# 31<sup>st</sup> October 2013

# Sohrab's Channeling

# THE DIWALI ENERGIES OF 2013 (Part 2)

# A MEDITATION USING THE CRYSTALLINE ENERGIES OF DIWALI IN 2013

# VARIOUS MASTERS SHARE THEIR ENERGETIC CONTRIBUTION TO EARTH DURING DIWALI IN 2013

# Greetings!

Today we expect you to be very active participants in the meeting. We will help you access the strongest thrust of the Diwali energies. You are just approaching its most intense period: use it to your joyous benefit.

Close your eyes, and welcome the Diwali illumination into your extended structure. Experience your extend energies being bathed and vibrated with very, very high level crystalline energies. You may, if you so choose, look at what is happening in your energetic structure. Observe it. Experience it. Enjoy it. (Pause)

Now, begin to draw these energies into your physical body through the crown chakra. Bathe the crown chakra, your brain, your pituitary and pineal glands, your inner eyes, inner nose, inner ears and inner mouth with these energies. Activate the entire area inside the skull. Some may experience minor dizziness. Have no fear, just accept it. (Pause)

Now, breathe the crystalline energies into the lungs. Take a few deep breaths and fill the lungs with crystalline light. From the lungs, spread this light into the chest and shoulders, down the arms, into the palms and fingers. Relax and enjoy an inner tingling, an inner vibration. (Pause)

Now once again take a deep breath, fill the lungs with crystalline light, and direct this into the stomach, digestive tract, liver, kidneys, and spleen; allow the energies to flow through your entire mid-section. (Pause)

Breathe again, and direct the energies into the hips, buttocks, feminine areas, down the thighs, into the calves, ankles and feet. Allow the soles of the feet to begin tingling. Just experience a pleasant sensation head to toe, with the Diwali crystalline light flowing freely throughout your physical structure. (Pause)

Consciously transfer your third-eye focus from the center of the forehead to every single part of the body. Command that each part of your body...every cell, every organ, every muscle, every

bone, every bit of fluid...become psychic, aware, sentient, active, energetic, vibrant and expansive. (Pause)

Spend a few moments in silence, enjoying the crystalline energies that you have commanded flow head to toe. Relax into this, and become aware of the new vibrancy in your physical body and your extended structure. (Pause)

Now, using your entire body as a unified third eye, send light, blessings, healing and love to your family members... (Pause) To all domestics and pets in your home... (Pause) To the home itself. ..(Pause) To your office or business... (Pause)

Now, in this state of expansion, choose to give the self three gifts for today. Any attributes you desire. Joy. Happiness. Humour. Expansiveness. Anything you choose. (Pause)

Make the command, declare it is a gift to the self, and accept it. (Pause)

Now, using the entire body as the third eye, bless anyone you desire. You could choose to work for an individual, a group, a situation, a country or even the entire Planet Earth. (Pause)

Now, as you begin to return to full consciousness, bless your own body. (Pause)

And so it is, and so it is, and so it is.

Dear friends, several Master energies wish to speak today, to share with you their personal contribution to Planet Earth during this period of the Diwali illumination.

(Sohrab shifts energies)

# GREETINGS FROM THE MAHA AVATAR BABAJI.

# The Maha Avatar Babaji offers his energies, during this energetic period, to all those who choose to draw upon them for self-healing, self-growth, self-transformation and self-evolution.

The concept of healing needs to be re-defined here. Healing does not always mean 'getting well': many, worldwide, will call upon the energies of the Maha Avatar Babaji to facilitate a smooth passage for themselves. Others may call upon his energies to facilitate earthly healing; but if they do so, they must know that they are also calling upon clarity, and will then be urged to work furiously and fearlessly on the issue behind their dis-ease.

The energies are powerful, glorious, potent and vibrant: they will give you an internal rush, and the ability to connect further with both self and all external realms. They will also give you a sense of inner courage, focus, purpose and divine understanding.

Even if you do not really require any kind of physical healing, you are still generously invited by the Maha Avatar Babaji to call upon his energies, particularly during the next three days, to bring

up aspects that you not consciously aware of, and they will surface. You could consider this a deep cleanse.

Our energies work with complete compassion, and with the FORCE of love.

