

Sohrab's Channeling

9th February 2017

THE EFFECTS OF THE NEW ENERGIES OF 2017 ON THE HUMAN RACE

THE PREVALANCE OF HEART-RELATED DISEASES AND CANCER

THE SHIFT TO NATURAL CURES AND MEDICATION

AN UPGRADE IN ALL MASTER ENERGIES

Greetings!

The new energies of 2017, which you are all now interacting with, are extremely light and yet extremely powerful. From an earthly perspective this appears to be a paradoxical statement, as your bodies are accustomed to equating vibration with power.

The new energies are extremely potent, but their vibrations are so far above yours that your cells can't easily sense them. Let us give you a simple example: you can walk into a room and smell a strong essence or perfume; one that can almost overwhelm your senses. Yet you can't touch or hold this essence; it has no mass. But it is powerful nonetheless.

We had earlier said that the energies have entered the physical body and are currently residing in the space between the cells. They are now beginning to vibrate the cells very gently, outside-in.

Different people will have different experiences with these energies. In general, they will feel light, yet powerful. Many people may start to experience, from time to time, feelings of **disorientation or light-headedness**. Some may find their **thoughts wandering**; others may experience **a surge of day-dreams**. Many will experience **periods of mental blankness**. Don't fight any of these possible symptoms. The body is simply

acclimatizing to the new energies.

In a few cases, the energies may cause temporary physical discomfort.

Body parts may randomly ache. If this happens, we suggest you tune into the body part, as ask what resistance you are creating here. We now urge you to go beyond your book-learning. You may have learned that only certain issues are stored in the kidneys, others in the liver, and so on. But now any part could be storing anything.

Yes, a constriction in the heart generally indicates a resistance to the flow of giving and receiving love; but its current resistance to the new energies may have a completely different reason. Use gut, use your intuition, unearth the issue and work with it instantly.

Some people may find themselves experiencing ***repeated bouts of nausea***. If this happens repeatedly, over time, please know that you are rejecting the new frequencies in totality. You will have to ask yourself why you are not deeming the self worthy of these frequencies.

We remind you again: ***these energies are perfect for self-healing***. Use them consciously, even if you think you are in perfect health. Absorb them, play with them, direct them to parts of the body that are in dis-ease or discomfort, ask them to stimulate your brain, the mind, the intellect and the heart. Enhance the self with them.

For those of you, who are working on changing the shape of your bodies, play with these energies on a daily basis. They will help you. Use them in your waking hours and your meditative ones. While you are falling asleep, command them to help you streamline your body and cure it of all ailments. Demand that you be brought into perfect form, shape and health.

Two areas that are being targeted by these energies, during the first three months of this year, are the pituitary and pineal glands. This applies to both the human race and the animal kingdom. Both these energy centers are being very rapidly upgraded. So help this along by opening up these two areas consciously.

The energies know exactly what to do here, so allow them full freedom, without conscious interference. But your active participation will speed up the process. So, once again, perhaps before you fall asleep, consciously command these two glands to open up and receive the full flow of these magnificent energies.

Dear friends, your psychic connections are now being activated approximately 100 times more than they were last year. Again, this statement applies to the entire human race. Naturally, this will be dependent on each person's level of openness and flow during the previous year; but it will still multiply at the same rate.

For some, it may manifest in a continuous dialogue with the higher soul. For others, it may be in repeated intuitive moments in the day. So it will vary; but we urge you not to block the process. Open to this gift of divinity. Deem yourselves ready, willing and able to live in flow.

You don't have to be 'in a trance'; you must learn to flow in daily conversation and activity. This doesn't mean that you will be floating on a cloud of bliss: of course you will experience your baser earthly emotions as well. But if you tune in, these will reduce tremendously this year. You will be able to work with flow.

This year, of all the various diseases, the two most common are going to be heart-related issues and Cancer. Heart-related issues are generally going to manifest in those who are stubbornly resistant to the flow. Cancer will have a lot of possible reasons.

In the past, Cancer has generally been caused by repressed anger. Even now, 70% of the cases will have aspects of this. But the other 30% may manifest this due to other reasons, such as excessive fears or excessive control issues. Help them intuit the cause, and help them address this.

The joyous news is that, if they do courageously address their issues, they can use the new frequencies to cure themselves completely.

Only a very small percentage will have chosen to contract this disease for

personal growth and experiential reasons; they will not permit themselves to be cured. They will, in all likelihood, use it as a form of passage. But this is a very small percentage. All the others have an option to change it around.

Some more joyous news: within the next 30-50 years more than 95% of the human race will opt for natural cures and medication. This demonstrates a drastic shift in the consciousness of the human race; one that has already taken place.

Please know that allopathy is not a 'bad' concept. There are certain instances in which you must use it. You have incarnated into an era in which it is being offered to you, so please use it joyously. But work towards using natural and healthy cures, rather than a 'quick fix'. Please understand that ***the human body is now energetically shifting and becoming less tolerant of allopathy, and more responsive to natural medicines.***

Tune in to your own bodies right away. If you feel you would like to switch some of your allopathic medication to natural ones, then do so. Your own bodies will tell you where you should work with natural cures, and where you need to continue working with allopathy.

Any questions?

You spoke earlier of resistance to the new energies through nausea. As a counselor, I have recently come across 4 cases of children who are experiencing just this. When communing with their higher souls, I got a common answer: "We have not contracted to work with the new energies." And they are all stubborn!

Dear Friend, what you have tapped into is not the real higher soul, but a level of their consciousness. Had they truly not desired to work with these energies at higher-soul level, they would not have chosen to incarnate into this time frame. But they all are very resistant to the upgrade.

