

Sohrab's channeling

6th April 2017

THE EFFECT OF THE ENERGIES OF 2017 ON THE SPINAL COLUMN

THE ENERGIES OF EASTER (2017)

Greetings!

Let us, today, conclude our ongoing discussion on the effect of the energies of 2017 on the physical body. Let us speak of perhaps the most important body part: the spinal column.

(Addressing P.) We would like your assistance. You had previously described the spinal column as being divided into 3 parts. We will divide it into 4 parts, and then speak of it 'as a whole'. So please begin by sharing what you know of the **lower portion of the spine**.

*The lower portion generally begins at the tailbone and extends about one-hand up. It also contains the energies of the root chakra. It stores issues dealing with the **father and male strength**. Now in some families, the woman may be the one 'wearing the pants'; therefore it could also deal with **strong-mother issues**. In short: issues dealing with 'the do-er'.*

*This area also stores **issues dealing with imbalances of finance and one's relationship with money**. Remember, this is all about perception: a rich man could be in complete lack, and a beggar could feel abundant.*

Excellent! She had made two very important points: the authority figure and finance. The new energies of 2017 are going energize the lower portion of the spine and bring up both these issues over the course of the next few months.

The **authority figure issues** that are likely to arise could relate to a powerful parent or relative, a spouse, or even to external figures such as the police or lawyers: anyone you perceive of as having authority over you. You could therefore experience this in your home life, your work space, your political environment, and so on.

But **the most important authority figure to examine, during this time period, is the Divine**. First re-examine this relationship, and then work on human authority figures.

What we suggest that you do is review how you perceive God/Divinity/the Universe.

Start from childhood onwards. Re-examine what you were taught, rituals and rites that you follow, your religious and spiritual practices, and so on. Do you fear the Divine? Do you see God as a benevolent or a punishing figure? Do you feel loved or forsaken? Where in your lives do you feel 'in flow' with Divinity and where do you feel you are battling Divinity? Really give the self a good, hard look: be candid and honest.

Yes, many of you have had rigid religious training and have now moved into a space of expanded spirituality. Nonetheless, analyze the whole journey. Are you still trapped in a few areas? After having done all of this, then ask yourself, "What is my current relationship with my Higher Self/God?"

Even if you perceive the self to be extremely spiritually trendy and modern, you will discover aspects that still make you view the Divine as a strict, authoritarian figure. It's now time to free yourself of this, and truly begin to understand that you are a co-creator of the Universe.

Finances are also likely to come up for reviewal during the upcoming three-month period.

Some could find themselves unable to generate money; and others could find themselves in financial abundance, which could terrify them. Certain areas may need specific reviewal: for example, your business may be financially flourishing, but household expenses could suddenly be mounting up. Examine this as well.

We suggest you use this time period to review your perception of money. Pay particular attention to areas of lack. The good news is that if you take the trouble to do so, the answers will come to you very easily. You will know exactly what to do to help yourself. Be alert, as the answers could come as a direct download, or through a friend's sage advice, or through something you read in the newspapers, and so on.

Learn to balance, appreciate and respect money. As you will know, ***money has been created as "God's energetic exchange" on Earth. It should be treated with dignity, love and respect. It should not be shunned; nor hoarded. It should flow. It is an in-breath/out-breath.***

Any questions?

What of people who have a past-life 'vow of poverty'? How do they break this and learn to flow?

If a person has a 'vow of poverty' or any major imbalance when it comes to money, it will first be brought to his attention, during this time period, as a 'slap in the face'. If he chooses to acknowledge this and work at it, then the shattering of these kinds of issues can take place very speedily.

I don't understand what you mean about bringing an issue 'into balance'. How do we do so?

The first step is simply acknowledging to the self that you have that issue. That, in itself, is 51% of the work done. You then start to review your perception of that issue. Acknowledge and face your fears. Talk to people. Get help. This is an individual process, dear friend, so we cannot give you a definitive guideline. But if you open to the process, the answers will come, and you will be guided to the right people and the right information, so that you can overcome the issue.

What of a married couple, wherein finances are a shared issue? Very often the financial perspectives are diametrically opposite. How does one deal with that?

A good question. As a lightworker, it is your right to guide your spouse if you feel he is going astray, but you cannot force him to accept your point of view. Even if you perceive the self to be completely balanced and his perception to be askew, the fact that is a joint-venture means that you also have something to learn from it. So, by all means, point out what you feel the spouse needs to look at, and then release it. Then do your work for the self.

This is my first time here. I am feeling rather overwhelmed by this discussion, as I have recently had a major slip-disc problem in the lower spine (L-3/L-4). I was bedridden for a few months, and this brought me to my spiritual journey. The two issues mentioned (the authority figure and financial insecurity) are my major ones. I have now begun to question my perception of financial abundance. My fears are high. How do I deal with my sense of lack and anxiety?

Dear friend, we do not take personal questions in the public meeting. You may speak to him (S.) and her (P.), in private, after this session.

