

Sohrab's Transcript

4th July 2013

THE ENERGETIC BRAIN

DEMENTIA

ALZHEIMER'S

FREE WILL

(Prior to the meeting, there was a general discussion on the workings of the brain. A group member asked what happened to people who passed over from Dementia or Alzheimer's.)

Every earthly artist of international acclaim has, somehow, put onto canvas a representation of the energy structure of the brain, as it is after you shed the human body.

When you shed the physical body, you naturally do not still possess a physical brain, neurons, synapses and a cerebral cortex; but you instantly transmute the energies from your earthly brain into a 12-dimensional structure.

Let us assume it looks a like a sphere in which are different energetic configurations. Those who have a particularly rigid brain pattern, who believe that there are no shades of grey, who believe that only their views are the correct ones, will then create a very basic energetic brain pattern, filled with singular colors and bold strokes.

A person, in contrast to this, who has always been a seeker, searcher and questioner; one who has been open to new ideas and concepts, has a beautiful, complex and magical tapestry within this 12-dimensional sphere.

Picasso's paintings, at a higher-conscious level, often represented a human brain that has bold strokes, rigid structures, and yet desires to 'break the mould'.

Traditional landscape artists of the old school (particularly those who focused on ethereal lighting, such as Turner) represented a highly enlightened brain structure; one that is ready to instantly experience, after the passage, the nuances and the magic of the spirit realm.

The surrealists, in general, portray brain patterns of those who are tempted to see or experience that which they have not, while on earth.

To answer your question: A person who contracts Alzheimer's or Dementia before passing over has an extremely complex, 12-dimensional energetic brain structure created instantly after passing over. It has dimension within dimension within dimension, contained within a single sphere.

Because the person has already familiarized herself with the complexities of inter-dimensionality before she has shed her physical brain and body, when she passes over the dementia no longer becomes debilitating or traumatic; it becomes an experience of awe and wonderment. She starts to understand the overlay of varying dimensions and realities, one within the other, with startling clarity.

A very earthly example: Let us assume you have only been accustomed to watching films in a blurred, black-and-white format. And this format suddenly morphs in a three-dimensional colour format of intense resolution and clarity. Suddenly, the previously flat, blurred images begin to take on a perspective and dimensionality that you never before understood.

In the spirit realm, you are now awestruck with the dimensions that you had flirted with while on earth, but you were unable to fully comprehend.

In general, people who pass over having suffered from Alzheimer's, Dementia, Psychosis and other such forms of mental confusion, initially simply float joyously in the magnificence of their own past, blurred images and thoughts, which now come alive with startling clarity. This does not mean that they start working with it immediately, but it now begins to make sense to them.

And the magnificence of the dimensions, the colors, the hologram, and the simultaneous images become a new world for them to explore. When they pass over, they generally enter an energetic wormhole of their own multiple experiences.

They begin, far quicker than most, to explore themselves in different dimensions and realities, all at the same time. Do you recall the story of Alice in Wonderland? Alice falls through a wormhole.....a multiplicity of experiences.

That book was an exploration of the workings of the human brain, and its attempt to grasp and make sense of simultaneous existences and parallel lives. Lewis Carroll, at a soul level, is the equivalent of a brain surgeon.

What happens to our DNA when we pass over?

You are familiar with how you store DNA in your physical form. The moment

you shed the physical, the DNA converts itself into points of free-flowing, fluid light, sound, vibration, and consciousness. It starts to re-create itself into a new formation, retaining an energetic memory of all it has done, been, and experienced in the past. But now it is so open that it is willing to access the energetic DNA from any and every other aspect of its simultaneous and concurrent selves.

So that is why we say that energetic DNA contains almost 76 strands!

It starts to swirl. Now, as the soul begins to make sense of its various realities with its new energetic 'brain', it connects with several of its concurrent realities, and begins to invite a merger with the energetic DNA of those aspects of the self. It does this repeatedly.

This could be simplistically compared to cooking a complex yet succulent dish, combining one ingredient after the other to increase and enhance its flavor.

From this new combination, before another incarnation, the soul will select the appropriate combination of DNA to implant into the physical form (assuming it is a physical incarnation). If the soul chooses an incarnation which is not physical, the soul will allow a much vaster spectrum of the DNA to be accessed by that aspect of the experiential self.

Why do we choose a dense, limited physical incarnation, when we could choose a much more expanded one?

There are times when it is necessary for you to balance your inner polarities: if one aspect of the self chooses to explore a very high, free-flowing incarnation; there needs to be another part of the self that is extremely grounded to balance this out, and maintain equilibrium between your simultaneous incarnations.

