

21st November 2013

Sohrab's channeling

THE ENERGIES OF CHRISTMAS 2013

AWARENESS

RE-EVALUATION OF FAMILY RELATIONSHIPS AND FRIENDSHIPS

THE FURTHER ACTIVATION OF THE FIVE SENSES

LOVE THROUGH GIFT-GIVING AND GENUINE SERVICE

MULTIPLE POSSIBILITIES AND OPPORTUNITIES

RE-WRITING THE BLUEPRINT

Greetings!

The energetic flow of the festival of Christmas has already begun, and this year the energies will be extremely complex. We will introduce you to them in stages.

The initial energies, which have already begun to flow in and around the planet, are flooding the planet through two star-gates, placed directly above the poles. These are energies from distant parts of the Universe, star systems and other appropriate celestial bodies.

The initial flow is one that will provoke and evoke AWARENESS. This energy is required by all kingdoms on planet earth, and each will use it in a manner appropriate for itself.

This energy enters the planet through the two poles, and is forming an energetic column between the two polar extremities. This column is beginning to vibrate at an extremely high frequency. This has already begun to cause inner earth shifts and eruptions.

I hear that there are already eruptions taking place in the Antarctica, under the ice.

Yes. Some of these will be observed by you on the surface; others will not. There are major volcanic eruptions and earthquakes taking place deep within the earth. But in general, Planet Earth has begun to vibrate with these new energies at an extremely high frequency. This will only intensify over the next few months.

This frequency will be felt physically in some areas, but what is more important

are the energetic effects they will have on the various continents and their inhabitants. This frequency emits an extremely high-pitched whine: one which your ear cannot pick up, but your cells can.

Through this frequency, an intense 'buzz' is being created within the earth herself, and within your bodies. This will instigate a release of debris.

Dear friends, embrace this process and ride with it. As this frequency intensifies, awareness will begin to arise. But for awareness to arise, old issues and the debris that lies trapped within your structure has to be brought to the surface, so that you consciously assimilate it and move through it.

In general, each individual will go through a process of release appropriate for the self; but in some cases, when a family needs to collectively work on an issue, they will all experience similar symptoms, so that they examine it together.

Let us take the example of a family which has been warring for years over a piece of property. Through this energetic process, it is likely that the long-drawn-out battle may be brought to a head. Extreme circumstances may arise; or an opportunity may arise wherein they have the option of selling out and equitably dividing up the profits.

Now, in all likelihood, various embittered family members may resist this, perhaps demanding more than a fair share. The new energies will also offer them the opportunity to individually and collectively examine their greed, selfishness, disharmony, and so on. They will somehow experience greater self-clarity than they had before. Whether they then choose to examine the self, or not, is naturally their choice.

Not all situations that arise through this energy will be distasteful: you may be faced with more joy, happiness and success than you ever imagined you could achieve. This will serve you in exactly the same way.

It is interesting that the human race finds it easier, more familiar and more comforting to work with adverse circumstances, rather than with joyous ones. Even this balance is now being tilted. There will be cases where certain people may suddenly experience financial windfalls, or are suddenly given high positions and much greater responsibility in the business environment. Through these opportunities, they will learn to shoulder responsibility and touch a greater degree of self-confidence.

Self-awareness naturally starts with you and within you. Therefore the most

intense situations that will arise will be extremely personal: aspects about the self that you have been resisting or refusing to acknowledge in the past.

But the Christmas energies, which deal with love and family, will therefore also focus on family issues. This naturally includes much more than property disputes; this offers you the opportunity to re-evaluate internal family relationships, to review your annoyance or hatred of a family member, to work differently with all family members, and to speedily resolve old issues with those from the family who have passed into spirit, and with whom you are still entangled.

If you consciously use these energies of awareness, you will be able to better understand why you have chosen to incarnate into this particular family, how each person serves you in your growth, and what you need to examine from a collective family perspective.

The word 'family' here refers not only to your physical family, but also to close friends. During this period, you will find the need to re-evaluate your relationship with all these people. You may find the need to speak up and address an issue with a family member or a friend; one from which you have shied away in the past. You may find certain relationships getting distant, and others suddenly strengthening. Do what you must, through awareness. Face the situations in awareness, balance, and illumination.

The energies of awareness are going to work very strongly with your five senses. Each one is being activated in a new, expansive, psychic manner. Your ability, for example, to see beyond the physical is going to get very refined. But if you continue to 'only judge by appearances', then you will be the loser, as you are bypassing magnificent energetic opportunities being offered to you during this time period. Stop looking at the physical, and start picking up who people are at a higher vibratory level. *See them for who they really are; not who they appear to be.*

Of all the five senses, the one that is going to be activated the most is the inner ear. ***This means that your ability to go beyond the spoken word, and pick up on the sub-text, will now be very acute.***

Can you please give us an example of this?

You may find yourself in a situation where someone is smiling widely and praising you. Use the inner ear and listen to where the person is really coming

from. And you must do this, not in judgment, but in awareness.

If, in this case, you pick up that the person is coming from envy and jealousy; take in the information, do not judge him, and understand that it comes from lack in his life. Help this person, in some way, address this lack.

During this energetic period, please be careful not to make anyone else feel small, insignificant, worthless, stupid or inadequate. Naturally, this statement would be one we would suggest to you at all times; but during this particular energetic period, if you consciously or unconsciously do so, it will increase your own inner lack ten-fold. If you gossip about someone, for example, your inner inadequacy will be so magnified that you will be overwhelmed with feelings of inferiority and lack.

