Sohrab's channelling

23rd May, 2013

THE NEW UNIVERSAL CRYSTALLINE GRID

A NEW WINDOW OF COMMUNICATION

Greetings, one and all!

You may recall that, a few sessions ago, we spoke of an upgrade in the crystalline realm. We told you that this was taking place Universe-wide, and that this group of magnificent, sentient beings were creating a new Universal grid, through which they would freely exchange knowledge, wisdom and information.

This grid is now at its energetic peak. This has opened a new and intensified window of communication here on planet earth, which will be at full strength for the next two to three weeks. This is, therefore, the perfect time for all of you to initiate and intensify all forms of communication.

The first and most important aspect of communication is that of self with self. We urge you to use this time period to really listen to the voice of the body and the soul. Listen to your inner needs, urges, thoughts, feelings and emotions. Start a dialogue with different organs in the body: speak to them and listen to them. Initiate a conversation, and you will hear them loud and clear during this period.

If an organ appears energetically depleted, find out why this is so. Is there a trapped issue that you need to address? What steps do you need to take, both physically and emotionally, to correct this imbalance? Also talk to your soul. Are you on track? Are there soul urgings that you have not heeded? Do you need to make a course correction?

This is also an ideal time to initiate communication with family members, friends, work colleagues and even those with whom you are in conflict.

Why not start by simply going through your email address list and telephone book and see which names appear to 'jump out' at you? Then email them or call them and just say "I was thinking of you!" If a particular episode from the past also surfaces, why not joyously remind them of it? In doing so, you will initiate a new energetic flow of communication.

This is also the perfect time to initiate a shift in the energetic relationship between you and a person with whom you are in conflict, or a person with whom communication has dried up or stagnated. Find a way to reach out to them: face-to-face, by phone, by email or with a note. If none of this is truly possible, then simply sit down and invite the person's higher soul over for a chat.

Let us take a hypothetical example of a person who is not a friend but an acquaintance, and also one whom you are battling in court. Be courageous and make the attempt to communicate: you may find the inner urge to say something that has no bearing on the legal case. You may suddenly wish to say something personal to him, or to share of yourself in an unusual way, so that you 'humanize' the strained relationship. If this happens, don't hold back out of embarrassment: just do it.

Due to this open window of communication, and the intensified crystalline energies around earth, you may also find yourselves getting hyper-sensitive and even over-emotional. Do not stem the flow: if you feel like breaking down and having a good cry or even a good rant, do so.

It is only temporary.

At this time, all communication has to be spontaneous, and created 'in the moment'. You cannot sit down and pre-plan what you are going to say to your husband at night, after he comes home from work. You can, of course, review the situation at hand, both mentally and emotionally; but when the conversation actually begins at night, go with gut. It has to flow with the energies that are being generated between the two of you in that moment; and not with the energies that you were accessing earlier in the day.

This is also an ideal time to communicate with the other kingdoms of earth. Talk (and listen to) your pets, your plants, your homes, your offices, your car, your jewellery and clothing, your household objects, your food and drink, and your city. (Many in the room chuckle)

Yes, by all means have a good laugh at yourselves, acknowledge the apparent absurdity of the situation, and still have the courage to do so. You will soon be astonished at how clearly they will all speak to you. You may then get the urge to clean out a neglected cupboard, mend a broken statue, or move a decorative object from one room to another. A certain piece of jewellery may urge you to wear it for a while. Another may indicate that it needs some 'rest' in your drawer.

Please remember, dear friends, that 'inanimate objects' are not inanimate at all. They just have a different life force to yours, but their energies are just as present and as valid.

This is the perfect time to also talk to the entity that is your business. Please communicate with your staff as well; but do not neglect to also do so with the business itself. What does it have to offer you in the present? What does it want of you? Does it require you to make adjustments in the way you run it? Are you being urged to expand, shift or indeed close down?

Are we bound by this two to three week communication period?

Not at all! The energies are simply the strongest during this period of time; but a year later you can do exactly the same. As time is simultaneous and not linear, just connect with this period and do what you will.

