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Sohrab's channeling

NEW HEALING TECHNIQUES

A NEW ENERGY VORTEX IN THE BODY

Each one of you is a high-level healer. Some of you heal in traditional ways. Others, who do not believe they are healers, do so at a higher- conscious level, perhaps through the astral embrace of another. Many in this room heal by simply offering their energies to all those with whom they come into contact. Others guide, council and lend a sympathetic ear to friends.

There are a few in this room who heal in a different, unique way: these friends stir up others. They cause shake-ups in the lives of all those with whom they interact; urging them to shatter old patterns and structures, and touch their power. This is also a very valid method of healing.

We wish to give you a different perspective of healing today. You may recall that at a prior session we told you that starting 2013, your healing of another would be of no use whatsoever, unless the other person deemed himself worthy of receiving the healing. Now let us further expand upon this.

You (and we refer to those sitting in this room today) have created a new sensory organ in your physical bodies. It is lodged exactly here (just below the left shoulder blade, near the armpit). Take a moment, close your eyes, tap this area gently and experience it.

If you are in tune with self, you will experience a slight vibration, a different frequency in that particular spot, as compared to the energies in the rest of your body. It does not matter whether or not you have sensed it. It is there and it will intensify now, over the next few months. This particular energetic organ that YOU have created is one specifically for self healing and for the healing of others.

It is conical in shape: it is an Energy Vortex, approximately 2 inches in length. This will now act as a receiver and transmitter. From now on, when you receive healing or energies, be it from a person, be it from the Universe, be it from Planet

Earth, this area will access these energies at a higher frequency than the rest of the physical body.

Naturally, when you receive healing energies of any form, every single cell in the body receives them. This will act as a high-powered receiver, absorbing these energies and scanning them. The energies will be scanned by your personal processor and you will, through this area, take in the appropriate amount of healing energies for that moment of the now. Simultaneously, excess energies received will be stored here by the vortex, and disseminated to the body at the appropriate future time.

This vortex will send out an energy cord throughout the body, unique to each individual. One person may, for example, may find the energies passing through the vortex into the heart, and from there to the lungs, and so on. Another may find the vortex directing the cord down the arm, and onwards in a different route.

This cord is one of *energetic self-worth*. It will therefore transmit the energies to the degree you deem yourself worthy of receiving them. If your overall self-worth is low, the cord will constrict, and the flow of energies will be limited. As you expand, so will the flow of energies.

Now let us examine this in greater detail. You are well aware that different organs in your bodies correspond to different emotional aspects of the self. If your self-worth is low in the area of self-love, when the cord passes through your heart, it will be constricted. If you are more expanded in the area of personal sustenance, the cord will automatically respond to this, and expand when it flows through your lungs. Therefore, different body parts will receive differing amounts of energy, depending upon your own evolution.

When you work with these new energies, first you will receive them yourself. Then when you, as a healer or a nurturer, wish to offer them to another, they will flow through you to the degree you deem yourself worthy. So if you lack self-worth in general, you will be a low level healer.

This is not a criticism. It is to help you understand how vital it is to touch aspects of your own self-worth before you even DEEM yourself appropriate to help another, to serve another, to guide another.

This new structure vibrates with every possible energy in creation. You have made your own processor so multi-dimensional, so multi-faceted, that you are now opening yourselves to energies from across the universe; energies with which you have never before interacted, in this incarnation, or in simultaneous or parallel existences.

EACH ONE OF YOU IN THIS ROOM has deemed yourself worthy of receiving multi-dimensional energies. Please pat yourselves on the back for this! Dear friends, this doesn't make you special or better than others. It just means you are ready for this. Others will activate the very same energy vortex shortly. Some will even do so unconsciously when they read these words.

Now, let us take you through an exercise to help you familiarize yourself with this energy vortex, so that you can better use it for self, and for others, in the future.

Take a moment and just consciously relax the left shoulder, so that you open up your vortex. Now, without touching the area, identify the vortex within the self and feel it not only expand, but pulsate. Some of you may experience this physically. That is unimportant. At least experience it energetically. Trust that you can.

Now, consciously open the vortex to a flood of brand new energies. Experience an inner hum as your vortex begins to draw these in. Your left area will now feel different and more sensitive. If you experience a minor palpitation, have no fear.

Now, intuit in which direction the energy cord is moving, and identify its first 'destination'. Is moving into the heart? The neck? Is it moving down the arm?

Now ask yourself if this area is open to the flow, or relatively constricted. Do not judge the answer, just identify what is happening. If the area appears to be constricted, ask yourself what trapped issue is preventing the full force of the flow. Choose to address this issue, starting now.

