

Sohrab's Channeling

16<sup>th</sup> May 2013

INTEGRITY

SANJAY DUTT

THE INFLUENCE OF TACHYON ENERGY ON THE MENTAL, PHYSICAL AND EMOTIONAL BODIES

RIFTS IN TIME, SPACE AND DIMENSION

*Prior to the meeting, many group members discussed the recent Sanjay Dutt scenario. Sohrab also initiated a discussion on the concept of 'integrity': it was generally agreed, after much debate, that this word meant 'to thine own self be true'.*

Greetings!

May we add to what has already been said? ***Integrity is the complete and total acknowledgement of one's greatness.***

You function from integrity when you can acknowledge that you have made a mistake, a glaring error, or even behaved atrociously (all from your perspective, of course) and can still acknowledge your greatness. It is only then that you can truly understand that the 'mistake' was part of a learning curve: it is now your active responsibility to choose a different course and to move forward in a manner more acceptable to the self. Herein lies your greatness.

Let us speak of the film star whom you were discussing. Any person in the public eye always had a dual mission: one for the self, and one for the general public. Both must facilitate growth and increased awareness.

He had repeatedly incarnated into scenarios wherein he has wielded great public influence: at times choosing to be a politician, scientist, or performer. In Roman times, for example, he was an influential senator; but one who was also a poet, author, musician and philosopher. His mission has always been to influence large groups of people.

His personal and public missions are intertwined: ***his quest, over lifetimes, has been to learn to use power, influence and authority in a balanced and expansive manner, for self and for the public.***

His energetic structure is extremely powerful, dynamic, vigorous and even volatile. In some concurrent lives, he is extremely balanced; in others, in complete disarray. He has often chosen very volatile circumstances through which to grow and learn: in various existences he has, for example, been stoned to death, died before a firing squad, been brutalized in battle and even shunned from high society and thereafter lived a beggar's existence.

His structure works best with vigorous learning: he rarely chooses the smooth and easy path. His extended energies are magnificent, and are in a personal state of eruption. On a higher level, he is attempting to bridge the gap between several concurrent existences, and to allow his energies to flow freely between them, creating an inner river of wisdom, expansion and light.

On a personal level, he is currently working on learning to take responsibility for his thoughts, words and actions. He is working on discovering the Who Am I, and learning to separate it from his perception of his family position, his stardom and his public facade.

On a public level, he is learning to shift the way in which he influences people. He now desires to benefit the public, and to offer them a 'good example', rather than the 'bad boy' example.

What he does not yet understand, however, is that ***all that happened was part of his public mission***. This was to urge you to examine your own past behaviour, particularly those areas in which you judge yourselves to have behaved reprehensively, and to acknowledge your growth through the process. His powerful energies will support you on this quest, should you choose to change course and now work in alignment with the self.

We urge each and every one of you in this room to take some time, over the next few days, to explore the past and to dredge up moments in which you deem self to have behaved disgustingly. Don't judge or condemn yourself; instead learn from the events. Compare the current self to that self. Acknowledge your growth. And choose to take a different course in the future, should similar circumstances present themselves to you. Choose to break old habits and patterns. Use the Sanjay energies as a mentor, and ride upon them.

Let us now move forward. You have studied, over the last few sessions, several new scientific concepts which have begun to percolate into your consciousness. You first learnt that this entire year is an illusion: your mental body is on planet Earth, your physical energies are in a cocoon in the Universe, and spirit unites the two at all times. You were then introduced to new energy Masters facilitating this process. You then worked with Tachyon energy, and understood that it was currently being accessed very strongly by Planet Earth.

Let us now examine how this Tachyon energy influences your mental, physical, emotional and spirit bodies.

Let us first look at the ***mental body***, here on Earth, dreaming up this meeting, dreaming up the rest of the day and the rest of this year for you. A mental body that is deliberately creating the appropriate accelerated events for very rapid growth and assimilation during the year.

The Tachyon energies are able to stimulate the mental body to this extreme, as they are not hampered by any resistance from the physical energies, which are in a cocoon in deep space. The mental body is being challenged beyond belief: it is now demanded of you that you examine and perceive people, relationships, your job and all other situations in a new and different manner.

All old thoughts, patterns and belief structures have not miraculously vanished, but each time you function from them, the energies swirling through the mental body urge you to re-examine them from a fresh, wider perspective. Yet most resist this, and continue to function in old and stale ways.

Let us examine this practically. Each of you has a maid, which whom you interact on a daily basis. You have a habitual way you speak to her. You have aspects you tolerate in her work, and others that you don't. She, too, has a habitual manner in which she speaks to you, and works for you.

Go home now and find a new and exciting way in which to reach out to her; one which is different from the norm. Be brutally honest with yourself. If you are a perpetual nagger, or a harsh task-master, ease off, be gentle and let a few things slide by. If you are habitually submissive and allow her to bully you, find a way to be assertive.

