

Sohrab's Transcript

24th October 2013

THE DIWALI ENERGIES OF 2013

THE ILLUMINATION OF THE INNER CHILD

GIFT GIVING

WORLDWIDE HEALING OF THE SICK

HEALING NECESSARY FOR THE POLITICAL COLLECTIVE OF INDIA

PERSONAL FINANCES

A NECESSARY RE-EVALUATION OF YOUR PERSPECTIVE OF MONEY

THE ILLUMINATION OF THE BODY

Greetings!

Jai Baba!

Now say 'Jai', followed by your own names three times. (The group members did so joyously)

Very good! Said with great confidence and gusto! Blessings!

(Pointing to K) You are being initiated today, and being taken to a new level of personal evolution. Please take in the energies. (Pause) Blessings!

This year's Diwali energies have already begun to flow worldwide. As you well know, Diwali is a celebration of the illumination of the body, mind and spirit. However, they take a slightly different course each year, offering you illumination in a particular area.

This year, the energies are being directed specifically towards the ***inner child***. Take a moment and visualize your representative inner child: male or female, of any age, and in any state of emotional existence.

Connect with this child, nurture and welcome him or her with an energetic hug,

and commit to working with your inner child for the entire period of the Diwali festivities. (Pause) Talk to the child, and listen to the child. If the child is lonely, give it love all day long; if the child is happy, make your day laughter-filled; if the child is flirtatious, flirt with everyone and everything that day.

Please understand that this is a representative inner child. You are now at a stage of energetic evolution where you are working simultaneously with hundreds of thousands of inner children, from all timelines and dimensions. But since you cannot listen to one hundred thousand simultaneous voices, a representative child will appear on a daily basis. This is one you need to work with specifically.

The child may bring up issues with which you have to deal that day. On another day, the child may just need love. Or the child may simply urge you to go out and be playful all day long. Then please do so, whether you are going to the office or simply on a shopping trip. Be in sync with the inner child...it is very important to do so during this energetic period, to expand, grow and evolve.

Since you are working with the inner child, you may find all kinds of actual childhood memories arising: good and bad, painful and joyous. Let them come up. Play them out, and nurture the inner child.

Today, you got a particular visual of a child. Allow this to change if necessary: you will find the child changing sex, age and mood. Allow this to happen. You will connect to exactly what you need to, on a particular day. Some days will be ones of deep healing, as the child may appear to be in great trauma. Embrace, love and heal the child, and therefore the self, all day long. Other days will bring you a joyous, song-filled child: then live this to the fullest.

During this particular Diwali, it is also one vital and urgent that you give yourselves gifts. ***Commit, here and now, to giving yourselves at least three gifts every single day.***

The gifts can be physical things, if you so desire. But more importantly, gift yourselves commands for your upcoming day. You could choose, for example, to gift yourself self-empowerment, or fluid speech, or the ability to laugh at everything. It could be a choice to make your energetic presence felt, or to work in harmony with a distasteful situation...anything at all that you choose for the self.

A gift could even be a command such as “Today I choose to be extremely productive, and will enthusiastically finish every single chore that I have been

putting off for the last few months.” Then live it joyously, even if it means making a distasteful phone call, or confronting a legal situation. If you have been in fear in the past, change the energy and then accomplish the task.

Through this you will also be gifting yourself self-empowerment, self-acknowledgment, self-worth and self-acceptance.

We DEMAND that you consciously choose and give yourselves ***at least three*** daily gifts.

What about the physical gifts we choose?

Connect with these specifically. There is a reason you have chosen an outfit of a particular colour, or a piece of jewelry. Shop mindfully, not mindlessly. Find out why you have chosen it, and work with it in the fullness of the self. Wear it in connection and in joy. Feel wonderful in it.

If you choose, for example, to gift yourself a delicious chocolate cake, then when you eat it, make sure you do so in the fullness of the self, without hesitation or guilt. Choose to ingest the nourishment, nutrition and joy of the chocolate.

If you find guilt arising with a bite; stop chewing at that moment. Change the energy, and then swallow it joyfully. This level of awareness we now do not request of you; we demand it of you.

