## Sohrab's channeling

12<sup>th</sup> January 2017



#### NEW EMERGING QUALITIES

### THE NEW YOUTH ENERGIES

Greetings!

The new energies of 2017 have begun to flood the physical and energetic bodies. As they enter the physical body, they go into the space between your cells, which accounts for over 70% of your body. This space is dark matter, the very fabric of the Universe.

We repeat: this word 'dark' is used only for convenience. It is, in fact, very bright matter, filled with energies, frequencies and vibrations which the naked eye cannot see.

These new energies will now slowly affect the cells, outside-in. They will initially affect the periphery of the cells, creating such a strong vibration that the very core of the cells will begin to release stored debris. Most of this will be either unconscious or past-left debris, which, when routed out, will be replaced by the new frequencies.

With this process of energetic infusion, you are going to get a lot of urges this year. Some of them have already been arising, but very few of you have chosen to either acknowledge or act upon them. What has held you back is a sense of fear, or failure or lack of self-worth. Now, with the removal of unconscious and past-life debris, you are making space in your cells, so that you can now follow through with the urges. You will now feel ready, deserving and convinced that you can accomplish an outcome of

#### your choice.

These urges will permeate every part of your lives. You will feel inclined to venture out and explore the unknown; physically, mentally and emotionally. You will feel urged to push your boundaries, both externally and internally. You will surely feel urged to self-heal and to change your body shape and image. You will feel urged to shift thought processes and patterns of

#### behaviour.

Tune in, as many of these urges will be subtle ones. They may not necessarily knock loudly on the conscious mind; yet they will be nagging and persistent. Some will come as fleeting, repetitive thoughts, such as "I want to heal myself", "I want to change my food patterns", "I want to be more pro-active this year", and so on. We urge you to tune into your urges and begin to initiate them in any manner of your choice.

Rather than focusing on the final outcome, and then feeling overwhelmed and dispirited, focus instead on the first few steps that you need to take to accomplish your task. In some cases you will find it more exciting not knowing exactly where the urge is actually going to lead you. Allow this to happen.

Women, in particular, are going to find most of their urges based on some aspect of feminine empowerment: a desire to stand up and speak out, to hold your own, to present yourself with authority and to truly believe you are equal in society.

Some feminine urges will be external and cosmetic in nature: please don't dismiss these as frivolous and insignificant. You might feel urged to change your hairstyle, colour palate, style of dress and personal grooming

and so on. All of these external urges, if followed through, can lead to marvelous changes in the inner psyche.

Remember that some people work best outside-in; others inside-out. An external change can often lead to amazing internal shifts of personality, and can motivate a person to touch deeper aspects of the self; ones they

have evaded in the past.

You are going to feel urged to *deal with people differently*. This will probably be your primary urge. All of you have well-worn patterns. You have settled into a familiar and comfortable way of behaving with your spouses, your children, your domestics and your friends. No matter how expanded and compassionate you think you are, we suggest you tune into

the urges arising within the self; ones perhaps directing you to behave a little differently with them, at times.

A relatively balanced and quiet person may find an urge to stand up, speak out and, at times, even speak with unaccustomed firmness to others. The exact opposite may occur: an outspoken person may find an urge to be quieter, more silent and more receptive. Only you can be the arbiter of your urges. Listen to them, and follow through.

**People around you are going to change dramatically this year.** Many higher-soul contracts made by you before you incarnated are being re-assessed. Some are being tweaked or amended, and a few are even being invalidated. And naturally, if others around you are changing, so are you.

Everyone is therefore going to have to find new and exciting ways of interacting with each other this year. Group dynamics in friends' circles will shift. Businessmen will have to reinvent the way they deal with colleagues and subordinates. You have no choice but to discover people anew.

Your resistance will probably arise in this area, as you are all in familiar and comfortable patterns of thought, speech and behaviour. Be conscious of this, and break them when necessary. If you choose to be cussed and 'stay

the same' when everyone around you is changing, then you will end up feeling more and more isolated, misunderstood and abandoned.

