

SOHRAB'S TRANSCRIPT

4TH December 2014

THE ENERGETIC SIGNIFICANCE OF THE LETTERS OF THE ALPHABET DURING 2015, WITH PARTICULAR REFERENCE TO NAMES

GREETINGS!

Since we have given you heavy sessions in the recent past, we thought you would have a little fun today. But do not assume that fun does not have content!

We are going to take you through the energetic significance of the letters of the alphabet during 2015, with particular reference to your names. This blueprint will give you a better understanding of the self, and how best to work during the upcoming year.

A few pointers... Start with your first name. If you have a nickname, or are usually known by a shortened form of your full name, then do it twice over. After that, add to it your surname. This is because the energies of your surname act like an add-on, and apply equally to you and the rest of the family who share it.

If you are a person who uses your maiden and married surnames together, then include all three in your analysis. If you are a person who generally only uses your first name (such as Madonna or Cher), then focus on that exclusively.

You can, of course, study the energies of your family members and loved ones in this way, and also the name of your house or apartment building (which will give you some interesting revelations about all the tenants as a collective, their aspirations and their growth)

The first letter of your first name gives you the most important thrust for your growth and evolution. The last letter of your first name shows you your inherent, base strengths. These two letters, the first and the last, act as bookends for the other alphabets, which contain other necessary energies. They can be likened to your crown and root chakras.

When you start to analyze the letters of your name, some will appear to be ‘a perfect fit’, but others may appear to be completely atypical or ‘out of character’.

If that is the case, please be aware that those are qualities or energies that you have moved away from, which are actually very strong aspects of the self. Use the energies of 2015 to ‘find your way home’. They could also be qualities that you are working towards integrating into the structure.

Let us give you an example. Let us say that a particular letter in your name is said to contain ‘focus’, and yet you are generally very scattered. Know that ‘focus’ is an inherent part of your core structure, and that you have simply wandered away from it. Work towards bringing yourself back on track. It will be easy, as ‘focus’ is already a part of you. It will also pulsate through you very strongly through 2015.

How about many of us who use our husband’s names as our middle name?

That energy is predominantly for your husband, but if you are habituated to using it as part of your signature, then please add it in. We encourage you to play with permutations and combinations of your name, to discover more of the self.

What of initials?

Yes, if you use them on a regular basis. Dear friends, through this exercise you will find many attributes you had no idea you contained. Do not dismiss them: they are pulsating now, awaiting your acknowledgment and assimilation. They are urging you to re-discover new and exciting aspects of the self.

You will notice that most of the qualities of the letters we will now offer you actually start with the letter itself. But this does not mean that every word in the English language that starts with that letter is applicable to you. We will offer you three or four that are of prime importance to you during the upcoming year.

You will also notice that all the words appear to have a positive connotation. This is because, when you choose a name energetically, you never choose to give it a ‘negative’ slant. A person may move into the negative, but it is not a part of your prime intention.

You have all named yourselves. There are no parents in existence who name a child. They may think they do; but the choice actually comes from your higher soul, and is channeled through the parents, or any other name-giver.

Sometimes, you choose a birth name; and very soon after, it is changed to a permanent nickname. This happens because you need a certain energetic thrust at birth, which is then replaced with a completely different one for the remainder of your life.

In this country, many women are ‘given’ a different name when they get married. This, too, is actually chosen by the higher soul.

You are in full and supreme charge of your own name. The only area when it can go into flux is the traditional western process of abbreviating all names. A ‘Robert’ being called ‘Bob’ by default, rather than specifically being chosen by the person himself.

In these cases, the person sometimes needs this shortened form for a particularly strong thrust of the letters B-o-b; but at other times, he actually would benefit more from the energies of each letter of his full name. A general rule of thumb: it is best to be known by your full name, rather than a shortened version of it.

We are now giving you the tools with which to decide whether or not you would like to retain the name you have, or a different version of it. If you wish to change it, then please ask your friends to now call you by your updated version.

