

Sohrab's Transcript

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THE UNACKNOWLEDGED REALMS THAT CO-EXIST WITH HUMANS ON
PLANET EARTH. (Part 2)

TIME AS AN ENTITY

ACCELERATED TIME ON EARTH

TIME VORTICES

RIFTS IN TIME

PRO-TIME

Greetings!

Last week we had spoken of various non-acknowledged energies, entities and communities existing on Planet Earth. We choose to continue this discourse, referring now to very abstract energies and entities that also inhabit this planet. Today we shall speak of *time*.

To refresh your memory: you may recall that we had, in the past, explained that though you think you exist in a 24-hour day, you do not any longer. Every hour, minute and second is moving faster than it did in the past; and though your physical clocks still show a 24-hour day, the human race is currently working in an 11-12 hour day.

Your grandparents and great-grandparents really had a day twice as long as yours. This is why you often say things like “Where has the day gone?” “Where has the year gone?” or “How quickly time has passed”. It really has.

This means that you are eating, sleeping, working, learning, speaking, processing, thinking and acting twice as fast as your ancestors did. Your hair and nails are growing at twice the speed that they did a century ago. And your clocks are ticking away at twice the speed than they did in the past.

Each kingdom of earth has quickened its own vibration, but to different levels. Therefore each exists in the same reality, but in a different time-frequency. The animal kingdom currently exists in a 16-hour day, the planet kingdom at an 8 hour day, and the mineral kingdom (being the most evolved on this planet) works in a 1 to 1.5 hour day. In short, minerals are vibrating almost 24 times than they did a century ago. Imagine the increase in their consciousness!

We have also explained that when you hold on to old thought patterns, out-dated belief systems and old thought processes, they vibrate at a much lower frequency than the rest of your body. They therefore drag you down, and make you extremely uncomfortable, urging you to upgrade them to your current vibratory level. This is like trying to run a marathon while carrying a sack full of rocks.

The moment you re-evaluate these and update them, they then start to vibrate with your current frequency. Now, most of you are genuinely working on upgrading aspects of the self, but there are those stubborn old issues...perhaps an area of bigotry, or judgment, or the condemnation of a community or a person, which you just can't seem to get beyond. A particularly stuck and strong issue generally vibrates at the old frequency of 24-hours a day. This totally weighs you down.

Let us now examine how time is currently working, as it has taken on an actual energetic presence on Planet Earth.

Time had, in the past, a fairly rigid structure on Planet Earth. Your bodies and the world therefore followed this structure. A menstrual cycle that repeated itself on a regular basis, a school system that dictated that you would be promoted every year to the next level, seasons changing with regularity, plants rebirthing in the spring and shedding their leaves in the fall, and so on.

These relatively rigid structures responded to rigid time. This structure is now beginning to get more and more fluid. People, individually, are now beginning to formulate new time-lines for the self.

Can you please illustrate this with an example?

Women of the past were accustomed to carrying a child for 9 months before giving birth. There were exceptions, of course, but this was the norm.

Individual women are now going to change this structure, and modify it to suit the self and the child which they are carrying. More and more ‘untimely’ births will therefore take place.

Groups of women, worldwide, may now choose 7 months as their optimum period, while other groups may extend it to 10 months. These groups may not necessarily be in one physical place, but will be connected energetically.

Lightworkers, in general, have now chosen to work at an accelerated pace. They therefore need to not only widen their knowledge base, but absorb it much quicker than before.

Meetings such as these and other sources of spiritual information available are therefore becoming more complex and more esoteric. Just look at yourselves: aren’t you being exposed to science and metaphysics at an accelerated pace? And isn’t it suddenly beginning to make sense to you?

Similarly, many worldwide are now not only contracting diseases very quickly, but are able to examine and work out the issues behind them, and then rid themselves of the diseases equally quickly. The learning-through-disease process has also quickened.

Pay attention to the areas in which you have individually chosen to ‘up’ your personal frequencies. On a very practical level, a person who really enjoys cooking may choose to increase her creativity in this field, and may observe that she can now produce far more complex and interesting meals than she could in the past. A dedicated businessman may suddenly find his ability to grow and expand his business suddenly increasing.

