

Sohrab's Channeling

1<sup>st</sup> September 2016

## THE COSMIC INNER CHILD

*(Addressing Gool, and referring to group Member S who had just had a baby boy a week ago)* You may instruct the mother to bring the child here for our blessings, and those of the group. This can be done anytime, at the mother's convenience. We will take care of him and ensure that he does not catch an infection. But he needs to be blessed and welcomed into this beautiful group. The child and mother may simply remain here for the first 10 to 15 minutes of the meeting.

Dear friends, welcome!

We had pointed out, at a prior meeting, that ***working on the Inner Child at this moment in time is of paramount importance, and we urge all of you to do so.*** Most of you are familiar with this concept, but those who are not may speak to him or to other regular group members after this session is over, to get guidance.

But please do work at this in your own time, so that you release unnecessary debris, pain and trauma that is now detrimental to your growth and evolution. We also request you Lightworkers to spread this information, so that others may also benefit from this process.

Today, we would like to introduce you to a new concept; a different form of the Inner Child, and one with whom you can also interact on a regular basis...the ***Cosmic Inner Child.***

This is perhaps the most glorious part of you. Unlike the earthly Inner child, which often has traces of pain and trauma in it, ***the Cosmic Inner Child is pure light, pure energy, pure expansion and pure magnificence.***

No 'work' needs to be done with this inner child. ***You now simply need to learn to acknowledge its presence and start to draw upon its energy, which will help you grow and evolve.***

*Is this different from the soul?*

***The Cosmic Inner child is the distilled essence of your higher soul, concentrated to such a degree that it is the equivalent of an extremely strong, blazing point of light within you...a mini-Sun.***

***This distilled essence is a powerful vitamin dose of your purest energies, contained within your body, but in a different dimension.*** If this was permitted to exist in your actual physical body, you would simply evaporate. You would not be able to contain its magnificence. And since this is obviously not appropriate for your choice of an earthly incarnation, it resides within you, but in a different dimension.

This Cosmic Inner child, a fireball within you, has magnificence and consciousness beyond comprehension. When you now connect with it, do not try and speak to it (as you would with your regular inner child). You can only experience it.

So sit quietly, in light meditation, acknowledge the existence of this powerhouse within you, and attempt to connect with it. The experience will be blissful. Some of you will feel inner warmth or a strong vibration. Others may start to perspire. Some will tingle. And your energies will start to expand at a very speedy rate.

We repeat: there can be no conversation with the Cosmic Inner Child. It can only be experiential. But this will instantly open up pathways in your physical, mental, emotional and energetic bodies that have previously remained either blocked or dormant.

*Does the Cosmic Inner Child reside in a specific area within the body?*

Remember that it actually resides in a different dimension with you, and therefore it does not have a specific physical location within the human

body. You can mentally place it wherever you choose.

*Will it help us clear debris? So if I feel there is a blockage in my throat, should I then place it in that area?*

It will most certainly help you clear debris and heal the self, but you do not need to place it anywhere specific, or ask it to clear your throat. You can't chat with it. But by choosing to connect with it, your personal energies will automatically be activated, and expansion and healing will take place.

Imagine if all the lights in your home were connected to a single wire, inserted in a single plug-point. Connecting with the Cosmic Inner child would be the equivalent of turning on that switch. Your home would be fully illuminated in an instant.

Dear friends, each person will have to forge a unique and distinctive connection with his or her Cosmic Inner child. But the experience will only be blissful.

*Have we, in the past, made this connection unconsciously?*

You have done so for years. ***In those rare moments in which you have felt totally connected, in flow and at one with everything, you have unconsciously connected with the Cosmic Inner Child.*** Now we want you to choose to do so consciously, at will.

*I know I have; and in those moments I have wept uncontrollably.*

Yes, laughter or tears are a common experience. But both come from overwhelming joy. Others could experience pure stillness. To each his own.

*Does the Cosmic Inner Child radiate platinum and silver light?*

There is no official colour associated with this energy, as it is beyond light. It contains billions of light spectrums, so blinding that they merge into nothingness. But your consciousness, coupled with your limited light spectrum, may convert it into several colours for your benefit. So be it.

*When I meditate, I often find myself saying "I am the light." Is this the same experience?*

It depends on whether or not you are truly 'becoming the light' at that moment in time. It is the experience, not the words, which will be your indicator.

Dear friends, when you now start experimenting with this process, do not expect to be able to touch the Cosmic Inner Child for more than a few seconds at a time. But over time you will learn to extend the experience and feel blissful for a longer and longer period.

*Why is no communication possible?*

This distilled essence of the Higher Soul is so rarified that it is far beyond thoughts, words or emotions. It just IS. It is pure consciousness.

However, on a certain day, after connecting with the Cosmic Inner Child, you may suddenly find yourself downloading information at a furious pace. This is likely to happen, but only *after* you have finished connecting with the child. It cannot happen during the experience. You have simply expanded your consciousness and opened up to Universal knowledge and wisdom as a result of having interacted with the Cosmic Inner Child.

*Is this what it means to be 'connected to the source'?*

Yes, it is exactly that. Since you currently inhabit a third-dimensional form, this is perhaps the most potent way to connect with All That Is.

