

Sohrab's Channeling

16<sup>th</sup> February 2017

## THE EFFECTS OF THE ENERGIES OF 2017 ON THE SENSE ORGANS

Greetings!

Please start with offering joyous love, and nothing else, to all the names mentioned for healing. (Pause)

Offer it freely to yourselves and to other group members as well. (Pause)

Now offer it to your family, loved ones and friends. Embrace them in love. (Pause)

Spread it throughout your homes. (Pause)

Take a moment and spread love through your city. (Pause)

And so it is. And so it is. And so it is.

Dear friends, we spoke last week of how the new energies of 2017 were affecting the pituitary and pineal glands. These energies are now beginning to affect various parts of the upper regions of your bodies.

***They are beginning to enter the optic nerve, thereby affecting your physical sight and higher sight.*** (Pointing to group member S., who had just had her cataracts removed) This was the perfect time to have eye surgery, and to heal at a speedy rate. It's not a coincidence.

Your physical sight is now slowly going to be enhanced. This does not necessarily mean that your number will disappear, though in some cases eyesight will actually improve. What we mean is this: ***you will now start to see people and things differently.***

Your enhanced sight will give you the opportunity to view a person, perhaps

someone you have always looked at with distaste, in a new and vibrant manner. Here, we still refer to your **physical sight**. So if, for example, a person's physical appearance, style of colour and dress, or manner of behaviour has displeased you in the past, you may find this changing. You may not suddenly like it, but you will find that you can now view it differently, with more acceptance and tolerance.

Similarly, things you may have visually shunned in the past, such as a painting, an artwork or a style of décor, may now appear 'interesting', if not pleasing. So please allow your physical sight to change and upgrade. Urge the self not to stay stuck in old, habituated patterns of sight.

Your **higher sight** is also being stimulated. ***Many will now start to see the auras of people*** on a regular basis. This may come upon you unawares: you might be engaged in casual conversation with a person and suddenly start to see (or intuit) a glow, haze or colour around them. When this happens, relax into the process, trust yourself, and enjoy your newfound sight.

***You will also start to see a lot of energetic movement in physical spaces.*** This will naturally happen when you are relatively relaxed and when the energies of the city are quieter; therefore it is more likely to happen at night. We urge you not to panic. You are simply tuning into higher frequencies which have always existed around you. This could happen at home, or in public spaces.

***These energies are not necessarily those of spirit friends, though many will be just that. Your higher sight is now also going to offer you the opportunity to tune into abstract energies, different dimensions, portals, vortexes and so on.*** Allow the process to happen.

Why not play with your higher sight? When you are home and relatively relaxed, stare in an unfocussed manner at a door, wall or simply at the air around you. You will start to see energetic movement, shapes, vibration, colour and even a figure. Don't block the process, as you are being tuned to higher frequencies. If you resist out of fear, only you are the loser.

*Before you said all this, I saw a huge portal opening up over the diva, and blue and golden light shooting out from it. What does this mean?*

First, let us say that you tuned into these two colours. Others who may have seen other colours should not doubt themselves. Each person may tune into different aspects of an energy flow. Dear friend: today many, many portals have opened up in this room. That is what is perfect for the current session. Instead of traditional Master energies, today there are a series of portals, vortexes and inter-dimensional rifts that have opened up here.

Now let us speak of your **physical and higher hearing**. The new energies have flooded the Eustachian tubes, and the liquid that governs your balance is being infused with the new frequencies. Therefore, while you acclimatize to this process, please be careful about your balance. Some may experience temporary disorientation or random bouts of vertigo.

With the enhancement of your physical hearing, you may now start hearing voices when no one is around; or sounds, hums, chants and vibrations that appear inexplicable and unfamiliar. You are simply tuning into higher frequencies.

Some of this could be 'conversations' taking place between spirit beings, and some of this could be higher frequencies of the OM, the sound of the Universe. When this happens, relax into it and attempt to hear it even more clearly.

At first, it is not likely to make sense. It may sound like murmuring. But as you acclimatize to the sounds, you will start to understand it.

*For years I have been hearing a shrill sound, rather like the buzz of an insect. Yet I know it has nothing to do with my actual ear.*

Yes, you are tuning in to the higher realms. Now use the new frequencies to learn to make sense of it. On occasion, you are actually tuning in to conversation and dialogue taking place between Universal beings. Your higher ear is like a radio which is not perfectly tuned into a station. Try to

do so now. It may still not make sense in words, but you will start to understand what is being said.

