassociated themselves from me and the events themselves. This 'abandonment' was perfect for my growth, as well as theirs.

I bid you farewell.

Soul 3:

Though only three of us are speaking today, you must know that there are hundreds of reasons that a soul may, during an incarnation, choose rape as an experience.

I am a Master. I declare this joyously. I was a Master even during the earthly incarnation of which I speak. In my fullness, I came to earth to give service to a series of potential rapists.

This service was given joyously. They were given the opportunity, through me, to touch their power and possibly choose *not to* commit the act of rape.

There were hundreds of assaults committed upon my body by 18 different men, over a span of several years. Some awakened, others did not. I do not judge any of them: the choice was theirs. I am joyous to be able to have played the role of the teacher.

Didn't you experience earthly trauma, even if you were a Master?

Yes I did, but it was nothing compared to the experiences of the prior two souls who spoke to you. I had the innate ability, at the final moment, to 'switch off'. I unconsciously moved into another dimension of the self, at will. The feeling was that of deep meditation.

When the time was right, I moved from earth to spirit instantly, joyously, smoothly and in celebration of the task I had performed to perfection.

I share this with you so that you understand that even one who appears to be a victim can be a Master, in complete and total balance and alignment with the self.

I BLESS YOU AND EMBRACE YOU IN MY LIGHT.
