

SOHRAB'S CHANNELING

4<sup>TH</sup> APRIL 2013

**THE ENERGIES OF APRIL 2013  
NEW PERSONAL MERKABAS  
NODES OF CONSCIOUSNESS**

(Prior to the meeting, as is customary, Sohrab read out a list of people who had requested healing)

Today, please offer healing in the form of pure, radiant Golden Light. Golden light self-generated by each person in this room. You are to go into your core centre, activate your own energy structure, choose to emit pure golden light and then bathe each and every name mentioned earlier in this light.

Embrace them without instruction, without command, and without direction. Begin now. Go inward and create a force of pure golden light. Experience this light expanding outward from your physical body in all directions. Become a star of golden light. And joyously embrace each name mentioned earlier, along with the collective consciousness of Planet Earth.

Now, visualize yourselves floating up above planet earth. Surround her. Each one is to take up a different position around Planet earth: extend your golden light outward and form a magnificent golden grid. Connect energetically with one another, activate this grid and pour back into Planet Earth your golden light. Do not be tentative. Blast Planet Earth with this light.

Now take yourselves to the very core centre of the planet. Once again, band together as a joyous, illuminated golden group and reverse the procedure, sending out golden light from the core centre of planet earth, throughout her structure.

Now joyously return to this room and ensure that you have spread golden light throughout your own physical bodies, bathing all your organs, tissues, muscles and bones. Fill and replenish with your own golden light. (Pause)

Many are not doing this fully, as they do not deem themselves worthy. We ask you to try again. (Pause)

And so it is, and so it is, and so it is.

Take a moment now, with open eyes, and look around you. Can any of you actually see the golden light still being emanated by your group members? If you cannot see this with the naked eye, then intuit it with the inner eye. (Pause)

April, as you have already been told in a prior session, is predominantly a period of introspection after two very hectic months. February and March moved at breakneck speed: shifts, changes, and unexpected events occurred in the lives of most people.

***April will be a more introspective, inward month.*** But this does not mean that the energies within or around you will slow down. Not at all. But you will find, even moving at breakneck speed, an inner need for introspection, silence and in some cases, solitude.

You may find yourself being very anti-social in social situations. You may find a greater need for rest and relaxation. You may need an afternoon nap. (Laughter)

Even when in action, you will be impelled to go inward and introspect on what is happening within and around you. To do this, ***you have to teach yourselves to be at inner rest while in motion.*** Learn to go about your daily routine in balance and harmony.

April will test you: you may create disruptive day-to-day situations and events to see if you can maintain an inner calm and balance while dealing with them. If you allow yourselves to go out of balance while dealing with minor episodes like these, you will then create stronger ones to test yourselves further. Know this, and learn the lesson quickly. Why put yourselves through unnecessary tests?

***During April, anything and everything that ‘happens’ in your lives is a deliberate learning tool for the self.*** Today, for example, prior to this meeting, many of you were discussing the rise in the incidence of cancer, and possible alternative cures. Why did each one of you need to create this discussion? What is your lesson in this? Do you have a deep fear of contracting cancer? What does the very word conjure up in you? Are you being provoked to do something to help others through this? Introspect on this.

***Even the smallest ‘co-incidence’ has been specifically created by you, to draw your attention to something you need to learn, understand or acknowledge.***

Live this month in hyper-awareness. Be aware of how you are feeling at virtually every moment of the day. What is happening within the self? Are you reacting to something? Responding to something? BE AWARE. BE AWARE. BE AWARE.

Through this heightened awareness will come the ability to go within and unearth deep, undiscovered aspects that you now desire to dredge up and assimilate. You are going on a journey into uncharted, unexplored territory. Do not venture forth in fear and trepidation; but instead in joy, with a sense of adventure. Be intrepid explorers of the WHO AM I.

***2013 is a turn-around year for the entire human race.***

It is also an era of ***new beginnings***. Please heed the words we use: we say ‘new beginnings’, and not ‘old endings’. Of course the old must end to usher in the new; but your focus is to be on the new beginnings.

*Could you please give us an example of this?*

Indeed. Many who are ready to let go of an old job, or an old relationship, refuse to do so by ‘hanging on’ unnecessarily, very often to their own detriment. They should instead shift their energetic focus towards the new, wonderful job or relationship that is in the offing. But this cannot manifest until they have released the ‘old ending’.

***Risk-taking will be the norm this year.*** You will deliberately test yourselves in areas that need to be addressed. A perennial victim, for example, will urge the

self to take a risk in this area, and touch his power rather dramatically, by standing up for himself in a difficult situation. ***All of you will be pushing your boundaries in the areas of self-worth, self-acceptance and self-empowerment.***

2013 is an energetic wormhole. The entire year is a wormhole. It does not actually exist. It is a pathway, a passageway, from one state of awareness, existence and beingness to another. It is just a tunnel, leading you to 2014. Don't take yourselves too seriously this year; but at the same time, learn your lessons at an accelerated pace, as you would in the dream state.