As you make this commitment, you will feel an increase in the energy flow. Now, using this energy that you have just accessed, direct it outward, either from your palms, from your vortex, from your third eye or anywhere else you choose; allow the energy to flow joyously to anyone to whom you wish to direct it. And so it is, and so it is, and so it is.

Now who would like to share their experience with the group?

It flowed from the vortex directly into my heart, which suddenly felt very warm indeed.

Was there a constriction in the heart area?

Not at all. In fact it gushed.

So be it. Blessings. Did anyone experience a constriction they would like to share?

The energy cord went straight to my solar plexus, which did feel very constricted. I connected with it, and have not only identified the issue trapped there, but now even know how to deal with it. The issue was disempowerment. The moment I touched it, the energies flowed out very strongly from my palms, and embraced a family member.

Congratulations, and thank you for your openness and honesty! Would anyone else like to share their experience?

It first went to the heart, which was slightly constricted. I touched an issue which I would like to keep private, after which it suddenly flowed strongly to the lungs and uterus. I then attempted to send out energies from my third eye to another person, but surprisingly the energies flowed out from every single chakra except the crown. It went very beautifully.

Excellent!

Dear friends, as you familiarize yourselves with this procedure, you will begin to experience a simultaneous inflow/outflow from the vortex, so much so that you will not be able to distinguish between the two. You will also begin to experience a joyous inner energization, head to toe. This will happen unless you are excessively blocked in one or more areas.

The Upanishads talk about an identical energy space in the body 'near the heart', which the ancient sages used to receive and transmit energy and healing. Therefore, don't we already have this? Or has it only been activated today?

Exactly. Of course you already have it. But those sitting in this room today have chosen to reactivate this dormant energy center, and to also connect with the energy of seven such sages. Now, your scriptures speak of sages as being ‘earthly beings’. You are now working multi-dimensionally, so you have connected with seven appropriate energies from across time, space and dimension. And you have used their energies to re-activate the center.

I often do out-of-body healing. Will the energy vortex work for me that way too?

Dear friends, you can use this any way you desire. This has now been activated, and is an integral part of you. Shortly, you will forget about this, and it will simply become a normal part of daily functioning, just like breathing.

What is the organ called?

It is an energy vortex dealing with the re-creation of the self and of the Universe. Name it if you wish.

The Upanishads call it ‘A Space within Your Heart’. This has always fascinated me. They also speak of it as being ‘a vacuum of energy’. Could you please explain this?

We will explain this in a moment. There are still a few others who wish to question us. Yes?

As I worked with the vortex and the cord, which flowed at rapid speed through my body, I kept hearing the words “His Master’s Voice” ...

You are absolutely correct. Now the image you received was of a megaphone, an amplifier: the traditional symbol of His Master’s Voice. Listen to your own words: HIS Master’s Voice, the voice of your own expanded beingness, and it channels the music that YOU create.

It is also a symbol of the Horn of Plenty.

Exactly! Friends, you have only been introduced to the initiative point. Very soon your entire body, and extended bodies, will begin to vibrate in sync. You will become His Master’s Voice.

Now, to answer an earlier question about ‘a vacuum of energy’. Is this vortex an organ? No, we simply used that term to help you understand the concept.

It is a space of non-space – The Void. This Non-Space is a space of non-energy; and yet it is a ‘space’, which implies form and definition, and therefore energy.

You have been experimenting with your own bodies, attempting to hold matter and anti-matter simultaneously, but in different dimensions. This vortex attempts to hold both together, merging the two dimensions. It is a space of pure creation and non-creation. This goes beyond the concept of the Godhead as you know it. In fact, it is a space that creates the Godhead.

So we will use it to start multiplying by 144?

And further. You are at the starting point of a gigantic experiment. You are now going to use this to not only re-create your current beingness, but all your concurrent, simultaneous and parallel existences.

You are re-writing your entire story. Not just this story. You are re-writing which you term the past, present and future; as well as your parallel and simultaneous selves. You are changing, vibrating, and re-defining who you were, who you are, and who you will be.

Why now?

Because you are ready to do so.

When will it start?

It has already begun.

Could the activation have been preceded by some pain and discomfort in the area where the vortex is lodged in the body?

It most certainly could have, in some cases. Most had no conscious idea that this was taking place. Some did experience discomfort, not only in this area, but in others as well. Some experienced chest pains and palpitations. Many have experienced digestive problems and gas.

Could you give us an idea of what we humans could or would be like in the next two years?

The power is now truly in your hands. As you familiarize yourself with these energies and work with them, you can go beyond your earthly confines of past-life trauma, childhood trauma, confusion, pain, disappointment, disillusionment, depression, anger and the like.

