Sohrab's Transcript

10th July 2014

THE CURRENT ENERGIES OF GURU PURNIMA

THE OPENING OF A NEW PORTAL OF KNOWLEDGE, WISDOM AND SELF-AWARENESS

GURU PURNIMA MESSAGES FROM VARIOUS MASTERS:

THE UNIVERSAL SAI BABA (COSMIC ILLUMINATION)

THE SAINT GERMAIN

SHIV-SHAKTI

THE CHRIST OFFICE

THE ASHTAAR COMMAND

On the eve of **Guru Purnima**, a four-day window of energies is opening up, beginning today (Thursday). This does not 'shut' on Sunday; but its frequencies and vibrations will be the most powerful during this limited period.

This portal is one which extends worldwide. Energies are now beginning to activate and emanate from various strategic points around the world. The Himalayan mountain ranges, for example, are beginning to vibrate at a very high frequency right now. So is Mt. Shasta; along with various pyramids worldwide. Certain forests are also releasing the appropriate frequencies to add to the creation of this new portal.

This energy portal can be used consciously; hence we are introducing you to it today. Those who do not hear this information will simply tap into the portal at a higher-conscious level.

It is one of knowledge, wisdom and awareness; and it offers you the opportunity to get in touch with your supreme Guru...your own higher soul. You may also access other Master energies through this portal; but only if you first acknowledge your own power. So it is a beautiful connect between this 'you' and your vast 'You'.

Some will choose this 4-day portal as a means of exiting the planet. *ALL exits that take place during this period will be deliberately chosen by those who desire to vastly increase their knowledge and wisdom.* These will be of two predominant types.

The first will include people who, on earth, have not been fully able to touch their desired quotient of knowledge, wisdom and self-awareness; and therefore choose to exit with this new frequency, so that when they return to the spirit world, they are vibrating at such a high frequency that they can then access Universal knowledge and wisdom at an accelerated rate. Their self-awareness will also be upgraded tremendously through this choice.

The second group will include people who are already incredibly knowledgeable, wise and self-aware. They will use this to simply take this further.

If you hear of anyone at all exiting during the next four days, mentally salute them. They have made the choice to increase their knowledge, wisdom and selfawareness; and to touch their own Guru-hood.

How can we use this portal?

We suggest you do connect with these energies over the next four days in particular, and beyond that as well. You can do so through meditation, prayer, the dream state, the day-dream state, or simply through intent.

Connect first with your higher soul. Explore its vastness and magnificence. Then connect with aspects of your concurrent and simultaneous selves, in different timelines and incarnations, and begin to incorporate into the current self that which you desire from them.

Let us look at this practically. Many of you, for example, are already healers and lightworkers. Let us assume that you want to take this further. Go through the portal, and demand of the self that new healing aspects contained by different parts of your incarnations be revealed to you.

You will receive either conscious or sub-conscious downloads: either way, you receive the benefit of advanced healing techniques. After doing this, you will find an increase in your skills.

Another person who is working on her victimhood in this lifetime may choose to connect with various aspects of her own empowered selves. One may be empowered in the area of relationships; another in business and finance, and so on. Open up channels between those aspects, and the current you.

Do not rush the process. If you are doing this, and feel like lingering over a certain simultaneous 'you'; then please do. Receive the downloads at your own pace. Then, when you feel you have received that which you need, bless that aspect of the self, and turn your attention to another.

These downloads may come in differing ways. A healer, for example, who is accustomed to working with crystals, may suddenly feel urged to explore plants, roots and flowers. These will be aspects that she has downloaded. So even if she has no knowledge of these aspects, the information downloaded will urge her forward and give her the requisite knowledge to become a future herbalist.

Others may not receive conscious downloads, but the simple act of choosing to connect with aspects of the self will open out future opportunities. Tangible results may not be seen immediately, but you must trust in this.

