

2nd February, 2006
UNKNOWN ENERGY
Channelled by Sohrab

Group Members urged to connect and Channel

Trance Channelling begins..

Sohrab (In a trance): There are two distinct energy levels in this room. Would you like to identify them?

Group Member: (Inaudible)

Sohrab: Would you like to comment? Feel them, don't try to see them.

Group Member: I don't feel any difference.

Sohrab: (to Poon) Would you like to speak?

Poon: I sense two very distinct energy levels: one of apprehension, of questioning, and the other of knowing.

Sohrab: Thank you. It is also interesting to note that the new group here is in complete balance, whereas the regular Group Members are off-balance today.

Take a moment and allow yourselves to become a comfortable unified group. Balance your energies... it is done. (To Rab) We welcome you and your friends to this session! We would like to work with you, and help you put into practice what you have been taught only a few days ago.

We request you to move to the center of this room, and to sit in a comfortable position. Go within and activate your unified cosmic chakra. Feel it expanding outwards in all directions. This unified cosmic chakra does not actually move or expand, IT JUST IS. It already extends to the ends of the Universe. It is simply your awareness that is being brought to match its expansion. Trust it.

There is a Being here who wishes to work with you and through you. Allow her within. Her energies are vibrant, joyous and loving. Permit her to enter you through the back of your neck, and through your shoulder blades. You are only partially allowing her in, open up your chest, rib cage, stomach, hips, and groin. Open up the thighs, knees, ankles and feet. Trust the energies.

Now, one by one, in a random order, members of your group will be asked to stand behind you. You will not worry about who they are. You will only describe the energies as you see, feel, sense, experience them. (a group member is now asked to stand behind Rab)

Rab: There is a burden on me, my hands feel heavy, and my middle and lower back are getting heavy with energies. This person is carrying some sort of burden on him or her.

Sohrab: Now go beyond 'the burden' and examine the pure energy structure of the person. Do you pick up any difference between what you just described, and the pure energy form?

Rab: I sense blue signifying calmness or maybe working towards peace

Sohrab: Now go beyond the calmness.

Rab: The thought of merging with the new energy. The desire to do this.

Sohrab: Thank you. Now feel the 'other energy' and describe it.

Rab: The solar plexus, Master. The solar plexus is vibrating, as is the hara, and a very rapid frequency. They are taking in the energy; maybe it requires more work at the hara level.

Sohrab: If you were to work on this person, what would you do or say?

Rab: I would counsel the person, urging him or her to overcome his self-pity, and regain his own power.

Sohrab: Now go beyond the third-dimensional analysis and examine the vast energy structure.

Rab: The pure energy structure is vibrating a lot! It is exchanging energies with the Mother energy. And the upper part is taking in more energies than the lower.

Sohrab: Thank you. We will ask you to analyze only one more person. This time, just scan the energies.

Rab: The throat chakra is not very vibrant, and the third eye chakra is showing more clarity than any other chakra.

Sohrab: Examine the third eye chakra flither...

Rab: The third eye is much expanded, but in physical form the realization of the expansion is not there. This person has a far greater level of knowledge than he/she knows.

Sohrab: So how would you counsel this person?

Rabi: I would ask him/her to make an intention daily, to also take in universal energies, to get very calm and to sit in a meditative state, perhaps listen to music, and to avoid any other worldly contact. By just going within, this person can tap into tremendous knowledge.

Sohrab: Would you like to work with just one more? The choice is yours.

Rabia: Yes, Master!

Sohrab: This time the person will not move behind you physically. The person will place his or her energies behind you. This time, do not look at the physical aspect at all. Only focus upon the higher soul energies....

Rab: The person's higher energies are in a state of confusion. He or she is not sure whether to take in, hold or release the energies. But the person's energies are in a state where they can allow a merger, and if it happens, it will benefit the person hugely. Please accept what comes willingly, just take it in. These are divine energies.

Sohrab: why is this person resisting?