What if an alphabet is repeated more than once in a name?

This serves to stress that aspect for you, urging you to explore it fully. Two of the same letters that follow one another (a double ‘e’, for example) stress the magnitude of it in your life. If it is repeated throughout the name, at various intervals, you will start to understand it better when you analyze the entire name. It will have a reason for appearing repeatedly, at those particular intervals.

What of people who go to a numerologist and change the spelling of their names?

If the numerologist is accurate and connected, he will offer you the opportunity to re-adjust the name to your benefit. If he is off-track, however, he can truly lead your energetically astray.

Always check if it ‘feels right’. If it does not sit with you, please discard the given advice. If you tune in to the self, you will know *within three days* if this adjustment is appropriate or not.

And this has no bearing on whether or not you change it on official documents. The energies of the new name begin to function the moment you take the decision to follow the advice you have been given.

Will the energies of letters differ completely from that of the past?

Some will remain the same, and others will differ. What we are offering you is specific to 2015.

And beyond that?

Dear friend, even we don’t know that yet! It will depend on how successfully you work, as a collective, with these energies.

Though we speak repeatedly of 2015, the energies we are about to describe have already begun, so you can work with your names from this moment onwards.

Should you choose to use a new variation of your name, ask others to call you by that, and think of yourself as that. This is more important than changing it officially on all documents.

(Sohrab’s note: At this point, a group member was asked to write down the key words being channeled, so that a discussion could take place at the end of the meeting. After the list was completed, she was then asked to decide, on behalf of the group, which words needed further explanation. For the readers’ convenience, I have placed these explanations directly after each section)

A

ADVENTUROUS

AIM

ARTICULATION

ALCHEMY

Alchemy?

Those who have an A in their name are inherent alchemists. They are connected with St. Germain, and have the ability to transform their lives in any manner they desire.

During 2015, these friends will discover that they are no longer bound by rigid structures, beliefs, old moral coding and societal norms. They will be able to transcend these, and become who they desire to be.

B

BEAUTY

BUOYANCY

BRAVADO

BASE VIBRATION

Bravado?

Yes, we used the word bravado, and not bravery. Bravado generally implies ‘false bravery’; but in this case, we speak of the aspiration to courageously face that which you have been running away from all your life. Use the energy to face that which you run away from or hidden from, in the past. This ‘generated bravery’ or bravado will help you deal with your issues during 2015.

C

CHARM

CHARISMA

CONTENT

CONTENTMENT

Aren't the last two words the same?

Not at all. We said con-tent, and contentment.

Content is the substance you are made of: not physical matter; but your mental, emotional and spiritual make-up. Those whose names start with the letter C should truly introspect during 2015, and begin to acknowledge who they really are. They have many magnificent qualities that they have created, generated and come into; which they still do not see or acknowledge. Please re-examine your content.

Contentment is the ability to accept and embrace all circumstances and life experiences which one has created at a higher-soul level. This does not mean that you just stay content, and do not work towards improving the self; but it is a sterling quality, nonetheless.

A note here, dear friends. You will find, as you study the letters in your names, that some of the qualities are those with which you are already familiar, and yet others may be very 'alien' to you. Know that these are qualities you now want to exercise and integrate during 2015. These are your aspirations.

D

DUTY

DRUM-BEAT

DEDICATION

DIAMOND-LIKE

Drum-beat?

Here, we refer to your internal rhythms. Please examine these, particularly if the letter D repeats itself in your name. Somewhere, in all likelihood, you are off-track with them.

These rhythms not only refer to those of the physical body, but also to your behavior and patterns.

Your physical drum-beat may be off because you don't tune into the needs of the body. Your bodies may be calling out for certain food groups, or exercise. Are you tuned into its needs?

At another level, this refers to your personality traits and the way you deal with people. Does this need adjustment? If yes, then make a shift. If not, then intensify your drum-beat in that area.

