

9th August, 2012
THE SAI,
THE MOTHER MARY,
ARCHANGEL MICHAEL
THE ASHTAAR
Channeled by Sohrab

DEATH (Part 1)
NEW CHOICES AND DIFFERENT FORMS OF 'DEATH':
MERGING WITH ASPECTS OF SELF
MOVING DIRECTLY INTO AN UNRELATED INCARNATION
REMAINING 'IN ESSENCE' AROUND PLANET EARTH

(Prior to the meeting, several people had requested the group
to send light to various individuals who had passed over.)

Trance Channeling begins

 Greetings!

The traditional Chinese, at funerals, wear yellow and celebrate the occasion as a 'birth in another realm'. Yellow, as a frequency, is one that facilitates a smooth and easy passage between the earthly and spirit realms.

Many Islanders wear multi-coloured, floral prints to funerals. This signifies the soul's 'return to nature'.

The ancient Red Indians followed their various rites and rituals at the time of death, but gave the event very little credence. They did not view death as a loss: they fully understood that it was a multiplicity of experience. They were also 'connected' enough to trust that communication between self and their loved one would continue uninterrupted.

Dear friends, you are now at an energy level where you now must, when faced with the passage of a loved one, go beyond pain and loss.

Of course you must go through the grieving process: that is healthy and natural; but you must simultaneously accept the return of the incarnated soul to his natural, expanded self. Do not 'hold him back'. On the contrary, celebrate his journey into the vastness of self and the Universe.

You have a masterly example of this right here (pointing to N). Dear friend, you set a wondrous example for others to follow, when your son moved into spirit. You have taught and inspired many others by your magnificent acceptance of his passage.

There appear to be 'mass exits' this year!

Yes, exits are likely to be fast and frequent this year. Let us help you understand why.

Planet Earth is, as you already know, attracting to self very new and powerful Universal energies right now. Energies always act like a 'two-way street': the flow between the earth and the cosmos is continually growing in strength, intensity, frequency and speed, creating what you might term 'energetic expressways'.

Now, you also know that humans are constantly re-evaluating their exit points 20 to 30 times a day. Many are now being 'tempted' to ride these expressways and to move effortlessly into the spirit realm, to continue their growth in different, more expansive ways.

Do not ever think that they are being 'sucked into' these passageways; their individual choice is always paramount. But they are certainly being 'inspired' by the very high vibrations surrounding them.

Also understand that when a 'young and healthy' person passes over, this choice is not made, by him, in isolation. He always takes into account how it will affect the family and his other close associations. The choice must also serve their growth. On an energetic level, he does consider the 'majority vote' before making his decision.

You had mentioned, at an earlier meeting, that each individual's vibrations are now changing very rapidly. How do we deal with people whose vibrations are very different to ours? I am not saying 'higher or lower'; simply different. I am finding it increasingly difficult to interact with them.

Interestingly enough, everyone now has multiple frequencies within self. Each organ is upgrading at a different rate; you now contain a multiplicity of vibration. This process often causes you to experience inner aches and pains, or strange sensations. You are now also extremely sensitive to the energies of others.

The key factor here is to be non-judgmental. Understand that they are going through similar processes to yours. When the energies are completely mis-matched, distance yourselves from these people, physically or emotionally. But understand that this is only temporary, and that, at a later date, you may feel the need to come closer again.

Do not criticize another for 'being blocked': their processes of upgrade are simply different to yours, in that area. At the same time, constantly tune into your own bodies and your own energies. Work with them, balance them, align them, and allow them their processes as well.

Is this leading us to a level of energetic ease, where we can shift frequencies at will?

☐ Absolutely! Aren't there some people who seem to have a knack of 'getting along' with people of all ages? They can as easily communicate with a child, a teenager and an older person? They are simply shifting their frequencies to match each person. When talking to an infant, they are not 'losing' their adulthood; but are simply shifting into the inner frequency of the 'child within', which is very much a part of their structure.

Did Earth make a big shift yesterday?

☐ Yes, there was a massive energetic explosion from Planet Earth's core center: she is currently spewing out energies like a fountain.

There also seems to be a spate of suicides this year. Can you please speak to us of this?

☐ Dear friend, we have discussed this in detail in the past: if you are interested, you may ask him (S) for the transcripts later.