*I have often, since childhood, heard someone calling out my name. Now I feel like there is a radio on inside my head. On occasion I feel like I am privy to a party or a gathering of some sorts.*

When **you hear someone calling out your name**, a phenomenon which has happened to most people at various times in their lives, it generally occurs for one of two reasons. Firstly, it could be **a call for help**. Now learn to intuit who is calling out your name; and assuming the person is alive, contact him or her. This term 'a call for help' does not necessarily mean the person is in physical danger; it could simply mean that the person is in mental or emotional trouble, and needs your help, guidance and advice.

Secondly, and more commonly, it could simply be **a message of love**. This could be from a loved one in the spirit realm, or the energized thoughts of a person on earth.

**The key is to intuit and identify the source**, as your physical auditory senses are not yet finely tuned and could easily misinterpret the quality of the actual person's voice and frequencies.

*I have recently been inundated with conversations at night, and have, frankly, been panicking.*

No more panic! Tune in. Eavesdrop. Even contribute to it. Dear friend, your beloved Kim has been trying to speak to you. And you have been rejecting it. Now tune in to her.

*I have been hearing phantom ringing from my mobile phone. This has happened repeatedly, and yet when I check my missed calls, none are registered.*

In your case, a few people would like to reach out to you. Use your intuition and make a few calls to them yourself. We give you a hint: there are at least 5 people with whom you have been out of touch. You need to reconnect

with them.

*I, too, have been 'hearing conversations' for years now. I am not afraid, and have been trying to make sense of them; but each time I do, my head gets extremely heavy and I seem to lose the connection.*

You have been trying too hard. A general rule for all: rather than straining to hear the words and make sense of them, instead relax into the process. The words will often be in a language or a frequency with which you are unfamiliar; but if you ease into the process it will start to make sense to you. The same applies to your higher sight: instead of straining to see a figure or form, relax the inner eye.

*Over the last few days, every time I go to bed, one single mosquito seems to come and bother me. This just seems a bit too coincidental to me. (Laughter)*

Please examine a situation wherein someone is particularly annoying you, and you have not yet had the courage to speak up and speak out. We actually refer to two people; not just one.

***The inner ear is now offering you the opportunity to clearly hear, not just what people are saying, but the sub-text.*** So please now go beyond words. Hear the words, but listen to the subtext.

*Could you please give us an example?*

Someone could be screaming at you, but the subtext could be "I'm so scared." Then use this awareness and work with them, knowing this.

Now let us speak of your **physical and higher taste.**

***Food is, this year, going to taste differently to you.*** This is partially because of the upgrade and new receptive sensitivity of your taste buds. This will gradually occur, so over the next few months you will find very definite new likes and dislikes for what you orally ingest. Please listen to the guidance of the body. It will tell you very clearly what is right for you, and what is not, at any given moment in time. You will, of course, have to learn to distinguish between what your body really needs and the wanderings of the idle, greedy

mind.

The body is now going to be **particularly sensitive to oral medication**. Even though you do not really 'taste' a pill, your body and your tongue will tell you whether or not it suits you. If it doesn't, we suggest you ask your doctor for a viable alternative.

Remember, your frequencies are evolving so fast now, that what has suited you in the past may no longer be appropriate for the self. If you are taking a series of pills, most will probably continue to suit you; but perhaps one no longer does. Learn to distinguish.

You will now also be able to **taste out situations**, with particular reference to one-on-one interactions. Let us illustrate this with an example: you are going into a business meeting and the deal appears to be very tempting. If, while you are in the meeting, you find an unpleasant taste arising (either physical or energetic), please know that you are being forewarned that something is not quite right. Perhaps you need to re-examine the contract, re-negotiate terms or study the fine-print. Perhaps you need to study your possible future business partner in more detail. After doing so, if the unpleasant taste intensifies, then know that the deal is not for you.

**Touch** is very, very potent this year. In fact, **your touch receptors have been very highly activated over the last 24 hours**. Many may experience unusual tingling in the fingers. Others may suddenly find themselves very sensitive to the touch of others. Yet others may suddenly find certain soaps, creams and lotions now not suiting them at all; ones they may have used for years. Tune in.