If you fully embrace these energies, work with them, and have complete belief and certainty that they are yours by divine right, you can transform your current lives and your simultaneous existences; re-configuring them in any way you desire.

You can instantly change your old belief structures, patterns, habits, and ideology. You can alter your body, your mind and your soul.

Despite all the surrounding chaos?

This has no bearing on anything external. It is all about you. You could be in the middle of a physical war zone, and with these energies create inner peace and harmony for the self. You are your own universe.

How do we truly touch this power?

You have to delve into the center of your core; the core of who you are in the now, not some indefinable spiritually expanded core. You have to deem yourself worthy. Worthy of being who you choose to be. Worthy of a perfect marriage, worthy of a perfect physical form, worthy of deep and meaningful relationships.

Would one have to detach oneself emotionally to achieve this?

This has to be used in complete and total belief in the self. At that level, there is no emotion, no like and dislike, no want and desire, there is just oneness. Oneness with the Self. In this union, you are God.

Where does the energy generated by this vortex come from? Does it come from our own thoughts and beliefs?

Yes, it is predominantly self-generated; but as it is a space of matter/anti-matter, it contains all Universal energies. Let us examine this practically.

Let us hypothetically say that a person needs, at a given moment of the now, the ability to understand high science. He may simply reach into an aspect of the self that is a scientist in a different century, and also reach out and access ancient scientific wisdom contained in another part of the Universe.

The energies that you can access, in any complex combination of your choice, transcend space, time and dimension. The brain does not govern this, your higher soul does.

Sometimes we carry forward energies from past lives, and store these in our bodies. Can these hamper us? If so, how do we release them?

Dear friend, here we do not speak of 'past lives', as most of you have now understood that time is not linear, hence all lives are simultaneous and concurrent. All energetic transfer between simultaneous aspects of the self is therefore happening right now.

If some of these aspects do not 'suit you', we urge you NOT to try and release them, or 'cut them out': energies flow, and therefore cannot be severed. We ask you to do the exact opposite. Embrace them and assimilate them.

When you embrace that which you resist, acknowledging that it has validity in your structure, you then stop being controlled by them, be they energies or patterns or belief systems. After you have assimilated them, you can then choose whether or not to exercise that aspect of the self.

Every single person, for example, in some concurrent life, is experiencing being a murderer. And is also experiencing being a murder victim. Neither can be 'cut out'. But if you accept that both aspects are valid parts of the self, you will then not feel any urge to exercise either aspect in this lifetime.

The Earth has two poles. A magnet has two poles. So do you. Each person has polar opposites within the self: the murderer and the victim, the sinner and the saint, the teacher and the student, and so on. In many ways, this is your yin-yang balance.

For an appreciation of the light, you must be able to experience darkness. And vice versa. “God” and “the Devil” must co-exist. Your quest is to find the perfect balance between the two.

So it's like saying the two are best friends?

You are striving to make the two best friends! Don't you appreciate your own wicked, cheeky side as much as you appreciate your loving, caring side? When the two are balanced, you become a more complete, interesting, understanding person.

Is activation of the vortex an automatic process or does one have to consciously do it?

This activation is neither automatic nor does it require your focus. Your higher souls (extended energies) govern the time and place of this activation.

You cannot offer this service to another and you cannot urge them to activate. It will happen for them at the appropriate moment. This information is only for you at this moment in time, to help you understand it and work with it.

All others around the planet are now starting to activate at their own pace. As they do, the collective consciousness will rise.

You spoke earlier of 'the embrace of all aspect of the self'. Can this only happen with unconditional love?

Of course.

So Unconditional love is a force?

Yes. True unconditional love can only exist where there is complete and total self-worth. Self-worth, self-acceptance, an understanding of the self, self-appreciation, and self-awareness.

Take a moment, right now, and bless yourselves, head to toe. (Pause) Appreciate every SINGLE part of your physical, mental, emotional and spiritual bodies. Be who you are in joy.

WE LEAVE YOU NOW IN THE LIGHT AND THE EMBRACE OF THE
COSMIC BROTHERHOOD.

BLESSINGS! MAY THE SHIV-SHAKTI BE WITH YOU. MAY YOU
RECOGNISE IT WITHIN THE SELF.

BLESSINGS! YOU ARE IN THE JOYOUS EMBRACE OF THE MAHA
AVATAR BABAJI.

SAI KA PRANAM.

BLESSINGS FROM THE CHRIST OFFICE.

THE UNIVERSAL OVERLORDS ARE WITH YOU.

JOY, LOVE LIGHT AND THE EMBRACE OF THE SANT TUKARAM.