However, let us touch upon this again. Suicide is not a 'sin'; but it is a very, very vigorous choice that you do not really want to make. When you bring yourself to that level, you have to feel completely 'alone and abandoned'; and then you have to touch your own power and not do it.

When you do, in all likelihood, you set up similar, traumatic incidents in a future lifetime, and bring yourself to that moment all over again, in an attempt to strengthen self and touch your power.

Understand that this is not 'Universal punishment' from an unforgiving God; but your own energies urging you to move out of a space of powerlessness.

In very rare cases, this is actually a chosen method of exit for growth reasons, but we will not go into that today.

Are all 'methods of exit' by choice?

☐ Always, always! Even a murder or a plane crash is chosen by the soul, for specific growth reasons. Even a 'stray bullet meant for someone else' is actually meant for you. This, too, has been discussed, in detail, at prior sessions.

Now let us share with you, today, some 'passage choices' that do not follow the norm.

You are all familiar with the natural process of an earthly exit, wherein the soul leaves the body; moves through the 'tunnel of light'; is received by friends, guides, and loved ones in the spirit realm; goes into a 'healing sleep'; and then moves further into his own evolutionary processes.

This is still the norm, and most will continue to choose this path. However, some advanced, high-vibrational, adventurous souls are now choosing different and unique methods for self. Such is now your power.

Some, for example, choose to shed the body and to merge directly with a simultaneous incarnation of the self.

You already know that time is not linear; it is simultaneous. Therefore all your incarnatory aspects exist simultaneously. You could, therefore, shed this body and merge directly with another incarnated aspect of self in, say, the 12th century. Now why would you choose that?


To alter the past, and in doing so, to chance your entire timeline!

To merge?

To Unify?

To study multi-dimensionality?

Pure and simple adventure?

 You are absolutely correct! And why not? The power is now in your hands! Now imagine shedding this body, and merging with another aspect of self. By this process, you add to that existence the benefit of the wisdom and knowledge you have already gained in this incarnation.


In this case, $1 + 1$ *does not* equal 2; it could make a much higher total, as when two consciousnesses merge, they expand tremendously.

When you affect one aspect of self so greatly, and since all aspects are concurrent and simultaneous, you set off a 'chain-reaction'. If you merge, for example, with a part of self that is extremely blocked, that part will naturally open out.


Every single aspect of your various incarnations experiences a boost; a sudden 'elevation of consciousness'. This, in turn, sets off yet another chain-reaction, and an

ever-expanding energetic loop is created, to the power of 144. Just imagine the elevation of self! You are creating your own, personal “Big Bang”. Through this process, you are changing who you were, who you are and who you will be. You are truly re-creating self.

So that is what the earth is facilitating now!

 Did we not just speak of ‘the fountain energies’? Now visualize the motion of an energetic fountain. It moves outwards from a central point, forms a series of energetic circles, which keep looping back into ever-increasing circles. It is forming, in effect, a larger and larger energetic ‘donut’. This sacred symbol is currently very potent in Universal re-creation.

What happens if the other aspect of self is not agreeable to this merger?

 There is always a contractual agreement made between the two aspects of self, before this kind of merger takes place.

Now you can understand that a ‘walk-in’ *need not* be another soul contractually taking over a physical body; but simply another aspect of self merging with self! In either case, there could be changes of personality, tastes, beliefs and ideology.

Sometimes you effect the merger so skillfully that the upgraded version of the unified self only displays subtle changes. Others around you may exclaim “How you’ve grown!”

At other times, the merger helps the incarnated aspect overcome one stubbornly blocked area in his life. An issue or a relationship problem that has been plaguing him for a lifetime may suddenly resolve itself overnight.

So far we have examined this process ‘individually’. Now let us look at it from a slightly more complex viewpoint.

Let us take a hypothetical example of a couple that has incarnated, several times over, as husband and wife; and are still unable to resolve a stubborn issue between the two of them.

They may both, simultaneously, choose to exit and merge with another aspect of their married selves, to begin the healing process through mutual expansion. This is sometimes the case when a couple ‘dies together’ in an accident.

Now imagine the shifts and changes when an entire family does this. Or a larger group of people. Sometimes even an entire civilization...like Atlantis.

