

Sohrab's Transcript

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THE UNACKNOWLEDGED REALMS THAT CO-EXIST WITH HUMANS ON  
PLANET EARTH. (Part 3)

ENTITIES CREATED BY YOU

CHAKRIK ATTACHMENTS

ENTITIES INVITED BY YOU

HUMAN/MASTER HYBRIDS

Greetings!

Over the last two sessions, we have been speaking of the various energies and entities present on Planet Earth, but generally not acknowledged by you. Today, we will conclude this series by speaking of two groups of such friends. The first includes *Entities created by you*; and the second, *Entities invited by you*, sometimes for a brief period of time, and sometimes for a lifetime.

Let us first speak of Entities created by you. When you receive an emotional blow, where does it normally hit you?

*In the gut.*

Correct, in the solar plexus. Now, if this is not dealt with, examined and worked through, the energy keeps vibrating in this area. When dealt with, this vibration begins to open out naturally and dissipates. But if you do not speak out, work with it, or if you try to hide it behind defensive shields, you then create an energetic implosion in this area.

Victimhood is the perfect example of this. If you allow others to repeatedly demean you and put you down, the energetic blows that you receive reverberate very powerfully in this area. But you have also created shields behind which to hide. These actually serve you adversely, as an internal ricochet effect takes place between the energies and the shields, causing huge energetic implosions.

When this builds up and exceeds critical mass, you actually ***give birth to an energetic entity being that forms an attachment to your structure***. Let us ask for two volunteers to now demonstrate this.

*(S positions two people in profile to the group. The first stands up straight; and the other is made to stand behind him, bending slightly, with arms wrapped tightly around his solar plexus)*

Your ‘baby’ now holds onto you firmly, and follows you about in your daily life, constantly weighing down your energies. The more victimized you allow yourself to feel, the stronger is its stranglehold on you.

This, in turn, sets off a reaction in the other chakras. His heart chakra now gets affected, and he begins to feel unworthy, unloved, and so on. Assuming he does not deal with this, once again ricochet energy is set in motion, and another ‘baby’ is born, this time attached to the heart.

This, dear friends, is more a rule than an exception. Imbalanced chakras create a series of attachments, causing you more and more mental, physical and emotional discomfort. This sets off a chain reaction in your cells, causing them to start emitting adverse energies and physical secretions that invite in diseases.

The chakras that create the most attachments are the throat, the heart, the solar plexus and the hara. Most people have a series of attachments here.

The upper two chakras, being of higher vibration, tend to resist attachments more than the others, but they are still prone to ‘dimming’. Seriously mentally disturbed people, however, have several attachments here.

The dimming in this area urges your naturally expansive third-eye and crown chakras to turn inwards on themselves, de-linking you from your own higher soul and your natural ‘flow’.

The base chakra functions very differently. Though an attachment can be formed here; in general, when this goes into disarray, you experience rootlessness. Here, when in imbalance, it goes into detachment. Detachment from your natural connection with Planet Earth and all around you.

This causes you to feel unsettled, like you don't belong, you don't exist, and you can't connect with others. You feel alienated, isolated and rootless.

So imagine a person moving through life with all these various attachments and imbalances, purely self-created. He or she would feel totally imbalanced, very 'out of sync', lonely, depressed, unloved, and disconnected and direction-less. Yet all of this can be corrected.

You can begin to detach these attachments, but you cannot erase them. Once created, they take on a life-force of their own. But they do not have to be attached to you in the future.

*How?*

By using any process that works for you. You might choose prayer, meditation, therapy, hypnotherapy, a self-help group, music, exercise, even by activating a passion in your life that changes the frequency of the chakras.

Now, not all attachments are traumatic and painful. ***You also create magnificent attachments; ones that are born from joy, happiness, and passion.***

These are wonderful attachments that you wish to keep as constant companions. ***Attachments of wonderment, intelligence, exploration, integrity and creativity, for example.*** Attachments that urge you forward, and give you the courage, wisdom and staying-power to explore the self and all that is around you. These healthy attachments and creations you want to keep.

Now let us look at how they really are in your structure. We gave you an externalized demonstration earlier, to illustrate our point. But they are not really externalized at all, hanging onto you like a baby carried on your back. They either weigh you down, or energize you, *from within*.

These attachments 'colour' your cellular structure, and make them denser and darker; or lighter and more vibrant. They actually change the composition of the cells. They don't live outside you; but within.

*What happens to these energy attachments when we shed them? And also when we finally exit the physical form?*

Let us say that an attachment is one of victimhood, and you have now come into a new level of self-love, self-worth and self-value. Your vibrations are now too refined for this attachment; and hence it has to leave you, as it can no longer 'hang onto you'. Your frequencies are too high for it.