Let us again look at an earthly example to better understand this statement. You may desire to be an artist, so you allow your creative side to free-flow. You begin to paint, and you spend several years experimenting with colour, shape and form; but there also has to be a part of you that also takes care of the practical aspects of life. You need to generate money with which to feed yourself, pay the rent, and take care of daily necessities. You need both the free-flowing artist and the grounded self that secures the needs of survival; you cannot just be one or the other.

The practical, seemingly 'mundane' part of the self supports the creative artist: both are equally necessary. And growth takes place in both aspects: each

undergoes the necessary experiences needed to become a well-rounded individual.

Each serves the other. The artistic side urges the denser part to work creatively in the generation of income; and the practical side helps the artist remain grounded and find a center in his work.

Who governs this?

You do. What you term your 'higher soul' is like hundreds of thousands of higher souls all put together. Each incarnation of the self has the same higher soul; but each one's perspective of his or her higher soul is different. And each one accesses different aspects of the higher soul.

In this current form, you access your higher soul, and draw from it a certain frequency and vibration. Another part, in a different timeline and dimension, draws on different frequencies and vibrations. Doesn't this make logical sense? The aspect of you that is a scientist will access very different energies to another incarnated part of you that is a musician.

Your higher soul is therefore a series of overlapping, concurrent aspects of the self. Again: As above, so below. The way you behave keeps changing, depending on the people with whom you interact. Don't you talk, act and behave differently with friends at a party, with friends in this meeting, with your parents, with your children, and with your employers? Your moods change as well: at times you are strident and forceful, at other times gentle and loving, and at yet other times moody and sullen. Yet all of these are aspects of the same you.

Your quest, now, in this era of personal expansion, is to start to recognize and acknowledge the overlapping aspects of the higher you, and to embrace them all. A person who has experienced dementia or other such mental problems has already familiarized herself with these various aspects before she has passed over. She therefore has a head-start on the acknowledgment and the integration of the overlapping aspects of the self.

The choice of Alzheimer's, Schizophrenia or Dementia, though apparently traumatic and confusing on earth, is ONLY MADE by souls who are highly courageous, adventurous and scientific.

They are simply taking an 'advanced course' before passing over, so that when they eventually move into the spirit realm, they move ahead at a much greater

speed.

What of autism?

Yes, Autism is a similar choice, with minor differences.

I am currently studying the Yoga Sutras, which very categorically state that there are just two ways in which you can stop reincarnating. One is complete surrender to the Higher Self; and the second, actually undergoing several practices which allow the mind to completely disconnect from the material realm, isolate the spirit, and then eventually merge with the higher self. How does this fit in with all that you have just said?

What does surrender really mean? It is often misunderstood as ‘sit back and do nothing’. **True surrender is the total embrace of every aspect of the self.** Your earthly aspects, your concurrent and simultaneous selves, the qualities you like about self, and the qualities you dislike about self.

Therefore, surrender to the Higher Self is the complete acknowledgment and embrace of every aspect of the higher soul as well. With this surrender, there can be no individuation or separation; and therefore total merger takes place with All that Is and Is Not.

Can you speak of earthly incarnations and free will?

An earthly incarnation is commonly considered, by many spiritualists, a dense, rather lowly choice... but it is not! The challenges of density, experience and free will help you grow and evolve between 5 to 50 times as quickly as you would in a more ‘expanded’ incarnation.

Once again, it is fashionable to say “There is really no such thing as free will. Everything has been pre-planned by us before we incarnate, and we are just blindly following a master plan”. This is not strictly correct.

You do set out events and circumstances for your own growth and development, but how you deal with them is truly your free will choice. Your free will is a magnificent cosmic experiment that takes place moment to moment. Even the grandest of Masters do not know the outcome.

Understand this from a simple example. You are on a boat, on a river. You can see the river, and the banks on both side. You experience the current strength of the flow of water. You know where you have come from, but you cannot see very

far ahead of you.

The Master is perhaps a mile above you, viewing you on the boat on the river. He has a wider perspective: he can see the rapids ahead, which you cannot see. He knows you are about to experience a sudden quickening of pace, due to flood waters which are surging up behind you, but which you have not yet experienced.

But even the Master does not know how you are going to deal with the quickening of pace, or the upcoming rapids. Are you going to panic and drown? Or are you inventively going to find a way of traversing the rapids with your skill and dexterity? Are you going to get frozen with fear, or are you going to embrace the joyous adventure ahead? These are free will choices.

So does this mean the boat ride was pre-planned?

Yes, the boat ride, the river and the rapids were all pre-planned. But whether or not you choose to fight the ride, or flow with it, is your glorious choice. And when you make a course correction at one point, and joyously triumph over the rapids instead of drowning in them; you may then choose to avoid a future set of rapids by choosing a different tributary of the river, which will take you down a different set of circumstances. Once again, free will guides this choice. So nothing is really 'set in stone'.