*Can you please elaborate on this?*

Our next session with you will be entirely devoted to this concept.

Now through this process, you are being guided by magnificent celestial beings; most of whom are completely unfamiliar to you. They go far beyond your traditional concepts of Masters, guides and deities.

Each one of you is also creating, for self, a ***personal energetic vehicle***. As you well know, all Gods and Goddesses in folklore were always depicted riding upon such a vehicle. Now what exactly is this?

It is simply the appropriate combination of Universal energies to take you forward on your journey, from one level of evolution and vibration, to another. This vehicle, therefore, never stays the same. It is constantly upgrading, raising its own frequency, and therefore yours as well. This vehicle propels you forward at an accelerated speed.

*Is this what is also known as a Merkaba?*

Yes. This Merkaba, once created by you, has a consciousness of its own. It becomes an ever-evolving entity. It aligns with your inherent wisdom, knowledge, desires and needs, and steers you forward accordingly.

*So it takes into account our multi-dimensional selves?*

All aspects of the self have conspired to create this Merkaba. It works for all your multi-dimensional aspects, as is appropriate for each one. Now, if you align your

consciousness with it, you can go even further. Start by simply acknowledging that you have created it, and then choose to work with it energetically. Meditate upon it if so you choose.

*Can we help other people connect with their Merkabas? Perhaps to aid in their healing processes?*

No, you can never interfere with another's vehicle. You will not be able to. It is a uniquely personal structure, aligned only to your personal frequencies.

*So how do we work with our own?*

Just do it. There is no procedure or formula that we can offer you. It is so personal that only you can discover the key to your own vehicle, and only you can drive it.

Many of you have created it with new, unfamiliar, unexplored Universal energies. Perhaps you could start by acknowledging this fact, and then attempting to explore them?

*Does one's light quotient have anything to do with this?*

Of course. This vehicle is a combination light, frequency, vibration, consciousness, all that is, all that is not, matter, anti-matter and much more.

*And no sound!*

Soundless sound.

*How does gratitude fit in this? Being grateful, being happy about having created it?*

This vehicle will bring up for you different aspects that are appropriate for your exploration at any instant of the now. The very fact that you have touched upon gratitude at this moment means the vehicle has offered you this view to now explore. For another it may be unconditional love, and for a third it may be hatred. So be it. It is your dialogue with the self.

*I have heard of Nodes that exist in planet Earth. Could you speak to us of these?*

These nodes are aspects of Planet Earth's Merkaba. She contains nodes, energetic vortices of various aspects, such as awareness, growth, and expansion, to name but a few.

These vortices may be contained in physical structures, such as caves and crystals. Other nodes are purely energetic. The activation of these nodes, and the release of their energies, is governed by the collective consciousness. When you are ready for the next level of evolution, the appropriate combination of nodes activate.

*Can you give us an example?*

Let us speak of a specific node that has currently being activated. It is a **node of medical consciousness and advancement**. This node is now sending out energetic impulses to stimulate the brains of those scientists and medical experts worldwide, who are ready to receive its particular frequency.

They may then be urged forward in their particular fields, and may advance dramatically in medical research, or in the discovery of a new cure or technique. Yet others will be urged to explore new, alternative, non-toxic, more natural ways to further medical science.

*I have been working to spread awareness of our lax Government procedures regarding cellular phone tower radiation. Am I on the right track?*

Indeed you are. This awareness must now be spread. Governments and Corporations must learn to take responsibility for their creations. Science and technology must work towards advancement, taking into account the by-products of creation. Non-harmful and eco-friendly solutions must now be adopted.

*I have been working on a cure for certain diseases. But the substance with which I am working is still considered controversial. Am I on the right track?*

This substance, when used correctly, can be of immense benefit to mankind. But it can also cause great harm if irresponsibly used.

Yes, you are working with it in joy, and with a genuine desire to serve others. But you will have to safeguard your ego, as that could lead you into a space of imbalance in the future.

Your enthusiasm and dedication is commendable, dear friend. But we do urge you to research this further, and to communicate with others who are also working with it. You are meant to work with it.

*As a trans-personal regression therapist, how do I know when I need to step in and guide my patient; and when I need to just step back and let him go through his own processes, even if they are extremely painful?*

Connect with your vehicle for this guidance. Each one of you, dear friends, will face dilemmas like this, this year. You will have to closely examine your work, your personal lives and relationships, your equation with your bodies, and so on. You are learning to take responsibility for self and for all that you create around you. You have to trust self, and trust the Universe.

But this does not mean that you just sit back, do nothing, and conveniently say “I surrender, as all is perfection”. That is a cop-out. You are actually projecting ambivalence; and all that you get back with be greater degrees of ambivalence.

Be pro-active in your lives. Initiate projects. Take yourselves in hand. Make an effort to create what you desire. Trust in the perfection of your choices. But at the same time, surrender to the outcome.

Now, you have to go beyond the concept of belief and faith. You have to move into a space of CERTAINTY.

BLESSINGS!

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