Now, if you are giving others physical gifts during this period, make sure that you energize each gift individually with your love and blessings, and then add to this a secret energetic message for the recipient.

What if we give cash as a gift?

Do exactly the same with it. Energize the notes, with a secret message that they, perhaps, multiply joyously for the recipient, or serve him in the best possible way, or give him the ability to generate income in an abundant way in the future.

Now, we ask you a favour. As lightworkers, please use this Diwali period to send light, prayers and love to all who are sick, unwell and in pain, physically and emotionally... worldwide. Understand that when you send out light with intent, it requires the same energetic effort to help a single individual or a million. It is only your earthly belief system that limits you. Now live limitlessly. So why not help one hundred million?

There is a reason we are asking this of you right now. During this period, Planet Earth is also going to be releasing a lot of unwanted energy and debris, which, if internalized by individuals, could cause unusual and unwarranted diseases.

Some people will contract these diseases deliberately, for personal growth; but others, who are not energetically full, may contract them ‘accidentally’, as they will be incapable of combating the ferocity of these energies. Your light and support will help this group, and all others as well, to grow and strengthen energetically.

We also ask you to specifically work for the entire political system of your own country. Allow your intuition to guide you: on one day you may find yourself urged to work with one specific politician or political issue; and on another day you may feel urged to work with the entire political collective. But in general, we urge you to ***clean, filter and enlighten*** the entire political structure of your own country.

If you do receive specific guidance to work worldwide, then please do so; but all lightworkers worldwide are currently being urged to divide up and work for their own countries. A joyous division of labor has been put into place.

Dear lightworker friends, from this Diwali onwards, ***you are now the energetic leaders of the world.*** Do not undervalue your powers, or underplay your role. Though the politicians appear to be the world leaders, you are the ‘power behind the throne’.

Lightworkers now take precedence over any political, medical, or technological group: you are the silent but omnipotent behind-the-scenes workers.

As a group, you are unlikely to get conscious acknowledgement or gratitude for what you do; but you are now beyond that. You are lightworkers because your inner being urges you to be one. You are lightworkers because you are of that level of energy. Do what you do, not to receive attention, acknowledgment, fame or glamour; but because that is who you are. It comes from the fullness of the self.

During this Diwali period, we also ask you to do one more thing for yourselves: ***pay particular attention to your personal and family finances.*** Give money love, respect, acknowledgment and appreciation.

How ‘unspiritual’ this sounds! Yet it is not. Money is God’s energy exchange on Earth, as designated by the Human race. Give it the attention, acknowledgment,

appreciation and the respect that it merits.

The money market and the energies of money are once again being reviewed worldwide. We ask you to start with your own finances first. Friends, please do not go into panic mode. We can sense your fears arising: stop it now.

We simply ask you to take a further interest in your family finances. If, for example, you have always left this to your husband, urge him to review your family portfolio with you. Learn what you have, and how it is invested. We are not saying that you should take it over, we simply urge you to get involved and keep yourself informed. If you feel guided to offer suggestions, please do so. If you feel they are in disarray, go to an investment broker or ask the advice of someone you trust. Pay a visit to your banker.

Similarly, review your household accounts. Examine how you spend, and what you spend on. Identify what you are doing, so that, *if you choose*, you can fine-tune it, or even change the flow completely.

You may find that you have been either miserly, or over-indulgent, in the area of household or personal shopping. Make the necessary adjustments.

Do precisely the same with your jewelry. Re-examine it, appreciate it, and acknowledge the joy (and security) it brings you. Connect with the stones themselves. Find out how they are currently serving you.

You may find yourselves urged to start wearing a forgotten piece of jewelry, or to sell a piece, or to give one away. Live in awareness.

Please re-evaluate your business as well. What is the cash-flow like? Are there many outstanding bad debts? Am I overcharging or undercharging? Do I deem myself worthy of receiving money?

It is also essential that you, once again, ***review your personal perspective of money***. Be brutally honest with the self. Assess if you are a miser, a hoarder, or a spendthrift. Do you waste money? Do you give it the respect it merits? Do you permit a smooth in-flow and out-flow? Do you spend freely on others, but deny yourself anything? Do you only spend on yourself?

