

Sohrab's Transcript

2<sup>nd</sup> April 2015

THE EASTER ENERGIES FOR 2015

REBIRTHING

THE POWER OF THE WRITTEN AND THE SPOKEN WORD

DE-CLUTTERING THE MIND AND THE HOME

BODY DETOX

Greetings!

(Pointing to a group member R.) Kindly stand up. Come to the center of this room, and stand on the 1<sup>st</sup> step there. Dear friends, encircle her in electric-blue light. Direct it within and around her, in a spiral. Begin now. (Pause)

Increase the dosage. (Pause)

(The Master now points to three group members, one by one). Dear friend, please place your hands on her right shoulder. Dear friend, please do the same on her left shoulder. Dear friend, please place your palms on her crown chakra.

Group friends, please continue to offer her electric-blue light. (Pause)

Thank you. Please return to your respective seats.

(Speaking to R) Dear one, you are to call upon the energies of Archangel Gabriel for 21 consecutive days. Consider today the 1<sup>st</sup> day. So for 20 more days, you are to sit in silence and call upon our light for 5-10 minutes. This may be done at any time of the day or night, but do not allow more than 24 hours to pass before you repeat the process.

Should you inadvertently skip a day, then simply start the 21-day process all over again. You are blessed. You are healed. You are energized.

Dear friends, we will now ask you to offer light and healing to all the names mentioned prior to the meeting. Please also offer light to your country and its leader, to the collective consciousness and to yourselves. Do so now. (Pause) Thank you.

Yes Friends, you are entering the Easter energetic field, which will continue for the next 15 days. Let us speak of these energies, as they pertain to 2015.

***The energies of Easter always deal with some form of rebirth. This year, they continue to do so; but this year, the rebirthing has to be initiated by you.***

You cannot simply sit back and pray for this to happen. You have to initiate the process yourselves. But if you take the first step, then the Masters, guides and the energy field itself will propel you forward.

This rebirthing is naturally supported by the energies of the year: Feminine Empowerment. And the process of rebirthing applies to any and every aspect of your lives in which you choose to shift.

Let us look at some practical examples. A person may be unhappy in his job, and wishes to change companies, but is scared to do so. He wonders “Will I be able to find another job? What will happen to my family if I don’t? Will I be able to cope with a change in my career? Will anyone hire me at my age?” and so on. These are natural and normal human concerns.

This current energetic period would be the perfect time for him to put out feelers, go on job interviews and speak to people about the possibility of a new opportunity. If he does so, knowing that he is worth it, and trusting that he has skills to offer, then his career has to find a way to rebirth itself.

Many here have emotional issues with other people. This is an ideal time to begin to rebirth the relationship. Choose to take some action towards a new outcome. Ask for divine support and guidance, but take the action yourself. Then the rebirth can happen.

Many have issues with their bodies. Diseases and obesity, for example. Make this a starting point to rebirth your body in a manner that pleases you. Make a firm commitment to the self, and start the process within the next 15 days. Use the energy flow to your advantage.

***Two energies that are very potent during this period are the spoken word and the written word.*** Use them. Communicate. Find new ways to express the self, and then reach out to that difficult spouse or to a person with whom you are in conflict. Speak out compassionately; but speak your truth.

***The written word is even more powerful than the spoken one.*** So write letters and emails to clear up issues. Keep a diary.

In this diary, we suggest you start listing all that you wish to rebirth for the upcoming year, starting now. But choose your words carefully. Make the statements positive ones. And use the words “I choose...” rather than “I am...”

For example:

“I choose, from the moment onward, to bring my body into perfect physical shape, balance and alignment.”

“I choose, from this moment onward, to release my old pattern of victimhood, and to instead touch my power in all situations.”

“I choose, from this moment onward, to heal, refresh and rejuvenate my marriage.”

You will find the potency of “I choose” even greater than “I am”, as this year is all about touching your power and making choices for the future.

