

Sohrab's channeling

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THE SPEEDING UP OF TIME

CHANGES IN THE ROTATION AND REVOLUTION OF THE EARTH

MULTI-DIMENSIONAL EARTHLY INTERACTIONS

THE CHANGE IN THE FREQUENCY OF LIGHTWORKERS

SPEED HEALING

THE EVOLUTION OF THE HUMAN BRAIN

THE UNIFIED THIRD EYE

Greetings!

Time has speeded up yet again. Planet Earth is going through a major change in time and frequency. The current solar flares, the energetic reversal of the poles and the energetic effect of several planets and celestial bodies in the Universe are all contributing factors to this phenomenon.

You may recall that, some time ago, we had told you that though you thought that you were still living in a 24-hour day, the human kingdom was, in actual fact, living in a 14-hour day. This time frame has now reduced to an 11 to 12 hour day.

Even though your clocks still calculate time on a 24-hour basis, every second and every minute has now approximately doubled in speed. In effect, you are now doing everything in half the time, and double the speed, as compared to, say, 50 years ago.

Have you noticed how often you say to yourselves "Where has this day gone?" or "How quickly this year seems to have flown by!" or "I just don't seem to have a free minute in the day!" This is why.

Your physical body and your energies are being urged to keep pace with this speed. Your organs are regenerating twice as fast, your hair and nails are growing at twice the speed, and your brain ingests and processes information twice as quickly as before.

You have also observed the dramatic changes in external aspects as well: the constant upgrade of science and technology and the rapid changes in music, to

name but a few.

Now, your structure does not only vibrate at one frequency, and this makes it difficult for you to keep pace with this change of time. Let us explain this more fully.

As lightworkers, for example, you are accustomed to keeping pace with new spiritual concepts. In this area, you may be vibrating at a frequency commensurate to a 12-hour day. But at the same time, you may be doggedly holding on to old belief structures, patterns and prejudices. These, naturally, vibrate at a much lower frequency, and therefore make you uncomfortable, as they do not match your current flow. Yet you continue to hold onto them out of comfort, familiarity or an unwillingness to grow and evolve.

Can you please give us an example of this?

Of course. Your spiritual levels of tolerance and non-judgmentalism may be upto speed, vibrating at a 12-hour day. But let us say that you still have one area which you have not been able to upgrade, such as hatred for a certain community. That aspect then vibrates at the equivalent of, perhaps, a 21-hour day.

This mis-match of time within the structure will make you feel extremely uncomfortable, as the rest of you has upgraded appropriately. You are therefore urged by your own higher soul to quickly review this area, examine it afresh, and bring it upto speed.

If you stubbornly refuse to do so, then your own higher soul will create repeated opportunities to bring this, mirror-like, to your attention; so that you acknowledge it and upgrade it.

Therefore, wherever you feel blocked, stagnant or uncomfortable, understand that you are vibrating at a lower frequency in that particular area, and choose to upgrade it instantly.

Many of you are in long-term relationships, for example. Even if the marriage is in relative harmony, you must know that neither of you are who you were last year, or even last month. Make allowances for this, and attempt to constantly examine the changes in both. Old comfortable behavioural patterns and ways of interacting with one another will have set in. Work towards refreshing these. Find a new way to communicate with one another. Discover who your partner is today. And of course do the same for the self.

(Smiling) We can hear your next question: *What if the two partners grow at differing frequencies?*

Yes, everyone does not grow at the same speed, and some take more time than others; but everyone now has to work with the 11 to 12 hour day, and its commensurate frequencies. Each partner has different growth spurts: your husband may have brought himself up to speed in the areas of business and finance, but not in the emotional arena. You may be lagging behind in the former, but may have moved forward in the latter. Each must then learn from the other, urging the other forward, so that overall growth is achieved for both. This is why openness, self-awareness and the willingness to upgrade are key to this process.

If you realize that you have always been complacent in the area of family finances, then this is the time to start learning more about it. Take joint responsibility for family abundance with your husband, rather than just 'leaving it all to him'. Similarly, urge him to involve himself more in the emotional quotient of the family. Perhaps he needs to spend more time understanding and interacting with you and his children.

What if he refuses?

Of course you cannot 'force' another to grow; eventually you are only responsible for the self.

As you bring yourselves 'up to speed', you will find that you are able to do and accomplish much more than you previously could; and at the same time, you will find a new inner stillness, balance and calmness.

Though this appears to be a paradox, it is not. Just as, when you spin a top, it goes faster and faster, and then suddenly appears to be motionless.

Dear lightworker friends, during the next few months you will have to work at lightning speed. Work will speed up, demands will be made of you at all times, and your help will be requested in areas outside your comfort zone. Multi-tasking will be the norm.

Choose to be bigger than the old self. Know that you can handle it all. Constantly replenish by bringing yourselves up to speed. The faster you vibrate, the more you can accomplish, and the stiller and more expanded you will become. Through this, you will learn to deal with household issues, emotional issues, work, and service to self and others, all at the same time. And you will also learn how vast you actually are.

In the past, you may have identified a certain issue and worked on it for months; now identify it and start living the change immediately. There is to be no time-lag.

The mineral kingdom now exists in a 1-hour day, instead of a 24-hour day. It is working at 24 times its original speed. This kingdom is not only emitting very powerful vibrations, but is also in constant communication with all minerals and mineral energies, Universe-wide. And you are benefitting from these energies, as they are passing through you as well.

They are forming grid upon grid, world-wide and Universe-wide. These are of immeasurable complexity. And they are yours to use, fully and freely. If you could fully tune into them, you would be able to self-heal virtually instantly. In time, you will be able to do so.

