

Sohrab's Channeling

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MULTIPLE EXITS DURING 2015

INDIVIDUAL AND GROUP EXITS

THE RAPID EVOLUTION OF PLANET EARTH AND HER SURROUNDINGS

THE ENERGETIC PARTICIPATION OF FAMILY IN A PERSON'S EXIT

THE SECOND WAVE OF THE NEPAL ENERGIES AND ITS EFFECT ON
THE MENTAL BODY

Greetings!

We spoke last week of the first wave of energies emanating from Nepal, and their effects on the human body.

Before we proceed further, we would like to share with you the fact that ***many people will be choosing to exit during 2015***. We ask you not to feel sorry for them. You must, of course, grieve, mourn and acknowledge *your* feelings of loss. But at the same time, do not feel sorry for them, no matter their age or physical condition. Some will choose to exit even if they are in perfect health. Others who have minor ailments, or are in hospital with every hope of recovery, may also choose to suddenly exit.

There is a reason for this. This new wave of energies, which will first spread throughout India and eventually embrace the world, is causing the body to begin to vibrate at a very high level. This vibration creates an internal 'loosening' of the soul from the body. The grip the physical body has on this soul is being slightly relaxed.

At the same time, huge energetic vortexes are opening up in the Universe. These are putting out a strong, seductive, tempting and beneficial call to all those in human incarnation.

The combination of these two factors, the loosening of the soul and the siren call of the vortexes, is going to urge people who may not have chosen to exit this year, to do just that.

It will be of tremendous benefit to them, and almost everyone who chooses to exit during this time period will find their passage very smooth, easy and enlightening. The speed at which they will be able to progress in the spirit realm will also be accelerated. All these factors are going to tempt people to exit.

You must learn to emotionally support their choice. Celebrate them for having chosen to do so. Do not hold them back. Wish them well on their magnificent celestial journey.

Would this include people who choose to take their own lives?

Yes, it would. There will be a high incidence of suicide this year.

Will people make these choices on a mass scale, or individually?

Both. Groups will choose to exit in a manner most suited to the self, such as an epidemic, a plane crash, or an earthquake, for example. Individuals will also make personal choices, and choose a method most appropriate for the self.

When a group chooses to exit, the group members use one another as a support system. It is much like choosing to go on a foreign holiday as part of a guided tour. This way, they have each other for moral support, and each one helps another at different points in the process.

Generally, when a group exits together, they also share a common issue that they have individually attempted to deal with, while incarnated on earth. Victimhood, for example, or lack of abundance. This way, they don't feel so 'alone', and appreciate the camaraderie they instantly experience.

In the exit process, they are accompanied by Masters and Guides who will begin their education in that area almost immediately. And with the boost of the new energies, they will be ready for this.

In the case of an individual passing over, he may truly do so on his own; or he may, after exiting, choose to ally himself with others from around the world who are exiting at the same time, and also share a common issue.

Let us assure you that, whatever choice you make, the kind of support you will be offered in the current frequencies is about ten times what you could gather around you in the past. No one passes over alone.

Similarly, though you always have been met by Masters and loved ones, your current ability to interact with them will be that much higher, because your frequencies are that much more advanced.

Dear friends, ***2015 is an era of tremendous transition and transformation on Planet Earth***, equally applicable to all her kingdoms.

Some will experience this very practically: a job switch, relocation to a new country, the beginning (or the end) of an important relationship, the onset of a new life adventure and so on. But all humans will also experience major internal shifts and an internal rebirth.

Some will choose to rebirth and experience its effects in this incarnation, whereas others will deem it more appropriate to rebirth and then continue their higher education in the spirit realm.

Why is it that wherever Shiva energies are collectively worshipped, there appear to be mass-scale exits?

The Shiva is the perfect balance of the creator-preserver-destroyer. All those who interact with his energies, either at a conscious or higher-conscious level, are choosing to speed up their rebirthing processes. Most of these people are now choosing to work at advanced courses in the spirit realm.

