

Sohrab's Transcript

9th April 2015

PASSAGES: NEW CHOICES IN EXITS

GROUP EXITS

SUDDEN EXITS THIS YEAR

MORTIFICATION OF THE FLESH

Greetings!

Let us once again speak of *passages*: the process of shedding the Earthly body and returning to spirit. But let us give you some updated information on this.

You may recall that in a prior session we had told you that there are now no fixed exit points.

From virtually the dawn of mankind to just a few years ago, each person would pre-plan three possible exit points in his upcoming incarnation. As he neared each one, he would, at a higher-soul level, have a discussion with Masters and Guides, and decide whether it was appropriate for him to stay on Planet Earth and continue growing and learning, or to return to the spirit realm and work from there. If he by-passed the first two exit points, come what may, when he reached the third one, he would have to take it.

We then told you that the energies of the human race were now so powerful that this system had been modified. Instead of three possible exit points in a lifetime, you are now making this choice 20-30 times a day.

Now let us add some information to this. Though this system of moment-to-moment daily choice is still in place and continues to hold good, many are responding in the moment to new stimuli.

In the recent past, even with the 20-30 possible exits in a day, an exit was chosen because you had completed what you came to study and assimilate; or because you felt there was no possibility of further growth on earth, even if you had not finished your 'study course'.

Now, people are choosing exits for many other reasons as well, and today we would like to touch upon some of them.

The first, and most important, during this energetic period: Many are choosing to exit, even if they haven't officially 'finished their earthly study course', because ***they are responding to a very strong Universal call.***

A call, inviting them not to go through the normal processes of a passage such as the tunnel of light, the meeting of the Masters and loved ones, the healing sleep, and so on; but instead ***to avail of the opportunity to transmute their energies directly from this incarnation into another, highly evolved one. So they are, in fact, not 'dying' at all; but are simply exchanging this physical body for another, more refined one.***

These people are simply joining a new, evolved Universal society: one of great vibration, awareness, wisdom and magnitude. And there, they will continue their growth.

This process, however, is dependent on the level of frequency that they have been able to touch at the point of shedding the physical body. They would not be able to transmute this physical body into a very high-frequency body, unless they have reached at least the lowest point of frequency of their new incarnation.

Let us illustrate this with an earthly example, to help you better understand this. Imagine a middle-level Manager of a company suddenly being promoted to the position of Chairman. He may have a general understanding of the organization, but would he have the skills required to lead the entire company forward productively?

In the same way, ***this 'leap' from an earthly incarnation to a highly evolved one would require energetic integrity, responsibility, awareness, belief in the self, self-worth and self-confidence coupled with spiritual humility.***

Many are responding to this kind of call. One you know personally. Your group member-friend (referring to D, who had recently passed over). This was not the only reason she chose to exit, but it was a deciding factor in her decision.

Many of you surmised correctly: she also did not want to grow old and infirm on Planet Earth, possibly losing her mental and physical faculties and then being dependent on others. But she also responded to this very tempting Universal Call. Currently, she is acclimatizing herself to new, magnificent energies.

To choose this kind of transmutation, does the person have to go through an illness?

An illness is not necessary for this choice. In general, an illness is a last-minute speed-up of growth that the person desires to experience before choosing an exit. So galloping cancer, for example, may be chosen by a person to raise his vibrations before making this choice, or any other.

But for this choice, your frequencies have to be very high. Here, we do not only refer to spiritual knowledge and awareness, though that is very definitely a part of it. Energetic frequency comprises of many aspects, such as balance, alignment, openness, acceptance, wonderment, a desire to be an explorer, self-worth, self-love and the acknowledgment of the magnificence of the self.

A person, for example, who denies the existence of the Spirit realm as well as the existence of other Universal societies, would find it very difficult to make this leap. How could he possibly accept, let alone integrate into, a society which he denies even exists? His close-mindedness and disbelief would be his stumbling block.

Last year, on May 19th, I apparently chose to exit. I experienced the tunnel of light. I was sent back. What brought me back? I was so reluctant to return.

Dear friend, we normally do not entertain personal questions in a public session. But we will answer you, as others will benefit from this as well.

Yes, you did possibly choose an exit and experience an out-of-body state; but your choice was not whole. There was an energetic war within the body-mind-soul. Part of the self wanted to exit, but another said “No! It would be better for me, and for others around me, for me to remain on Planet Earth and spread light and awareness.”

That is what you are doing now. If you think you have started, we tell you that you have barely begun! There are many things you have to do. You have to reach out to larger and larger groups of people and spread awareness. Use your time productively.