E

EXUBERANCE

ELEGANCE OF MIND, BODY AND SPIRIT

EXPANSION

EDUCATION

Elegance of mind, body and spirit?

This refers to an inner refinement which you have, but may not be aware of. This is inner sophistication and magnificence. Please identify it, appreciate it and live it.

F

FUN

FROLIC

FIESTA

FAME

Fame?

Are you hiding your talents under a bushel? Are you not allowing your skill, talent and qualities to shine forth and be acknowledged, by the self and by others? Fame is urging you to come out of your shell, and express to the world who you really are. Even though you may consider yourself a relatively outgoing, joyful person, there may be areas in which you hide.

Conditioning has taught people to be over-modest. “Don’t blow your own trumpet”. “Don’t speak out”. You are being urged to break these boundaries, and to step into the light.

G

GREATNESS

GOING WITHIN

GRATITUDE

Gratitude ?

Gratitude to the self, for being who you are. Gratitude to all others around you, particularly your enemies, for the lessons they have given you, and gratitude to the higher self for having created the magnificent events and circumstances that have made you who you are today. If you find yourself harping on your miserable circumstances, please re-adjust this with the energies of the letter G.

Friends, this self-analysis requires complete and total honesty on your part. You may keep your answers private, but please be true to the self.

H

HEART

HOME

HAPPINESS

HONOUR

I

INTEGRITY

THE INWARD EYE

INTROSPECTION

Integrity?

This can be answered in one short sentence: **Are you being true to yourself?**

J

JOY

JUSTICE

GERMINATION ... Yes, this does not start with the letter 'J', but it is energetically applicable to this category.

Germination?

If you have the letter J in your name, this year will be one of tremendous growth. Now naturally the whole human race is going to grow this year; but you need this energetic burst to spur you on, in one or more areas of your life. Identify these areas, and then leap forward. Do not hold back!

K

One word only: KINGLINESS

Kingliness?

This is acknowledging to self your magnificence, royalty and superiority. Ah Ha! We can hear the mental ripples just caused! This word does not mean you are better than someone else; but you must acknowledge that you are better and more expanded than you were, even yesterday. Acknowledge your growth.

This also refers to your ability to COMMAND: command the self, those around you, and the Universe itself. To take charge. To lead, in balance and fairness. To inspire others by setting an example.

If you have a K in your name, please heed these words. It is one of the most important, and most potent, of all the letter-energies this year. It is of prime importance that you work with your kingliness; particularly if you have shied away from it in the past.

L

LAUGHTER

LOVE

LAXITY

Laxity?

Ease up! Are you tense, and constricted? Do you get thrown by tiny events in your life? Ease up.

M

MOTHER

MERRYMENT

MOMENT-TO-MOMENT

MAXIMIZATION OF PERSONAL RESOURCES

Mother?

You are all aware that 2015 is bringing with it the rise of feminine empowerment. And this applies equally to the human male and female, as both contain feminine energies. All of you need to re-discover the mother within the self. Who is she? How does she feel and function?

The mother-figure is also the feminine matriarch, who leads the family forward with love, wisdom, understanding, nurture, compassion and complete power. Not control...power.

N

Two words that say it all: NEW BEGINNINGS

New beginnings?

Those who have even one N in their entire names (first and last) **HAVE TO** re-invent themselves during 2015. They need to discover the new self.

These people will have to not only refresh and renew the self, but also their surroundings. They will have to re-evaluate the ways in which they interact with their family, friends, domestics, and jobs. They will have to refresh the way they view life, situations and issues.

This is also a very important letter for 2015. If this letter repeats itself in your name, and you do not heed these words, you will find yourselves having a rough time. Boredom, despair and even self-destruction may take place.

For you, new beginnings are not optional; they are essential.

O

OPPORTUNITY

OMEGA

Omega?

What does the Omega mean to you?

The end: Alpha and Omega.

