SOHRAB'S TRANSCRIPT

8th January 2015

THE ANCIENT GREEK AND ROMAN GODS AND THEIR SIGNIFICANCE

HOW YOU ACTUALLY CHOOSE YOUR EXIT

TIME TRAVEL DURING 2015

THE DEMONIC REALM

TWIN FLAMES

THE TITANS

(The Masters offered the group an open "question and answer" session)

Who were the ancient Greek and Roman Gods, and what is their influence on current-day society?

The Gods, as described in the myths of all cultures worldwide, were indeed magnificent beings, but of different categories.

Some were *Universal beings* who revealed themselves to the people of planet Earth. Yes, actual aliens; who spoke to the people, and shared with them information, knowledge and vital energies.

In that era, when a "God" appeared, what they offered the people of earth was joyfully accepted. Today, with Earth's 'evolved' consciousness, were the same to happen, there would instead be mass disbelief or mass hysteria.

So many Arcturians, Plaedians and other such evolved beings were given the task of helping in the raising of the consciousness of Planet Earth, as well as other third-dimensional societies. They did so by making "Godly appearances" and by offering various energetic gifts.

In those days, these Universal beings would take on an exalted form that the average human could relate to, respect and even revere. Therefore the Gods were muscular and appealing, and the Goddesses serene and beautiful. Many even created a very visible halo or a golden glow around their forms. All these were images that would appeal to the common man; so that they, the Universal beings, would be acknowledged, respected and listened to.

The gifts they offered earth were many... maps, descriptions of other geographical locations, a rudimentary understanding of the stars, tools and techniques to help humanity evolve, and so on.

Many natural cures that were seemingly discovered by the healers of that time were actually taught to them by their Universal friends. They were also shown better ways to farm, till the soil and make it fertile. It may interest you to know that the 'Gods' made their appearances even as early as the cave-man days. They provoked the discovery of the wheel, and fire.

These wonderful, high-vibrational Universal friends could change their form at will, using what would best 'reach' the persons with whom they were interacting. Sometimes, they took on half- man/half- beast forms, to help the human race understand the marriage between the various kingdoms of earth.

They came to educate and uplift the human race, by introducing breakthroughs in medicine and technology (as was appropriate for the era). They also stimulated the feminine, creative side of the human kingdom by encouraging the arts.

Dear friends, please understand that when Universal friends of high evolution arrive to educate a race, they cannot simply 'hand over' techniques and technology that the community is not ready for. It is like giving a child a gun to play with.

The ancient Indian, Greek, Roman and Nordic 'Gods' therefore promoted art, dance, drama and literature as a means of stimulating consciousness; so that the human race could evolve at a speedier rate.

A second category of the Gods *includes actual humans who are flooded with divine consciousness, for a world mission*. The Jesus, the Mohammed, the Buddha, the Mahavir, and so on. These were magnificent souls who took human incarnation, but had a wide-open channel to Universal frequencies. There were

supreme beings with a dual mission: a personal growth mission and a public mission.

Remember, in those days, since there was no telecommunication, enlightened beings had to be strategically positioned all around the Planet, to facilitate an overall rise in world consciousness.

A third category includes actual humans who learn to raise their own vibrations and touch such rarified stratas of consciousness that they then become acknowledge Gurus and Swamis.

A fourth category includes humans who, at a higher conscious level, contract with a specific universal realm (such as the Angelic Realm) and offer up their bodies as a vehicle for that realm to work through, for as long as is necessary. This time period could vary from a few days to a lifetime.

What is he doing right now? (Pointing to Sohrab) He is opening up his structure, combining his energies with that of the Universal realm, and offering this group knowledge, wisdom and growth. After the session is over, he resumes his normal life.

Now magnify this. Imagine a person who, through self-motivation, offers up his body as a God-chariot for a lifetime, to serve humanity.

Could you give us some examples please?

Florence Nightingale. Abraham Lincoln. Leonardo da Vinci. Mother Theresa.

Now let us specifically address your question, dear friend. Almost all the Greek and Roman Gods were Universal Beings of great magnitude. Their symbols, such as the trident or the lightening-bolt, were energetic tools that would appeal to the masses. An equivalent God today might choose, instead, to display an I-Pad.

And what is their current relevance and influence? The same as it was in that era, except that they are no longer externalized in a physical 'God' body. The very same energies work worldwide, through multiple humans, serving humanity. As do the energies of all the great Masters, such as the Jesus and the Sai.

You may recall that we had shared with you, in a previous session, that the Sai and the Maha Avatar Babaji, after moving into spirit, implanted into every being on earth, a dormant cell of their unique energies.

All humans, therefore, have within them a dormant DNA-encoded cell of these two grand Masters. Whether you activate these cells, or not, is your choice. How you choose to use them is also your choice.