Dear friends: as this year progresses, you will observe more and more people choosing to rebirth in different ways, by making very dramatic choices and shifts in their lives. Many will suddenly change course, rising up and shining in areas that they never before imagined they would explore. Make this happen in your own lives as well. This Easter is a very powerful one, energetically.

*What of those who are still trapped in old patterns of Christianity and Man-made Christian dogma?*

We assure you that, this year, these people will be infused with the energies of the Universal Mary. They may think that they are going to Church to confess sins and re-experience the Agony of the Christ, but they are in fact going to receive an energetic group infusion of Feminine Empowerment. This will greatly benefit those who are perennially trapped in old patterns of victimhood, ritual, dogma and self-suppression.

*When we write these statements in our diaries, do we need to repeat the statements we have previously made?*

That will depend on you, individually. Some will feel urged to repeatedly write down the same statement; others will feel that 'once is enough'. We suggest that you write down a few statements during the course of the day, and read them through at night before you go to bed. Then the next morning, start a fresh lot. Be guided by your own intuition.

At the end of the 15-day period, we would request you to once again read through everything you have written, and then ***burn the papers***. By doing so, you are transmuting the written word into pure energy, and integrating them into your energetic field. Here, the act of burning them does not destroy them, but instead transmutes them into active energy.

*Can we help someone else by writing down statements that would benefit them?*

You can; but it will only benefit them if it is part of their chosen blueprint of growth.

*If we try to rebirth a relationship, does this work only from our perspective?*

Rebirthing is always personal; but the moment you rebirth, the entire situation has to shift and change in some way. This applies equally to a relationship, a habitual pattern, a mind-set, a belief system a legal case, or in any other situation in which you appear to be trapped. As your energies change, this has to affect the situation at hand.

BLESSINGS FROM THE ENERGIES OF ARCHANGEL GABRIEL.

(Sohrab shifts energies)

**Rebirthing begins at home. Use these 15 days to de-clutter.** This we cannot stress enough.

De-clutter emotions that are clogging your energetic veins. Shed unnecessary worries, which serve no purpose whatsoever. Release rigid judgment of the self and of others. Stop punishing the self. Release old regrets. Move beyond the “What might have beens” and the “What-Ifs”.

And de-clutter your homes as well. Go through your cupboards and paper-work. Give away, sell or throw out that which is not necessary. Rebirth the home itself.

Dear friends, we never share information randomly. Of course you could ‘put this off’ and do so at a later date; but if you do it during this energetic period, you will find new and vital energies filling the spaces you have made for them.

April is going to be a very vibrant month for the upgrade of the brain, pituitary and pineal glands. Make space here for the new frequencies you so desire.

De-cluttering will also be of great benefit for those who are about to embark on new ventures: a new job, a new branch of spiritual practice, a new relationship, a new course of study, and so on.

***This is also an excellent time-period in which to undertake a personal body detox.*** Here you will have to use your own intuition, and decide for the self how many days you wish to do it for, and what foods would be right your body.

The Easter energies are flushing out, from the cells, unnecessary physical toxins and stale energies. Why not help facilitate this process with a nutritional detox as well? That way you will be hastening the release process.

**YOU ARE IN THE LIGHT, THE LOVE AND THE EMBRACE OF THE UNIVERSAL MARY.**

(Sohrab shifts energies)

ARCHANGEL RAFAEL GREETES YOU.

The Rafael makes you a commitment during this 15-day frequency. Should you choose to truly desire to shift a repetitive internal pattern in your life, such as a habitual way of behaving, speaking, acting or thinking; call upon the Rafael, write down your statements, and focus upon them for just a few moments daily. We will help you shift them.

BLESSINGS.

(Sohrab shifts energies)

THE LORD SANNANDA GREETES YOU.

The Sannanda offers you magnificence, joy, courage, focus, dedication and empowerment. Be in his light. Invite him into your structure, your home and your heart, and observe the shift!

BLESSINGS.

(Sohrab shifts energies)

Receive a silent energetic blessing from an Unknown Master. (Pause)

BLESSINGS.

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