The Christmas energies are naturally based on the loving energies of the Christ Office. ***This year, love needs to be experienced and expressed through genuine gift-giving and service.*** We urge all of you not to wait for Christmas day; start your gift-giving now.

This appears to be an extension of the Diwali energies!

You are absolutely correct, it is. Give yourselves gifts on a daily basis: gifts of awareness, alertness, focus, joy, love, laughter, happiness, self-appreciation, and so on.

Some of the gifts, to self and to others, will be physical ones. Offer these in love, joy and from the fullness of the self.

But the most valuable ones will be your love, your service, your guidance and advice, your physical presence, a hug, or a sympathetic ear. Start the gift-giving now.

We offer you a challenge during this period. For every ten gifts you give joyously to self and to others, offer at least one to a person with whom you are in conflict. To someone you 'hate' or 'despise'.

This gift can be physical, a blessing, a prayer, or simply an inner understanding of why you have created that person and that conflict in your life. The gift could even be genuinely asking for that person's forgiveness.

The Christ energies are currently offering you the opportunity to really begin loving yourselves to a degree beyond that which you have ever before achieved. This flow has now begun. Use it; do not once again belittle the self and

reject it.

Let us explain why this is so important during this energetic period. ***This intense flow of love will give you what you desire. If it sees you experiencing lack, or playing the victim game, it will interpret this as your greatest desire, and oh so lovingly give you these experiences in abundance.*** Why not, instead, use these love energies to shine, to celebrate who you are, and to allow the world to see you as you truly are?

We spoke, at an earlier session, of energy markers. These, we had explained, are energetic imprints of the self that you create in the Universe, on the surface of planet Earth, and deep within its structure.

Today we refer to the one implanted deep within the earth, as it has bearing on the Christmas energies. This is a moment-to-moment record of who you have been, all your current-life experiences, and who you currently are. It is an earthly parallel of your Akashik records.

As you grow and evolve, you keep feeding and updating this personal database, lodged deep within the planet. You will now be feeding into this database the new energies of awareness. These energies will help expand the database, which will create a feed-back loop to you.

This means, practically, that you will now find more growth opportunities coming your way, and more exciting avenues to explore than ever before. In the past, when perhaps two job offers came your way, during this period many more will be offered to you.

Most will find this confusing...so many possibilities, which is the right one for me? We tell you that each will lead you down an interesting growth path. Choose with discernment, wisdom, awareness and in joy; and then embrace your choice, rather than later regret it.

Opportunities and multiple possibilities will now start flooding in: not just physical ones like new jobs or new homes; but multiple ways of behaving in a familiar, repetitive situation. You are urged not to follow default behavioral patterns. Review them in the moment, and surprise yourselves at times. Challenge yourselves and do things you have never before attempted. ***Have fun with life.*** This is the most important advice we can give you right now.

Let us cite the case of our friend (G) who normally sits here. She has taken what would normally be considered an alarming medical procedure and made it work

for her. (Note: G was in hospital, recovering from an angioplasty)

During the procedure, she blessed the medical personnel and the stent, and also demanded of her Universal friends that they simultaneously give her an appropriate implant for the self.

(Pointing to D) You may assure her that she has received not one, but five, Universal implants. Five completely diverse ones, from Master energies. Why? Because she demanded them in fullness, in joy, and with the belief that she deserved them. Tell her that she now needs to discover what they are.

So these Christmas energies of awareness are not only giving us new opportunities, but are also urging us to create new blueprints for ourselves?

Exactly! We had told you, in the past, that the blueprint you had set out before coming into this incarnation had become relatively fluid. Now, with the new energies of awareness, and with the help of your energy markers in the planet, ***many of you are beginning to erase large portions of your blueprint, and re-write them, while still in living form.***

Such is the power of the human race. We now **will not** accept statements from you such as “This is my karma, and I am stuck with it.” “I know, at a soul level that I am meant to suffer at the hands of my husband, so I have no choice, and I cannot leave him.” “Growth only comes from pain and suffering.”

Understand that if you make these kinds of statements, they will be true for you. Not because you had created them as part of your prior blueprint, ***but because you are creating them in the moment.***

When you catch yourselves going into these old spaces, instantly review what you have just created, and change it.

Many of you believe, for example, that you are doomed to be fat because it is a genetic propensity in your family. Or that because your mother and grandmother had breast cancer, you are going to get it too. Not anymore. Choose to be different. Be yourselves.

Yes, if you have a family propensity to ulcers, for example, and you allow yourselves to get extremely stressed out; you are likely to follow the family pattern. ***But you are not bound by it.*** There is no need to manifest this at all. Address your stress, and choose to be in perfect health.

We are not asking you to dupe yourselves, and to pretend that a disease does not

exist in the family. Choose a healthy body instead. Affirm what you desire, and live it.

Dear friends, be aware of the energies of awareness. They are around you and within you very palpably. If you tune into them, you will experience an energetic rush, a lightness, and expansiveness.

Work with them, breathe them in. You may even experience light-headedness. Play with them. They are wonderful.

They are not heavy, strong ones; but are instead light, dreamy and expansive. Use them; they are there for the taking.

You are in the light, joy and love of the CHRIST OFFICE. Today, the meeting is being held by MEHER BABA. Blessings!

(Laughing out and changing his tone of voice) Yes, yes, it is I! How many of you recognized my energies?? I like to fool you occasionally.

Why didn't you identify yourself earlier?

If I do, you often hang onto who I am, and don't listen to the message. But it is I! Blessings.