You also ‘tasted’ of the higher energies to be able to integrate them consciously into your structure: to take the physical, mental and emotional bodies to new levels of expansion.

Would those who choose to integrate into a higher-vibrational society ever choose to incarnate on Earth again?

If you look at it from a linear perspective of time, then yes, they would be unlikely to choose Earth again. But remember that as a soul evolves, it might choose a denser vibration in the future, simply to be of service to others. Through that, they too grow and evolve.

An earth parallel: a soul from a very comfortable, advanced foreign environment may choose to come and live in the slums of India, to be of service to those less fortunate than her.

But in general, when you have experienced very high vibrations, you do not desire to experience lower ones again. Those who do so are Grand Masters.

A second very prevalent reason that many are choosing now, even if they haven’t officially ‘finished’ their earth work, is simply to benefit the surviving family members and loved ones, by helping them touch their own power.

A wife, for example, may be growing over-dependent on her husband. Or she may be playing the abject victim to his tyranny, unable to touch her own power. Or she may be negating the self, living in his shadow, and validating herself from him. Or she may be so in love with him that she settles into inertia and complacency, and ignores her own intended growth and evolutionary processes.

Sometimes, when this happens, a spouse may choose to exit out of love, to serve the partner on earth, and to offer her the opportunity to stand on her own two feet, touch her power, validate herself, and grow.

This, from your perspective, appears to be a brutal choice. But from the soul's perspective, it is the ultimate act of love. Even on Earth you say "When you truly love someone, you let them go."

(Pointing to M) Yes, he left partly for this reason. And witness your growth!

Could a person make a choice to actually help empower a loved one by committing suicide?

Yes, he could. Suicide, in this case, would have no Karmic or energetic repercussions on the exiting soul. Because he would be choosing this method of exit in power and out of pure service.

Here, he would be offering the family the opportunity to deal with the 'shame' of the act, thereby touching their power. He could be teaching them to be more sensitive to others' emotional problems, and to perhaps look inwards and deal with their own unexpressed and unacknowledged turmoil. He could be giving them lessons in forgiveness and acceptance. He could be offering them a deeper understanding of both the fragility and the strength of the human psyche. This could be the jolt needed to awaken them to all of this, and much more.

A footnote here: sometimes a family pet exits for the same reason.

I am aware of a case wherein a father and son both committed suicide. My gut tells me that they did so for this reason. Am I correct?

Yes you are.

What of accident cases?

Again, dear friend, not all accident cases are created for this reason.

The method of exit is generally chosen for personal growth; but any of these methods, as well as others, could dovetail to serve a family member.

Let us refresh your memory. Those who choose an ‘explosive’ exit, such as a plane crash or a bomb blast, do so because they have a repeated past-life history of blocked, trapped energies, which they are unable to free up, lifetime after lifetime.

In this singular act of passing over in an explosive manner, they free themselves of this repeated pattern and open out their energy structures forever! From the soul’s perspective, those few seconds of earthly trauma are insignificant in comparison to freedom... forever.

Similarly, those who choose a water death, such as drowning, generally do so to free their emotional bodies, which have been similarly trapped for lifetimes.

The recent case of a mentally-disturbed pilot who deliberately crashed his plane and killed all the passengers has served a purpose, I guess. It has shaken up the world and most certainly the aviation industry.

You are correct. Whenever a group of people exit together, perhaps in a plane crash, an earthquake or a bomb blast, they create the event for two reasons.

Each person individually has naturally chosen that method of exit for personal reasons, but there is also a public mission to be simultaneously fulfilled.

In this particular case, for example, the Aviation industry is being urged to be more responsible in the future. The public’s attention is also being directed towards mental health care.

One of the greatest public missions of an act of terrorism, in which groups exit, is to urge people to band together. To eradicate separation. To urge all to respect and embrace peace and harmony. Learn the lessons, and terrorism will become redundant.

A third reason ...and let us phrase this in an amusing way. Some are now choosing to exit and doing 'advance-booking' for future growth. These people exit from planet earth in the traditional way: they return through the tunnel of light, greet friends and Masters and go through the healing sleep; but they do not study their akashic records.

They use this entire process as a buffer and as a personal energetic enhancer, to prepare themselves for Universal work. Their route is Earth to Spirit to Universal work.

Examples of this are The Einstein. The Nani Palkhiwala. The Bal Thackeray. Yes, very different people, who had very different agendas on Planet Earth.

