

## SOHRAB'S CHANNELING

30th April 2015

HEALING OF NEPAL AND ITS PEOPLE

THE EARTHQUAKE WITHIN

EARTH-RELATED EARTHQUAKES

NEPAL: THE NEW ENERGETIC EPICENTER OF INDIA

SANNANDA RISING

*(Note: The first part of channelling, which was unrecorded, was a guided prayer and healing session for Nepal and its people)*

The channelling continues:

Your group service is still required. Please continue to work in a balanced and unemotional manner.

Please turn your attention to a group who are trapped underground in a remote village. 26 in all. Just give them light and oxygen. Start now.

Light, Oxygen, Light, Oxygen, Light, Oxygen, Light, Oxygen, Light, Oxygen, Light, Oxygen, Light, Oxygen, Light, Light, Light.

Calm them. They are shortly to be unearthed. Send them calming light, calming light, calming light, calming light, calming light.

Now put them now into a semi-comatose state. Breathe, relax, breathe, relax, breathe, relax, breathe, and relax. Peace, peace, peace, peace, peace.

Turn your attention now to another group of souls who are currently exiting or shortly about to do so. They are spread over a vast area. Direct the group energy towards them and help them cross over smoothly and peacefully. Many are in mental confusion and emotional trauma. Ease the suffering and help them cross over. Offer them smooth passage. Smooth passage, smooth passage, smooth passage, smooth passage, smooth passage. Om Om Om Om Om, Om.

Now turn your attention to several groups of volunteers in that area and give them energy and the necessary speed required to carry out whatever they are doing, be it medical aid, financial aid or supplying food. Give them the energy to do it at three times the speed.

Speed, speed, speed, energy, energy, energy, speed, speed, speed, energy, energy, energy, speed, speed, speed, energy, energy, energy. Om, Om, Om, Om.

Now turn your attention to all delays that are taking place in that area. Delays caused by government interference, red tape, transport malfunctions, confusion and so on. Open up these delays.

Om, Om, Om, OM, Om, Om, Om, Om.

We also ask you, individually, to please offer Nepal your service tonight before you fall asleep. Connect with it, and bless it. If you find yourself guided to work with a certain individual or a group of people, please do so.

But in general, please offer the entire area light, balance, smoothness, peace and harmony.

We thank you.

BLESSINGS FROM THE HIGHER SOUL ENERGIES OF THE DALAI LAMA.

BLESSINGS BLESSINGS BLESSINGS.

Many in this room have desired to meet the Dalai Lama in person and to receive his blessings. You are receiving them today. Please take a moment, open up your energy structures, and receive his blessings. (Pause)

After this session is over, please ask those in this room who are Aura Readers to scan your individual auras. They will be astounded and so will you.

*(Note: At this point, the Master asked Aura Readers to volunteer. Several did. The Master then indicated that a few others should do so as well)*

Enjoy the multi-coloured explosion of lights. These frequencies, which you will detect, are a result of the very high inner vibrations that you have achieved by offering your dedicated service today. They also include the infused energies of the Dalai Lama.

You are blessed, you are nurtured and you are acknowledged by the Higher Soul Energies of the Dalai Lama. Blessings.

(Sohrab shifts energies)

Dear friends...Welcome!

Let us start by speaking of earthquakes today from a different perspective...an internal one.

Every time a natural disaster takes place, such as an earthquake or a tsunami, we urge you to examine its reflection in your own structure. An equivalent event has to have taken place within the self.

Although this has generally done so within the past two years, it may also be an unresolved aspect from childhood or any other time period in this lifetime.

First examine the recent past...the last two years. If you do not find a suitable match here, then go back in time. All of you have gone through some kind of major shift. The shift could have been facilitated by a very traumatic event or by very joyous one.

In general, this 'earthquake' could be some kind of internal upheaval which you have not fully examined and assimilated; or a magnificent shift, leading to great expansion, which you have not fully acknowledged and embraced.

*Could you give us some examples of how this could have been caused?*

A conflict with another person, a dramatic change of situation in your life-course, a disease, or a tremendous upsurge in consciousness, to name but a few. It will vary from person to person. Do not judge its magnitude by societal standards, but instead from what has shifted in you.

When you have identified the internal earthquake, we suggest you work at it in this way: first, explore its effects on your physical body. What changes have taken place here, as a result of it? This event could have affected the physical positively or adversely.

Then examine its effects on your mental body. Be brutally honest with this assessment. Has it opened you up, or caused you to retreat further into anger, resentment and mental repression? Has it opened up your thinking, or made you even more judgmental, bitter and resentful?