Enjoy this, friends. This is a magnificent Universal opportunity; one which you must take if you desire to increase you knowledge, wisdom and self-awareness. The whole world will be availing of this opportunity at a higher-conscious level; but some are being made aware of it, so that they can add to it by conscious choice. Use it for any aspects of your lives that you desire to streamline or upgrade.

On a very practical note, many of you are constantly in battle with your physical bodies: whether it is disease, or simply size and shape. Open to those portions of your concurrent and simultaneous selves that are in perfect energetic balance and alignment. It does not matter if these parts have a physical body or simply an energetic one; you are still downloading the appropriate energies to help you shift in this lifetime.

Can we do this for someone else?

This is entire personal. However, you will be given dispensation to do this for another who is mentally incapable of doing it for the self: a person with autism, or Alzheimer's, for example; or even for a befuddled elderly person. But even in these cases, you must first ask the permission of the higher soul of the other.

You have, however, blanket permission to do this for any child, worldwide, under the age of 5. You could do this for a loved one, or even unknown children.

A few Master energies would now like to share with you how you can best interact with their frequencies during this energetic period. We remind you once again that, even though the thrust is for the first four days, you may still do so beyond that.

(Sohrab shifts energies)

GREETINGS FROM THE UNIVERSAL SAI.

The 'Sai' is a name given to him by the people of Planet Earth. As you well know, the Sai, in his Universal form, works with over 300,000 societies. In this extended form, he has an energetic name common to all. He would now like to offer that to you. It is **Cosmic Illumination**.

He would now prefer that you use this, instead of 'Sai Baba'. When you do so, you open to higher and higher frequencies that you *cannot access* when you use the earthly label of Sai Baba.

During this energetic period, should you choose to connect with Cosmic Illumination, you will be implanting in your cellular structure a new energetic 'grain' or 'seed'. This is a drop of his Universal vitality. Should you choose to incorporate this into your structure, you will find rapid changes taking place in the physical body.

Your cells will begin to vibrate at a new frequency, and your thoughts and brain patterns will upgrade very rapidly. You will be able to view the self, and situations in which you are enmeshed, from a much wider perspective. This is the gift of the Guru Cosmic Illumination; should you choose to incorporate it into the self.

For this to take place, as well as other gifts from the Masters, you must use **endeavor**. Do not expect it to 'just happen' anymore. It is in the ether; but you must feel worthy of receiving this, and other such gifts. One firm command is all that it takes. A command made from the fullness of the self.

Simply command Cosmic Illumination to flood you with his vitality, head to toe. And at the same time, feel worthy of the gift.

Blessings from Cosmic Illumination.

(Sohrab shifts energies)

THE ST. GERMAIN GREETS YOU.

And he offers you the opportunity to revitalize your structure, and to regain your inherent enthusiasm, vigor, vitality and higher frequencies, which may have dissipated over time, due to life experiences.

In this case, do not do this cell by cell. Invite his light into your structure like an energy shower, washing you externally and internally. Stand in his shower of purple-gold light for just a few seconds: that is all that you need. Enjoy reexperiencing your lost youth, vigor, enthusiasm, wonderment and the like!

The Germain blesses you.

(Sohrab shifts energies)

THE SHIV-SHAKTI GREETS YOU!

The Shiv-Shakti offers you, over this period, the opportunity to balance the masculine and feminine aspects of the self, bringing them into perfect synergy.

We urge most in this room to connect with this, as they require this urgently. You are highly creative; but you do not follow through with action. This is an imbalance.

Use the Shiv-Shakti for any healing you wish to offer the self, or another. In fact, during this specific four-day period, we suggest that you do not harness any other energy except for this, for the purposes of healing. It will be the most effective. Use it joyously, and with all your might. And in complete fearlessness.

This energy cannot be harnessed or directed gently; it will flow like a tidal wave. Trust that, with this powerful flow, perfection will be achieved.

Use it also in specific areas of your lives wherein you know there is a masculine-feminine imbalance. Those areas in which you play the victim, or the martyr. Flood those areas with this power, and experience a rapid shift.