(Indicating two group members) Stand up. Receive our direct blessings. Be in the light.

(Now addressing the group) You are all blessed.

(Sohrab shifts energies)

# SAI KA PRANAM.

# Dear friends, the Sai collective joyously offers you the opportunity to access our energies during this period, so that you can experience inter-dimensionality, and to know yourselves far better than you did before. Should you choose to connect with us, we will offer you repeated glimpses into the various simultaneous incarnations of the self.

Use these energies very smoothly and easily, perhaps in the day-dream state, and allow yourself to gently explore different parts of the self. You will receive the most appropriate images for your assimilation needs, at that moment of the now.

Some of these images may be disturbing. If one such arises, please do not push it away, but once again call upon the Sai to help you assimilate it joyously, fearlessly and completely. You may, for example, experience yourself in a different timeline, playing out the role of a vicious murderer.

This also needs to be acknowledged and embraced as an equally valid part of the self. It does not mean that you will begin to act this way in this lifetime; it only means you have been resisting assimilating that aspect of the extended self. All you need to do is acknowledge and embrace it as a valid and essential part of the self. Play the scene out and enjoy it.

Another disturbing image could be at the other end of the spectrum: you may see yourself as an unbelievably magnificent person. Someone so grand, so powerful, so expansive, so mighty, that once again you will reject it, saying to yourself, "This cannot possibly be me". You must have equal courage to embrace it, and the expansion within you, which you have been resisting for lifetimes.

Other images may be gentler, simpler and calmer ones; but no matter images arise, play them out and embrace them as beautiful, valid parts of the self. Do this, and you will find yourself growing in leaps and bounds. This process will give you new levels of self-awareness, selfacceptance, self-embrace, self-nurture, self-love and self-acknowledgment.

Blessings!

#### GREETINGS FROM THE UNIVERSAL MOHAMMED!

This year, the Universal Mohammed commits to helping you touch Universal Brotherhood within the self, to a level you have never before experienced. Should you so choose, you may call upon his energies, and he will help you find inner union.

He will help you merge those aspects of the self you have always seen as incompatible. He will help you understand the different facets of the self: those that you liked and disliked. He will help you truly understand that all these facets are part of your overall magnificence. He will help you achieve new levels of self-integration. Call upon him joyously and experience merger, inner balance, peace, expansion and unity.

You are in the embrace of the Universal Mohammed.

(Sohrab shifts energies)

### THE GERMAIN GREETS YOU!

The Germain offers you, should you choose to connect with his energies during this period, the opportunity to find a new sense of purpose in your life, and to find colour in what may appear to be a drab, monotonous existence. He will help you find a new direction in your life and explore exciting new avenues. He will assist in your finding an inner sense of vibrancy, magnificence, opulence, joy, challenge, and colour.

Call upon the Germain whenever you feel life has faded away, whenever you feel you are stuck in a rut, and whenever you feel dull and uninterested... or uninteresting. Use his energies to experience a new inner vitality.

(A group member attempts to ask a question here)

Dear friends, we will give you the opportunity to ask questions at the end of this session: right now the energies must speak through him in rapid succession, without interruption. You are literally being bombarded with energy right now, in a rapid-fire mode, so that new pathways are forged in your structures.

Blessings.

# YOU ARE GREETED BY THE ENERGIES OF THE CHRIST OFFICE.

The Archangel Michael's energies speak. The Michael offers you, during this period, the ability to cut through areas in your life that appear stuck, blocked, trapped or long-drawn-out. Use our energies in particular for business problems, endless court cases, as well as for personal issues that are not reaching a speedy conclusion.

Call upon the Michael energies for such issues, direct them through your structure, and BLAST the situation at hand. Do not be gentle: use the Michael energies as you would use a flame-thrower or a laser beam. Work forcefully and fearlessly with these energies to stir up and clear up all around you.

You are blessed by the Christ Office and the Archangel Michael.

(Sohrab shifts energies)

YOU ARE GREETED BY A LUNAR COLLECTIVE.

# Yes, these energies pertain to your own moon, and to similar energies throughout the Universe. We offer our energies to you, should you choose to really, really, really get in touch with your deepest emotions.