Any questions?

This seems to be a re-birthing, both internally and externally...

Yes, it is *the year of re-birth and re-creation of the self*. Let us assure you that each kingdom is doing this. Even so-called inanimate objects have begun to do so. Every one of you lives in a home that is doing this. Upto now, you have been taught that your homes are energetic reflections of the people who inhabit them. And that has been true. Now this is changing.

Your homes are now taking on a personality of their own, and are making

*sure their needs and desires are met as well.* They will continue to enhance you, as they always have. But if, for example, a home intuits that it needs new energies through social interaction, then people will suddenly start flooding in and visiting you relentlessly.

If a portion of the home is filled with debris or negatively, then that will be immediately brought to your attention, in a manner you cannot easily ignore. Leakages and cracks will appear in the walls. A portion of the ceiling may crumble. You will be urged to affect repairs and cleanse the home.

May I ask who the 'we' is, addressing us now? Could you be the Hathors? I recognize everything you are saying, from a book on the Hathors that I just finished reading last week.

Well done, friend. That is why you are here today; and not last week or the next.

Synchronicity!

Yes, nothing is a coincidence. 'We' are a combination energy speaking today; the Hathor frequencies are a part of it.

Let us now move further. Beyond these urges, which are only going to

multiply, you are going to find *certain qualities emerging*. Some will be expected; others may take you by surprise. These are being guided by your higher consciousness. Pay attention to them.

Could you please give us an example?

You may never, in the past, have felt the urge to give service to others; yet

now you may suddenly feel urged to do so. Other qualities may be abstract, such as a sudden rise in your levels of compassion, understanding or forgiveness. Tune in, acknowledge they exist as part of the 'new you', and choose to being to work with them right away.

Many, for example, are going to be working with *the quality of speedy resolution* this year. You may have unresolved issues with people who are

both alive or in spirit. Even if you have been diligently working on this for years, you may now feel that it is time for speedy resolution.

Then summon the higher energies of the person before you, say what you have to say, release them, and move to the next person. Remember, the energies of 2017 will magnify and speed up any process that you initiate.

This is not a lazy, laid-back year. You cannot sit back and ask the higher powers to work for you. But if you initiate anything, the energies will conspire to urge you forward in that direction.

Some emerging qualities may be very, very out-of-keeping with your

character. For example, a very quiet, submissive person may discover a forceful streak arising; one which makes her uncomfortable, as she is unaccustomed to functioning in this way.

It is then up to her to use it in a manner that is self-empowering, rather than controlling or dictatorial. The fine-tuning is in her hands.

Let's take the case just cited. The quiet, submissive person may rarely have, in the past, spoken out or publically challenged another person's point of view, even if she internally disagreed with it. Now she will feel the need to do so. If she reverts to her old pattern of suppression, it will, in all probability, burst out of her in an imbalanced manner, making her shrill and hysterical. But if she instead allows it to arise fully and naturally, she will then discover a wonderful freedom in speaking out frankly, and be able to present her point of view in a strong, yet balanced manner.

*The consciousness of the younger generation is going to leap forward this year*. Be aware of this. Many of you have children and grand-children;

others interact with youngsters on a regular basis. Here, when we speak of youngsters, we refer to all ages between birth and the early 20s.

Many will, this year, start 'acting strangely' (from your perspective). They may do things out of keeping with their character, explore avenues that threaten you, behave differently with their family, go off on a tangent...they are upgrading very rapidly and learning to follow their own star.

Most of them will use these energies to align with their intended future missions; but till such times as this alignment has taken place, they may go haywire. Some may stray even further away from their soul path before they find their way back.

We ask you, as Lightworkers, to understand what is happening, and not to judge them for their processes. Help guide them when they are off-track. *The key is to really listen to them. Listen to their words, but hear the sub-text.* 

Their bodies are also beginning to rapidly change, even quicker than yours.