Don't even converse with her in your customary manner; find a completely different way in which to interact with her. Find new ways to discover who she is, and what makes her 'tick'. Surprise her, and surprise yourself. Change your patterns, and keep re-inventing them. You

will discover that this changes your entire equation with her, and brings a new harmony and depth to the relationship.

Do the same with all others: employees, friends and acquaintances. Find new ways to reach out with love, compassion and integrity. Rediscover the self through the re-invention of all relationships.

The new energies are also going to stimulate the intellect. If you have, in the past, deemed yourselves stupid or ignorant in a particular area, challenge this concept. How many of you habitually say to yourselves “I just don’t understand money/science/technology”.

If this is so, now is the time to ride the new energies and deliberately urge yourselves to explore any areas to which, in the past, you have been resistant. Read up on them. Take a class. Ask someone to explain them to you. Do something unusual, even daring, in that area. Ride the wave of the Tachyon mental stimulation and shift, shift, shift!

The new energies are also going to challenge your intellect. You may find that your taste in reading material and films is changing. Routine conversations with friends may now bore you. Find a way to lead the conversation away from the usual, into new and exciting avenues. Routine of any kind is going to pall: find new ways to challenge and excite the self. Do new and different things on your free days. Meet new people. Change around your lifestyle. Take up a new, untried hobby. Re-invent the self.

The Tachyon energies are going to really push the mental body. If you fall back on old, routine, limited ways of functioning, you will experience internal disharmony. Depression may set in. Do not resist the flow: ride with it instead.

*Is the recent increased incidence of solar flares linked to Tachyon energy?*

Yes it is. All solar flares release massive doses of Tachyon energy, which explode like a bomb when they interact with Planet Earth. These literally force your mental, physical, and emotional bodies to expand and vibrate at an accelerated frequency.

When you don’t resist this expansion, you experience an inner sense of elevation, lightness and vibrancy. But humanity tends to resist expansion, and then experiences disharmony and physical discomfort.

Different people use these energies to differing levels. This is why you now feel disinclined to socialize with some; yet unusually attracted to others. It is simply that your current energy levels are now widely divergent.

Now that you are flowing with these energies, you unconsciously shake up and expand everything around you: your homes, businesses, and all those with whom you interact. You now touch inter-dimensionality on a regular basis: you keep slipping in and out of different realities. Most of this passes you by, but there are moments in which you are cognizant of this.

*Could you give us an example of this please?*

While talking to an old friend, you might suddenly see, mid-sentence, the image of an old man in the woman’s face. Or you may suddenly realize that you have known this person over lifetimes. Or you experience a sense of déjà vu. Or you suddenly acknowledge the wisdom and depth of that person, which you have never done before.

Let us ask you right now to close your eyes, and connect with this very space, as it was many centuries ago. What do you get?

(Different group members answer)

*Grass*

*Wilderness*

*Trees and rocks*

*Hills*

What vibrations do you pick up?

*Strong pulsations*

*Peace*

*A temple*

Excellent. Each of you experienced a slightly different era and timeline. All that you experienced did indeed exist right here, including a temple dedicated to lunar worship, many many centuries ago. There are also vast crystalline beds directly beneath this space, deep underground.

We urge you to constant practice this little exercise, particularly when interacting with a new space, or groups of people. You will be astounded at what you can so easily ‘pick up’.

*Are these repeated inter-dimensional jumps also causing us to experience momentary dizziness and disorientation?*

Yes, in many cases they are indeed.

Let us give you yet another example of your current ‘jumps’. This experience many of you have had. You might be on holiday, in a relaxed frame of mind, and be staring out across a beautiful grassy meadow or a mountainous terrain. You take in the vista joyously, and then begin to ‘daydream’ a scenario in which there is a beautiful castle in the distance. You then begin to see yourself in different clothes, being a part of that image. Do you think you are actually daydreaming? Not at all! It is just the convenient and logical excuse your mind gives you, to make this image from a different timeline acceptable to you.

***The Tachyon energies are opening rifts or splits in time, space and dimension.*** These are now all around you. At this very moment, in the very room, there are about 37 to 40 such rifts, wide open. And these will change in a few minutes.

Since you are only here in the mental body, you do not ‘vanish’ into these; but you do have the opportunity to explore them at will. You can literally ‘peek into them’, as you would at an external vista through a gap in a set of curtains.

*Why would we want to do so?*

To explore your inter-dimensionality. To be able to discover aspects of the self, in different timelines and eras, that you haven’t in the past. To seek, search and grow. To find out more about the Who Am I.

*The why aren’t we doing so?*

Because you don’t choose to or believe you can! You don’t need high psychic powers to do so: you are already at the appropriate matching frequency. So just choose to do so, if you so

desire!