Rab: I don't know, Master. Is it worldly confusion? Lack of self-worth? But the person is ready at a soul level. She just has to open her arms and take in the expansion.

Sohrab: Thank you. A certain member of this group was asked to place her energies behind you. However, she only MIRRORED YOUR OWN ENERGIES. The advice was actually for self.

Rab: Is it that I am afraid to accept higher energies? Cosmic energies? Why this resistance, Master? I am not at all conscious of this resistance. I do not feel a resistance!

Sohrab: Part of you truly desires this growth, expansion and the merger, but a small part of you does continue to hold onto third-dimensional issues, does hold onto attachments; attachments, not of people, but of attitudes, beliefs, thoughts.

You have learned to release your loved ones in a magnificent manner, but not all your attitudes. Examine these. Work them through. Yet spirit constantly desires to expand; hence the tussle.

Rab: As you say, Master, the attachments with the loved ones have become detached, but attitudes.. .they are deep-rooted!

Sohrab: There are only a few left! It is time for some spring-cleaning.

Rab: Thank you so much, Master!

Sohrab: (addressing the group) Would you like to describe the energy of the entity she was holding within her? Are they compatible to your structures?

Group Member: They were heavy and seemed incompatible... .(inaudible)

Sohrab: Do not create what does not exist! You were not rejecting these energies. On the contrary, you joyously embraced them. But they were heavy to your structure, which is comparatively frail, energetically. Your energies are light and vibrant, at a high frequency. These energies manifest today in a rich, luscious manner. They were the energies of the Lady Qwan-Yin.

(Addressing another Group Member) And what have you to say for yourself today?

Group Member: I feel ready, and very very happy to be here today!

Sohrab: You have been vibrating at a new level for the last several weeks. Are you aware of this?

Group Member: Really?

Sohrab: How has this affected your daily life?

Group Member: On the negative side ... (inaudible).. .and this is just a lesson.

Sohrab: And you call that 'negative'??? You carry the energies of the Christ Office. You are aware of this. These energies will not tolerate any debris— Nor any old, dead energies. It is your choice how these energies are cleared. Resist and you will fill with anger and frustration. Flow and all will be smooth for you. Make your choice, but the light shines within you. (to the others) Examine her energy structure today!

Group Member: Her energy structure is much different to what I have seen before. It has a very fast vibration. It is beautiful, very vibrant, but there are certain pockets of past patterns, which are being released.

Sohrab: Do you see a new light? Describe it.

Group Member: it is like a fountain of light! It is continually expanding and is beautiful.

Sohrab: Does this sound familiar?

Group Member: Yes... (inaudible).. .fountain of joy.

Sohrab: That was simply validation for you. Work with it, expand with it.

Now, there are several in this room who must work today. We ask you, dear friend, to begin. Please go within, and receive a message for these wonderful friends. Your beloved one wishes to speak through you....

Zar (channeling): Relax, relax! Your life is your gift! Don't worry, be happy, all of you. Aarey, fikar su? Sani fikar? Don't worry, be happy!!!

Sohrab: Thank you friend. Much of the energy she has received today is needed for her healing, including the energies she has just held.

We now request the two of you (indicating two Group Members) to work. You may just link and speak, when the others ask you questions. Take a moment, activate your cosmic chakras, Questions?

Q: I lost my husband two years ago, and I want to know if he is around me.

Group Member: Dear one, we will answer. With every thought that you have of him, he is there, hovering around your energy field. Never doubt that. He wishes you to know that you may call him as often as you wish, and he will be there instantly.

Sohrab: Thank you! No questions? No one has any more personal questions? Very well, then let us ask you to take a moment, energetically reach out and connect with any person in this room, and then describe their growth... Choose who you wish to talk to.

