

Sohrab's channeling

6th October 2016

THE HIGHER SOUL OF THE YOUNGEST GROUP MEMBER (40 DAYS OLD)
SPEAKS OUT

THE EFFECT OF BUDDHIST CHANTING

RE-BIRTHING THE SELF DURING 2017

(Note: Group member S. brought her 40-day-old son to the meeting, to be blessed by the Masters, as instructed by them at a previous session)

Greetings!

(The Master beckons to the mother to come forward, and places his hands on the child)

Friends, kindly add your energies to this upcoming blessing. Bless this beautiful soul. (Pause)

Three energies combined today to offer blessings to this beautiful soul. Three powerful energies, that came in a very gentle form. These energies, which are his Guardians, are those of ***the High Lord Mitreya, The Maha Avataar Babaji and The Sai (Baba)***. All three bless him.

*(The mother and child return to their seat. Sohrab shifts energies. The **child's higher soul** speaks to his mother)*

Thank you for hosting me! I am going to be powerful, stubborn, willful, loving and loyal. You cannot push me around, but you can guide me. Always tell me the truth. Do not lie to me.

I may have, from time to time, certain food resistances; so pay attention to what I accept and reject. But I may, in later years, have a tendency to greed

and self-indulgence. So at that time, you may have to monitor my food intake and not allow me to over-eat.

I do have a mission, but it cannot be revealed yet. I do have a powerful intellect, but it may not be one that is apparent to all teachers. I will think differently.

I will tune into you. Serve me beautifully. You will nurture and love me, and I will do the same to you. We are going to have a strong, yet volatile, relationship. Yes, there may be arguments in the future. But I will always respect you.

A group member speaks up and says, "You are obviously going to be a leader!"

I already am! Aren't I leading this group right now? (Laughter) This conversation was not 'planned'; I pushed my way in! (Laughter)

I will speak more to you in the future. Thank you all for your blessings. I am energetically already a member of this group.

(Addressing his mother again) I will enjoy strong male presences. I may appear to be 'rough and tough', but I will also be sensitive. This side of me may not always be apparent. Make sure you don't keep crying around me, I won't like that. (Laughter)

Blessings!

(Sohrab now shifts into a link, and continues to address the mother)

He is not completely comfortable with the process of channeling, so I have moved into a link with him. He wants to share more information with you.

You will have to constantly challenge him, as he will get bored every easily. You will have to be inventive and give him new games and puzzles to solve on a regular basis.

He is not going to like to be touched by everyone. Be aware of this. Every single relative is not going to be able to cuddle him. He will permit only

those whom he wants to do so. Please don't think that this means their energies are in any way 'negative'. It's just that he is going to be very energetically sensitive, and if he intuits that a particular person's energies are not suitable for his current frequencies, then he will make this very clear. Please don't insist that they do. This will, in all probability, change over time.

He is going to be sensitive to colour. Tune in. In some cases, he may even reject a toy because of its colour. So keep seeing what works for him. This, too, will keep changing. (Laughing) He is really going to be a handful.

He is going to work with very powerful Master energies. The three that have just blessed him are all energetic dynamos. And the ones with which he will connect in the future will be as powerful, if not more. So this is not a 'gentle soul'.

He now requests the group to please offer light and blessings to his mother, to help her balance and align after all that she has had to put up with, during her pregnancy. She has had an extremely difficult pregnancy, and he would like her to be blessed by you. He asks that you offer her blessings and physical healing for the body. (The group does so)

He now wishes to address you, P. (*His grandmother, who is also present in the room*) He demands that you find time to spend with him. You are not going to be permitted to continue with your usual busy work schedule. He doesn't ask, he says, "Work it out!" (Laughter)

He blesses you all.

Note: The Mother S. and Grandmother P. thank the Masters and the group for this blessing. The mother stated that in a personal session with Sohrab, while she was still pregnant, the Master had referred to her unborn son as a 'celestial angel'. After he was born, the parents named him Ansh. They later looked up the meaning of this name, and it was the Sanskrit word for "celestial angel".

The family leaves and Sohrab requests the group to start with offering light

and healing to all the names mentioned at the beginning of the meeting. The group does so. Then the channeling begins.

Let us begin by answering your question about Buddhist Chanting and the energies they release. (*Group member T. had stated that, as a spiritual practitioner, she often had clients who had begun the practice of Buddhist Chanting, which then released so many issues that they were unable to deal with them personally.*)

When people choose this particular form of chanting, it is always at the prompting of their higher souls. It is intended to stir them up and to help them release debris of all forms: mental, physical and emotional. Only then can they reach Level 2; which leads them into personal growth and evolution. Some, when they reach Level 1, are guided to go to a spiritual practitioner to help them deal with their tumultuous emotions. Others work this out on their own. But deal with it they must.

Only then can they achieve Level 2, in which they begin to interact with higher-frequency energies and start to move into an understanding of the self and the Universe. There are many more levels, but we will not speak of them today.

So when they come to you, welcome them. They have probably unearthed issues from this lifetime and from others as well, which they are now ready to face. Help them do so. Then send them on their way, as Level 2 is not your concern. They must discover that on their own.

Dear friends, it was not a coincidence that this beautiful child was brought here today. ***This is because each one of you is beginning to re-birth the self and create a new child; one which will be fully 'born' in 2017.***

This is an extension of the Inner Child exercises you have been given over the last few weeks. Once again, we take you to the next level. But let's first understand what is happening.

