

Sohrab's Transcript

July 16<sup>th</sup>, 2015

THE 3<sup>RD</sup>, 4<sup>TH</sup> AND 5<sup>TH</sup> DIMENSIONS

THE 4<sup>TH</sup> WAVE OF ENERGIES FROM NEPAL

PORTALS OF RELATIONSHIPS

PORTALS OF INTENSIFIED HEALING

PORTALS OF SPECIFIC PERCEPTION

PORTALS OF UNIVERSAL INTELLIGENCE

Greetings!

As you well know, you are currently in the 4<sup>th</sup> dimension. We have spoken of this before, and have explained that you are all attempting to move from the 3<sup>rd</sup> to the 5<sup>th</sup> dimension. We explained that the 4<sup>th</sup> dimension is not a dimension at all, but is a passageway or wormhole, leading from the 3<sup>rd</sup> to the 5<sup>th</sup>.

On Earth, when you walk down a passage, it takes you a certain amount of steps and a certain amount of time to get to the other end. And when you do, you exit the passageway all at once.

The 4<sup>th</sup> dimensional wormhole works differently. You do not physically move through it. *You reside in it, and draw to the self different portals. And when a portion of your energies passes through those portals, only that part of the self emerges in the 5<sup>th</sup> dimension.*

All of you reside in the 4<sup>th</sup> dimension; yet all of you have portions that are still in the 3<sup>rd</sup> dimension and portions that have emerged in the 5<sup>th</sup> dimension. All of you are straddling three dimensions simultaneously.

As your 5<sup>th</sup> dimensional aspects increase, the more you feel urged to grow, evolve, and expand. The very high frequencies of this realm are so attractive that you feel impelled to keep moving towards it at an accelerated pace.

However, as you have chosen to incarnate on Earth, a portion of you has to remain in 3D, to anchor you and help you exist and function here.

***Now, a 4<sup>th</sup> wave of energies is emanating from Nepal. This is activating your 4<sup>th</sup> dimensional passageway, and stimulating you to attract to the self new portals at a very rapid rate; ones appropriate for your current growth and evolution.***

These portals will be energetic aspects you desire to transmute into 5<sup>th</sup> dimensional expansion. These portals could be ones that deal with personal issues, personality traits, habituated patterns, thought processes and so on. They could deal with any area in which you wish to upgrade.

*How long would it take us to go through each of these portals?*

That is individual, and would depend on your desire, speed and readiness to address and upgrade these aspects of the self.

This is why many of you are undergoing what you term ‘a rough ride’. Many of you are finding yourselves on an emotional roller-coaster, and are experiencing stubborn aspects of the self boiling up. Many feel they are ‘at the end of their tether’. Others are exhausted facing stubborn court cases, property disputes, business problems or relationship issues; ones that appear to go on and on.

Most of you are now so fed-up that you really want to move forward. Please do so, by consciously examining what is really coming up for reviewal and expansion; rather than getting trapped in the issue.

Ask yourself, “What is the portal of transmutation that I have opened up, and what am I provoking the self to do? What is my learning from this particular issue?”

*Could you please give us an example?*

Let us say that a certain woman is having a very rough emotional time with her partner. She now needs to study this from the perspective of the portal she is opening. It could be a portal of self-empowerment in the area of relationships.

If this is the case, she needs to draw upon the energies of this year (Feminine Empowerment), stand up to him, and establish her authority; thereby entering this portal and moving that portion of her energies into the 5<sup>th</sup> dimension. Once they are anchored there, they cannot ‘go backwards’.

Dear friends, when we cite examples like this, please do not view this as the only answer. Each person must self-search and arrive at an appropriate solution for the self.

One person having financial issues could find that he has opened a portal offering himself the opportunity to learn to be more responsible and respectful of money. Another could discover that his portal deals with an overall issue of abundance, whereas a third person could find that his issue is “I am not worthy”.

Lightworkers, please awaken to this. It is now not good enough to just accept what is coming your way in a fatalistic manner, saying to the self “I am bigger than this”. Yes you are; but you must now also be able to identify and enter the portals that you are opening for the self. The moment you identify the portal, you will instantly know how better to deal with the situation, and how best to touch your power to enter it.

The beautiful part of these current portals is this: if you identify the portal, commit to working on the self, and make the necessary adjustments, then that particular issue will be instantly and fully assimilated. It will not be a future pattern.

When doing this work, write down several possible definitions of the portal that has opened. You could actually be multi-tasking and using one issue to open up several portals, all at once.

Dear friends, use these portals to your benefit. Energetically, most of you are about 30% in the 5<sup>th</sup> dimension, and 70% in the other two. As Lightworkers, most of you would like to reverse these percentages, and, by the end of this year, be 70% in the 5<sup>th</sup> dimension. You are therefore working at an accelerated pace to create this.

All of this is very personal. One person may be desirous of a raise of vibrations in several areas. Another may be predominantly 5<sup>th</sup> dimensional, but extremely

blocked in one particular area. Self-search will help you identify and choose, at the conscious level, to leap through these portals.

(Pointing to a group member) You have opened portals of patience, acceptance of the past, and the desire to create a bright future for the self and all others involved.

Now let us have your questions.