These energies are not for the faint-hearted. If you are unwilling to shift, then don't use them. Once summoned, they cannot be retracted or reversed.

Dear friend (pointing to a group member who had, prior to the meeting, asked for healing for her depression). Use this energy exclusively for the self, for the entire 4-day period. Only this energy, head to toe. Expand the brain pathways, expand the heart. Use it to destroy debris in the solar plexus and the hara.

Blessings!

(Sohrab shifts energies)

THE ENERGIES OF THE CHRIST OFFICE, AND THE JESUS, ARE WITH YOU.

Draw upon these energies to alleviate pain, suffering and mental trauma. You may take in these energies for the self, and offer them to anyone you desire. During this four-day period, they will flow very gently, but with extreme potency, throughout planet Earth.

Use them to calm and balance the self, and to re-connect with love. Many of you, though generally loving, have areas where love does not flow freely. Particularly when it comes to loving the self.

Absorb these energies gently, through every portion of the body. Do not remain fixated upon the heart. Remember that you are now one unified chakra: you must therefore be able to receive and give love from every portion of the body.

The Jesus light, dear friends, can be used particularly effectively, over the next 4 days, for the collective consciousness and for Planet Earth herself. So if you choose to work for Mother Earth, we suggest you do not give her Shiv-Shakti; use the Jesus light instead.

Give it to your children and grandchildren. Children worldwide will be particularly open to this energetic flow. Please offer it to those children who are in pain and trauma. It will act as a balm.

Blessings from the Christ Office.

(Sohrab shifts energies)

GREETINGS FROM YOUR UNIVERSAL FRIENDS, THE ASHTAAR COMMAND.

The Ashtaar Command is very present on and around Planet Earth right now. We will be with you very forcefully over the next few months. We urge you to connect with us: we are Universal friends of great magnitude, and our only desire is to take you to your next level of growth and expansion.

You may choose to invite us to be a permanent part of your physical homes. This can only happen by you express invitation. Should you do so, we will establish energetic work-stations in your physical homes.

This is now more and more necessary. We, the Ashtaar, need energetic bases on Planet Earth, though which we can connect with human frequencies. *Through* these bases, we will begin to spread hybrid energies palatable to humanity in general; partly earthly and partly universal. By offering your homes, you provide us with the equivalent of an 'electrical adaptor', which facilitates the merger of two different currents.

Should you invite us in; we will, in thanks and gratitude, energize your homes to levels they have never before experienced. Each home will then become a temple of higher vibration.

What of our places of work? May we invite you in there as well?

You may certainly do so; but we cannot anchor there unless there is a higher-soul invitation from the majority of those who work there. However, if the building itself commands it, that will supersede the majority vote.

What of an apartment building? Especially if there is conflict in the building?

In the case of an apartment building, it works slightly differently. You have the divine right to invite us into your own apartment. You may then ask the higher soul of the building if it is willing to house us as part of the evolutionary process of all the tenants, as well as that of the building itself.

In all likelihood, the building will agree. If it does so, the command station will remain in your flat; but will operate on a dual basis: for you personally, and for the entire building as well. (Smiling) Dear friend, the higher soul of you building has already said "Yes"!

Can we invite you in for the country?

We cannot work for the country from a singular command station. But by setting up these individual command stations in various homes country-wide, we are hoping to spread enlightenment, so that your country extends us the same invitation.

Blessings from the Ashtaar Command.

(Sohrab shifts energies)

Dear friends, as we bring this session to an end, we remind you to use these energies as you desire. We have spoken of only a few Master energies today, but all Master energies are serving you in different ways during this period, to help you attain your Guru-hood.

Connect first with your own higher soul, which is your supreme Guru. Be in union there, and after that, welcome in any other combination of Master energies that you desire.

Though you may not consciously know what aspect each offers you during this period, use your intuition to guide you. This is a period of very, very high receptivity. Use it to your benefit.

YOU ARE BLESSED BY A SPIRIT FRIEND.
