

Sohrab's channeling

20<sup>th</sup> March 2014

*Sohrab shared with the group, for the first half-hour of the meeting, a few details of his recent Cosmic Workshop in Poona. He introduced the group to a new Universe, and also explained the concept of Universal Pheromones. He then took the group through a short exercise, to help them use this concept for healing. The channeling then began.*

THE ENERGIES OF NAVROZE IN 2014

THE ZARATHUSHTRA ENERGIES FOR 2014

BECOMING MULTI-DIMENSIONAL

LOOKING AT THE SELF WITH NEW EYES

FALLING IN LOVE WITH THE SELF

MANIFESTATION

Greetings!

Dear friend (pointing to one of the group members), you spoke earlier of a bad neck spasm. This will now begin to open out; but you do have a tangle of emotions causing this. Please speak to this friend (indicating P) after this meeting is over: she will help you identify the *three major issues* behind it.

(Addressing the group) Yes, dear friends, although tomorrow is the New Year (Navroze), the energy flow has already begun. We remind you, once again, that ***the Zoroastrian energies help you 'be the best you can possibly be', in any chosen area of your life.***

We urge all of you to tap into these energies right now: you do not have to wait for tomorrow. And, of course, they are not restricted to one community; they are for all on Planet Earth who wish to interact with them, and use them for growth and development.

They will also help you touch upon aspects of the self that you did not believe existed. They will help you go beyond pre-conceived limitations, and will

stimulate inner creativity. Use them joyously. They are part of the tidal wave of energies being currently received by Planet Earth.

If, for example, you have a particular project in hand or in the offing, such as a business deal, house move, court case and the like, offer it these energies starting now.

The Zoroastrian energies have, of course, upgraded yet again. The base line has already been described to you: helping you be the best you can be. But these energies now offer you newer and upgraded facets as well.

***They will help you become multi-dimensional beings. You will not only be able to tap into marvelous aspects of the self in different timelines and realities, but you will also be able to permanently incorporate these into your current reality.***

This is the big difference, starting 2014. In the past, for example, you have learned how to connect with an alternate aspect of the self that is imbued with, perhaps, courage...courage that you feel you do not own in this lifetime. And you have been able to tap into it for brief periods of time, drawing upon those courageous strands to see you through an upcoming personal event or business meeting.

Now, if you choose to tap into the same alternate aspect of the self, and draw upon courage, you are opening a permanent energetic pipeline between the two realities. The flow will be continuous. So why not use this marvelous new opportunity, and welcome that which you wish to instill into the self from now onwards? ***After all, it is the year of refreshment, regeneration and re-birth of the self.***

We now refuse to accept from you the old patterns, complaints and habitual statements of personal limitation, such as “I am a victim and I cannot do anything about it!” “I am stuck with this situation: it is my karma, and I will have to play it out for the rest of my life” “This situation is going nowhere. I know it will never change.”

These kinds of statements are now unacceptable to us and to your own higher souls as well. We remind you that these are not hangovers of the past; but moment to moment creations of your own, right here, right now.

***The Zoroastrian energies, this year, will also offer you the opportunity to look at the self through new eyes.*** Dear friends, this statement is deceptively simple, but the magnitude of its energetic content is almost incomprehensible.

You are so accustomed to looking at yourselves through rigidly structured, outdated, bigoted, biased, self-deprecating eyes. You continue to degrade aspects of your magnificence, and refuse to acknowledge *who you really are*.

Choose to draw the energies of the Navroze directly into the eyes: into the physical eyes and the inner eye, or the third-eye, which now extends throughout the physical body. Start looking at self anew and afresh.

If you do this honestly, you will be astounded at what you discover. Play a game, as life is all about learning through fun. Occasionally look at the self through the eyes of an outsider: one who loves, respects or adores you. Become that person, and examine yourself.

This is just a game to help you kick-start the process. At first, only do this with a person who has an enhanced view of you. You will discover aspects you did not know existed, or aspects which you have never bothered to acknowledge or appreciate. Then come back to the self, and look at self afresh with your own eyes.

***Tomorrow (March 21<sup>st</sup>) would be an ideal day to repeatedly stand in front of a mirror, and fall in love with the self.*** Please do try this. Stare at the self, have a good laugh, acknowledge how absurd you feel... but persevere. Fall in love.

We ask you to do this at least 5 times during the course of the day. We are aware that there are a few in this room who will find this very disturbing and distasteful. To them we say, please do this 10 times over.

Try this with different lighting. Use a prop, make-up, jewellery or exciting clothing if it pleases you, but do not allow these to become a mask behind which you hide. But fall in love. You have our full permission to be narcissists tomorrow! (Laughter) If you have the courage, do this naked in front of a full-length mirror. (Laughter) Try it, you might like it! Fall in love with the glory of every part of who you are.

*The third new thrust of the Zoroastrian energies, starting now, is to offer you the opportunity to work on concrete manifestation.* Play with this. Start by manifesting small things: phone calls from friends, a kindly word from a perennially harsh critic, or (as he does) a parking space on a busy street. (Laughter) Manifest an exciting event in your upcoming day, and then be alert to it when it arrives. Manifest a moment of self-revelation. Play, play, play, and have fun with it.

After you get facile with manifesting small things in your lives, then begin to expand outward and create large, more dramatic shifts. Do not start with very large ones, and then get disillusioned. Work on this process. This energetic flow will keep intensifying during 2014, so look forward to the future as well.

*How do we do this?*

Let us take an example. Drive towards your destination, raise your vibrations, and ask the higher self (and any other entities from you would like help) to create a parking space for you. Know it will be waiting for you. Have no doubt. If even a moment of doubt creeps in, you have lost the space, and will have to begin again.

*Can we manifest for another?*

At this moment, start only with the self. Later on, you will be able to extend your energy field outward, urging the other person to manifest for himself. But you will not be able to do this for another: it is a highly personal experience.

YOU ARE BLESSED, EMBRACED, AND NURTURED BY THE ENERGIES OF THE ST. GERMAIN/ZARATHUSHTRA.

BLESSINGS AND LOVE TO ONE AND ALL.

*Note: After purple/gold healing light was offered to several people, Sohrab shared with the group that he felt there was to be an upcoming Earth event in the next three to four weeks. He felt it would be a natural shift of some form, and urged the group to add their energies to it, instead of trying to stop it. When it happened, it was to be offered love and light to take place as smoothly and efficiently as possible.*

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