Has the speed of the rotation of the earth also increased?

You are aware that the earth rotates on its axis and simultaneously revolves around the sun in an elliptical orbit. Not only has the speed of its rotation increased, but the tilt of the axis has changed, and its orbital path has also changed. It is now beginning to move in a manner that allows it to intersect, at various time intervals, with various 'earths' in different dimensions. At the times the two dimensions coincide, the two earths merge, and then separate again, and continue on their individual journeys.

At those moments, you also merge with the various 'yous' on different earths, each on their own evolutionary journeys, each with their own personalities and structures. Each time this happens, you double your understanding and experience of the self.

Can this cause us headaches?

This can cause all sorts of things, like headaches, allergies, diarrhoea and physical discomfort; but it need not. In general, when you merge and separate from the various 'selves', you generally feel, for a few moments, one of two things: very disoriented, as if you have lost time; or very full and joyous for no apparent reason.

Be alert to this in the future, and understand why it has happened. If you choose, you can even ask yourself what you have just gained from the merger.

It may interest you to know that those who have an inner-ear imbalance, who are subject to vertigo attacks, and who feel dizzy when they are at heights are often people who are extremely sensitive to both physical energies (like earth shifts) and psychic energies (which include Universal planetary shifts). Conversely, it can also be because they are resisting their own psychic flow.

As you are all working towards increasing your sensitivity, you are likely to experience similar symptoms from time to time. You may even 'hear' an inner

whine or screech. Do not fear this: you are simply sharpening the inner ear.

I am now finding my psychic and spiritual work moving at such a fast pace; one to which I am not accustomed. Should I attempt to regulate the pace?

As lightworkers, you now do not have the luxury of climbing the flight of steps of growth, one step at a time. You are now being urged to leap and bound upwards. You are going to give yourselves double and triple-promotions in the school of evolution.

If you are accustomed to connecting with your extended self, and with Master Energies, to a certain comfortable degree; you now have to urge yourselves much further inward and upward. If you regularly work with the Sai energies, for example, now connect to levels of the Sai that you have never before explored or experienced. Do not request this; **demand this** of yourselves.

Do not be content with the levels you have attained in the past; push forward fearlessly and in certainty. Whether you are working for yourselves or for others, insist that the sessions be of a depth and intensity you have never before attained.

Most have a belief structure that says that to go further, you have to work harder. Change this; ease into your connection and soar higher effortlessly. Remember, the further you go, the easier and stiller it gets.

Many in this room are healers. Demand to work with ten times the potency that you have in the past. Why stop there? Why not one hundred?

Similarly, you hold a strong belief that the longer you work for a person, the more effective the healing. As long as you believe this, it will be so. Why not decide to send the same potent healing in a few seconds, instead of over several hours? Believe this, and it will be so.

We remind you that in actual fact, the thought you get to send healing to someone is actually the last in a chain of energetic events, during which the healing **has already taken place**. The thought simply brings this into the conscious realm, and literally adds the fullstop to the sentence. Why take hours over this?

Yes, there may be times when you feel urged to repeat the healing: please do so, but again in full intensity. Efficacy is not co-related to the length of healing time, unless you believe it to be so.

What is currently happening to the human brain? I sense a lot of energetic activity here.

Science teaches you that you use only a small part of the human brain, and that the rest lies dormant and untapped. It also teaches you that different parts of the brain regulate different functions, such as speech, movement, creativity, logic and so on.

All of this is now changing. You are, first of all, wilfully stimulating and using more and more of the brain capacity. Secondly, portions of the brain that were, in the past, allocated to one specific function, are now merging energetically with other portions, and are multi-tasking.

In the past, if you damaged the portion of the brain that affected speech, writing and movement, you simply lost the ability to function in these three areas. Now, if the same portion is similarly damaged, different areas take over and effect healing and repairs, often restoring, partially or completely, these particular functions. You are growing into 5th dimensional beings.

The third eye is no longer isolated in the centre of the head, behind your forehead. Your entire body is now truly developing into the third eye. This means you are now expected to be as 'psychic' with your little toe as you are with your pituitary and pineal glands.

Though I understand this as a concept, how can we 'think' with the toe?

Your psychic connection is not dependant on the brain and thoughts, dear friend. Your psychic feet will be in constant communication with Mother Earth, drawing to the self energies that are essential for your growth and evolution. They will help you better tune into your environment, and earth shifts.

Your psychic legs will offer you both physical and metaphoric guidance, leading you in a direction appropriate for the self. They will offer you support, and the ability to 'stand on your own two feet'.

Your psychic hara will offer you a full flow of creativity at all times.

The psychic digestive tract will help you, physically and metaphorically, ingest and digest that which is perfect for you, in the quantities that are perfect for you.

The psychic throat helps you to speak up and speak out, finding exactly the right words in any given situation, and helping you say exactly what you should say, in the voice tone that you should use, to the extent that you need to speak out.

Your psychic eyes will help you see beyond facades, your psychic ears will help you pick up the subtext behind the words that are poured out to you, and

your psychic sense of smell will help you sense vibrations and changes in all around you.

You are now super-human beings, rapidly moving into the 5th dimension. Live your magnificence.

You are blessed by a host of Master energies. A few shall be named.

BLESSINGS FROM THE MAHA AVATAR BABAJI, THE HIGH LORD MITREYA, THE MEHER BABA, THE MOTHER MARY, THE HANUMAN COLLECTIVE, THE SAI, AND THE GURU NANAK. BLESSINGS ALSO FROM THE ASHTAAR COMMAND.