Next, examine the emotional body. Has your emotional body opened up as a result of the event, or has it constricted?

Then examine your magnificent spiritual body. Find out what is happening here.

If you find constrictions caused in any of the bodies due to the event, choose to commit to changing these in any manner that pleases you. Release old debris. Open up. Choose to think and feel differently from this moment on.

We suggest you follow this sequence, as it will offer you a clear through-line for self-examination.

After these steps have been followed, DEMAND to know what new energies have been released by this event. Honestly examine who you are today, as compared to who you were before the event took place. Do not under-value the self, your journey or your growth. Acknowledge and appreciate it.

Most people will find their attention drawn to a single inner earthquake; but some may find themselves urged to explore several 'tremors'; perhaps three or four such events. These may even appear, on the surface, to be unrelated; but after careful examination you will discover a through- line...one of repeated victimhood, perhaps, or powerlessness.

Now let us speak of world-related earthquakes. These generally take place for two reasons. At the physical level, the earth does need to move, shift, grow and evolve. At an energetic level, old energies need to be released, making space for new, expanded ones.

***On an energetic level, most earthquakes are caused by a very prevalent world-wide issue: separation.***

Yes, you are aware that this is India's root issue; but it is also an aspect the entire world needs to urgently examine. People, over the last year or two, have been once again getting extremely selfish and self-centred, looking out only for themselves and ignoring the general good. The attitude of "I deserve to succeed at all cost, so who cares about the others" has been very prevalent.

And India, being the epicentre of the separation issue worldwide, tends to attract and store these energies beneath the surface.

Now, the good news is this. When an earthquake takes place, it releases a lot of the trapped energies of separation, making space for energies of a higher frequency in its place. It brings about new light, new vibrations and a new future. Therefore, we urge you to focus on this, rather than on the destruction that has been caused.

Please do help in any way you can: financially, physically and by offering light, healing and service to those affected; but focus on the new light and energies being released simultaneously.

***This area is now generating so much light that it is going to be the new spiritual core centre of the newly evolving India. You see this area as being 'attacked'; we see it as being blessed. Nepal is now the energetic epicentre of India, leading Her into 2021.***

*J. Krishnamoorthy said this back in 1938. (Inaudible) ...Get rid of your debt, because that is what is bogging you down. Do this, and India will be the dynamo of the world.*

Yes indeed. Thank you, dear friend!

***The vital frequencies being released are the New Christ Energies.*** Though we term it this, we are not speaking of the Catholic faith on Earth.

***The New Christ Energies are a combination of every possible faith on Planet Earth, as well as new Universal energies, being drawn to earth as we speak. This process is being guided by the Supreme Ashtaar Commander, the Lord Sannanda.***

On earth, he is known as the Lord Jesus Christ. These energies could also be termed **Sannanda Rising.**

These new combination frequencies are non-secular. They belong equally to all. And the rising column of light will influence the whole world. Its epicentre is in this region. Why not choose to tap into these exciting, exhilarating, magnificent, re-creative energies from now? They are yours for the asking.

You have, today, already committed to working with them for self and for others. You, and other Lightworkers like you, are now the energetic leaders of the New India. Assume this role proudly and joyously.

*You spoke of the Lord Sannanda, but what of the Universal Mary?*

She is so much a unified part of the Sannanda that we did not need to identify her separately.

*Is there any way we can help prevent more earthquakes in the future?*

Yes, wake up! Move beyond Separation; embrace Unity!

*Even if we were able to do so, wouldn't there still be the need for earthquakes?*

Yes there would, but the necessary new energies would then be easy and smoothly released, without much destruction. When you have a small skin problem, and you address it immediately, it vanishes easily. Why wait till it is an exploding boil, or a suppurating wound?

*I often find myself speaking to taxi drivers or pedestrians on the road, sometimes even telling them off if they behave badly. I do this because I believe if I can educate and help change even one person, there is hope.*

You never actually change only one person. That action always sets off a chain reaction, and the energies spread outwards in a ripple effect.

*May we share this information with other lightworker groups?*

Please do so!

*Can you please give us some more tips about exploring the 'inner earthquake'?*

Follow the procedure we have offered you, and learn to take responsibility for what you have energetically created. Stop the blame-game.

Then demand of the self at least 5 revelations. 5 aspects of the self that you have never before acknowledged. Aspects perhaps dealing with your behaviour, your belief system, your patterns, your thought processes, your actions and so on. Enjoy the revelations. Choose to change those that don't please you. Embrace those that do.

**BLESSINGS FROM THE UNIVERSAL MARY, THE LORD SANNANDA, THE SAINT GERMAIN AND THE MEHER BABA.**

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