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Sohrab's Channeling

THE ENERGIES OF CHRISTMAS 2013 (PART 4)

SHATTERING OF OLD BELIEFS, STRUCTURES AND PATTERNS

THE ENERGY OF SOCIAL CONSCIOUSNESS

AN INTRODUCTION TO THE ENERGIES OF 2014

Greetings!

The next wave of Christmas energies offers you the opportunity to instantly review and shatter old concepts, beliefs, patterns, habits and other such rigid structures.

It is not a coincidence that the newspaper headlines today have brought up a controversial subject (Note: This refers to the New Delhi Supreme Court's reversal of an earlier judgment, and their declaration that homosexuality would once again be considered illegal in India.)

This event has offered the entire country the opportunity to re-evaluate, individually and collectively, its belief structures and attitudes. People are questioning their own thoughts about this issue, their right to freedom, the attitude of the law, and so on. All of this, in turn, must bring up questions like "Where do I repress myself?" "Where do I not give myself permission to be who I am?" "Where do I attempt to control aspects of the self?" "Where do I condemn and repress the equivalent of homosexuality within my beingness: aspects that I perceive will be unacceptable to me, my family and society?"

In short, each one in this country is being urged, through this event, to question "Am I living my life in the fullness of Who I Am?"

These headlines will now stir up the country. People must speak up and speak out, offering opinions and urging shifts. Protests must take place, judgments must be challenged, and old laws must be updated and amended, far beyond this particular issue. See how timely this event is, in relation to the new wave of Christmas energies?

We urge you to use the remainder of this year very productively. Question yourselves at every moment. Re-evaluate your thoughts, beliefs, patterns and attitudes. Delve into them. Dredge up hidden attitudes and structures, and then do what you feel urged to: some may just need to be 'tweaked', whereas others may need to be turned on their heads.

Here, you do not need the permission of the Supreme Court, your country, society or your family. You just need your own permission.

Let us give you examples of a few subtle ones that often lie deep within the surface:

My parents are both fat; therefore I am also always going to be fat, as it is a part of my genetic make-up.

Both my grandmother and mother had breast cancer; therefore I am going to get it as well.

I am technologically challenged, and there is nothing that I can do about it.

I have no head for figures, finance and investments.

I am doomed to a failed marriage.

I am suffering emotionally and physically during this lifetime, as this is karmic payback for aberrations in past lives.

I am poor and will always be poor: I must have cheated someone in a past life, and this is Universal retribution.

Yes, you may laugh at these, but many of you resonate with these kinds of aspects. They have now become either conscious or unconscious belief structures that you live by.

Yet another example: “Women are second-class citizens”. You may not believe this consciously; in fact you may be one of those women working to disprove this aspect. But it is still embedded deep within the cellular structure, as it has been a common belief held by all earth citizens over thousands of years.

Change is happening. Make it happen even faster. Be lightworker-leaders, by choosing to consciously shatter these structures within the self and live the change. Then the world cellular coding will begin to upgrade.

Make a choice to change, and instantly begin to live it. Then it just is.

Why not do so right now? For example, choose to change beliefs like “I am too lazy to ever exercise or follow on a food plan” or “I am too old to learn new tricks”.

Amend these, and others, during this energetic period, and begin to live your new coding. You will then find Universal energies supporting you and urging you forward. You will then be assured of growth, change and success.

2014 will, in general, be one of awakening, re-birth and re-construction of the self.

I notice that the changes taking place right now seem rather drastic; even harsh.

Yes, you are correct. This is an energetic period of 'no mercy'. 2014 will be even more so. 'Shape up or ship out'.

Ship out where?

Back into spirit form. Either keep pace with the change on earth; or choose to exit the planet and work from a different perspective, at a different pace.

There is no shame in this: it is a choice that many will make. And for them, it will be the more appropriate choice. Let us examine why.

The energies around planet earth are very vigorous, drastic ones. They are effervescent energies of repair, change, reconstruction, renewal and regeneration.

These energies will act like a high wind on people, urging them forward. They will not suit those who prefer to remain stuck, or work at a slower pace; and yet there is no escaping them on planet Earth. These people will have no option but to exit the planet: either you allow this, or you choose to leave.

So most of our politicians will exit as well? (Laughter)

Not necessarily. Many of them, like the judge mentioned in the headlines today, are needed to play the role of 'agent provocateur'. They will continue to play specific roles, sometimes the equivalent of a Hitler, an Osama (or an Obama, depending on your perspective); shaking up the people.