All three used this process. They exited, spent an interim period in the spirit realm growing, evolving and expanding, and then proceeded to take up Universal work.

The ***Einstein is currently a major force behind Universal Astrophysics.*** But this word has a very different meaning universally. Universal Astrophysics deals with the energetic relationship between all planets, stars, asteroids and other celestial bodies. Such is the magnitude of the Einstein that he now work like a master puppeteer, balancing and aligning these energies; actually keeping the Universe in place. He would not have been able to achieve this, had he chosen to go straight from Planet Earth to this position. Even though he was highly evolved on Earth, his energies were not yet fully compatible. So he used his brief time in the spirit realm to grow and evolve to the appropriate degree.

The ***Nani Palkhiwala is today part of a Universal group of Law-makers.*** Laws that govern and benefit the entire Universe. Universal Laws.

The ***Bal Thackeray, with whom so many of you have issues, has now progressed to become a Universal Peace-keeper.*** All his experiences on Earth served him magnificently. He now knows how best to reach those who are like he was, to help them shift.

Did Osama Bin Laden also use this method?

Yes he did; but we did not cite him as an example because even when he was on Planet Earth he was a grand Master, doing exactly what was intended for the growth and evolution of Human Consciousness.

We will touch upon one more method. This may sound rather glib and impulsive, but it is not. ***Many, starting this year, and using the energies of this year, are choosing to exit simply because they want to change course and experience freedom.***

They naturally chose the rigors of ‘boot-camp’ earth to grow and evolve. But some, by choice, are now saying “Enough! I now choose to change course and just go home.”

A valid choice, as the Universe never binds you. You do have Universal rights, and you may make Universal choices at will.

*What of those who appear to be suffering and lingering and not passing over?
Why do they do this?*

There is no singular answer, as each person does so for an individual reason. Some create this for spiritual growth. Others do so because they are terrified of what will come next, and are simply ‘hanging on’. Some do this because they strongly believe it is their Karma to suffer. Others believe that suffering strengthens the soul. Some are working furiously to assimilate that which they desire before they exit. And so on. But we will offer you a generalization, which applies to many such cases.

When you undergo great pain, or valiantly battle a physical disease or mental disorder, you often separate from your physical body. You continue to live and grow on planet earth, but a part of you is ‘pushed out’ of the body; and this part becomes a ***Universal Scout***, exploring different options for your future. The scout helps you choose your method of exit, as well as decide on future options after you exit.

To create this scout, you require physical upheaval. At the same time, this upheaval always gives you intensified spiritual growth. This prepares you for the possibility of making a very advanced future choice.

Respect these people, dear friends. Serve them, and make them as comfortable as possible, but in general you can't take the experience away from them.

Can't we offer them light and healing?

Of course you may. But please understand that if this does not appear to work, you are not responsible. It is not failure on your part. They may simply be using your energies to further the scouting process.

Would these people also use the healing energies to further upgrade the self, so that they could then make a choice to move into advanced spiritual realms?

Absolutely.

Dear friends, you may wonder why we are touching on passages today. This year, you will observe many sudden passages. Some will appear to be meaningless. You may find yourselves questioning these choices. "Why did this healthy person suddenly exit?" "This young child had such a bright future ahead of him!" And so on.

As Lightworkers, you are now expected to understand these choices, and to help others understand them as well.

The process of mourning is healthy and natural. When you lose a loved one, you do experience loss and pain. Please do not try to be 'over-spiritual' and deny yourself the process of mourning. But mourn your loss and simultaneously understand that the person has simply exchanged one existence for another, more expanded and glorious one. Know that you are mourning for your loss, and not for the other person. When you truly love someone, you let them go.

Some of the saints used 'mortification of the flesh': was that also for spiritual growth?

Yes, in their reality. They chose to believe that self-flagellation raised their vibrations, and therefore it did so. Is it recommended today? Not generally. But it may still be appropriate for a few.

The energy and intent behind any act is more important than the act itself. Let us explain this, by citing the example of going on a rigorous fast.

If you feel urged from within to do so, and if you truly believe that this will benefit and serve the self; then it will. But if you do so to conform to family or community norms, or to please a punishing God, or to earn 'Brownie points' in the afterlife, then you are wasting your time.

In the former case, the body will only benefit from the act. In the latter case, the body will go into disarray.

BE IN THE LIGHT OF THE MAHA AVATAR BABAJI.

BLESSINGS FROM THE SAI.

YOU ARE IN THE EMBRACE OF THE ST. GERMAIN

JAI BABA.