Right now, for example, he (Sohrab) is channeling a combination of these two frequencies. To do so, he has activated these two cells within his structure. At the end of the session, in all likelihood, he will de-activate them.

A person who chooses to be deeply connected with the Maha Avatar Babaji will therefore activate the cell within himself for a longer duration that you might. The choice is always yours.

So there is a part of Zeus in you, and Athena and Hera...discover them within the self, rather than looking upwards at the stars and externalizing them. Activate them within the self, experience their energies, enjoy them, play with them, and live them. It is your divine right.

Let us take your next question.

Many people feel they are ready to pass over, and even want to, yet this does not always happen. Many seem to linger on and wonder why they can't go. Where and how is this decision made?

This decision is weighed simultaneously at three levels...the earthly consciousness, the higher consciousness and the intermediary consciousness; and at least two of the three have to agree before this comes about.

Let us illustrate this with an example. A man on earth, at the conscious level, may say "I am old and tired. I am in great pain. I am ready to go". The Higher conscious may say "Wait! You are not yet ready to exit. There is a little assimilation necessary for you to complete before you exit. You also need to experience this pain for your growth."

So now there is a conflict. The intermediary level weighs both points of view, acts as a mediator and counselor, and tries to get both aspects to agree.

Most of the time, when a person on earth appears to be lingering, it is because this conference is still in session. If a unified decision cannot be achieved, then the intermediary consciousness casts the deciding vote.

Do not assume that the Higher consciousness always 'wins'. Sometimes the intermediary consciousness sides with the desires of the earthly mind.

Taking the illustrated example, the intermediary may say "Though it is in my higher interest to remain for a few more weeks on Earth, it is unlikely that I am going to be able to accomplish what my highest aspect desires. So let me just exit now, and work on this from the spirit realm." Now, a two-out-of-three majority has been reached, and the man will instantly exit.

Dear friends, at a conscious level, you truly do not know if you are ready or not. You may feel it, or desire it, particularly when circumstances are trying and you are in pain.

More often than not, it is not the experience of the pain that you are staying for, though that can be a choice. It is generally assimilation that is necessary: perhaps the resolution of a childhood event, or the understanding and acceptance of a so-called tyrant in your life.

The more you clear, resolve and assimilate on earth; the higher the frequency you enter into, when you return to spirit. It is just like a school student rushing to complete a paper before the examination bell rings.

Remember: there is a Universal Law. Everything desires to grow. Nothing desires to 'go backwards'. A stone wants to raise its consciousness. A caterpillar wants to become a butterfly. A child wants to become an adult.

If you allow yourself on earth to 'complete the study course'; when you return Home, your vibrations are so high and so complete that you can further speed up your Universal growth.

Though existence is a Cosmic Race, you never compete with anyone else but the Self.

But can we influence the decision to exit consciously?

Yes you can. Again, let us give you an example. Sometimes the conscious and the higher consciousness are in agreement about it being time for you to depart. But at the conscious level you might say "Just let me wait a few more weeks. I want to be here for my granddaughter's wedding."

Again, a discussion will take place, as from the perspective of the Higher Consciousness, an earthly marriage has little relevance to your soul growth. It may urge you to leave, as an energy wormhole may be opening up, allowing you to go far on your desired journey. But if the conscious mind very strongly desires to wait, then the intermediary often allows it this leeway.

Let us take yet another example. A person on earth really has finished all that he desires to accomplish and learn, and is apparently ready to exit. However, the Higher consciousness may suggest "Yes, you are ready to come home. But if you stay a little bit longer, and work further on a certain aspect (such as forgiveness, or self-empowerment), you will be giving yourself a celestial PhD degree; one which will take you even further into your evolutionary expanse.

This child (indicating Silla) is one such example. She has finished what she contracted to do, but has chosen to extend her field of study and assimilation. When she returns to the spirit realm, she intends to be a supreme energy teacher almost immediately. And for that, she needs this extended degree on Earth.

Other questions?

Is time-travel and travelling through portals acceptable and possible during 2015?

This has to be answered carefully. You are in the 4^{th} dimension. *The* 3^{rd} *dimension is the one you think you inhabit.* The 5^{th} dimension will be one which will allow easy access to shape-shifting, energy shifting, time travelling, simultaneous time, simultaneous realities and so on.

The 4th dimension, which you currently inhabit, is not a dimension at all. It is a tunnel, an energetic wormhole, leading you from the 3rd to the 5th dimension.

So when you ask, "Can we travel through portals?" we say to you that you are in a wormhole right now. You just don't know it. You are time-travelling right now, as we speak.

All our various scientific and esoteric discourses over the years have been to prepare you for the future. Right now, you can do all of this astrally and energetically, but not physically. A handful on Earth can do this physically: they are the forerunners of the future.

The more you do so energetically, the quicker the physical will follow suit. You are literally training the body to become 5th dimensional.