If a major event is coming up, like a wedding or a large celebration, do you spend more than you can afford? Are you in balance, or are you attempting to keep up appearances?

If you are planning a large business or corporate event, one that requires a large

dose of money, ask yourselves if the money is flowing smoothly, or are there blocks? Are you allocating the money to the right areas? Is it going to generate the desired outcome?

During this period, friends, money is going to reflect your self-worth. If you are a miser, you lack abundance. You are unable to trust self, and are suspicious of all around you. If you freely spend on others, but not on the self, then you lack self-worth and do not value yourself. If you over-spend on others, you are probably attempting to buy their love and respect, as you cannot give this to yourself.

It is your divine right to be abundant, and inner abundance has no bearing on the external money market. It reflects your inner space. If you are truly abundant, you will find your money growing even in a worldwide money crash.

Money must flow, mustn't it?

Yes, it is an in-breath and an out-breath. You generate and you share, in any way you desire.

This year's Diwali illumination is also directly affecting your body.

He has already spoken of the psychic body. As the third eye has now expanded to every part of the body, so has sentience. The brain is diversifying beyond itself. You are now learning to 'think' with you toe, your knee and your stomach. This is a vital step in the evolution of the human body, as it moves from the 3rd to the 5th dimension.

To be a 5th dimension human being, you have to still retain the physical body, but you cannot be the old, limited human being any more. As your bodies now vibrate at a higher frequency, they also have to have super-consciousness.

There will come a time, in the distant future, where even if the brain is damaged, the body will take over the work of the brain, and you will be able to function quite normally in life. But you have to train the entire body to think, feel, and experience; so that it becomes completely psychic.

Start by communication with the different organs in your body. On occasion, speak to your liver, or your heart, or your lungs. Find out what they want to say to you, and how they wish to guide you. Listen to them. On one day, for example, the heart may suddenly say "Hey, I need some love from you!" Instantly turn inward and start loving yourself.

Learn to be your own psychic surgeons, healers, nurturers and guides. You are working towards being completely self-reliant, instead of needing external healers and doctors. These are your aspirations, and the flow has begun. The road is before you. Be an adventurer and walk it joyously.

Keep discovering who you are in the now, instead of continuously thinking of yourself as who you were in the past.

Your thoughts are paramount, and if you work to change and upgrade your belief structures, patterns and outdated systems, the current Diwali energies will lift you up and help you surge forward.

What of those people around the world who have not heard of the festival of Diwali?

The energy of every single festival is for worldwide consumption. Conscious knowledge is not necessary. It may interest you to know that even though, in the West, many have not heard of this festival; more Westerners than Indians have already begun to draw upon these energies at a higher conscious level.

The flow has begun. It is yours for the taking. Enjoy it.

Can you give us an example of how to access these energies to change outcomes?

Let us say you have a perennial issue with authority figures stemming from childhood, and you have therefore been fearful of consulting a lawyer, the police, or any other representative authority figure about a critical event in your life.

Touch your power, draw upon the Diwali illumination, and view the lawyer or policeman in a different light. Instead of seeing him as a threat, choose to see him as a wonderful, inspirational paternal figure. Make this shift within the self, and when you actually meet him, you will find he treats you with kindness and concern, instead of dominance and dismissal.

You cannot fool yourself and pretend to do this. Change within, and it will be so.

Another example: let us say you are terrified of going to a doctor, and yet you need to consult one. You know it is time to have that dreaded blood test or mammogram. Choose to connect with the Diwali energies, balance yourself, and go fearlessly to the test. Choose to view the doctor not as a harbinger of doom, but as a woman, a mother, a wife and a friend.

These kinds of challenges are going to arise in your lives. Everyone has fears.

Everyone has areas they resist. Everyone has phone calls they have been putting off. Everyone has people they know they need to confront, but resist doing so.

We urge you to address these kinds of issues now. Do not necessary start with the hardest area; you can work your way up the ladder of growth. But do it.

Remember: you are the center of your Universe. Therefore everything is your creation. You know this intellectually. Now start living it.

We leave you in joy, love and light.

There are many Master energies present today, but this session has been led by the energies of the MEHER BABA.

Keep smiling, keep laughing, and be in illumination!