You are familiar with tales of your highly evolved Yogis, who have effortlessly survived after being buried alive, or immersed underwater, for long periods of time. They appear to defy all laws that decree that food, water and oxygen are necessary for existence. These beings have intuitively connected fully with the cosmic inner child. And in doing so, anything is possible.

*Why is this called the Cosmic Inner Child?*

This is a term we have coined, to help you better grasp this concept. And in many ways, it is the inner child of your higher soul. The distilled essence of the higher soul. A concentrated form of the higher soul. The nucleus of your higher soul.

The Cosmic Inner Child does not contain any individuated Master energies. It contains pure Source energy. And Source does not acknowledge individuation. So it is everything and nothing. Because the deeper you go into everything, the less there exists there.

*Could the frequencies of certain words help us connect with our Cosmic Inner Child?*

Yes they could, but that is not the only way. One person may find the chanting of OM very beneficial, whereas another may choose to use music, and a third may choose total silence. Each will find his or her way to do so.

*Is this an intentional connection, or does it happen 'by chance'?*

It has happened 'by chance' for most, for millennia. In the past, only a select few evolved incarnated beings have been able to connect 'by intent'. This requires a certain bodily frequency. Since so many of you now have attained this frequency, we are introducing you to this concept. It is yours to use, at will.

*Is this connection always joyous?*

It can **only** be joyous or blissful. If this experience brings you any pain or discomfort, then you are connecting with the earthly inner child, and not the Cosmic one.

**We remind you that joy and bliss have no opposites.** Happiness has sadness. Pleasure has pain. **But joy and bliss are states of beingness. You**

***are either in them, or you are not.***

Dear Friends, please be responsible when sharing this concept with others. No harm will come to them if they attempt this connection without being of the appropriate frequency; they will simply not be able to do so. And then they will feel like a failure. You don't want to create this in another. So share it; but do so with intuition and responsibility. But first, experience it for the self.

*I assume that when we do this exercise, we will be opening up all our chakric points and our auric field. So when we finish, do we need to ground ourselves and 'close these doors'?*

If you manage to interact with the Cosmic child for even a second, the energies that you will release at this level will be very powerful. They will literally sing. So you don't have to protect yourself or close any doors. Your vibrations will slowly return to relative normalcy, but this normalcy will be of a higher level than when you first started. And each time you practice this, your base line will be a few notches higher. This connection is worth pursuing, dear Friends. It may take you several attempts, but keep at it.

***But be aware of the consequences of choosing to connect with the Cosmic Inner Child. This will speed up your energetic growth and awareness so rapidly that you will not easily be able to slip back into old, comfortable patterns like victimhood, smallness, self-deprecation and so on. When you do so out of habit, you will instantly begin to feel extremely uncomfortable, as those frequencies will just not suit your structure anymore. It will change you.***

And the more you interact with this Child, the more it will change you. Events may also shift around you. Friends may change, as some may not be able to take these frequencies. You may suddenly find yourself unable to enjoy a good old gossip session, like you did in the past. You may suddenly feel urged to change jobs, and behave differently. ***So you must be***

**ready to embrace the magnificent, new, vibrant YOU.**

It may interest you to know that **most of the children being born this year onwards will be fully in-tune with their Cosmic inner Children: intuitively, instinctively and almost all the time.** Not all children; but many.

And these children will be fireballs of light and energy. They will begin teaching their parents from the moment they exit the womb, giving others spirit lessons before they are a day old, and energetically affecting all around them all the time.

In this case, there are no forerunners. This level of connection will only exist with those born this year onwards. Children who are already a couple of years old will frequently experience this connection, but not quite to this level.

**Interaction with this Cosmic Inner Child will do several things for you at the physical, conscious level. The first we, which we have already described, is the opening up of your consciousness, so that you begin to think, behave and function in a far more expanded manner.**

**It will also stimulate your brain, pituitary and pineal glands. This will create in you a hunger for further knowledge, wisdom and awareness.** And when this process speeds up, you will feel urged to interact with others from whom you can gain interesting new information. You will feel urged to research subjects of your choice on the net, or by watching the media. Enjoy the process.

**A third aspect is this: it will change the physical vibration of your bodies. And as the body starts to vibrate with this connect, it will start loudly and clearly demanding of you what it needs.** You may feel impelled to change your food patterns. If certain foods do not suit your new vibrations, the body will violently reject them. Your sleep patterns may also change.

**The last aspect we wish to discuss today is this: with this new connect; the light you will be emitting will be so strong that many people will be drawn to you, and will begin to repeatedly ask for your counsel, guidance and advice.**

***Others may simply want to be physically near you. This responsibility you must fulfill. You then cannot decide to play the hermit. You must then be the Lightworker that you are.***

BE IN JOY. BE IN LIGHT. BE IN LOVE. AND CONNECT WITH YOUR COSMIC INNER CHILD.

BLESSINGS FROM THE ASHTAAR COMMAND.

BLESSINGS FROM THE LORD SANNANDA.

BLESSINGS FROM THE UNIVERSAL MARY.

BLESSINGS FROM THE COSMIC ILLUMINATOR, THE SAI. SAI KA PRANAAM.

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