Isn't this common? (Smiling) For example, aren't many of you technologically resistant, and refuse to keep up with the times? In the

same way, many are sensing the potency of the new energies, and are panicking.

Why?

The new energies, when fully embraced, are going to open you out to such a degree that you won't be able to hold onto your old crutches: comforting crutches such as victimhood, self-negation, denial of your magnificence and so on. Most are so comfortable in their constriction and self-abuse that they *think* they don't want to open out. But they do.

BLESSINGS FROM A MEMBER OF THE UNIVERSAL HIGH COMMAND.

(Sohrab shifts energies)

THE UNIVERSAL SAI GREETES YOU!

Dear Friends, your relationship with your various Masters now has to change. ***All Universal Master Frequencies have recently upgraded.*** Remember, we upgrade at a very speedy rate. So if you continue to tune in to us, think of us and view us as you did before, you are doing yourselves a disservice. You will then only receive a trickle of our energies, instead of the waterfall we now offer you. So allow yourselves to rediscover WHO WE REALLY ARE.

We will continue to hold the same attributes and frequencies that we did in the past, but we are now so much more. And we offer these new attributes and new facets of ourselves to the peoples of Earth.

Most people, for example, view the Jesus as the epitome of love and compassion. ***This year, in particular, the Jesus offers you attributes of command, focus and productivity.*** An average person will not even consider

these to be Jesus attributes, and then he will lose out on the frequencies.

But if you open to his full flow, you will be helped through his eternal love to be productive, creative and to generate all that you desire. ***The current Jesus frequencies, for example, would be the most ideal ones to help you with a 'lack of abundance' issue. He would be a perfect energy to work with, to revive your finances and your business.*** Aspects you would not normally associate with the Jesus, as you knew him.

The Sai (Baba)' s frequencies have been called upon by Planet Earth herself, to speed up all her processes of evolution. ***So you could now consider the Sai a Universal Catalyst and Accelerator.*** Call upon us to accelerate that which you desire to speed up. You must do the work; but if you put in genuine endeavor and effort, the Sai's frequencies will help magnify all that you desire. He does not judge. You could call upon him to be an extremely successful businessman, or thief. He will help you either way.

Who would you like to know of this year?

Meher Baba?

What do you associate with the Meher?

Happiness. Godliness.

This year, the Meher offers to facilitate two aspects on earth: ***technology and mathematics.***

Maha Avataar Babaji?

What do you associate with him?

Meditation. Self-worth. Awareness.

The Maha Avataar Babaji offers to ***shake up those who are stuck or blocked.*** He will pound them mercilessly. He will be a boxer in the ring, only working with those who desire to open up.

Guru Nanak?

Here, we will speak of the entire collective. And we very much include the Guru Gobind Singh in this. The Guru Nanak Collective, this year, is working predominantly to **enhance the frequencies of all that you ingest**, with particular reference to plants, grain, fruit and other natural edibles.

They will be vibrated by the Collective, so that when you ingest them, you will receive a higher benefit than before. The Collective is also working towards **counteracting the poisons** that you have filled them with, via toxic fertilizers.

Mother Mary?

She continues to work as she did last year, with one predominant aspect so necessary for Earth: **feminine empowerment**. This year, in particular, the Mother Mary will work relentlessly with all those who have allowed their feminine aspects to be suppressed: men and women alike. She will help them open up to their creativity, their flow, their being and their personality. She will urge them to stand tall, stand proud and acknowledge their self-worth.

Many, many women will consciously or unconsciously call upon her frequencies to help them move from victimhood to self-empowerment. She will instigate women's movements. She will urge women to have the courage to make the necessary police complaints, to take legal action when necessary, to stand up to abuse of all forms, to speak out in the media and so on.

Most women who touch their power this year, will do so because of the backing of the Mother Mary frequencies, whether or not they know this consciously.

The Zarathustra?

The Zarathustra will continue to work as they did in the past, but with a slight difference. You already know that the focus of these energies is to help people be the best they can be, at whatever they choose. This year, **these energies will work with anyone worldwide who wishes to succeed at an**

endeavor into which he puts his energies.

If someone, for example, passionately wants to start up a new business or hobby, and is slightly unsure, these energies will urge him forward in this direction.

The Shiva?

What do you know of these energies?

Destruction to facilitate re-creation.

The Shiv is working very differently this year. You are accustomed to the Shiv being a tower of strength, power and magnificence. He still is. But he is choosing to channel this in a very different way: this year ***he will demonstrate his gentler side, to bring calmness, balance and expansion to those who choose to interact with his frequencies.***

I get the word 'protection' as well.

With calmness and balance comes protection. Inner protection... I am secure in who I am. I am fully taken care of. I am loved, nurtured and protected by ME.

Archangel Michael?

This year, the ***Michael will work with his sword of truth to unearth that which has lain suppressed for years, and to bring it to the surface.*** This could refer to general aspects such as worldwide corruption, or to personal issues that have been deeply buried in the psyche; ones which now need to be brought up, acknowledged and assimilated. He is going to use his sword of truth to expose that which needs to surface.

I sense the presence of Unicorns today....

Beings like Unicorns are as real as you are; they simply exist in a different dimension of Planet Earth. These realms of earth, which have remained separate all these eons, are now beginning to partially merge. So people who are energetically sensitive will now sense, or get glimpses of wonderful

beings like Unicorns.

As they exist in a realm of earth that is energetically more refined than yours, they can visit you more easily than you can visit them.

We leave you now in peace and harmony.

BLESSINGS FROM THE UNIVERSAL SAI.

Get to know us better this year.
