

8<sup>th</sup> August 2013

Sohrab's channeling

A NEW UNDERSTANDING OF 'THE TUNNEL OF LIGHT'

NEAR DEATH EXPERIENCES (NDEs)

(Prior to the meeting, Sohrab shared with the group an incident that had recently taken place in a personal session.)

My client was lead to work upon integrating various aspects of herself. She touched upon an Egyptian lifetime in which she had been 'sacrificed to the Gods' by her father, as a plea to end famine in the land. She had an emotional release after touching this lifetime; after which the Master energies working with me directed her to *become the tunnel of light, through which this aspect could pass over.*

She was guided through this process, traversing time and space; and was told that it would last a few hours, after which this aspect of her would fully enter the spirit realm.

I found this very interesting; and it puts a different slant on the usual 'tunnel of light' experience to which we are accustomed. Would anyone like to comment on this?

*Isn't the tunnel of light made up of our own higher-soul energies?*

Yes, indeed it is; we have been told so before. I was just fascinated by the fact that a physical body (or a physically incarnated body) could act as a tunnel of light.

(Now the meeting commences)

Greetings!

The visual of the "Tunnel of Light" that has been given to you in the past is simply a visual, to help you understand one of the many processes of passing over.

Due to your third-dimensional mathematics and conditioning, you see yourselves as here (S points to Earth), you visualize the tunnel of light there (S points to the space above him); leading to the spirit realm, which you visualize even further up in the ether.

You have also learned that the tunnel of light is not 'God's light', but is the energy of your own higher soul welcoming you back into the spirit realm. It is the energy with which you are the most familiar and the most comfortable.

All this information is correct, but the visualization given to you was relatively simplistic. Let us re-define this now.

When you shed the physical body in a particular incarnation, you do not really go through a singular tunnel of light, hovering 'somewhere up there' in the ether. ***You actually take off in several directions simultaneously, visiting every single simultaneous and concurrent aspect of the self.***

***If you have, hypothetically, 100,000 aspects of the self, all incarnated in different timelines and dimensions; you actually thread-needle each and every one of them, simultaneously experiencing and assimilating that which is the most glorious in each one of them.***

Let us explain this even more clearly. Naturally, each incarnated aspect has many points of glory; but during this process, you choose to interact with its most glorious core aspect. One part of the self may be a brave,

fierce and courageous warrior; and another part may be a loving and compassionate teacher. When interacting with these two, you may experience courage and compassion at its fullest.

In short, the tunnel of light is the ecstatic experience of hundreds of thousands of magnificent aspects of the self. ***An experience the full potential of the self, in all its unfettered glory.***

In the past, we have also described the experience as ‘an energetic head-to-toe orgasm’. It truly is such, as when you suddenly embrace all your love, compassion, strength, wisdom, courage, intelligence, humour and so on, without any filters of resistance, the experience is one of indescribably glory.

Now, all parts of the self do not exit at the same time; but many parts may choose to do so. Let us assume that 5 parts out of the 100,000 have chosen to shed their various incarnation at the same time. If so, they make this journey through the tapestry of their various existences together. You are truly never alone: there are always aspects of the self that do this together.

*Are we mentally aware of what is happening during this process? Are we cognizant of it?*

This process takes place on a sensorial level, and not at a conscious mental level. When you pass over, you do initially carry with you your personality traits, thoughts and beliefs, and even your pain (if you have passed over in trauma). The tunnel of light is the first in a series of processes that help you acclimatize to your new state of expanded beingness. Here, you suspend all that you have carried over. You do not think “Ah! I am now touching power, compassion and wisdom”. The earthly mind is also temporarily suspended. You simply *experience* it.

And as you do so, to greater and greater levels, you begin to *experientially* realize that these are simply parts of the self that you may not have fully acknowledged during your lifetime. You begin to discover You.

This process is necessary to help transmute energies which are accustomed to being physical and earthly, into a more refined state of existence. You now contain energetic elements applicable to both earth and the spirit realm: you are not yet ready to completely sever all connection with the planet and your prior existence.

Many who pass over and stubbornly refuse to acknowledge this, attempt to hold onto old energies, while their internal composition changes. This could be compared to a snake that sheds his skin and still tries to live in it. The conflict of energies that this causes is extremely discomforting, and has been termed “Hell” in your scriptures. So now you see that Hell is of your own making, and not a state of punishment imposed upon you by an unforgiving God.

*Some of us have had NDEs, yet we do not fully recall the tunnel of light experience. Why is this so?*

Yes, several sitting here in this room today have had near-death experiences, yet each one’s recollection is slightly different. And some in this room have undergone NDEs and have to recollection of the process.

None of you have been permitted (by the self) to have a full experiential recollection of this, as you have all chosen to return and continue to work and grow on planet Earth.

If you recalled it fully, you would be so seduced by the experience that you would instantly kill yourselves. The ‘Siren Song’ would be too powerful to resist. And naturally this would not serve the purpose of returning. However, most of you recall, to different degrees, the beauty of the experience. Part of your mission is to ‘spread the word’, so that others may benefit from your experience, and perhaps stop fearing death.