Now let us examine another exit choice.

A person may choose to shed his incarnation, and move directly into another, external one; outside his own incarnatory cycle.

Many of you are passionately fond of your Universal friends. You may choose to shed the body and instantly 'appear' as an Arcturian.

This choice is rarer, and more difficult. When you choose to directly enter an energetically evolved society, your *highest* earthly vibrations have to be at a compatible level to their *lowest* vibrations. If there is no 'fit', then this cannot take place.

When this takes place, a person does retain a memory of his Earthly existence, and adds this 'flavour' to his new existence; but very shortly the memories begin to fade. However, his new and unique energies do 'filter down' to his other earthly aspects, and greatly influence them.

With reference to the 'merger with another aspect of self', aren't we already doing that without shedding the physical body? We have already been shown how to connect and facilitate an energy flow between two aspects of self, in concurrent incarnations.

You are quite correct. You can, and are, connecting with differing aspects of self now. But the level of intensity, and the efficacy of change you can implement within self, is far less this way. So the choice is yours, as always.

Even when you 'connect' with the Arcturians, retaining your earthly form, you facilitate an upgrade of your DNA. But when you 'become' an Arcturian, the DNA changes you effect in your remaining earthly incarnatory aspects are intensified. The difference could be likened to 'smelling a delicious cake' vs. 'actually eating it'.

Now, making choices like these are **not** an indication of an 'evolved' person over an 'unevolved' one. They are simply personal choices.

One person may deem it inappropriate for his earthly growth and evolution to upgrade at a steady pace. Another may choose the more adventurous route.

Remember, it is always more attractive to shed Earthly restrictions and return to the natural, more expanded form of spirit. It actually takes a strong, courageous and committed soul to continue on his Earthly growth path.

This meeting is so very 'timely' for me! I have recently been working, very intensively, with Arcturian cards and CDs of their music!

Now the third, and last, aspect that we have time to touch upon today, ***is one in which you may choose to shift from the physical into pure energy.***

You may now say that this is what you always do when you exit the body. Yes, you do, but again we are not speaking of the usual energetic pathway through the tunnel of light, and into the spirit realm. Now this can be done in several ways.

We had actually given you an example of this at a prior meeting, in which we had described the choice made by the Satya Sai, when he shed his physical body.

He chose to implant his essence into every single aspect of planet Earth: you now contain (as does every animal, plant, insect, fish and mineral) his energetic essence within your cells. It is your choice whether or not you activate this particle: it is a gift he has offered Earth, and you can choose to access it, or to leave it dormant.

The scientist, Dr. Homi Bhabha, who chose a plane crash as his means of exit, also specifically required this 'explosive' technique to serve self. His greatest desire (being a scientific soul at core) was to experience being matter and anti-matter, with an earthly consciousness of this phenomenon.

With his chosen method of transference, he was a human in a plane one moment; and points of matter/anti-matter with a human understanding of this, the next.

He did not desire to go through the usual route of being greeted by guides and relatives in the spirit realm. The choice he made was, to him, the ultimate Cosmic orgasm. And so he chose Quantum Death.


Now let us give you a new example. That of the choice made by the person you called Mother Theresa.

She chose, upon shedding the physical, to remain around planet Earth as a perfume, an aroma. Her essence offers all who are poor, bereft, downtrodden, and suffering; the opportunity to 'inhale her energies', and experience momentary love, embrace and nurture. A poor, hungry child on the street may inhale her aroma, and experience momentary calm, understanding and wisdom.

This choice is the highest form of service: it offers no acknowledgment, gratitude or recognition. It can only be made if you desire to offer pure, unconditional love and service.

It sounds like pure self-sacrifice, but it is not: *this can only be chosen by a person who, at the point of death, is in the fullness of self.*

Mother Teresa and Lady Diana died within a week of one another. Is there any connection?

 Dear friend, both had major world missions; yet these were completely different. Princess Diana's energies also continue to remain 'in attendance' to Planet Earth, but she has done this in a different manner.

As this topic is by no means complete, we will continue next week.

JOY, LOVE, LIGHT AND THE BLESSINGS OF THE SAI, THE MOTHER MARY, ARCHANGEL
MICHAEL AND THE ASHTAAR.