This is the first time, during this lifetime, that you are re-birthing the self with this level of intensity. To connect with this new form of the self, don't

waste your time imagining a physical child within the self. This visual is unnecessary. ***What you are really doing, beyond the prototype of the self that we have described earlier, is seeding the self afresh and anew. You are truly deciding your future course, starting 2017, and continuing for the rest of your earthly life.***

It's a rebirth in its purest form. Every single person is going to re-birth the self, starting 2017. And though it is a worldwide phenomenon, Lightworkers and self-seekers are going to do this at an accelerated rate.

At a higher-soul level, you are reviewing your lifetime from inception to this very moment. You are reviewing every single experience you have undergone. You are reviewing your behavioural patterns, thought-processes, belief systems, your physical structure, your attitudes and so on. And you are offering the self a fresh start, beginning the first second of 2017.

In some aspects of your lives, you will simply upgrade or intensify that which you already are. In other cases, you may choose to literally erase what you have been, and start afresh.

Pay heed to these words, dear friends. This degree of turn-around and re-creation of the self has never before been experienced by you on Planet Earth. If you truly internalize and believe in this concept, you could create a NEW YOU.

An example: a person with cancer could choose to be completely cancer-free in 2017, and with certainty and belief, this would then be so. He could say "I have learned all that I need to from this experience. I now choose to erase the past and start afresh, with a completely cancer-free, healthy body." Similarly, a perennial victim could choose to live a fully-empowered life, starting 2017.

But this requires complete certainty and belief in the self. You have to know that you deserve it.

This level of work goes beyond the prototype we have spoken of. It is the true re-birthing of the self. Most of this is being done at a higher-conscious

level. We urge you to bring it to the conscious level, make exciting choices, and begin living the new you from the first moment of 2017.

Some may choose to initiate new ways of functioning from a later date in 2017. So be it. But then live that deadline as well.

Imagine the freedom you now have! You can be the person you choose to be. You are no longer, as so many scriptures say, 'an actor on the stage of life'. You can now be that which you desire, and truly create your own reality. Don't waste the opportunity.

Use this knowledge very practically. Sit down and start making a list. Ask yourselves questions like, "Who would I like to be?" "What state of health would I like to have?" "What kind of physical body do I desire?" "What kind of thought-patterns would I like to have in the area of relationships, business, and daily life?" "How can I better my life?" And so on.

Go into specifics. Paint a new energetic picture of who you desire to be. And then start to live it.

Ideally, do this with complete certainty. But we are aware that many will not be able to achieve that immediately. So be it. Persevere, and it will happen over time, instead of instantly.

Please note: ***this can only be done for the self***. You cannot attempt to program another. That would be a violation of their energies. So choose wisely, choose well, and enjoy the process.

Even those who may choose to pass over during this year or the next will use this programming for the self, as it will serve them in the spirit realm as well.

Any questions?

What about the impact of one's change on others?

A good question! ***It is now a moment in humanity's evolution wherein you are making choices that supersede any contracts you have made with***

others in the past. So even if you had contracted with a husband and a child to function in a certain way to help them grow and evolve, you now have the right to amend the contract.

The moment you do so, they will re-evaluate their contracts at a higher-soul level, and make the necessary adjustments to it. So you will not violate their growth; you are simply 'keeping them on their toes', urging them to re-evaluate their contracts and do the same for the self. This, in turn, will affect all those with whom they interact outside the family. And a chain-reaction is set off; one of change and evolution. This must now happen.

This energy shift is going to affect the whole planet, and all her kingdoms. This will force all of you to forge new and upgraded contracts with one another. All relationships must grow and evolve.

We will speak of the energies of 2017 in great detail in the future. This is but an introduction to it.

But be aware that 2017 is going to be a volatile year. Even more debris has to be brought to the surface. This will mean the apparent rise of trauma, earth shifts, wars, and disagreements. At the same time, the spread of spiritual awareness will also be on the rise. More and more will grow, evolve and begin to see the 'bigger picture'.

There will be wonderful new inventions and discoveries made; those which will offer humanity the option of moving into a more eco-friendly way of life.

A very, very stirring year. And if you this this year has been fast-paced, next year will speed up beyond imagination. This includes not only speed, but also changes of course and direction. People's personalities will shift and evolve. Many old friends may suddenly seem 'unrecognizable'. So will you, to others.

You will all feel urged, impelled, to explore the new you. This need not be painful, dear friends. Embrace it with excitement and a sense of adventure.

Will these changes happen at National level as well?

These are going to escalate to every level: earth shifts, political upheavals, wars, to name a few. But simultaneously there will be marvelous shifts in science, technology and communication. Many exciting new opportunities are also coming your way. You will not be left to flounder; you are simply being urged to shift.

BLESSINGS FOR THE NEW YOU.

REALLY RECREATE YOURSELVES. BE WHO YOU DESIRE TO BE. THE TOOLS ARE IN YOUR HANDS.

THE GANESH FREQUENCIES BLESS YOU.

BLESSINGS FROM THE LORD JESUS CHRIST.

BE IN THE LIGHT OF THE MOTHER MARY.

YOU ARE EMBRACED AND NURTURED BY THE ENERGIES OF THE OSHO.

BLESSINGS AND JOY FROM HIGH LORD MITREYA.

SAI KA PRANAAM.

THE YOGANAND EMBRACES YOU.