Please remember that not only is Planet Earth evolving very rapidly, but so are all the planets, stars, and other celestial bodies in her vicinity. This entire region of the Universe is upgrading at breakneck speed.

A ricochet effect is therefore taking place. As one celestial body upgrades, it emits very high vibrations in all directions, which affect all the other structures in its vicinity. These, in turn, begin the same process, and disperse high level energetic

beams in all directions, stimulating other celestial bodies. The energies echoing between planets and stars are therefore ever-increasing in vibration, intensity and frequency.

Therefore people who choose to exit during this time period benefit from these new frequencies. Now that they are no longer bound by a physical body, their new energy bodies instantly participate in the ricochet effect.

Let us also reiterate a point we made several sessions ago, which perhaps will be clearer now. Many people who are exiting right now are **not** choosing to follow the customary steps: going through the tunnel of light, meeting up with Masters and loved ones, experiencing the healing sleep, and then progressing in the spirit realm.

Many are, instead, choosing to directly transmute this earthly form into a different incarnation, in a different form, in a different part of the Universe, in a different society.

How do we keep our balance, here on earth, with these new ricochet energies which surely must be affecting us as well?

What would you do if you were caught up in a strong tide, while swimming in the sea?

I would go with it.

Exactly! If you tried to fight the current, in all likelihood, you would drown. But if you relaxed into it, and allowed it to carry you with it, all would be well. So just flow with the new energies, without any resistance.

When a person chooses to exit, do his loved ones also have a say in this decision?

A very good question! To a degree, they do; but the final choice is always made by the person himself. Since all of this is done at a higher level, none of the concerned parties come from ego, desire or selfish motives. There is only balance.

What happens is this. When a person is planning a possible exit, an immediate higher-level family conference is held. This not only includes actual family members, but also anyone who has more than an 80% energetic connection with

the person. This could include friends, work colleagues, teachers and earthly guides and even casual acquaintances.

All of these we will term 'family'. So a conference is held, and the person himself offers his reasons for choosing an exit in the very near future. The family always supports his decision, but they may raise certain points. These points, however, would always be to his benefit. They would not come from any individual's personal desire, ego or selfish motives.

For example, a loved one may suggest, "Why not wait a few more weeks? You have almost completed your assimilation of this particular issue, and it would be to your benefit to master that before you exit."

In rare cases, a person may say something like "Please stay for my benefit. If you pass over now, it will, in all likelihood, impede my growth. And we have both contracted to facilitate this in my earthly self. I therefore request you to reconsider this possible decision." So even in this rare case, it is always a request. It is never a demand and never emotional blackmail.

The person in question will now review all that has been discussed, and will then make his final decision. Remember: now that exit choices are being made moment-to-moment, these celestial conferences take place at lightning speed. They happen seconds before a person exits. And they take place anywhere, anytime. You could be wide awake and involved in your daily activities, while a part of you is in such a conference.

This happened to me exactly 20 years ago. I heard a soul voice asking me "Is it ok if your father passes over now?" I remember saying "Not now. If he does so, I will not be able to sit for my upcoming MBA entrance exams, and it will be something I will regret for the rest of my life." The voice said "OK" and disappeared.

Exactly a month later I got into my MBA course in Pune. Around September of that year, the voice suddenly reappeared and said "Is it OK now?" I think I said "Yes". And then, on the 26th of the month, my father passed over. He was hale and hearty, with no medical issues at all.

Now I understand better what happened at that time.

Excellent! You heard the voice of your Master.

Let us add to that, dear friend. It may interest all of you to know that it is generally those on Earth who appear to be the most resistant or unaccepting of a person's death, who are the most supportive at the family conference.

These people generally use the event as a vigorous learning experience for the self. Perhaps they need to learn to let go. Or to overcome their control issue. Or to learn to validate themselves from the self, and not from the other person. Or to be self-reliant.

