

SOHRAB'S TRANSCRIPT

11th December 2014

CHRISTMAS 2014: UNITY THROUGH LOVE (Part 1)

VARIOUS MASTERS SHARE THEIR CONTRIBUTION TO THE ENERGIES OF CHRISTMAS 2014

(Prior to the meeting, several 'distractions' occurred, which kept interrupting the beginning of the session)

GREETINGS!

Of course these distractions were deliberately provoked! We ask you to now go within the self, and answer this question truthfully. The answer is only for you: you will not have to declare it publically. How balanced are you right now? Please give yourself a percentage. (Pause)

Excellent. He (pointing to Sohrab) is only 73% balanced, and he needs to be at least at 90% before he can connect fully, and work at full flow.

(A pause, as Sohrab collects himself)

The reason this experience was given to you is this: during 2015, circumstances will tend to throw you out of balance momentarily; and you are being urged to breathe, center yourselves, and regain your energetic center in just a few moments. On the playground of life, it is fine to fall. Fall as often as you want. But keep picking yourselves up and moving on with the game of life.

Many, for example, who see or hear of a disturbing event reported by the media, allow themselves to be thrown out of balances for days. Please do acknowledge your feelings, your pain, your anger and your indignation; but then bring yourselves back into balance and use what you have gone through to spur you on into action. Do something about it.

Today, various Master energies would like to give you messages for Christmas and the upcoming year. The energies of Christmas, as you well know, are not reserved for one particular community; as is the case with all festivals. It is up to you to choose to interact with the energies of any festival, or not. This has no bearing on whether or not you 'officially celebrate' the festival. It is an internal choice.

Christmas is always about an aspect of love, as it is a celebration of the Christ office. But each year, a different aspect of love is energetically stressed. This year, the focus of the Christmas energies is on UNION.

These energies offer you the opportunity to come into union with the self. Many of you are already working upon assimilating those aspects of the self that you have, in the past, rejected.

This is the perfect time, therefore, to consciously bring up those aspects that you still reject in the self. Those aspects that you have judged and condemned in the past. Those aspects that you have not been able to tolerate.

Bring these up consciously, review them, and begin to acknowledge that they are a valid part of the self. It is only then that you will be able to choose whether or not to exercise these aspects in the future. The power really is in your hands.

Can you please give us an example?

Everyone sitting here today has some issue with their bodies. Some have issues with their weight, others with their features or skin tone, and yet others with internal organs. Use this time period to make friends with your issue.

It is only after you have befriended your weight, for example, and truly acknowledged and thanked your excess fat for having nurtured you, protected you and cushioned you against life's blows, that you can then choose to release it.

Each person will find his own unique way of doing this. We cannot give you a standard procedure. But find your way of befriending your bodily issues, if you wish to change them during the next year.

Similarly, if you have had a rough inter-personal relationship for years, use this time period to bless it and to acknowledge the magnificent growth it has brought about in you. Only then can you choose to shift it into a new and harmonious one.

You are now beginning to see how the energies of UNION are so perfect for you at this time, prior to the rise of feminine empowerment during 2015. Find your way to unite with the Christmas energies. Party, have fun, be on ‘inner holiday’, but do this work simultaneously.

Open to the force of love, which is already flooding planet Earth. Please note our words. We do not speak of ‘the caress of love’ or the ‘soft touch of love’; but of ***the force of love***. It is a veritable tidal-wave. ***Those who continue to stubbornly refuse to work at loving the self, and loving others, will experience great internal and emotional discomfort during 2015.***

Many Masters and guides are have aligned themselves with the energies of Christmas this year, and are working with the Christ Office, in perfect union, to serve you. Five of these Grand Masters are the Buddha, the High Lord Mitreya, the Shiv, the Mahavir and the Sai. Connect with their unified energies. Enjoy them, and experience the force of their love.

BLESSINGS FROM THE ENERGIES OF THE ARCHANGEL MICHAEL.

(Sohrab shifts energies)

GREETINGS!

During this period of Union, we offer you our energies fully and freely. ***Our energies will specifically help in the unification of those who are in conflict with one another.***

Call upon us to help you, during this upcoming period, if you are at odds with a business partner, a spouse, a child, a friend. Where it seems hopeless. Where it seems insoluble.

Call upon us. Not to 'fix the problem', but to give you greater awareness. So that you can understand how to deal with the person or situation in a way you had not considered in the past. Our energies will help you empower the self.

Many of you are stuck in court cases, legal battles and personal problems that seem never-ending. Use our energies for the self, and for the self alone. Do not try to direct them to the other person involved. Use them fully for you.

To do this, sit for a few moments. ***Deem yourself worthy.*** This is key. Then ask us to be a part of your frequencies, so that we guide and help you, and give you glimpses into the self, so that you can shift, change and function differently.

BLESSINGS FROM THE COLLECTIVE KNOWN AS THE OSHO.