In both these examples, because the individuals have raised their vibrations, the timelines surrounding them also quicken. Opportunities will increase, things will appear to fall into place, and the output is not only generated faster, but in a more sophisticated and complex manner than before.

We bring this to your attention for a reason. Many humans worldwide still choose to live in an energetic time-frame that does not exist anymore. It is an outdated frequency.

An example, please!

A healer today, who has studied, worked and grown in this field, but still continues to perceive herself as an ineffectual novice, causes ***energetic rifts in time*** in her own structure, which are detrimental to her growth and well-being.

These rifts actually invite in trauma, confusion and sometimes disease. If there is an area in your life in which you perceive yourself to be completely trapped, please re-examine it from the perspective of time.

Ask yourself, “What is my perception of my vibration in this area?” Identify this. Then ask, “What is my actual (current) vibration?” In all likelihood, you will find the two quite dissimilar. You may then realize that the issue is, in actual fact, not one that really traps you or bothers you, and that you have actually moved far beyond it.

Time is now moving in concentric circles, forming vortices. A constricted mind and a limited view of the self create vortices the turn inward on themselves. An expanded mind and a healthy belief in the self creates outward spirals; ones that move in ever-increasing circles upwards into the Universe. These, in turn, invite in Universal energies of higher frequencies, which only increase your personal growth and evolution.

These vortices are actual energy beings, on planet earth, birthed by you. You are their God, their creator.

Let us look at this practically. You are enmeshed in a problem, and thoughts whirl round and round in your head. There appears to be no solution. The more you worry about it, the more entangled it gets.

Through this process, you create an ***anti-vortex***. One which turns in on itself. You are now figuratively trapped in a darkened room, and cannot begin to see the light.

To transmute this into a healthy vortex, you have to take a pause, breathe, still the tangled mind, and re-examine the situation from a wider perspective, using this time-energy to your benefit.

The anti-spirals then begin to turn outward, reach up into the Universe, and solutions start to get downloaded.

Is this related to using pro-time?

Yes. Would you kindly explain this to the group?

Pro-time was introduced to us in a past workshop. It is when a person consciously merges different time-lines. By doing this, one can actually 'go back in time' and re-generate the cells, reverse the aging process or cure diseases in the current self.

Thank you. Let us explain pro-time very simply.

If we were to ask you to recollect waking up this morning, you can do so. You will probably remember what you were wearing, the temperature of your bedroom, your mood, how you got out of bed and perhaps walked across to the bathroom, and what you did next.

In actual fact, you are not 'remembering' anything. You are simply merging two time-lines: the time-line of perhaps 7.30am, with the current time. When you bring the two together, you experience both simultaneously: what 'happened' then, and at the same time, you are quite aware that you are sitting in this room now. The two time-lines of 7.30am and 4pm are simply being merged.

Now, if we were to ask you to once again think about your waking hours, you will 'remember' more and more details. You are actually just merging the two time-lines in a stronger, more cohesive manner.

An interesting thing about pro-time (on Earth) is that the further away the time-line, the easier it is to conjoin the two. That is why many of the elderly cannot 'remember' what happened yesterday, but can recall details of their youth with startling clarity.

Why does this happen?

To explain it, we would have to go deeply into the relationship between time, space and dimension. We choose not to go there today. If we did, you would be treated to another complex physics lecture! (Laughter)

Now, many Universal beings who crafts are around Planet Earth, have used pro-time to arrive here. These craft do not need any kind of fuel. Beings of high sentience can simply sit together in a craft, millions of light-years away, and focus collectively on another time-line. In doing so, they warp time and space, and bring the two together. In the next instant, they are hovering above Planet Earth in the year 2014.

You use it: sometimes to your benefit, and sometimes to your detriment. When writing an examination paper, for instant, you reach into different time-lines to access knowledge that you studied days or weeks in the past.

In contrast to this, when you obsess about a painful episode in the past, you repeatedly join the two time-lines and re-live the trauma, over and over again. With this loop in time, you keep re-experiencing that which has already passed you by, and is over and done with.

All of this is representative of the new fluidity of time on planet Earth: the creation of vortices of time, the merging to time-lines to a greater and greater degree, and the understanding that you can use pro-time to your benefit.

