

Sohrab's Channeling

24th November 2016

A CURRENT SPEED-CLEANSE

THE EFFECT OF THE ENERGIES OF 2017 ON THE VARIOUS KINGDOMS OF EARTH

Greetings!

The energy shift from 2016 to 2017 is going to be the largest shift that anybody in physical incarnation has ever experienced in this lifetime. It doesn't matter whether you are 8 months old or 88 years old: it will still be the largest shift you have ever experienced.

We also remind you that we had said that the period from August to the end of December would be one of intense personal cleansing. This is facilitating your shift into the new energies. So now, if you still have debris in your physical, mental and emotional bodies, you may choose to do a **'speed cleanse'**.

A physical cleanse could manifest in the form of a cold and cough, flu, diarrhoea and the like. A person who has been stubbornly resistant to examining personal issues may choose to create, during this brief period before year ends, a more debilitating illness that leaves them weak. Dengue, for example, leaves you so weak that your defenses crumble and your issues then arise.

Anyone at all who is sick during the next two months is creating this as part of the cleanse. Yes, if it is a prior illness that is still carrying on, then a part of it is due to past unresolved issues, and a part of it is the cleanse.

You are now required to understand this, and help others who are going through difficult times. Urge them to examine their issues and assimilate

them. Not everyone is going to fall sick; but those who need to release stubborn debris will do so, rather speedily.

Similarly, those who have stubborn mental or emotional blockages will have releases in these areas. They may experience tumultuous emotions, crying fits, moments of hopelessness and victimhood and scrambled thought processes. All of this is urging them to touch their power, look at the issue, and move forward in an expanded manner, into the energy field of 2017.

As Lightworkers, we DEMAND that you be aware of this and we DEMAND that if you come across friends and acquaintances that are going through these experiences, you enlighten them. Just help them understand what is happening. Then, whether or not they choose to do something about it is their responsibility, not yours. If they ask for your help, please offer it generously.

Dear friends, don't focus on this. ***Focus on the dawning of 2017. It truly is an energetic sunrise after a long period of darkness. Go beyond what is happening at the physical level, be it a monetary or political shift. The energies that you will be offered, the moment 2017 starts, are going to be utterly magnificent.***

If you fully open to them, you will experience a new vitality coursing through your veins. You will experience a new sense of purpose in your life. You will feel invigorated and ready to 'take on the world'. Don't lose this opportunity.

If you choose to remain stuck in old patterns such as victimhood and worthlessness, you will then be fighting these energies and causing a tremendous disturbance in your structure. They will come at you like a tidal wave; they will be very hard to resist.

Some of you are thinking, "I can already feel them." Yes, you are tuning into the frequencies that will arrive, literally on the stroke of midnight. Energies normally enter in waves, over time. These are going to enter Earth on the

stroke of midnight. You are simply tuning into what is about to happen.

Let us, today, examine ***how the new energies of 2017 are going to affect Planet Earth***, as a whole. Each of her kingdoms will be upgraded in slightly different ways.

Let's start with Planet Earth herself, and therefore the **mineral kingdom**. The frequency of her core center has already begun to change. Her core is going to start singing a new Earthsong, starting January. Earthsong is her unique vibration; music she actually creates from her core center.

Universal song is based on the OM, and variations thereof. Planet Earth therefore has aspects of the OM within her core, but varies this in a unique manner, which differentiates who she is from other celestial bodies. Please note that we use the word 'who', and not 'what'. She is a sentient being.

As she begins to change her Earthsong, this emanates outward, affecting her soil, oil content, minerals, water and so on. Their vibrations naturally begin to change. ***Her crystalline elements*** are her amplifiers of this Earthsong, and ***have now taken on the role of her guides***. Yes, actual guides; just as you have spirit guides. She is now using her crystals to help her understand what is best for her and all her inhabitants.

These crystalline guides are going to be in conference with her at all times. They will advise her when a certain area needs to be energized, when another area needs to be cleansed, and when a third area needs to be calmed and soothed. She will follow their advice implicitly.

This means, on a physical level, that ***there will be several earth shifts next year***. Old, stale, trapped energies need to be released; perhaps from a country that is perennially at war, or from another country that has constricted thought-patterns. These stale energies need to be released and further replaced by new Earthsong.

When this occurs, you will be called upon as Lightworkers to help out physically and energetically. We urge you not to 'regret' what is happening; but to instead celebrate the release of stale energies, which have no place

in 2017.

Let us now look at the **animal kingdom**. ***This kingdom is choosing to strengthen its frequency and establish its independence.*** In another 50 years or so, zoos will be an outmoded concept. Game reserves and sanctuaries will continue to exist, however. But zoos will not be acceptable to the consciousness of the animal kingdom.

Animals will now begin to energetically speak out loudly, defy the human race when they are subjugated, and, in some cases, they will actually retaliate as a group.

I have a question: though I agree with this for the most part, what of those zoos that help scientists study animals and help protect endangered species?

A gilded cage is still a cage. Your scientists can do this in a game reserve. But a zoo as it is today, however 'natural', still takes away the rights and freedom of animals.

What of non-vegetarianism?

Over the next 50 years or so, there will be a major worldwide shift towards vegetarianism in the human race. Meat-eating will not stop completely, but those who continue to do so will be the exception rather than the rule.

In some cases, the shift towards vegetarianism will be voluntary; whereas in other cases this shift will be imposed upon you by your own bodies, which will not be able to easily tolerate or digest meat.

If we stop eating meat, how will be ecological balance be maintained?