Now let us move on to the **middle back**. (S. indicates to P. to speak out)

*This area extends from your waist to a little below the bra-band (for a woman). This area is influenced by two chakras: the hara (sacral) chakra and the solar-plexus chakra. So **this area influences your drive**: for example, are you holding back in life because you lack the drive to get there? Are you initiating projects and taking steps that you need to?*

***This also, naturally, refers to your sex-drive; or lack thereof.** Imbalances here may lead to a complete lack of sexual desire, or defining your life by sex. It also refers to aspects like **not feeling you deserve things**: you may, for example, spend freely on your family and loved ones, but not on yourself. **Not being able to say "No"** is also influenced by this area.*

*Now, the Solar Plexus chakra's imbalances here might include **not being able to speak up***

and speak out. *The opposite imbalance is **the inability to take any criticism or feed-back.***

Thank you! All that she has mentioned is very important, but let us focus your attention on one singular aspect in this region, which is being strongly influenced by the new energies of 2017: **Self-acceptance.** If there is even the slightest twinge in this area, instantly ask, "In what area or areas are my not accepting myself?" We urge you to do the same, during this time period, even if the back is in complete health.

Do you like yourself? (Pointing at Sh.) We quote you, dear friend. You once said, "**It is easier to love yourself than to like yourself.**" This is true. Ask yourselves questions like, "Do I like who I am?" "Do I like what I stand for?" "Do I like what I have become?" "What would I like to change or modify in the self?" "Where would I like to take myself in life?" (This refers to your drive).

And though we are not going to discuss sexual imbalances today, please understand that all of this is intertwined. Self-acceptance will bring your sexual issues into balance.

Any questions?

What of physical injuries in the back, from the past?

Yes, they need to be re-addressed, even if they are not apparent in the back right now.

Dear friends, we are stressing on the back at this moment in time, as the new energies are, for the most part, entering your structure through the spinal column. So if your back is damaged and you stubbornly refuse to look at your issues, you are limiting the inflow and doing yourself a disservice.

(Pointing to P.) Now please speak of the **upper-back.**

*This extends from the bra-band to the area between the shoulder-blades. This is influenced by the heart chakra, and deals with stored emotions. **It's all about how we relate with ourselves, first; and then with the world in general.** Are we emotionally liberal? Do we feel guilty when we have fun? How do we perceive joy? Do we see life as a colourful experience and go ahead and enjoy it? Do we reprimand ourselves for enjoying ourselves? Do we have a healthy emotional relationship with ourselves?*

We often attribute our happiness or sadness to the actions of others; we have to understand that we are creating it for ourselves, and that the other person is simply a trigger.

Thank you. **The upper-back, during this time period, is your heart. It is your love-center.**

It is actually more important that the physical heart right now. Some good news: this is being worked on by the Universe, and you are being offered tremendous expansion in this area. ***Each person is being infused with special energies, unique to this portion to the spine, very much like an energetic vitamin dose. These energies offer you the opportunity to open to giving and receiving love at a higher frequency.***

This ties in perfectly with the energies of Easter, which we will discuss shortly. If there is discomfort in the heart or the upper-back, or even in the shoulders, please pay particular attention to where you are not open to the flow of giving and receiving love.

We now expect you to be specific. Don't be general. Don't make wild and untrue statements like "I love everyone" or "I love my life". Instead, examine various relationships in detail. Examine your relationship with each family member, with your home, with your business, with each friend and so on. Work like a surgeon.

We don't expect you to be able to open up this area and just 'love everyone'. That is unrealistic. But we do expect you to tune in, and ***re-discover a sense of playfulness that you may have lost over time. If you are blocked in love, the easiest way to break down these barriers is through playfulness. Be playful and re-invent your marriage.*** Be playful with a situation that appears to be unloving, and re-discover yourself through that.

(To P.) Please speak of the **uppermost portion of the back.**

*This extends from between the shoulder blades to the nape of the neck. **This area stores unwanted baggage.** Do you take on other people's issues? Do you carry a lot of guilt or fear? Do you hold onto the past? Do you feel you need protection?*

This area also governs communication of all kinds: with God, with yourself, with your father figure, your family, the world in general and so on.

Correct. And **the entire back**, when taken together, can be summed up as an exploration of the WHO AM I? In fact, we would rather you phrased this as a statement instead of a question. Make it, instead, **WHO I AM.**

This is a year during which you learning not just to discover this, but to also acknowledge it, accept it, enjoy it, internalize it and live it. WHO I AM.

The flow of the **Easter energies** has already begun. This year, these magnificent energies ***must not be confused*** with how Easter is still celebrated in Churches, with strict rituals.

Dear friends, the Easter energies this year are **NOT** about agony, repentance, penance,

suffering and self-deprivation. Do not go in that direction; you will do yourselves a disservice. They are, in fact, exactly the opposite.

The current Easter energies are about complete and total freedom of the self. They urge you to do exactly what you want, in any manner you choose, to forge your own path, create your own future and to re-write your lives in any manner you deem fit.

Yes, create that which you desire. Do not be bound by 'what the stars say' or 'what God wants of me' or even 'what my higher soul desires'! What you want. You are the creator.

(To J.) Yes, you will observe a lot of verbal and energetic constriction when you attend Church services this Easter. Stand alone in there, and spread the energies of freedom, so that you change everyone in the church. Just know that you can do it.

These energies of freedom encompass joy, happiness, celebration, acceptance of every aspect of the self, and embrace of every part of WHO YOU ARE.

We urge all of you who choose to celebrate this festival, shift your perceptions this year. Don't have a single 'day of mourning'. Make all the days a celebration of the magnificence of the being that is the Jesus. Re-discover his modern, vibrant, magnificent self. Don't mourn who he was, and what happened; instead celebrate who he is, and therefore who you are.

THE JESUS CHRIST EMBRACES YOU. BLESSINGS.

SPECIAL BLESSINGS FROM THE MOTHER MARY, THE BROTHER JOSEPH, THE ST. PETER AND ARCHANGEL MICHAEL.