So it detaches from you, floats around planet Earth, and offers itself to another who desires to grow through victimhood. Or it simply attaches itself to a person who is playing victim to the extreme, and therefore subconsciously invites it in. When you exit the planet, the various attachments you have created dissolve.

*Even if, at that time, they are attached to someone else?*

Yes; because they are your creation, and thrive on your living energies.

*So we could be unknowingly inviting in three or four of such attachments?*

In general, you invite in many more if you are in imbalance.

Examine this from a wider perspective. Examine your own country. Greed and corruption has reached very high levels here. Many individuals, India-wide, have therefore either created, or invited in, attachments of greed, corruption, one-upmanship, selfishness, and so on. These are also in abundance in the ether.

Now, let us say that you elect several high-ranking politicians who also generate these. Many floating attachments will then anchor in their structures, only increasing this effect.

This is why we repeatedly ask you to work for the collective consciousness. When you do so, it works in reverse, affecting individuals as well. As individuals rise in awareness and refine their energies, they begin to release these kinds of attachments and substitute them for newly-generated ones of integrity, fairness, equality, caring, and so on.

So there would be a group exodus of such undesirable attachments, floating around, looking for future hosts. But if the group (in this case, the people of India) reaches critical mass in enlightenment, and truly desires to shift India from separation to Unity, then most of these attachments would disintegrate, even if their original creators were still in living form.

*In concentration camps, the predominant feelings would be been those of fear, trauma and hatred, and they would have created so many attachments! So when groups exited, after being killed, did all the attachments they created dissolve?*

Many of these attachments did exit with groups who died, but were replaced by newly-generated ones from other camp victims. However, energy emanations (which are different from attachments) of fear, hatred and anger remained dormant in these areas, permeating the structures and the very ground upon which these camps were built.

That is why even today, when you visit a concentration camp as a tourist, you often experience overwhelming sorrow, pain and trauma. You are picking up these emanations.

*We hypnotherapists often work on helping our clients release unwanted soul-fragments and external attachments. Are these the same as what you are describing?*

No, dear friend. Let us clarify this. Today we are speaking specifically of attachments created by humans. You can most certainly help your clients release these unwanted ones as well; but they are different to soul-fragments and external attachments, which do exist, and are often invited in by your clients.

In the future, please learn to distinguish between the two; and also learn to help them retain those attachments which are still necessary for their growth and evolution.

*Can you please give us an example of a 'positive' attachment?*

Certainly. Many who are joyously and passionately working towards achieving an outcome, a goal, or perhaps are focused on the creation of a new venture may spontaneously create an attachment of **Drive**.

Now here we are not speaking of steam-rolling your way forward, flattening any obstacle in your path to selfishly achieve your ends. That is not drive at all. ***Drive is an attachment of inspiration and motivation, urging you forward at all times, especially when you face obstacles in your path, and helping you enjoy the journey as well as the destination. This is an extremely healthy attachment; one which many strive to create.***

*Can you hand over a positive attachment to another person? A loved one?*

Attachments cannot be handed over; but you can, and often do, inspire others to create similar ones for themselves.

Let us take the example of a very creative artist; one who taps into Universal flow, and paints from her soul. Now, you might meet this artist, or you may simply be moved by her work. Even if this artist has been dead for hundreds of years, her works may urge you to be more creative in your chosen field, and to create an appropriate attachment to stimulate this aspect of the self.

*In places like hospitals, where there must be many unhappy attachments created, can we bless them when we visit?*

Of course you can. In any space where there are energies of pain and trauma, you can always help by offering your light to the people there. It may interest you to know that in such places, there are also counter-balance energies. There will also be a high quotient of Angelic presences and healing souls present, doing precisely the same thing. You truly are never alone, helpless or abandoned.

*Can a person using black magic or the equivalent thereof, urge another person to create an unhealthy attachment?*

Can this happen? Yes. But let us remind you that, in general, nobody or nothing can touch you if you are in full energetic strength. When you vibrate at a high frequency, these denser energies cannot take hold of you, or influence you in any way. The moment you give the black magic power, by telling yourself that it is affecting you, then it is; because you are creating it.

Do not live in denial of this kind of energy; instead move beyond it. Energy is neither ‘good’ nor ‘evil’. It just is. You can use nuclear power to illuminate a city, or to destroy it. It depends on how it is directed.

Now let us speak of *entities invited in by you*. These include the obvious ones, such as your Masters, Guides and loved ones in the spirit realm. But let us look at these friends from a different perspective now.

When you repeatedly call upon a favourite, such as the Sai Baba, you begin to activate these energies in your structure, once again creating a vibration in your chakrik system. ***This vibration, when it reaches critical mass, gives birth to an energetic hybrid being, containing an equal measure of your own unique energies, and those of the Master.*** This, too, is a birthed attachment; one which walks with you through life.

So even if there are ten devotees of the Sai, each birthed attachment is different. Yet all contain the Sai frequencies.