Could you take us through an exercise in which we touch our higher soul?

Certainly. For those in this room who have already done this exercise, we challenge you: ask your higher soul to reveal itself to you today in a form, or energetic structure, or image, which has never before been revealed to you.

For those who are doing this for the first time, ask your higher soul to reveal itself to you as it desires, in the moment of the now. No matter what form reveals itself to you, embrace that, and ask why this is being to you.

Close your eyes. Just listen to your own heart beat. Breathe normally and naturally. (Pause)

Visualize your core center (which is generally housed between the solar plexus and hara chakras) expanding outwards in light. Allow it to fill your physical body with light, vibration, frequency, sound and music.

Let this light shine out of the body in all directions. You are one unified chakra.

(Pause)

Your light extends beyond this home, this city. (Pause)

Experience within your energy field...light, frequency, sound, colour, music, images, and inner glory. (Pause)

Now ask your beingness to offer you an actual visual of your higher soul: one appropriate for the moment. (Pause)

If you get a visual that does not make sense, question it...ask why this has been revealed to you, and listen to the inner answer. (Pause)

Now add to this. Experience the energies even more intensively. Listen to your inner rhythm, your inner music. Take it to a deeper, more expansive level. (Pause)

And so it is, and so it is, and so it is. Gently return to full consciousness.

Would anyone like to share an unusual visual or experience?

I am well accustomed to meditation and experiencing an inner vibration. This time, I asked for something 'different'. I was told that I was deliberately not receiving any visual as I am vibration-sensitive. I went deeper and deeper, and my entire body started twitching: I experienced more power and light than I ever have before. I was actually quite relieved when you asked us to stop. I almost reached a point where I couldn't handle it anymore.

Excellent. Dear friends, when we say 'receive a visual'; it does not always have to be an image. You could as easily receive a vibration (as she just did) or a feeling or a piece of music or any form of experience, unique to you.

Who else would like to share?

My higher soul really spoke to me. It said "I am the heart of everything, you are the heart of everything, and we are all the heart of everything". I felt like I was floating in deep space, at the very edge of a black hole. I felt formless.

You touched the realm of pure creativity, dear friend.

Is it ok to see a black hole?

Is it ok to see a black hole? You ask us this? You ask our permission? Why not ask your own self this question? Of course it is 'ok' to see and experience

anything at all! There is always a reason you are presented with an image. What does a black hole mean to you?

Nothingness and Everything.

As has been explained in the past, a black hole is always surrounded by a corresponding white hole. You scientists have discovered the existence of one, but not the other. The two together form a complete structure.

A black hole absorbs everything: it gathers wisdom, knowledge and awareness; draws it to its very core center in a concentrated manner; processes it and then releases it back into the Universe through the surrounding white hole, at an advanced and expanded level.

You are simply telling the self that you are both a Universal receiver and transmitter. How can that not be 'ok'?

Anyone else?

I saw the ocean, with serpents coming out of it. Not a very comfortable image.

We thank you for your honesty. This is your own higher soul telling you, rather forcefully, that you are resisting your vastness, expansion, growth and innate wisdom. Many events are being created by you, wave like, to crash and break open old structures; and the serpents are symbols of new levels of wisdom arising from within. Stop resisting your new vibrancy and expansion.

Anyone else?

I saw a witch. Not an image I was expecting. I tried to change it, but she kept coming back, and she transformed herself into a spider. I asked her why she was around, and she said it was to tell me that I needed to overcome my fears, such as disease, death, cancer, and hospitals...

Perfect! Blessings.

I felt a shower of golden energy with red and blue electricity.

What did it reveal to you?

I couldn't figure it out.

Please take some time and connect with this image again. We will not spoon-feed you this time: an important shift has taken place in your energetic structure.

Play with this over the next few days. See what comes up.

A hint: this image was an energetic view of your brain as it could possibly be, when you eventually pass over. But you are not bound by it: you can choose to grow and evolve at a speedier rate, and change this future image.

So ask it to reveal to you what your thoughts and beliefs are going to be, at the time of your future passage, as interpreted by this image. If you find that any of them don't fit with you, begin to reassess and change these structures from now.

(Addressing the group) Let us give you a hypothetical example, as you can all choose to do this little exercise if you so desire. If you find that your thoughts are likely to be, for example, rigid and bigoted at the time of your passage, shift right now, so that you change the outcome.

We bid you adieu, and a happy journey through your life.

You are requested to send energies to the continent of Africa. Each person is to connect and work with inner intuition. You may be guided to work with a portion of the continent, or the entire continent. Simply send it golden light.

(The group does so)

YOU ARE BLESSED BY THE ENERGIES OF A COLLECTIVE LED BY THE FREUD AND THE JUNG.