Why?

Some students of life respond to gentle encouragement, others to inspiration and motivation, but many respond only to the whip. All kinds of teachers are therefore necessary for the growth and evolution of humanity: each reaches out to a different segment of society.

You will notice many such headlines in the news from now onwards: some will deal with constricted issues, and others will joyously declare maverick changes in society.

The energy of 2014 is one of social consciousness. This is particularly needed in a country like yours, where the root issue is **separation**. Where there is mass separation, social consciousness is naturally at very low ebb.

When we speak of social consciousness, we do not only refer to those who speak out publicly and affect shifts in the country. We are also referring to social consciousness that must start in your homes. You have to educate yourselves, your family and your domestic staff. You have to

help all get more conscious, personally and socially. Help them find their voice. Help them touch their power. Help them help themselves.

2014 is going to be a year in which you have to find your individual voice. Even if you find yourselves backed into a corner by the entire family, you have to find a level of inner balance, hold your ground, touch your power, and speak your truth.

Those who are timid, shy and retiring will have to face this to a greater degree. The subservient daughter-in-law, for example, is going to find herself oppressed by the entire family and her domestics. She has to learn to touch her power and stand up for her rights. She has to find her voice; and speak up and speak out.

If you face these kinds of challenges from the fullness of the self, it will be smooth sailing for you. But if you revert to your old patters of subservience, self-negation and lack of self-worth, you will be crushed underfoot.

Dear friends, our words are not intended to intimidate you. We are simply drawing to your attention the energies that you, as a collective, have drawn to planet Earth. You desire this.

At the same time, ***2014 will offer you wonderful personal and collective break-throughs.*** You will experience repeated ‘Ah-ha’ moments, in which you will joyously acknowledge how you have changed, grown and evolved.

There may come a moment, for instance, after you have just fearlessly stood up to a habitual tyrant, when you suddenly recall how much of a victim you used to be, in similar circumstances, in the past. This moment of self-revelation will merit an energetic ‘pat on the back’, which you must then give yourself.

Similarly, there will be break-throughs that affect the collective, in the areas of science and technology, medicine, farming, nutrition, and in overall awareness.

The upcoming year is going to be an exhilarating one: fast-paced, full of motion and activity, and multi-tasking. None of you will be able to work at a sedate pace. You will all be multi-tasking, juggling several projects, activities and internal processes, all at the same time. You will have to learn to be master-puppeteers. You can do it. Simply choose to change your belief about the self. Decide that you can handle all of this, and more. Choose to be a brilliant multi-tasker. Choose this, and it will be so.

How will the energies of 2014 affect organized religion, which appears to have such a stronghold on people?

There is already a tremendous change, worldwide, in this area. The concept of spirituality has now become a household word. It is no longer a taboo subject. Greater numbers of people are

searching for a more comfortable, less restrictive mode of existence. Paradoxically, bigotry and fanaticism also appears to be intensifying.

This is happening because the energies are shifting in the form of a black hole. You may recall that we have described black holes in the past: they attract energies, intensify them to a single point of great concentration, and then release upgraded versions of the same back into the Universe through a corresponding white hole, which actually cups the original black hole.

It is pleasing for us to note that Earth scientists are now beginning to grudgingly acknowledge the presence of a white hole.

So, for example, the energies of bigotry and fanaticism are getting more and more concentrated as they are drawn into the black hole. There will eventually come a transformation of this energy: it will explode outward with new awareness and tolerance through the external white hole.

You, as lightworkers, are leading the way and forming this white hole. Each and every one of you has come from a space of relative bigotry, narrow-mindedness and the habit of judging and labeling people. Yet you are very different today. Your boundaries and tolerance levels are now much more flexible. You have the ability to see and understand 'the bigger picture'. Look back at who you were, with brutal honesty, and congratulate yourselves on the transformation.

You are different because you have already gone through the black-hole/white-hole process, and are now paving the way for others to follow.

There is likely to be, worldwide, an intensification of aspects such as terrorism, bigotry, 'ours is the only way', and other such constricted behavioral patterns. These energies will eventually implode and then open out.

Be the leaders of humanity. Live the change and it will be so.

The Church is going to receive many energetic blows over the next three to five years. Many, like the new Pope, will be instruments of change. There will be others, in lesser positions, who will also act as renegades. They may be pro-abortion, for example, or pro-divorce. They will defy old doctrines, and will begin to speak out, advocating reforms. Other religions also need to be shaken up. Each will experience similar mini-explosions, which will lead to change.