Most of you, being women, consider yourselves 'in touch' with your emotions; and we tell you that most of you are not. The emotions you touch and express are at surface level; most of you are unaware of the deeper ones that lie buried deep within the self.

You may flood yourself, if you so choose, with our energies, and these deeper ones will begin to emerge. The purpose of doing so is not to rid yourself of them; but instead to bring them to your awareness. This way, you bring them up and convert them into a spectrum of energy to serve the self.

This could be likened to a buried spring, which, when released, begins to fountain outward in joy, beauty and magnificence.

Call upon us at will and discover the hidden self. Do not do so in fear. Yes, certain outbursts and releases may take place; but if you delve deeper into your emotional core, you will discover amazing strength and courage buried deep within the self. You will be amazed at your power, vibrancy, expansiveness and magnificence.

Rather than run away when you touch a surface layer, persevere and discover the treasure hidden beneath.

You are blessed.

# OM NAMAHA SHIVAI! OM NAMAHA SHIVAI! OM NAMAHA SHIVAI!

The Shiva offers you only one thing: the ability to touch your power. Call upon him...and beware! You will then be forced to experience a level of internal power you did not know existed.

Do not fear: this does not mean that you will necessarily create difficult circumstances which will urge you to touch your power. During this Diwali period, if you choose to call upon the Shiva, you will find to your delight that you will be able to exercise your power without any external trauma. It will gush out, and you will experience a new sense of self.

Only call upon the Shiva if you desire to really experience who you are. If you desire to continue living in your comfort zone of smallness, of limitation, of victimhood...then don't do so.

Blessings!

(Sohrab shifts energies)

(Pointing to S) THE MEHER BLESSES YOU.

(Pointing to K) Yes, you are acknowledged, you are acknowledged!

The Meher Baba offers you an unusual attribute this Diwali; one that you would not normally associate with him. But he is God, so all aspects are within him! And if he can declare this, so can you.

*The Meher, during this period, offers you the opportunity, should you desire it, to call upon his energies to further you understanding of science and technology.* Laughter, of course, will always be there! But with his energies you will be able to further your knowledge and understanding of these two vital subjects. Neither is now optional. They are both subjects you must now study joyously. Metaphysics as well, of course.

If you call upon his energies over the next few days, you will not be flooded with this knowledge. Instead, over the next few months, you will find less inner resistance and a gradual increase in your understanding of these subjects.

(To S) Dear one, for you and others like you who draw specifically upon our energies for healing: be aware that our energies will now begin to flow through you at a very rapid and forceful rate. You will experience a new inner potency. Do not hold back: let the power flow. The Meher energies have recently upgraded once again, and are working with great force for a particular purpose, which will not be revealed to you today. Let our energies merge with yours, and use them joyously and powerfully. Blessings!

# YOU ARE IN THE EMBRACE OF THE LAXMI COLLECTIVE.

# Draw upon her and her magnificent team of co-workers, to flood yourselves forevermore with personal abundance; abundance in every single area of your life.

She too will work gently, infusing you with layer upon layer of self-consciousness. With each layer you will expand, and feel more and more deserving, worthwhile, valid and ready to receive.

You may also use the Laxmi energies if you desire to send light and healing to the animal kingdom. She will serve them powerfully over the next few months.

Blessings.

(Sohrab shifts energies)

Dear friends, you have been flooded with energies today, and you have now reached saturation point. Do have any questions?

Can we call upon these energies for the benefit of others as well?

Most definitely. But you must first call upon them for the self and then direct them outwards. Internalize them, command them to work for the self, and then direct them to the recipient.

Can we be in error by perhaps directing them to another who may not want to receive them?

You can never make a mistake with these energies. If you get the urge to direct one or several of them to another, then they have been called for.

Use the energies for the self, individually or in combination, as you so desire. If you have an area of the body you wish to heal, intuit which individuated or combination of energies you need, and call upon them.

In general, you have always been taught that healing must come from the self, and that even though you may invite in external energies, they are all a part of your higher soul.

During the next week, there will be divine dispensation. You are being offered the joyous attention of any Master energies you so desire, not just the ones mentioned today, as a gift. This gift is in joyous acknowledgment of the work you have done for self and for others around you.

We leave you in joy, peace, love, light and in the crystalline essence of the DIWALI COLLECTIVE.

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