When a person chooses to return, it is always a life-altering experience. Sometimes the changes may be very dramatic: a person’s entire personality or way of life may alter. At other times, it is less obvious, but equally important for the individual, who may only need to ‘tweak’ aspects of his upcoming earthly future. Most benefit from the experience; others block it out or refuse to acknowledge it. That is their loss. That is free will.

*I can speak for two of us in the room: we both felt we were being forced to return to Earth, and neither of us wanted to do so. Why did this happen?*

'Forced to go back'? By whom? Yourself! Yes, dear friend, we are aware that you were urged by a celestial council of friends and relatives to return; but your free will still existed. It was your own beingness that took the decision to return. There was no coercion; only guidance and advice from the others.

*Why would one not want to remain there and grow, instead of returning to Earth?*

There are many, many reasons for making the choice to return to Earth. In general, an NDE is an experience chosen to jolt a structure that is relatively stubborn, stuck or unable to move in a direction necessary for the self. This could include patterns that have stubbornly repeated over lifetimes.

An NDE can give you the necessary 'vitamin dose' necessary to affect an instantaneous change in the self. The wisdom and awareness gained will, in most cases, steer you on a different and more appropriate course of growth and evolution.

It can also add the necessary quotient of knowledge and wisdom needed to open and free up a blocked mind.

In yet other cases, people experience this not only for the self, but also to serve others, by helping open them up. This service may be extended to loved ones, relatives, friends, and even to accompany another soul across into the spirit realm.

*I don't understand the last point.*

Many people, worldwide, experienced NDEs during 9/11. Most had no direct connection with this event, nor did they know anyone involved with it. Yet they underwent NDEs, as Masters simply offering their services, to accompany groups of exiting souls into the spirit realm. They acted as guides, helped them through the tunnel of light, introduced them to their appropriate spirit Masters, and then returned to human existence again.

Don't people on earth offer the same kind of service to others? What about Sherpas, who accompany groups of climbers up treacherous mountains, often risking life and limb themselves? They could choose to earn in other ways, but they choose this particular profession.

NDEs, when undertaken in this way, are predominantly of service to others; but the person himself always benefits as well. He brings back with him expanded energies and experiences a new lease on life.

Sometimes, a person has the NDE experience out of default. He really plans to exit, but at the last minute decided to change course and return to earth for further work. Just as many souls almost take birth, and then retract at the last minute, as they decide that they are not ready for a physical incarnation.

Yet others are just explorers at heart. The experience of the NDE is one they assess will enrich their existence, and so they create it.

*Can a person have multiple Near Death Experiences?*

Yes, indeed. Some recollect the experiences, others do not. In certain cases, multiple NDEs can be mistakenly labelled schizophrenia or dementia. In these rare cases of a mistaken diagnosis, administering drugs to the 'person on a trip' could be dangerous, as he could be trapped in limbo.

*Could this 'mistake' be a soul choice?*

No. This is part of the 'risk factor' of the free-will of earth, that makes it such an exciting incarnatory destination.

*How is an NDE induced by a person?*

An NDE is generally induced by a shock to the system, which jerks the soul out of the body. This can be created by a traumatic emotional event or a physical jolt such as an accident; but it can also be induced in the sleep state, in a much more gentle manner.

*What if the person cannot remember the experience? Does he still benefit from it?*

Memory recall is an added bonus, but not at all necessary for the efficacy of the experience. A person may return from an NDE after a sound night's sleep, with no recollection whatsoever, but just feeling that he has undergone an internal change.

*(Inaudible question about 'expelling junk from the body')*

Nothing is 'junk': even your urine and faeces have a vital role to play before being expelled from the body.

The faecal matter emits an energy essential for your growth and evolution. When you are severely constipated, this energetic flow goes awry, as the pulsation being emitted begins to speed up in the body.

Your urine, before it is expelled, emits an energy that helps your cells remain in constant communication with appropriate Universal energies.

*Is that why urine therapy is propagated a lot?*

Though this is not essential, it most certainly benefits you, if done correctly.

It may interest you to know that the urine content of the body is its most psychic part; even more so than the proverbial 'third eye'. In its natural production and flow, it generates a pulsation that opens up your structure to the Universe.

We must leave you now.

YOU ARE BLESSED BY A COLLECTIVE HEADED BY 5 ENTITIES.

The UNIVERSAL MOHAMMED blesses you. Tomorrow Planet Earth and all her inhabitants have the opportunity, if they so choose, to draw on the purest aspects of the Mohammed energies of UNIVERSAL BROTHERHOOD.

We ask each of you, as lightworkers, to spend a few minutes tomorrow welcoming these energies, and to distribute them worldwide. If the human race absorbs these energies to the appropriate level, a major shift can be affected.

We ask you to spend at least three minutes doing so: draw the energies to the very core centre of Planet Earth, and then allow them to spread evenly throughout the planet.

We thank you. Blessings.

You are also blessed today by THE SAI, THE GURU GOBIND SINGH, THE MOTHER MARY AND THE ST. GERMAIN.

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