Can we use Tachyon energies to facilitate this communication?

Please do! If you choose to do so, please remember to make your energetic statement a positive one. For example, you could say "I choose to tachyonize my business so that it moves into a space of balance, alignment and perfection, for itself and for me."

Can we communicate with a person who has passed over?

You can communicate with anyone and anything you desire: a blade of grass, a living or spirit person, a Master, a planet, or the Universe itself. This is your divine right.

Let us now walk you through an exercise. Breathe and relax. Each person is now going to work in his or her own unique way, so trust the self.

Go into your physical body. Explore it head to toe. See, feel and sense the various organs. Do not necessarily expect to see the biological organs. They may reveal themselves to you in different and unique ways, such as in colours or vibration: trust this. (Pause)

Now allow the self to intuitively lead you to one particular organ, area or aspect of the body.

Experience this: become it. (Pause)

Have a little fun with it: you could cheerfully say, for example, "Hello, Heart, how are you today?" Smile, laugh, do something similar, and allow the body part to respond. Open up a dialogue with it. (Pause)

Now bless it.

Now please connect with your actual, physical home. Become one with its walls, ceiling and floor. Call upon the House Spirit to be with you in joyous union. (Pause)

Allow the self to be drawn to a particular room or area in the house that needs your current attention. Talk to it, and listen to what it has to say to you. (Pause)

If you would like the home to do something for you, please ask it to do just that right now. Perhaps you desire more harmony, or peace, or joy? (Pause)

Bless your home and centre yourselves once again.

Now please choose one person in the spirit realm with whom you would like to connect. This could be a loved one, an acquaintance, or even someone you don't know. Identify this energy, and merge with it. Start an inner dialogue with this person, Master or friend. Enjoy the union. (Pause)

Please bless this person and return to the self.

We now throw out a challenge to anyone who wishes to take it up. Connect with the energies of a person, living or in the spirit realm, whom you find distasteful, evil, threatening or terrifying. You may even choose a historical figure like Hitler, for example.

If you choose to take up this challenge, you must do so with an open mind, without preconceived notions. If you choose not to do so, then simply connect with anyone of your choice and just 'have some fun'. Now start to merge your energies with his; explore who he is and what he is from an unbiased viewpoint. (Pause)

Now bless the soul, bless self, and return.

Who would like to describe this last interaction?

I merged with one of my staff members, with whom I am having problems, and with whom I am really very angry. I discovered, to my amazement, that his magnificence and mine are the same. I also saw the two of us as very similar people. The two of us seemed to be in a gigantic energetic pyramid, and we were merged.

(S laughing) He is a soul fragment of yours! Wonderful!

(Addressing the group) You can as easily merge with the energies of your favourite film star, your most despised enemy, your greatest Master, planet Earth herself, or your beloved pet. Do this at will now: the more you practice, the easier it will become. You may choose to do so through deep meditation, the daydream state or even in full consciousness.

Dear friends, when you work on communication, particularly with those who are in conflict with you, do not expect instant results within this three week period. However, we guarantee you that if you communicate fully, freely and genuinely, your words will be heard in time. The communication will bear fruit at the appropriate moment in the future.

It may interest you to know that all the Earthly kingdoms are using this time period to accelerate communication of all kinds. The plant kingdom, for example, is communicating furiously with Planet Earth herself, and requesting her to re-adjust her natural distribution of salts, fertilizers and nutrients, to boost their growth and evolution. This kingdom is also in communication with the sun, the clouds and the rain; as well as with various animals necessary for their propagation.

Animals, during this period, are communicating not only with their own kind, but also with other species. The lion is beginning to dialogue with the rabbit.

The mineral kingdom, in its magnificence and expansion, is in full communication with all the kingdoms of earth, as well as with its own species Universe-wide. Why not follow suit?

BLESSINGS! YOU ARE IN THE LOVE, THE LIGHT AND THE EMBRACE OF THE CHRIST OFFICE, THE ST. GERMAIN, THE ARCHANGEL MICHAEL AND THE MOTHER MARY. BLESSINGS, AS ALWAYS, FROM THE MEHER.