Group Member: I get very soft energies, lots of love. Most of the work has already been done by him on himself. However, I am picking up lots of questioning, and a sense of doubt in relation to your path, and the other world. I sense you are running away from something, but there is no need for that. There is a lot of love and it need not only be expressed in physical terms. It can be expanded to huge light! You do not have to walk down a path. It is about experiencing it, sharing it, in practical day-to-day terms. You have a beautiful journey ahead of you, allow yourself to grow in spirit, and you will go beyond what you could have ever imagined.

Group Member: I also picked up something of this lady when I was talking to her. I picked up a sense of fear that you have in association with your husband's passing. He is with you hugely in energy terms, but he cannot come to your physical world. Use his energy to expand yours, and there is much work you need to do for self. Know that this happened for a reason. It will take you to a beautiful place. You are already there, but you need to release some of your fear. Just work with your friends on this, work with group members. The minute you see fear, walk into it! It disappears. You are ready for this, and your husband will help you. There is a lot of love around you. You are supported. You will be taken care of. You will be safe.

Group Member: I feel a lot of lack of love

Group Member: You have it all around you! But you can't feel it because of the wall of fear around you. You don't want to trust because 'what if'. These are situations that come and go. Take it a step at a time and you will receive validation for it.

Sohrab: Do you wish to give any information to another in this room that is waiting for a message?

Group Member: Lots of pain. Lots of tests. Sometimes we wonder why we are getting these tests, but the pain that comes with it is only a release of a certain kind— A release of thoughts and patterns. Allow the release in a fully expanded form of spirit, joyously.

Poon: . . .In your previous birth, you have lead the life of an ascetic. You have chosen to come into this incarnation to experience worldly life, family relations. You must connect to the knowledge that you have gathered over several lifetimes, and use that now. You must go within and connect. You are on the threshold of remembering. You must get to know

yourself. You are great— Far greater than you can see at this moment. Do you have any questions?

Group Member: In spite of all my efforts, I have lost almost everything in this life: loved ones, finance, and health. In spite of a lot of opportunities coming my way, I seem to have lost them. Why am I being bombarded from all sides? For the last few months, I don't even feel like leaving my house.

Poon: Remember who you are! You are being urged to do that, and when you ignore yourself, you see things crumbling around you. There is so much within you, you MUST PERCEIVE YOURSELF NOW.

Group Member: I think that today is very fortunate for me: I have come in contact with such wonderful company and I hope that I will progress. Thank you.

Poon: You will. You must know that you will. You have reached a point where you only need to take one more step. Use your own wisdom and knowledge that is so inherent within you. You will then see your work and yourself in a completely different light. Do not worry anymore. Access your power and see.. it will all fall into place.

Group Member: Thank you very much for all your help and I believe that I will be performing like you say.

Poon: I wish to now address all of you present collectively. Each one of you here must know what lies within for it is all within and that is what creates the without. You must know the power that each one of you has. You must now begin to exercise that power. Make your own reality in the way that you wish it to be! It is only you who can do that, as no one else but you exists! All exist as you have created them. Each day, each one can manifest all that they wish, but they must exercise the power within. Everyone stands on the same level. There are no higher masters. All are equal. Know that and live your lives in joy!

Sohrab: Today, your group has seen different kinds of mediums work. Some have spoken as themselves, others have spoken 'in connection', and at times you have witnessed a full trance. Now go beyond the words. Feel out the energies. Decide what works for you, and what doesn't.

Each one of you, friends, will now be doing this kind of work 'casually'. Not necessarily in a structured manner. You will now find that people are drawn to you, as you have reached a new phase of vibration. They will ask for help and advice, counseling, guidance. Instantly link. You know now how to do this. You do not have to sit in a trance. In fact, you can be completely casual, as I am right now, talking to all of you. I am in a complete link, and yet you hear me speak 'as Sohrab'. You must do the same, each one of you.

Open up to the Universe, and allow people to be drawn to you. You have so much to offer them. Please remember these words. Do not feel overwhelmed if many people now start calling you up for advice. You are now ready! Help them find out what they need to through you! And in doing so, you too will learn, grow and expand.

Be in the light.

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