A watch! (Everyone laughs)

(Smiling) You think you joke, but you are accurate! It is “the end of time as you knew it”. People with O in their names will experience a lot of closures during the course of the year. These closures will give rise to new opportunities and new beginnings. Please note that the two letters N and O are placed next to each other in the alphabet. O will give you the opportunity to move forward.

When one door closes, do not repine. Bless it; and move forward into the new, the unexpected, the undiscovered, the light. That way you will draw to the self wonderful new beginnings.

P

PERSUASIVENESS

PEACE

POPULARITY

PANACEA

Panacea?

A Panacea is a salve, a balm, a miraculous remedy for all ills. It soothes and heals you. Those who have a P in their names are inherent healers, whether or not they know it. They have the ability to heal the self, and to heal others.

To answer a question that is being asked mentally right now: *what if we are practicing healers, but do not have a P in our names?*

Dear friends, you are not bound by the letters of your names. All of you have access to the energies of every single letter. The ones in your name are simply being brought to your particular attention for personal growth.

Not having a P may mean that you are so powerful a healer that you don't need the additional thrust of having it in your name. Or it may mean that you don't need or desire to specifically explore its energies in this lifetime.

Q

QUICKNESS OF MIND, BODY AND SPIRIT

QUIZZICAL NATURE

QUIETUDE

'QUENCHING THE THIRST' OF OTHERS

Quenching the Thirst of others?

These people are inherent teachers and communicators. They help others grow and evolve. All of you are teachers and Lightworkers; yet most don't have a Q in their names. It may interest you to know that you interact with its energies at all times; sometimes more than you do with your own letters.

R

RAPID GROWTH

'THE RANGER'

RANDOM CHAOS

The Ranger?

This is symbolic of a person who is connected very strongly with Planet Earth and all her kingdoms. He is highly courageous; and often works in a solitary manner, upholding justice, truth and integrity. He ventures fearlessly into the ‘scary forest’ of life. This is a beautiful letter to have as part of your structure.

Random Chaos?

This is a big one. The Universe is considered to be Unified Chaos. From the small peephole of earthly vision, it appears chaotic; but from the larger perspective, all is perfection.

We use the words Random Chaos quite deliberately, as during 2015 those with an R in their names will be undergoing a tremendous energetic upgrade. This will throw the energetic system out of alignment from time to time. There may be a small physical fall-out; but the energetic system will be, on occasion, randomly chaotic.

These people may find the need to take occasional ‘rest periods’ during 2015, as they will not always be able to function in full flow. This is because they are moving from one energetic structure to another, much more upgraded one.

Do what you must, and continue to function in life. But be aware that your thoughts, perceptions and ideas may be a little disjointed from time to time. When this happens, try to take a break. Rest, recuperate and then resume your work. Do not try to plow through it.

S

SERENITY

SENSUALITY

STREAMLINING THE STRUCTURE

SHOCK-VALUE

Shock-value?

During this period you need to jolt the self, and jolt others. Be a little shocking. Shock yourselves from time to time, and shock others. Do and say things that you

surprise even you. But do this consciously. Push your boundaries. Occasionally choose to behave in a very atypical manner. Be very daring! Remember, you have serenity to balance you out. (All laugh)

And sexuality!!! (More laughter)

Yes, and sexuality to expand you out! Be sexually shocking, if it pleases you! (laughter) You have conveniently twisted our words...we referred to sensuality, not sexuality! (laughter) But please, feel free to go ahead!!!

And all of this will help in the streamlining of our structures!

Yes, dear friend, we are aware that your name begins with an S! (Laughter)

T

TONALITY

TRUST

TOTAL EMERSION

TENDERNESS

Tonality?

Your personal music. Your personal song. Many with a T will be upgrading their own music. Though we have spoken in the past of the esoteric meaning of inner music, in this case your tonality refers to your behavioural patterns, your reactions and responses, what you say, your tone of voice and so on.

If, when reviewing the self, you realize that you are habituated to speaking out in a sharp, shill tone; choose to change this. Play with various tones. If you usually shout at your husband, experiment with a soft, caressing tone instead. See where it leads you.