Though we have called these attachments, they are different from the ones earlier described. They are more like created friends, who guide you and accompany you through life.

*What is the criterion for creating a wonderful hybrid being like this?*

A good question. This has no bearing on your fervency, devotion or the duration of prayer. It is entirely dependent on your inner sincerity.

Now, ***you also invite aspects of the self to come visit from time to time***. These are parts of you in different timelines and realities.

Here, it would not be appropriate for you to invite your 12<sup>th</sup> century counterpart to come live with you permanently. However, if you are currently working on a particular aspect, such as courage, and your 12<sup>th</sup> century counterpart has this quality in abundance, you might create a temporary merger of these two aspects of the self, giving birth to an energetic hybrid of the two.

At another point in time, you might suddenly desire to increase your knowledge and wisdom, and move at a much faster pace to which you are accustomed. Again, you might choose to temporarily merge with an aspect of the self that is an evolved scientist, giving birth to a hybrid that urges you forward in this direction.

*How would I know if I am a scientist, or a courageous person, in a simultaneous and concurrent existence?*

A rule of thumb: you are experiencing almost everything in some existence or another. If you have not, it will not cross your mind to merge with it.

All of you are lightworkers. ***All lightworkers are, in some existence or another, mathematicians, scientists, physicists, medical experts, astronomers, alchemists, healers, creative beings, and many more things.*** You may have no mathematical expertise in this existence, but you are most definitely a mathematical genius in some simultaneous existence.

*So when we create a temporary merger with an aspect of the self, does that part need something from us as well?*

Always. This kind of merger is always mutually beneficial. Let us say that you temporarily merge with a scientific aspect of the self for a boost in scientific awareness; he, in turn, may desire a boost in your abundant compassion.

We are sharing this with you, dear friends, so that it can be of use to you, and to others whom you serve.

During the upgrades of 2014, many worldwide are suddenly experiencing intense loneliness, isolation and alienation. We want you to know at the conscious level that you are never alone.

You have, at all times, an entourage of over 100 energies and entities with you. Some created by you, some invited by you, others on visits, and so on. You are never alone.



*What of our privacy?*

Dear friends, these friends never violate your private moments. These could be moments of physical intimacy, or simply those times in which you desire to exclusively experience your own frequencies. Your own higher being draws a veil of privacy over you, and these entities would never violate it.

Dear lightworker friends, help others understand all that we have said. This overwhelming loneliness is an offshoot of the energetic upgrades taking place. It is caused by the removal of old, familiar energies. In the interim, before you get comfortable with the new replacement frequencies, you may experience loss and separation. Many are experiencing depression, feeling isolated, feeling misunderstood, and feeling like they do not belong.

*How many piggy-back attachments do we normally have?*

An average person has between 50 and 100 attachments. A person in deep trauma may have over 1000. A person in deep, deep depression can have over 10,000 attachments. When these become too much for the physical to withstand, then the person has to shed the physical body.

*Could this result in suicide?*

Very often it does; but not all suicide cases are due to excessive attachments. A person with a high quantity of attachments energetically attracts similar external entities to also attach to him. This goes either way: a person filled with love, compassion and joy attracts similar external ones as well, which only increase this in the self.

*Could you please take us through an exercise to help us identify our attachments?*

Yes, we will. A removal process for attachments could be as simple as working on raising your own vibrations in any way that pleases you. But another interesting way is to allow the self to get passionate about something in life. Through this, your frequencies automatically rise, and many unwanted attachments will leave you.

Similarly, the quintessential victim can shed many such attachments the very instant she touches her power and stand up, even once, to a self-created bully.

Removal therefore works best in action, rather than in meditation. However, since you desire an exercise, we will facilitate a very short one.

Now, close your eyes. Breathe, and centre yourselves. For today, we will take you through a singular attachment.

Examine your chakras, and choose any one that you intuit has an attachment.  
(Pause)

Ask this attachment to give you a label: victimhood, fear, etc. (pause)

Thank that attachment for having served you so long. Now choose to face one aspect of this attachment. If, for example, it is victimhood, then choose one person to stand up to.

Commit to addressing this issue by simply touching your power one notch more than you have in the past. And commit to taking an action, and facing this person, or this situation, within the next 24 hours.

Balance yourselves again, and return to full consciousness.

Dear friends, several in this room chose a common issue: insecurity. A wonderful choice for you. Identify where you feel insecure, and face it within a day. You will feel stronger.

BLESSINGS. YOU ARE IN THE EMBRACE OF THE UNIVERSAL SAI. SAI  
KA PRANAM.

BLESSINGS FROM THE ST. GERMAIN

YOU ARE EMBRACED AND LOVED BY THE MOTHER MARY

BE IN THE LIGHT OF ARCHANGEL MICHAEL

BLESSINGS FROM THE MAHA AVATAR BABAJI

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