

Sohrab's Channeling

11<sup>th</sup> August 2016

## VARIOUS MASTERS' CONTRIBUTION TO THE PROCESSES OF DETOXIFICATION OVER THE NEXT 6 MONTHS

Greetings!

Today a series of Masters will share with you their contribution towards your processes of detoxification. In this case, the Masters will not interfere with your processes, unless you specifically invite them to help you.

(Sohrab shifts energies)

The OSHO COLLECTIVE greets you, and ***offers you the opportunity to specifically work with your damaged Inner Child***. We urge all of you choose to connect with your Inner Children at this moment in time, so that you can discover (and release) stored pain and trauma that you all still carry around.

If you call upon us, we will help you better understand what is really happening inside you. We will facilitate a smooth and effective dialogue between you and your Inner Child, so that you truly understand how to nurture and heal that part of the self.

*How do we best go about this process? Through meditation?*

Each person must find his way. Meditation is certainly an option. The simplest would be this: sit quietly by yourself, place your hands upon your central area (covering the solar plexus and the hara chakras) and then tune in to the Inner Child.

You will first discover the mood of the Inner Child. Then ask it why it is feeling this way. A story will be revealed to you. This could be a fleeting glimpse of a moment in childhood, or an event in adulthood in which you

felt, for example, unloved or dismissed or unacknowledged.

Speak to your inner child. Nurture, comfort and embrace it. Assure it of your love. Replay the episode, infuse it with love and light, and heal the child in that moment.

This is not a one-time process; it will have to be repeatedly done. And we, the Osho collective, choose to speak first today, as this is the first step in conscious detoxification.

You will recall that you had been told that this was a period of strong detoxification, as guided by your higher soul. But if you join in this process at the conscious level, you can take the process so much further, quicker and more smoothly. Start with the inner child.

BLESSINGS FROM THE OSHO COLLECTIVE.

(Sohrab shifts energies)

THE KRISHNA CONSCIOUSNESS SPEAKS.

As you begin to heal the inner child, you will find a lot of wonderful, youthful urges, memories, thoughts and feelings arising. The Krishna Consciousness helps you access these, so that you can replace the painful debris you bring up with joyous new energies. You will be touching ***inner enthusiasm, a spirit of adventure, passion and the desire to grow, expand and experience life***...all with the Krishna Consciousness.

The easiest way to interact with our energies is to sit and visualize us like energetic raindrops, falling upon and within you. And of course, some may enjoy connecting with us through the medium of music. Music that you sing, play or listen to. Go ahead and experience a renewed sense of youth. Blessings!

(Sohrab shifts energies)

THE ENERGIES OF THE MAHA AVATAAR BABAJI SPEAK!

***The Maha Avataar Babaji contracts to work with those who are committed to clearing their mental body. He will help you dispel those thoughts, beliefs and concepts that no longer suit your structure, and replace them with ones that do.***

Be aware, however, that should you call upon him, you will not be permitted lazy and idle thoughts of lower vibration. You will repeatedly be urged back on-track. He will help you increase your brain capacity and your powers of comprehension and assimilation of information. You will further thirst for knowledge and wisdom. So if you wish to remain blissfully ignorant of your life, do not call upon our energies. We will not permit that.

*Can one choose to call upon different Masters on different days?*

Yes, you can. You can even call upon more than one Master to work upon more than one aspect on a certain day; but then be prepared to work at breakneck speed.

BLESSINGS!

(Sohrab shifts energies)

THE ENERGIES OF THE YOGANANDA GREET YOU.

***These energies will help you specifically with physical release.*** If you call upon our energies, you will then be guided to work on different body parts

at different times.

An indication will be given to you, such as an intuitive feeling, or even a small ache or twinge in a particular body part. None of this will be traumatic or painful, but you will need a trigger. Again, you may be led to a specific organ or a general area in the body. So when the call comes, connect with the Yoganand, place your hands upon the body part, and ask us to help you discover the issue trapped in that area.

Instantly you will get a word or a phrase that indicates the issue. Then work on the issue. Play with it; find out what it means to you and where it applies to your life. Are you trapped in it? Through this playful game, you will automatically begin to release it.

This is of prime importance. Dear friends, ***even a 'completely healthy' person has, on an average, 45-50 trapped issues in his body on a single day.*** Those issues, if not addressed, can at a future date lead to discomfort and disease. So start to heal yourselves.

This period of detoxification is not one to be feared. You are simply making space within the self for glorious new energies that are already beginning to flood into you.

*Can you give us a process for this?*

No. In this case, each person will have to discover his or her own process. But we will give you a starting point. To work with our frequencies, sit in silence and then chant our name 51 times. After that, find your own route.

*May we call upon a Master to help another person with the processes all of you are describing today?*

Most certainly. But be aware that by doing so, you are simply giving them an energetic 'nudge'. If they are not ready for any of these processes, they will not heed this urging.

It is the Yogananda's energies you need today for all the names mentioned at the beginning of the meeting (for healing and light). So today we will

take you through a small energetic process for them, right now.

Turn your attention to this (*Sohrab now holds up a piece of paper on which all the names are written*) and direct into it your energies, combined with those of the Yogananda. (Pause)

Now, take our energies into your own bodies, and bless yourselves, head to toe. If any area is in discomfort, place your hands upon it and direct our energies into it. (Long Pause)

BLESSINGS.

(Sohrab shifts energies)

THE CHRIST OFFICE BLESSES YOU.

***The energies of the Lord Jesus Christ, the Mother Mary and the Archangel Michael collectively will help you with your emotional body.*** Call upon our united frequencies when you are undergoing an emotional release.

Do not ask us to initiate the release; your own higher soul will orchestrate that. Just call upon us as it begins, and we will instantly be with you, helping you release smoothly and easily. We will also help you eventually replace those painful emotions with positive, vibrant, empowered ones.

YOU ARE BLESSED.

(Sohrab shifts energies)

THE MEHER GREETES YOU!

***Meher Baba contracts to work with you on your homes.*** So many of your homes are currently experiencing leakages and cracks in the walls. Even

physical objects may shatter and break. Clothes may unexpectedly rip and tear. Bless these annoying events, as they are helping your homes release unwanted energies.

The Meher will not stop this process, but he will help instill in the home new, vibrant energies to replace those which have been released.

(Smiling) But remember, when you call upon him to do this work, you must feed him as well! So after you have summoned him, you must eat something you like very much, for him. Savor every mouthful. BLESSINGS!

(Sohrab shifts energies)

SAI KA PRANAAM!

***The Sai will work at helping you unravel those painful energetic tangles you have created in some of your relationships.*** So if you are at odds with a family member, a close friend, a business colleague or a domestic and wish to streamline the relationship, call upon the Sai. He will help you see the situation for what it truly is, instead of just viewing it from your personal, limited perspective. He will help you smoothen out the path ahead.

BLESSINGS.

(Sohrab shifts energies)

Greetings!

We will help you infuse yourselves with a new and renewed spirit of adventure; one which is necessary while you are cleansing and detoxifying.

***Adventurousness, enthusiasm, the desire to be an explorer, and the ability to recognize and acknowledge the limitlessness of your own energetic structure...we will help you discover all of this!***

Any idea who is speaking?

*St. Germain?*

Yes! BLESSINGS FROM THE ST. GERMAIN.

\*\*\*\*\*