(Sohrab shifts energies)

BLESSINGS!

Do not be deceived by this gentle appearance. ***Our energies will help you unite with your masculine and feminine power centers.***

Each human has a masculine and a feminine power center in his structure. These are energetic centers, placed within the human body, that tap into Universal Masculine and Feminine power energies. The power that is part of Creation.

Most of you are unaware that these centers even exist, let alone tap into them. Our energies will help you discover this.

Draw upon our energies and command them to help you do so. Enjoy the immense power of your feminine creativity and your masculine initiative.

Let us give you a practical example of this. If you are going into a business meeting, why not call upon us to help you activate both centers within the self? This way, you will find yourself flooded with creative, inventive ideas and suggestions to offer your associates, and the power to initiate them as well.

Help us help you discover the true potency of both centers within the structure.

BLESSINGS FROM THE MOTHER MARY.

(Sohrab shifts energies)

Our energies will help you unite with your rightful intelligence, knowledge and wisdom.

You will notice we used the term 'rightful'. Certain wisdom and knowledge is not appropriate for a person until he has reached a level of responsible energetic evolution. Too much knowledge in the hands of the inexperienced can be dangerous and harmful.

As Lightworkers, you are all growing beautifully. We will repeatedly help you touch frequencies just beyond your current capacity, so that you keep evolving, smoothly and rapidly.

Many of you are thirsting for greater and greater degrees of wisdom and knowledge. You truly want to understand the self and the Universe. Call upon our energies to help you push your boundaries.

Practically, if you want to understand something about the self, or another person, or a situation that you have created, something that seems utterly incomprehensible, call upon our frequencies and then review the situation. It will suddenly start to make sense to you.

Our energies would be ideal for any student...a physical student, or a student of life. Be students. Call upon us and enjoy your expanded study course.

BLESSINGS AND JOY FROM THE MAHA AVATAR BABAJI.

(Sohrab shifts energies)

Have you all forgotten how to laugh??? (Much laughter)

So you have come to make us laugh?

Am I that funny? (Laughter)

Take a moment, eyes wide open, and see ME in him. Don't look at his face, look at mine. Really see me. You can do it. Train the eyes to see frequencies beyond those of Earth. (Pause)

I will help you with the gift of sight. Of seeing the self, and others, more clearly. This is indeed a gift of Union.

I will help you see the self, and others, for who they are. Without the customary judgment or criticism. I will help you move beyond judgment, into observation, and then into wonderful appreciation.

I offer you a challenge. *Connect with me, and then commit to looking at yourself in the mirror, stark naked, for at least five minutes.*

At first, look at the self as you normally do. Go ahead. Judge the self. Condemn the self. Be disgusted with what you see. After a while, you will find that you are able to simply observe the self, shedding some of those harsh criticisms. Then, for the last 30 seconds of the exercise, see yourself through my eyes.

But if you commit to this exercise, you must promise the self that you will not stop till you have seen yourself through my eyes. So lock yourself into your bedroom, and then proceed. You may achieve this in just a few minutes, or it may take you hours. But you then cannot stop till you have achieved those last, crucial 30 seconds.

Be in the light. BLESSINGS FROM MEHER BABA.

(Sohrab shifts energies)

THE ST. GERMAIN GREETES YOU!

The St. Germain's energies will help you touch and appreciate the opulence of the self.

All of you are so energetically rich, so textured, and so multi-faceted. You are bejeweled indeed with your qualities, abilities, actions, growth and experiences. But you often do not acknowledge, let alone appreciate, these attributes.

So call upon the energies of the St. Germain only if you are willing to acknowledge and appreciate your own magnificence.

If you really want to remain small and unappreciative of the self, and you impulsively call upon our energies, you will then go into internal conflict. You will find yourselves in an energetic tug-of-war. Aspects of your magnificence will keep surfacing, and the more you deny them, the more physical and emotional discomfort you will experience.

Yes, actual physical and emotional discomfort. You could also manifest digestive disorders, acute acidity and other such issues that relate to your inability to accept and digest the new self. So be warned, and call upon our energies responsibly.

But if you are ready to see, touch and acknowledge your magnificence, then joyously and fearlessly call upon our energies during this Christmas period, and during the upcoming New Year.

How does one know if one is fully ready?

Are you?

I don't know! Sometimes I think I am, and yet I doubt myself.

Are you?

....Yes.

(Chuckling) Of course you are ready, dear friend. If you weren't, you wouldn't be sitting in this room and listening to these words.

How do we really see our opulence?

Ask the Germain energies to guide you in this, and then let the fun begin! Do some work for the Self. List your own strengths and wonderful qualities, and truly acknowledge them. At the same time, be ready to receive external appreciation and compliments. The moment they arrive, truly internalize them.

Dear friends, other Master energies will speak at the next session. Be in joy.

BLESSINGS FROM THE MAGNIFICENT ST. GERMAIN!