Aren't people beginning to evolve and spontaneously cure diseases in their own bodies? Aren't there those who, against seemingly overwhelming odds, manifest their desired outcome in life? Haven't you been given several glimpses into other lifetimes, realities and dimensions? What of the channelings you attend so regularly, in which you repeatedly interact with Universal friends, Masters and other visitors? All of this is playing with time, space and dimension.

Keep exercising your 5th dimensional muscles in the meditative state, in the astral, in your dreams, in your daydreams and with your so-called imagination. Think it, and it is.

Though you all think you are sitting here in this room right now, it may interest you to know that most of the time you wander out of the physical body, and work in the astral.

Since time is not linear, you often leave the body, work for several hours or days elsewhere, and return to the physical the next micro-second of earth time. As you evolve, you keep leaving the physical more and more frequently, and for longer and longer time periods. Now know this, and choose to even be conscious of it.

Next question.

Is there really a demonic realm?

The image of a demon is an earthly one, used to understand and categorize an energy frequency that is not to your taste. All frequencies need a counter-balance.

Each is necessary for the other to exist. To understand and appreciate white, you need to know black. And vice-versa.

The realm you refer to is made up of many energies and entities of great force and passion. Some destroy in perfection. You are familiar with the Kali energy. This destroys in fullness and magnificence.

Though we have used this example before, it bears repetition. An earth surgeon is the perfect example of the magnificence and validity of the holy trinity: creator, destroyer and preserver.

In order to *preserve* the patient's life and *create* a new future for him, the surgeon has to operate on his body and *destroy* the cancer within.

His task would be incomplete if he went in, felt sorry for the cancer, and refused to destroy it. This is the demonic realm at its most balanced. It these destructive energies did not exist in the Universe, the surgeon would be unable to complete his task. He would just not be able to do it.

A knife has to slice through food, for you to eat it. A derelict home has to be razed to the ground before a new house can be built in its place. The destructive aspects of acid are necessary to clean machinery. Your cells have to continually die, to be reborn afresh.

However, there are many entities that have gone wayward, and they are naturally attracted to the frequencies of this realm. A person, for example, who obsessively hates another, will continue to feel this hatred when he passes over.

He is naturally given the opportunity by the Masters and Guides to shed that hatred. They remind him that it is baggage he does not need, and will be detrimental to his future growth, but his free will reigns supreme. He may choose to ignore this advice and continue to revel in this consuming emotion.

He will naturally be attracted to the 'demonic realm', where he will be further fueled by its energies, and the energies of like-minded souls there. This becomes so overwhelmingly intense that it could be termed hell. Yes, this is hell.

Hell is never externally imposed upon you by a punishing God. It is self-inflicted. And the choice to remain there and intensify this experience, or to leave it, is yours alone.

Can these souls harm us?

Yes, if you are energetically open, vulnerable and live in fear. But if you strengthen your vibrations, they cannot touch you.

Could you speak to us of twin-flames?

This has been discussed many times in the past, but we will touch upon it today. Twin-flames are two energies that are really one. Two that are one? Yes, a paradox.

In physical form, when you copulate with a partner in complete joy, love and openness, you merger to the highest degree possible on Planet Earth. In those moments when you climax, you come the closest to 'being one'.

In the Universe, there are separate souls that are highly attracted to one another. Over time and with evolution, they begin to energetically merge. Though they truly become a part of one another, from time to time they separate and take various incarnations for joint growth and experience.

But because of the merger that has already taken place in the Universe, even when they separate and take an individuated incarnation, there is still a vast portion of the other's energies in the incarnated physical body.

So, should the two choose to incarnate and meet on Earth, there is an orgasmic explosion of energy that takes places when this happens. The veils of forgetfulness prevent them from mentally recognizing each other, but their energies do.

Their energies tell each other: YOU ARE ME. Not "You are my lover" but "You are me!" That excitement activates the energies in both twin-flames, and reinforces the celestial bond.

Though the twin flames may choose to incarnate on Earth as partners and lovers, they generally choose never to meet. This is because when they meet, the

attraction is so overwhelmingly strong that they may stick to one another, and ignore their chosen earthly missions.

You spoke earlier of the realm of the Greek and Roman Gods. What of the realm of the Titans?

Just as humans have higher souls and Monads, so did the earthly Gods. At their Titan (higher soul) level, there was very little separation. It was pure light, vibration and creation.

Dear friends, these questions are indeed pertinent to you, as you all have strong energetic connections with the ancient Greek and Roman Gods. These are the forefathers of your current Universal friends.

Enjoy your current connection with the Ashtaar command, the Arcturians and the Plaedians. The moment you do, you will feel your connection with these "Gods". At the same time, activate the God particle within the self.

GREETINGS, BLESSINGS, LOVE, JOY AND THE BLESSINGS OF THE ST. GERMAIN.