This will probably shock him! (Laughter)

It probably will, particularly if he has an S in his name. Maybe this will evoke the sensuality in him! (Laughter)

U

‘THE HORSE-SHOE’

The Horse-shoe?

As you know, this is considered to be a symbol of good luck. Visualize the horse-shoe in the form of the letter U, open end up. This is a very intense letter, should you have it in your name.

This letter represents your ability, during 2015, to absorb and fill up with multiple energies. This is a double-edged sword.

You will be like a sponge, soaking up all energies, information, thoughts and perspectives that come your way. This could overwhelm you. Being this receptive, you have the responsibility of establish filters, so that you absorb only that which is appropriate for the self.

Let us give you an example. You will be hyper-sensitive to both praise and condemnation. Much more than you were last year. It is therefore upto you to examine both, and absorb only that which is appropriate.

You will be very receptive to all energies. So if you are in the presence of someone who makes you uncomfortable, this will be magnified. If this happens, simply raise your own vibrations and simultaneously filter that which comes in.

But if you are in the presence of magnificent energies, joyously lap them up and experience connection to a new and heightened degree.

In short: receive in huge doses, but filter.

V

VICTORY

VARIATIONS ON A THEME

VALUES

Variations on a theme?

This kind of person will use 2015 to constantly experiment with the re-invention of the self. They will explore undiscovered facets of the self. If any of you have teenagers with a V in their names, you are in for a fun ride! (Laughter)

They may change their hair-colour every few days, try out avant-garde clothing, and experiment with different attitudes and behavioural patterns. Those with a V in their names need to keep varying their themes, as they are finding a new theme in which to eventually settle.

These energies are very similar to those of the U, and are therefore placed next to it in the alphabet. But it is a joyous, experimental, positive re-creation.

Once again, teenagers will drive you crazy listening to different kinds of music, and will keep changing educational courses, first experimenting with one, and then with another. Hobbies and passions will come and go.

Remember, you may be an adult, but you also have an ‘inner teenager’. Please give yourself permission to keep varying your theme, and have fun in the process.

W

‘THE WANDERER’

The wanderer?

This is a person who gently and joyfully wanders through life and life experiences. You are a gentle explorer. The W in your name urges you truly explore life, but at your own pace. You are not likely to rush into things impulsively; but you will still feel urged to experience the new and untried, with a sense of wonderment and appreciation. Let yourself roam.

Again, this is similar to the V, hence it is placed next to it. But the wandering is much easier and less frantic than that of the V.

X

EXCITEMENT

EXTRAORDINARY

EXPLICIT

Explicit?

2015 will offer these people the ability to specifically explore that which they desire, in a very precise and focused manner. They will be able to channel their energies with laser-like precision and work towards a desired outcome.

Y

YOUTHFULNESS

‘THE YODELER’

Youthfulness?

Rediscovering your inner child.

‘The Yodeler’?

One who proudly and loudly declares to the world “Here I am! This is me! I am in joy, expansion and fullness”

Those who have the letter Y in their names are generally either flowing fully with this energy, or else extremely constricted. The symbolism of the Yodeler will help them open out and express themselves publically.

Z

SPEED

ACCURACY

FOCUS

DEDICATION

CONCENTRATION

EXPANSION

Speed?

This is self-explanatory. Use this energy and make decisions much quicker than you did in the past. Not hasty decisions, but speedy ones. Many with this letter have, in the past, repeatedly vacillated and delayed decision-making to the extreme. Opportunities are being given to these people to quicken their overall processes, and to speed up their energies.

Dedication?

Joyous focus being given to anything or anyone you desire. Of course, it refers predominantly to working on and for the self.

(Note: The trance channeling ended here. A few names were discussed, letter by letter, to give the group a better understanding of the process. Though the energy did not define itself, Sohrab mentioned to the group that it was the frequency of MEHER BABA.)