My mother died of cancer when I was very young. I just can't imagine that I gave her permission to pass over.

Yes, dear friend, we understand this. From your perspective, it seems absurd and unbelievable that a young child would ever do this. But remember that this permission is not given from the incarnated level; it is given from the higher-soul level. And from that perspective, no one is a 'child'. Everyone is an evolving soul.

A mother will rarely make the choice to exit when her children are under the age of 18, unless it is part of the blueprint choice of the child's soul to grow up motherless.

On rare occasions she may choose to ask, at a higher soul conference, if she may be released from this clause. She may ask the soul-child "Even though this was not part of your contract, I would like to exit for personal growth reasons. Will this choice on my part serve you?"

Here, if the soul says "No", she will defer to the will of the child, and not take an exit.

Do people in a coma also hold this kind of conference?

Though a comatose patient regularly meets with his loved ones in the astral, he primarily attends a 'closed conference', in which he is guided how to best review his life on earth by a small selection of Masters and Guides. This is a very detailed, intricate and intensive process.

Only when he nears the point of making a decision about his future, does he hold a family conference.

Now let us speak of the energies of Nepal again.

The second wave of these energies is going to affect the mental body.

We did indicate that the brain, pituitary and pineal glands were all being rapidly upgraded. We had said that there was likely to be temporary memory loss, and had urged you not to force yourselves to try and remember the elusive name or situation, but to instead relax into the process, after which the memory would speedily return.

Brain pathways are being very carefully re-written during the upcoming three-month period. This is essential for the new breed of Human beings, emerging after 2017.

All of you have belief systems, structures, patterns, thought processes and so on. Though you, as Lightworkers, have worked very sincerely to change and modify these over the years, there are still those stubborn ones that have not been addressed or shifted in any way. These are now going to be brought to the surface for your reviewal. When they arise, you have to address them.

Could you please give us an example?

Let us say that a lightworker has truly gone within and worked on the self for years; and that she is now far more open, tolerant and accepting than she was in the past. However, let us assume that she has still been unable to overcome religious bigotry or dislike of a certain community. This issue is now going to be brought up for reviewal, in a strong and definite manner. You are likely to be forced to interact very closely with a person from that community.

When this happens to you, dear friends, we urge you to acknowledge *at that very moment* that you need to address it, and then make a different choice immediately.

For many, the situations that arise will not be external ones, but instead internal ones. These are generally more obscure, devious, subtle and elusive. You need to be alert to them.

An example: if you have repeatedly seen the self as a failure and a loser, situations that accentuate this will arise so that you further torment the self. The moment these feelings start to engulf you, choose to view the self differently, and make an inner shift instantly.

You are also likely to be faced with inner personality traits that you dislike in the self. This has no bearing on what others condemn in you; it is all about what you condemn in the self. If you 'can't stand' your own quick temper, or your indecisiveness, then situations will be created to provoke just these attributes.

In a case like this, breathe, be joyous that this has come up for reviewal, and choose what you wish to do in that moment: perhaps choose to speak out calmly instead of getting trigger-happy, or make a decision when you couldn't in the past. In short, change the old, habituated energy flow in an instant.

So be alert to these signs, but also choose to be joyous. The new energies flooding the mental body are going to keep empowering you and urging the mental body to grow and evolve.

Many people are now going to feel urged by the mental body to study or read something new, to listen to different kinds of music, or to interact with new and exciting people. Go with the promptings of the mind.

You will also find yourselves, during this three month period, very alert, and able to read into people and situations much more than you did in the past. Enjoy this.

Will all of this continue after three months as well?

Yes it will, but allow us to guide you period by period. The initial waves are affecting the physical, mental and emotional bodies very specifically.

YOU ARE BLESSED BY THREE UNITED ENERGIES:

THE ST. GERMAIN BLESSES YOU.

THE MEHER (BABA) BLESSES YOU.

YOU ARE IN THE EMBRACE OF THE ARCHANGEL MICHAEL.