*Could you please lead us through an exercise for this?*

Close your eyes. Centre yourselves and breathe. Choose to access any one particular rift in this room, and command the self to lead you into it. Do not permit the logical mind to block the process, simply trust in the self and in the visual you receive. Allow the self to reveal what is through the rift. Is it you in a different form? In a different timeline and body? In pure energy? (Pause)

Look at your surroundings. Where are you? What do you see around you? (Pause)

Bless this aspect of the self, and return. It is as simple as that.

Now let us speak of the effects of Tachyon energy on the **physical body**. You may recall that this body is currently in an energy cocoon in the Universe, receiving high doses of Tachyon energy. This is affecting an upgrade in the DNA and in the physical organs. You are also beginning to introduce, into the physical structure, other upgrades that you desire for the future.

Each person's upgrade is individual and unique: one may be deliberately working on the heart, another on the bloodstream, and so on. All of you will have different vibrations and a different scientific composition in 2014. You can even test this out: take a blood test now, and another mid-way through next year. There will be significant differences between the two.

*What about diseases during 2013?*

This year, all diseases are for rapid growth. They are predominantly being caused to 'wake up' the individual and to urge him to self-search and assimilate all that he has ignored in the past. These are 'dream diseases', as the physical is not even present.

Many are currently creating the illusion of physical ailments, pain, mental anguish, trauma and so on: all to stimulate and educate the self. Some students only grow when the teacher wields the whip; others work better with guidance and encouragement. Many are using the whip in order to speedily break down their own stubborn defences and rigid patterns.

Even as an individual, you vary the mode of instruction. You may need a jolt (the figurative whip) in the area of relationships; but gentle encouragement and inspiration in the area of abundance and finance. You will orchestrate, to perfection, what is best for you.

From your perspective, a person may appear to be lingering in great pain, and not shedding the physical body. You wonder why this person is just not choosing to pass over. But you are unable to see that the person is possibly working out a stubbornly resistant aspect from childhood (perhaps anger and resentment towards a parent), and does not want to shed the illusory body before completing the task. She may decide, with inner certainty, that she does not desire to carry forward the energy of lack of forgiveness.

Let us remind you of what we said in an earlier session. Those who appear to die during 2013 have already exited prior to this year. Their physical bodies are in an energetic cocoon. It is simply the mental body that is here. When the mental body finally departs, it experiences an explosive union with the physical body and spirit. This powerful three-way merger propels it

much faster, and much further, into its own evolution.

Most who appear to pass over this year will not experience the traditional steps of the tunnel of light, meeting up with family members and Masters, and the healing sleep. They will bypass these procedures, and move instantly into a space of great knowledge, wisdom, self-awareness and expansion. Those who pass over this year are to be respected and applauded; not pitied.

The Tachyon energies are giving the **emotional body** a thorough wash: it is going through the speediest cycle in an energetic washing machine. It is being tossed around, rinsed, cleansed and given the opportunity to remove the harshest of stains.

If you have emotional blocks, these are going to arise with great force during 2013. Many are going through what appears to be emotional chaos. We urge you to face your feelings and emotions, acknowledge them, and work relentlessly towards expanding the emotional body.

An example: if you have a childhood issue of feeling unloved, and have not worked this through, you will create, during this year, the illusion of everyone shunning and dismissing you. All your loved ones will appear to reject you. As will your friends, colleagues and acquaintances. You are simply being urged, by the self, to begin to acknowledge, appreciate, validate and love self.

*Please assure us that, in 2014, we will all emerge from this washing machine pristine white!*

You will all awaken in stages during 2014 onwards. It will not happen at one particular moment. The speed at which you awaken is in your own hands.

*What of death procedures post 2013?*

Many will, in the future, choose to reincarnate as collectives, rather than as individuals. In this process, your higher soul merges with several such entities, and creates a unified collective. Together, you work as a glorious team, garnering knowledge, wisdom and collective experience.

If this is chosen, then an incarnation on Planet Earth is not possible. You would instead choose an advanced society, in which there is no restriction of density, physical form and verbal communication. You would then float free through the Universe, working for the group.

Many who are on Planet Earth right now will choose this in the future. Why not, therefore, use the time you have here to truly enjoy the bounty and experience of this realm? An incarnation on earth is the equivalent of army boot-camp training: rigorous and vigorous. Celebrate the courageous choice you have made, and celebrate yourselves.

YOU ARE EMBRACED IN A COLLECTIVE WHICH INCLUDES THE ENERGIES OF THE MAHA AVATAR BABAJI, HIGH LORD MITREYA, BABA JAAN, SAI, MOHAMMED, BUDDHA AND THE CHRIST OFFICE.

BLESSINGS.

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