With pro-time, for example, you can visit a future aspect of the self, view it, and even choose to change it if you so desire. Similarly, you can travel back in time and draw into the self, for example, healthy aspects of your past cells, to incorporate them into your current self.

A common lament is “I have lost the joy, vigor and enthusiasm of my teenage years”. Why not merge the two time-lines, re-experience those aspects of the self, and in the next instant incorporate them into the current self?

You can, as easily, use pro-time to visit concurrent and simultaneous aspects of the self, in different time-lines and dimensions.

With pro-time, the Universe is your playground. And you are now ready to do this. You have the appropriate vehicle; don’t leave it parked in your garage.

You have said that we can use pro-time to even heal a cancer in the body. How does this really happen?

Technically, if you have cancer today, you can use pro-time to conjoin this current timeline with the past, when your cells were completely healthy. You can bring the two timelines together, and re-create your current cells as they were, in their pristine form.

But this requires three things: the ability to use pro-time, a desire to truly change, and ***certainty*** that it will work.

But how many of us can have this level of certainty?

That is what you have to work towards. How many of you were *certain*, perhaps a decade ago, that Universal friends really existed? Yet now you are.

Dear friends, certainty differs from blind faith. When you claim blind faith, you are once again handing over your power to another being; generally one you consider superior to the self. Certainty is being in such fullness, that you know without a doubt that you are the creator. You are God.

At times I am absolutely certain that I am powerful; and yet at other times I doubt myself. It's very hard to hold onto that certainty forever.

In the case being discussed, absolute certainty is only required while you are conjoining the two time lines. It just requires complete merger of two timelines, along with complete merger of self with self...with certainty. Work towards it!

So this is what happens when we do past life regression therapy!

Exactly.

Dear friends, we urge you to remember our past words. In human form, you do not have 'pure imagination'. You are always using pro-time. When we ask you to 'imagine' your higher soul, you actually cannot create an imaginary image of it. You are actually connecting with it, and then giving it a shape or form with which you are familiar. A form you have actually experienced in some existence.

A simple example is one we have given in the past. There is no ‘new, creative’ fashion. Hasn’t every hemline, every pleat, every collar and every sleeve been done before? It is simply re-combined by a modern designer in a manner that pleases him.

In the same way, when we ask you to ‘imagine’ yourself in an alien form, each one will come up with a unique visual experience; one drawn from a combination of existences they you already experiencing in a simultaneous reality.

Hypothetically, if we asked you to ‘imagine’ a tree; and you had never, ever encountered one in any of your simultaneously and concurrent existences, you would be unable to do so.

Time, dear friends, is a very potent, fluid and active energy being on planet Earth now. And it is beginning to flow through you at different rates. Where you are ‘upto speed’, it flows seamlessly. Where you are trapped in old issues, time drags energetically, and a bodily imbalance is created, due to conflicting timelines in the cellular structure.

Yes, your quest is to work with time, and bring the self upto speed; but until then, you still have to be able to work with differing frequencies in the body.

For this, we ask you, while in meditation or simply working with the self, to choose to ‘make space’ in the cellular structure. Keep visualizing the cells, not as fatter, but as energetically more and more expanded, so that they can house differing timelines.

So the next time you are giving yourself time, perhaps enjoying a relaxing massage, and the therapist is working on your body, why not expand the cells at that time? Open them up, welcome the different timelines in the cells, and then choose to upgrade them to higher and higher frequencies.

Our last point for today: these new entities of time, the vortices that you are constantly creating, actually inhabit your homes along with you. These are not Masters, spirits or Angelic friends; they are actual beings of time that you have created.

So if you want to accomplish something, perhaps a new project or a new business, and you have been giving it the necessary attention, and adding to it your endeavor, you will actually create an energy being of 'haste'. One that will actually be with you, prodding you and urging you forward in your lazy moments, because that is what you desire, and what you have created.

Join forces with these creations. Work with them joyously. They are companions created by you for an outcome desired by you. Connect with them, and you will find yourself working at double speed.

**BLESSINGS, JOY AND THE EMBRACE OF THE HIGHER SOUL ENERGIES
OF THE EINSTEIN.**