*I am finding that I am able to manifest at an accelerated level now. It's all happening so fast, I almost can't believe it.*

In general, all of you have opened portals to intensify your higher senses and your spiritual awareness. Lightworkers worldwide have done so. Each one will experience heightened senses unique to them. Some will become more clairvoyant, others more clairaudient, and many will find telepathy becoming familiar and reoccurant. Appreciate this, and enjoy it. You are leading yourselves through these portals, using your strengths.

Many are now going to find themselves suddenly thinking about a family member, friend or acquaintance; one with who they may not have been in regular contact. If this happens, we do suggest you establish contact. Open a line of communication, even if you don't know why. The answer will be revealed to you in time.

Many will also open standard portals: ***Portals of relationships***, for example. As most people want to now have more harmonious, fluid and expansive relationships with the self, and with others. Be aware of this, as all of you are creating opportunities to build bridges, sort out troubled relationships and to even extend a helping hand to others. Be alert. You have all opened these.

***Another portal that you have all opened for the self is one of intensified healing.***

Every lightworker now wants to step up his healing; naturally doing this in a manner most suitable to the self.

Some will work as karma-yogis, offering hands-on healing. Others will do this through written communication. Yet others may choose to be counselors and guides. Some may use their social skills to influence others. You are all working towards healing the self and healing others: physically, mentally and emotionally.

Now be aware that your 3<sup>rd</sup> dimensional aspects sometimes battle this healing flow. They may deter you by saying “I am not a healer!” “How could I possibly influence another?” “I am not skilled enough to attempt this” and so on. So your healing flow opens up, and these 3<sup>rd</sup> dimensional aspects constrict the flow.

This repeated opening and closing of the flow causes damage to your energetic structure. It could be likened to repeatedly choking the self, thereby inhibiting the flow of oxygen to the body. Choose, instead, to have faith in the self, and to work seamlessly at all times.

***Another portal that many are opening for the self is one of specific perception.***

Many want to be perceptive in a particular area of their lives. One person, for example, may always have trouble making decisions. He may choose to open up a portal of specific perception, so that he can now view his alternate choices more clearly, postulate probable outcomes, and then make a decision in a more informed and speedy manner.

Similarly, a person who has trouble reading others and discerning the truth, may open a portal of specific discernment to help himself better understand another. This way he will be able to intuit whether this person, or this situation, is appropriate for the self or not.

So, in general, please examine where you have not been clear or specific in the past; and know that you are probably opening up portals to aid you in these areas. Then use the energies of newfound perception for clarity and awareness.

***The last portal we wish to speak of today is one of pure Universal Intelligence.***

Listen to our words: we are not speaking of Universal consciousness, but of Universal intelligence.

Universal Intelligence is not measured by an IQ quotient. ***This refers to your higher-level intelligence, which skillfully determines what information and knowledge you need to download for your next stage of growth and evolution.***

If you open to this portal, you will really know what you need to do, in the now, to take you to your next step of growth and evolution. ***Universal intelligence does not flood in, and it does not give you what you need for the next decade. It shows you what you need right now. But often you are so busy worrying about***

*the distant future that you miss the vital information being offered to you for the present moment.*

All these portals (and we have just skimmed the surface today) are offering you the opportunity to recreate the self in any way you desire this year. They offer you the opportunity to make a 180 degree shift; turning old belief structures, patterns and thought processes on their heads. This includes structures you may have lived with over lifetimes. What a celestial gift!

And yet, you have earned it. You are at an energetic frequency wherein you can work with it. Else we would not have revealed all of this to you. Use it to your benefit. Change your lives around. Be who you wish to be. Recreate the self physically, mentally and emotionally. Reinvent the self.

Let us give you one example of this. A person with a debilitating disease may have believed, all these years, that this disease was a result of past Karma, or that she had created it because she needed to grow from this experience, and so on.

Even if all of this was true; she can now choose to rid herself of it, by firmly saying (and believing) that she doesn't want it any more. She can choose a healthy body from now on, and decide to learn her lessons in another way. Or she can even choose to differ them to another lifetime.

Unbelievable? But true. Such is the power of the Human race, now. Believe it, mean it, and it can change. You are not disturbing your karma, or that of another. You are free to change your study course at will.

**TODAY, YOU ARE IN THE EMBRACE OF THE HIGHER SOUL ENERGIES OF THE COPERNICUS.**

Connect with the Stars. You are being flooded on Planet Earth with miraculous new starlight, and the frequency of hundreds of planets and other celestial bodies, with which you have never before interacted. This is because, in the past, your energies were much lower. But now yours have reached a level at which you can interact with them.

Stargaze! You can do this under the naked sky, or even in the privacy of your bedroom. They are always around you, and their energies are not inhibited by man-made walls and structures! Draw these energies into the self.

Open to the magnificence of the Universe. BLESSINGS.

(Sohrab shifts energies)

THE MEHER (BABA) WAS PRESENT FROM THE BEGINNING!

(Smiling) He had no intention of identifying himself today, but so many called out to him, so how could he not respond?

(He addresses a group member) She is taken care of! She is taken care of! What will be, will be. Put your faith in your own higher frequencies, and those of the Meher. She is not disturbed like you are! Come here!

(Meher Baba proceeds to repeatedly thump her heart chakra, to open out the blocked energies) RELEASE! RELEASE! Let it out!

(He then silently blesses the group, and the session ends)

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