A good question. This will be maintained by the few who do continue to eat meat, as well as by other meat-eating animals, birds, reptiles and fish. Do remember that, before the human race was in existence, the ecological balance was still maintained. Right now, in fact, **animals as a group are working towards correcting the imbalance that the human race has created**

in their kingdom. Earth will find a new way to balance herself out.

Will the human race learn to contain itself? There seems to be such a population explosion right now.

Yes, a great number of souls have chosen to incarnate onto earth during the latter half of this century, simply to grow and evolve through the extensive free-will experience that this planet has to offer. We remind you that Planet Earth has now moved into the No.1 spot: it is now ***the society with the largest degree of free-will in the Universe.***

This is such an exciting proposition that many souls have literally flooded here to experience this phenomenon. Once this trend is over, there will be a decline in the population. This will not be immediate, but in the future.

What of animals in research labs?

This, too, will be completely outlawed in the future. ***You now have no excuse for using live animals for research anymore.*** You can simulate your results with technology. You now have that facility.

The use of animals in research is now energetically unacceptable, and this causes huge karmic repercussions, not only for those who facilitate and conduct this research, but also for their families and descendants. It also causes repercussions for those of you turn a blind eye to this process and do not choose to use non-animal tested products.

We urge you to look at the labels on the products you buy. Choose to use non-animal tested products. Make this shift consciously.

What of the global warming we are causing? The excessive cutting down of trees?

Many of these questions cannot be definitively answered by us, because 2017 brings with it such free-will, which you will exercise without our interference. Even we do not know where the human race is going to take its future.

If you choose to remain in ignorance and continue to decimate your forests and other natural resources, you will have to live with the consequences. We are no longer permitted to step in and stop you from making terrible mistakes.

Having said that, ***we have so much faith in mankind that we believe that you will awaken and right the imbalances you have created. We believe in you.***

Is Mother Earth going to strike again?

She has never done so, and she never will. She does not hit her children. But she is going to ***practice tough-love***. She will, for example, cleanse a contaminated area, no matter the consequences. But this is always done with love.

For those who interact with pets or animals on a regular basis, really tune in now. Rather than trying to mentally connect, instead embrace the animal with your energies and allow the animal to embrace you back, so that the two of you temporarily become one. This way, you will better understand each other. Play with this concept.

You will also find, this year, that your pets will become more individualistic. This is just like a growing teenager who begins to explore who he or she really is. So they may behave in a rebellious manner; you cannot force them to conform. You have to work with this.

Let's now speak of the **plant kingdom**. A new and renewed energy is now infiltrating the plant kingdom, thanks to the new Earthsong. This will take place over years, but plants with deep roots are already experiencing this. Their consciousness is also rising, and their levels of non-acceptance are also going to increase.

Plants have always joyously offered themselves up to the other kingdoms as a source of food and nourishment, and they will continue to do so. But they will now very consciously refuse to accept human contamination.

So if you continue to use fertilizers that are not natural and eco-friendly,

certain plants and fruit may choose to sacrifice themselves rather than ingest these toxic poisons. They will then wither and die. In some cases, they may choose to ingest these and then deliberately turn poisonous themselves, so that you cannot eat them.

Be alert to how the human race farms. We do urge you to support natural-grown produce, rather than that which has been artificially stimulated.

What of the recent resurgence of GMO (genetically modified crops)?

In some cases, the intent behind this process is pure. Those plants will flourish. But where it has been done from pure greed, it will not work. Be careful of these.

We will speak of one more kingdom today, the **avian kingdom**. These beautiful friends of flight are going to offer you inspiration. Try and observe birds as much as you can during the coming year. Though they are also going through certain upgrades personally, ***their primary function is to inspire you to soar...to take flight...to go beyond self-imposed restrictions...to go beyond the mental shackles you continue to wear...to go beyond what you think and feel you cannot do.*** They are your energetic inspiration. ***They teach you limitlessness.***

Even if you have a phobia about birds, at least work with the energy of the kingdom, rather than the physical form. If you continue to resist these energies, you are simply blocking the self.

(Group leader G. speaks) Could you please reiterate how this group can actually affect the collective consciousness? This, I feel, is important; and that is why I have been repeatedly requesting the group to assemble here at 3.15pm, so that we can work together silently for the collective, doing our bit, before the meeting starts.

A very, very strong energetic vortex has been created in this physical room; one which has been built up over the years, thanks to all of you who have repeatedly contributed your time, energy, enthusiasm, love and personal

energies to make this an energy temple. And yes, it is a temple.

It doesn't matter whether you have come here for the first time today or have been here repeatedly over the last 15 years; you have still contributed to the energy vortex in this room.

Now let us share something interesting with you, to help you understand the amazing power you have created. If you have been here 100 times before, and you have walked in today for the 101st time, you then activate your personal energies 101 times over. Since time is simultaneous, you activate each aspect of you that has ever been here, in one shot.

Now understand the collective power of this group. Even though there may physically be 35 people sitting here today, energetically you are all connected to the power of a million. So when you put out an intent or a blessing, it is magnified by this number. And it keeps growing. ***You are a mighty hoard of millions of Lightworkers, affecting the collective consciousness.***

Now please bathe yourselves and all the names mentioned for healing in the energies of your own powerful group. Feel, experience and know your collective power. (Long pause)

We are here today to bless you, as we are working with all those who desire reconstruction...reconstruction of the self and of their lives.

BLESSINGS FROM THE ENERGIES OF THE GURU NANAK COLLECTIVE.

THE GURU GOBIND SINGH BLESSES YOU.