You already know that your organs are changing shape, size and energetic frequency. Now imagine the level to which this process is affecting the youngsters. Many will have inexplicable aches and pains, cramps, unexpected changes in the body, emotional upheavals, mood swings and so on. Please help them energetically: allopathy may not work for this. Natural cures and your energetic support will help alleviate the symptoms.

They are likely to experience this throughout the year. Most will just experience discomfort, not extreme pain. Help them through the process.

I have a young grandson who is experiencing all of this. His IQ is at genius level, he has even written a book which has been published, but he rebels against all structure. His health is bad; his body is just not recovering from a recent surgery. What can we do?

Just as we have outlined, speak to him and LISTEN to him. He does need energetic support as well. If you are so inclined, sit down on a daily basis, embrace him energetically and help him contain his frequencies.

Friends, *many youngsters are currently energetically short-circuiting in the brain, pituitary and pineal glands.* This will continue till such times as they acclimatize to the new energies and settle down. For some, it may take the entire year; for others, it may even take longer.

In general, and when in doubt, just spread an energy field around them and help them contain themselves. Urge them to come into alignment and balance. Naturally, if they need physical medication and surgery, please facilitate this. But even that will not be enough for most of them.

Aren't most of these children from other planets? I feel most are not familiar with earth vibrations and our magnetic radiation.

Yes. This has been discussed at a prior session. Most of the children under

the age of 5 are predominantly Universal beings. They contain about 95% Universal energies, and less than 5% Earthly ones. They have to hold a modicum of earthly energies to anchor them to the planet and to allow them to function in daily life.

These children, in general, feel that they 'don't fit in' and 'don't quite belong here'. They find earthly structures, rules, regulations, and authority a mystery. Yet they have to learn to function here.

They will be the forerunners of a new, wonderful Universal race on Earth. They will help free society of its rigidity, and create a much more expansive,



Are they hybrids?

Yes, some of them are.

I constantly have to deal with these kinds of hybrid children in the U.K. Their parents are utterly confused, and I have to find a way to explain to them that

these are star-children. The public is not talking about this, and governments hush this all up.

It now is beginning to be recognized and discussed. A lot of the current youngsters are no longer singular souls. Most of you are singular souls. *But many youngsters are now holding two or more souls in their incarnated bodies.* So now, who are they? This is rather like twins being housed in a

## single body.

*In other cases, they are singular souls who have permitted other spirit souls to attach certain aspects of themselves to their incarnated form.* This way, the spirit soul continues to grow and evolve in the higher realms, and simultaneously does a certain 'study course' on earth.

So a youngster could be a singular soul, with 5 other souls riding piggy-back on his energies. This way, there is simultaneous growth for 5+1. Then his behaviour could be considered, from your perspective, strange and sometimes even schizophrenic. This will be discussed further at a later

date.

# YOU ARE BLESSED TODAY BY AN ENERGETIC TRINITY: THE HATHOR COLLECTIVE, THE ARCTURIANS AND THE MULTI-FACETED GANESH.

(Sohrab shifts energies)

#### **GREETINGS FROM THE CHRIST OFFICE**

You will recall that we had said, over the Christmas period, that the heart

chakra and the physical heart itself would be very strongly energetically vibrated, urging humanity to open to the flow of love.

This process has been extended by 'popular energetic demand'. We therefore suggest that you do spend a few moments, as often as possible, placing your hands on your heart chakra, balancing it out and blessing it. Do this from time to time. Many will experience weakness and discomfort in this area during the course of this year, and this little exercise will right the imbalances created there.

When the heart is being worked upon, it could even have a spill-over effect on the surrounding areas. This could result in digestive problems, acidity, stiff necks, shoulder aches and the like. By working directly on the heart,

## you will right the imbalances in other areas as well.



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