Though this is not a certainty, there is likely to be an eruption in the area you call Kashmir during the upcoming year. Energetic trouble is already brewing. We ask you not to defer this: if you choose to send light to the area and its people, please facilitate what must happen, in the smoothest and most effective manner. Bigotry, religious bias and rigidity must come to the surface and be released, before healing takes place.

What of Pakistan?

There is going to be a ripple-effect worldwide. We do not specify a time-frame, as this is unclear in the now, but we assume that this will take two to three years. This ripple-effect will affect several countries. A minor explosion here, an uprising there, and so on. One may be triggered by politics, another by religion, a third by the people challenging a government ruling, and the like. These are needed for release of stale energies trapped under planet Earth's surface.

During 2014, this kind of release is going to be vital for Earth's evolution. There will be several sub-terranean explosions and shifts. Some will not be felt by you; others will.

What causes this?

When any group puts out a collective energy, such as terrorism, this gets stored in an energetic pocket deep within the earth. The energies of another group, working on peace and spirituality, also get stored in a similar manner.

These energetic units are now beginning to move. As they do so, they bump into one another. Therefore, if two areas of bigotry do so, they merge and get stronger. But if two contrary pockets collide, such as bigotry and tolerance, then an energetic explosion takes place. This causes a new energy to be created, one which is neither bigotry nor tolerance, but some new form of awareness. This then gets released through the white hole, and becomes a new level consciousness. This is what took place when the Black issue erupted, and with the rise of feminism.

However, an energetic explosion of this kind may also have physical repercussions on a landmass or a country...a tremor, a volcanic eruption, a tsunami, or the appearance of a new island in the middle of the ocean.

Aren't these explosions already happening in the Middle East?

Yes, and worldwide as well. Iraq is currently undergoing just this, not just at surface level, but deep within the surface as well. There are also likely to be similar physical shifts in Africa, the Middle East, in pockets of Europe, in India, and in America.

America is undergoing a very big change right now. A tremendous amount of internal reviewal is taking place. This is being provoked by the lack of jobs, the financial crunch, and other recent Government policies. People there are really beginning to question themselves, the government, the laws, policies and so on.

There is also a rise in inter-family reviewal. Family members are reassessing their relationship with one another. Mothers, for example, are questioning their relationships with their husbands, children, and their own parents. Families in America are being stirred up, and are being

supported by the energies of Christmas: joy, love, awareness, resolution and the reviewal of structures and belief systems.

In India, the family unit is relatively stable. However, India needs to work on social consciousness: America already has that, India does not.

In Europe, people are questioning family lineage. Many have imbalances due to their undue stress on 'who they are socially'. Am I descendant of Royalty? I must safeguard the family name. How do I portray my family unit to the world? This is now being questioned.

Dear friends, we once again remind you to please use the current energies to re-evaluate your patterns, structures and beliefs. If someone says something to you, for example, and you flare up, remind yourself that this is your habitual pattern. Ask the self if you wish to modify this or change it completely. If yes, then choose to do so at that very moment.

Celebrate who you are. If you do so during this period, the Universal energies will support you completely. Each if you are currently raising your light quotient. You desire to enter 2014 like a shining beacon of light. The light that you emit has already risen, but you have not acknowledged this. Do so consciously. Know it is so. Choose to be fully conscious of this, so that you can enter 2014 as a magnificent declaration of Who you Are.

Somewhere between December 31 and January 1, during that 24-hour period, each one of you will be entering a personal portal of 2014. You will be energetically stepping through this portal, into a new course of existence. This portal will be like an archway, and it will lead you into a new space of light, expansion and brilliance.

Why not choose to be consciously aware of this? Why not fully inhabit this new energetic structure, rather than continuing to see yourself as small, unworthy and insignificant? Why choose to actually live in a palace, but see it as a hut?

You are blessed, embraced and loved by the ENERGIES OF THE CHIRST OFFICE, THE ENERGIES OF THE ARCHANGEL MICHAEL, THE ENERGIES OF THE LORD JESUS CHRIST, THE ENERGIES OF THE BROTHER JOSEPH, THE ENERGIES OF THE MOTHER MARY, and THE SAI.

You are blessed by THE MEHER BABA AND THE SARASWATI.

You are in the embrace of THE HIGH LORD MITREYA.

Blessings from the MAHA AVATAR BABAJI

Blessings from the ARCTURIANS.
