

Sohrab's Channeling

8th September 2016

THE UNIVERSAL MARY SPEAKS

THE GANESH ENERGIES OF 2016: PLAYFULNESS/REDISCOVERING THE HAPPY INNER CHILD

(Sohrab requests the group to chant 18 joyous OM's. As they proceed to do so, he goes into a trance)

Kindly stop! You call those joyous? Please proceed with 18 of the saddest OM's you can produce. (Laughter) Then you will do the opposite. 18 miserable OM's, starting now...

(The group proceeds to chant OM again, this time with much giggling)

Did you feel the power of the energy of laughter in this set of OM's? (All agree) Your first set would have sunk the Titanic faster than any iceberg! (Laughter)

GREETINGS FROM THE GERMAIN!

During many festivals, buildings around the world are symbolically lit up in colours that are representative of that festival. But this is, in fact, more than symbolic. On those days, earth is actually lit up with energies of those very colours. But you cannot see this with the naked eye.

Today, on the feast day of the Mother Mary, planet Earth is being bathed in the energies of various shades, hues, textures and vibrations of pink. Take a moment, right now, and open to these myriad frequencies of pink. (Pause)

Bathe yourselves in these frequencies. Open up your organs, muscles, bones, tissues and body fluids. Open up the pores of the skin. Fill with the

frequencies of pink. (Pause)

How many shades of pink can you name?

(Various group members answer) *Fuchsia...baby pink...lilac pink...salmon pink...rose pink...neon pink...shocking pink...hot pink...magenta...reddish pink.*

Yes, you could name perhaps another 20 shades of pink, if you thought hard. It may interest you to know that, universally, there are over 2 million, seven hundred thousand shades of pink. Now imagine the frequencies to which you have just opened. In this one moment of connection.

Of course, the human body cannot receive all of them, as you are not tuned to so many frequencies; but you have, right now, received over ten thousand of these frequencies. A lot more than the few you identified.

These frequencies, when they bathe planet Earth during a certain festival or period of time, are not necessarily accessed by everyone. At a higher-soul level, most do call upon degrees of these myriad energies for their growth and evolution. However, if you have, at the physical level, aspects of resistance, hatred or bigotry towards that energy, then you will prevent those frequencies coming into the physical.

Could you please give us an example?

Let us say that there is a person on earth who truly hates all Christians or Muslims. In all likelihood, his higher soul will interact with the pure energies of the Christ office and the Mohammed, but his physical body will reject them. In this case, the only loser is him.

Absorption of festival energies have no bearing whatsoever on whether or not you appreciate the festival, celebrate it or even know of its existence. It only has bearing on whether or not you resist that Master or frequency at the earthly level.

Please be aware of this, and ***do not mix up your distaste of the way a***

festival is celebrated on earth with the purity of its essence. Learn to separate the two.

Now take a moment, having understood this, and open to the multi-coloured energies of the current Ganesh festivities. And yes, though they are multi-coloured, the predominant frequencies are of gold and yellow.

Now consciously choose to open to these magnificent energies, just as you did with the Mother Mary energies. (Pause)

Push your boundaries. Go beyond what the Ganesh energies symbolize. Find out what they mean to you, personally. (Pause)

Many in this room are unconsciously blocking these energies in their root chakras. Please open this up, and try again. (Pause)

Now please bless all the names mentioned at the head of the meeting with the frequencies of both the Ganesh and the Mother Mary. (Pause)

Now spread these unified energies to your homes, families, friends and loved ones. (Pause)

Many of your loved ones in the spirit realm are present here today. Tune into their presence, and bless them with these energies. The room is FULL today. There are over 5000 visiting souls here today. Open to them. (Pause)

Now spread this unified light throughout your city, end to end. (Pause)

Spread it through your country. (Pause)

Intend that it is now embracing the entire planet. (Pause)

Fill the collective consciousness with this power. En-lighten it. (Pause)

Thank you.

Now, with eyes wide open, tune into your bodies. They will feel light, vibrant

and effervescent. Enjoy it!

It will interest you to know that, ***within this 24-hour period, ten thousand and one groups like this one will be lead through this process.*** Together, you will have spread the Mother Mary and Ganesh energies to benefit your Planet. We thank all of you for having been such a vital part of this sacred figure: ten thousand and one.

The smallest group doing this work will consist of three people, and the largest will actually comprise of ten thousand and one people. But the efficacy of each group is equally powerful and important.

Really use these energies, dear friends. You have no concept of how much you have internalized today. Use them for self-healing, to heal others, to send out positive vibrations, to initiate projects for the future, to stream-line your businesses, to help modify personality traits, habits and thought-patterns, and to upgrade your lives in any way you desire.

Several in this room will have restless sleep and possibly physical releases tonight, due to the high dosage of energies you have just internalized. Accept this. Let the release happen. Do not use allopathy.

(To a group member who had begun to cough violently) Let it out, let it out. Do not stop the process. Your release has begun immediately.

BLESSINGS FROM THE GERMAIN.

(Sohrab shifts energies)

THE ENERGIES OF THE UNIVERSAL MARY GREET YOU.