**Since the potency of your touch has suddenly magnified, if you now touch someone with love, they will receive a very high dose of these frequencies. And if you touch someone in anger or hatred, this too will be magnified.**

Parents and grand-parents: please be aware of this. Many still use the harsh touch to discipline a child. In this time period, this could have far-reaching effects. It could cause future emotional disturbances and rifts in the family. Now, your role as the guardian does require you to correct a

child, but please be extremely responsible with your touch.

Even if you are in a rage, and you pound an inanimate object, you will now loop those energies back into your body and cause the self physical damage. The only exception to this is when you are doing so therapeutically. It is completely acceptable, for example, to choose to work on a disturbed relationship with another, by hitting a pillow while speaking out and freeing yourselves of those trapped energies. This is energetic therapy.

*I recently received a download in which I was told the very same thing: that one could turn allergic to many things that were fully acceptable to the self in the past; but that the reverse was also true: one could now tolerate aspects that were allergy-inducing in the past.*

You are correct. And be aware that some of the intolerances will be short-term...even a single day. You will, therefore, have to repeatedly tune in.

*Will this accelerated touch also help in healing?*

Most certainly. And remember, touch is not limited to the hands. You touch another with your mind, thoughts and intent. So be as responsible with your thoughts of love or hatred.

*I was recently in a healing session with Sohrab and Pritima, during which we were working on my ailing Mother. I have naturally been working on her regularly after that. I now find that when I send her light and chant OM, a strong, tangible pulse emanates from my palms for the entire duration of each OM. It's like a shooting energy.*

Excellent. Dear friends, each person may have a unique experience with the magnified touch.

*You spoke last week of repeated nausea being an indicator of a person*

*resisting the new energies. Why would we do so?*

This is because there is fear in your cells, and not necessarily in the conscious mind. Dear friends, most Lightworkers are joyously welcoming in the new energies mentally; but the cells have a 'mind of their own' and often fear change, equating it with self-destruction. So if there is bodily resistance, talk to your cells and assure them that they will not be destroyed, but instead upgraded and enhanced.

*I have worked on healing others for years; yet suddenly I don't feel like doing so. Why is this?*

Respect this choice, and take a break. You are moving from one level of energetic healing to another. This is a rest period at the conscious level. But please also know that you are indeed continuing to work at healing, but at a much higher level; one which does not require the participation of the conscious mind.

*Ever since I started learning Reiki, I find my hands filled with sharp, strong energies. I don't quite know what to do with this.*

When this happens, tune in. You will find that an aspect of Planet Earth requires your help at that time. This could be an area within her, an entire continent or a localized area. It could even be a war zone. So tune in, and blast that area with your light. If you are in a public space and cannot physically use your symbols, do the same thing mentally. Do not be bound by symbols.

*With reference to being vigilant about medicine, how do we help children with this?*

They will be natural intuitives of this; but if not, you are permitted to act as a surrogate for them.

Let us now discuss **speech**. The spoken word is now very, very important. We do not expect you to play saints: joke, laugh, play, and even swear in playfulness. But if you direct vicious, mean, harsh words to another, the energies will loop back into your own structure and will make you terribly

uncomfortable. You will then harm your organs, create major acidity and even disrupt your heart-rate and blood-flow. So choose to be responsible with your words this year.

Conversely, when you speak out *genuine* words of love, acknowledgment, gratitude, appreciation and thanks; you will flood the recipient and yourself with pure healing light.

*What if something really upsets us? Are we then not to speak out?*

Of course not. Please do not repress your anger. Instead find a way of expressing your anger and displeasure in a balanced and firm manner, instead of just 'lashing out' at another.

*How do we do this? It's very difficult to do so in the heat of the moment.*

You have all heard the old adage, "Count to 10 before you speak". There is a great deal of wisdom in this. The initial blurt that emerges is an irrational reaction. But if you pause and breathe, ***it takes only 3 seconds for you to move from a reaction to a response.*** A reaction is unhealthy; a response is healthy.

In a conflicted situation, the volcanic reaction is generally one of anger, viciousness and irrationality; one that generally comes from an inner space of inadequacy and fear.

When you take those few seconds, you will still be angry, but you can now choose how you wish to respond. So you can still speak out very firmly, and the outcome will be far more productive. ***A reaction comes from fear; a response from self-empowerment.***

We leave you now in love, light and joy.

YOU ARE EMBRACED TODAY BY THE ENERGIES OF THE UNIVERSAL JESUS. THE JESUS BLESSES YOU.

BLESSINGS FROM THE ST. GERMAIN.

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