We thank those of you who have been thinking of us and visiting us in Churches today, and it is our joy to be present. Each one of you has come here today for a personal activation of our energies, which we will offer you in a few minutes. But we first ask you to offer blessings, thanks and your energies to the representative of the Mother Mary energies, who is sitting

here in this room. (She points to Silla)

She has held the Mother Mary energies from before the time this group was formed; and it is she, not him (Sohrab), who is truly the heart center of this group. Offer her your blessings, love and energies.

(To Silla) Receive! You must learn to receive, not just give. So accept these blessings gracefully.

Please bless her now. (Pause)

Thank you.

Take a moment and scan her energetically. Go beyond her age and current personality, and scan her energies. You will then better understand what we are saying. (Pause) Blessings and gratitude.

Dear friends, you were introduced to the concept of the Universal Mary last year. To refresh your memory: ***the Mother Mary no longer comes to earth as the official Mother of the Jesus Christ. She now comes as the Universal Mary; the consort of the Jesus in his form as Lord Sannanda, leader of the Ashtaar command.***

A consort, in spirit terms, does not mean a wife. It means a parallel energy of equal intensity, where both work in perfect unison and harmony.

The Universal Mary, who appeared in this form last year to promote Feminine Empowerment, is choosing to continue this work. Today, on this special day, there is yet another surge of this frequency, affecting both men and women equally, as both work with feminine empowerment. This surge is only going to intensify over the remaining months of this year.

This will further your creative urges. ***You will feel impelled to create, in your lives, that which you desire.*** You may feel urged to pursue a new hobby, or course of study, or an exercise regime, or a food plan, or a new and improved way to further your business. You will also feel impelled to stand up and speak out for yourselves.

Many will forge a new and more intimate relationship with Planet Earth.

Please follow through on this, in any way that suits your personality. Some may prefer to do this work silently and privately, sending her energy. Others may feel impelled to speak out, start net campaigns and to awaken others through communication.

You are all going to feel urged to be more responsible with Mother Earth and her resources at a practical level as well. This will include helping clean up and energize your homes, neighborhoods, cities and so on. Do your bit. The Universal Mary's frequencies are helping you connect in this way with earth.

Interestingly enough, this connection with your planet is not going to ground you further; instead it is going to free you further. It will help you access Universal energies of such frequency that you truly understand, from within, the relationship between Earth and the Universe. You will stop seeing her as an isolated planet; you will instead really see her as a part of the tapestry you call creation.

All of you have brought yourselves here today to forge a new connection with your planet. We ask each of you to choose one element of the planet today. This could any aspect of Her that pleases you: a water body, a mountain, a particular area; or even something more specific like the dolphin kingdom. Anything that pulls you. And forge a connection right now with that aspect. (Pause)

Thank you.

Please be aware that, with this surge of Feminine Empowerment, you will experience around you an equal surge in the atrocities being committed to women, and to the feminine aspect of men.

Do not be disheartened. This debris must be brought up to the surface. These events should make you angry. This will help you commit even more strongly to freeing the feminine side of things. You will be urged to speak up and speak out. Make your voices heard. Stand up for your rights, and

those of others. Make whatever changes you can, to further Feminine Empowerment. And above all, exercise that aspect in yourselves.

BLESSINGS FROM THE UNIVERSAL MARY.

(Sohrab shifts energies)

THE GANESH COLLECTIVE WELCOMES YOU!

As you well know, each year, each Master offers Planet Earth a slightly different energetic thrust with his collective frequencies. You are aware that the Ganesh energies are always about an aspect of abundance. Any guesses about the form of abundance he offers you this year?

Communication?

Wisdom?

Love?

Health?

(Smiling) ***The Ganesh energies offer you, this year, an abundance of playfulness. They will help you get in touch with the joyous, frolicking, impetuous, humorous, playful, carefree inner child.***

Do not miss this opportunity, dear friends. It is so needed right now. Even animals will be connecting with their playful sides. Even plants will be growing in exuberance. Even minerals will be vibrating with humour.

This is a very potent energy for the now. So whether or not you celebrate the festival, please interact with these frequencies. If you choose to do so, you will find, over the next couple of weeks, a change in you. You will find yourselves light-hearted and joyous. Situations in life which would have previously irritated you will, instead, amuse you. You will suddenly recall those fun, mad, impulsive moments in your youth, and you will feel urged to

re-visit them. Do so!

The Ganesh frequencies are offering you the opportunity to focus on joy, humour and laughter; and by doing so, you will slowly rid yourselves of past pain and trauma.

The Ganesh frequencies will also be specifically useful, over the next few months, for healing: healing of the self and of others. Make use of them joyously.

Take a moment now, and connect with our energies, as they have just been described. Please laugh while doing so. Giggle, chuckle, or laugh out aloud. Go ahead: fake it till you make it! (There are a few self-conscious and tentative giggles)

Miserable laughter! (Loud laughter)

Do you want to sink the Titanic all over again? (Howls of laughter)

Now you have connected with us!

BLESSINGS FROM THE GANESH COLLECTIVE!

(Sohrab shifts energies)

(Note: the next energies are those of a lady whom the group had prayed for at the previous meeting)

The energies of the Freny have come to give thanks and gratitude to this group for making her passage smooth, easy and acceptable to her. Glorious thanks.
