

Sohrab's channeling

13th July 2017

A QUESTION AND ANSWER SESSION (Part 1)

(Note: At the end of the last meeting, the Masters had promised the group a general Q&A session. Sohrab connects, and the meeting begins.)

Greetings!

Dear friends, some of the questions and answers today may seem like things you already know. However, we do suggest that you listen carefully. Even if you are familiar with the answers, the fact that you are here today means that you either need a 'refresher course' or that you need to look at it from a slightly different perspective.

You may now ask your questions.

When a person moves into spirit, he no longer has a body with the 5 senses, and therefore cannot see, smell, touch or feel as we do on earth. And yet channels often say things like "the soul is in a beautiful place, surrounded by music and loved ones". How is this possible? Some say that there is just 'a void'; others say that the spirit realm is one of colour and beauty. Could you please speak to us of this?

When you shed the physical body, you do lose all your 5 physical senses; but you simultaneously re-activate the same inner 5 senses, which are far beyond those of an earthly frequency.

On earth, you can only 'see' a spectrum of 7 colours and shades thereof. But in spirit, you can see and experience a host of colours; ones which you have never before known on earth. These are now colours, not from the visual aspect, but from *the experiential* aspect. You suddenly know what it is like to BE pink, red, green or violet. *You suddenly see, feel and experience the power of red, or the*

healing properties of green, or the expansion of violet. They are no longer 'mental concepts'. You get to know them from within.

In the same way, when you initially pass over, you thought-create that which you expect to see. This 'cushions the blow' and helps you accept your new reality.

So if, while on earth, you firmly believe 'Ashes to ashes, dust to dust', when you initially pass over you will just experience 'blackness'. There will be no sight, sound or movement...just blackness.

If you believe you are going to heaven, you will then thought-create (and therefore find yourself in) a beautiful garden filled with Angels, birds, flowers and trees. And if you truly believe you are a 'sinner' who deserves the punishment of Hell, you will experience blazing hell-fires. All your own thought-creation.

Into ***whatever*** image you create come the real Masters, Guides and loved ones. They will welcome you and explain that you have exchanged your physical form for your 'real' spirit one, and they will urge you to do two things initially.

The first: to choose to shed all earthly pain; mental, physical and emotional.

They explain that now that you are in spirit, without the density of matter to hinder you, this can be done as easily as 'taking off your clothes'.

The second: to modify the image you have created into one that pleases, calms, and relaxes you. You need to do this before you are ready to accept the spirit world for what it actually is: pure, joyous energy.

Both these choices can be accomplished by you in an instant, if you agree; but ***your free-will reigns supreme.*** So if you say to the Masters, "I don't believe you! This is all a nightmare! I deserve to fry in Hell!", they will stand back and allow you to feel the pain of those hell-fires for as long as you desire. But the moment you are ready to shift and energetically ask for help, they will instantly be at your side to guide you out of the flames or the blackness.

They will then urge you to continue to thought-create that which pleases you. Many people, for example, thought-create their own homes (assuming they were happy there on Earth). But they are now aware of this. And when they feel comfortable enough to move further, they ready themselves to experience the

Universe for what it actually is: pure, beautiful, joyous energies; swirls of colour, vibration and music.

How can we all learn to channel?

(Laughing) If you weren't already inherent 'channels', you wouldn't be alive on Earth. Everyone channels; but not everyone is meant to be a public channel. Just as everyone's cells have the ability to self-heal and regenerate; but not everyone chooses to become a healer or a doctor.

What is channeling actually? Simply this: ***opening to your own higher frequencies.*** You have to first acknowledge that they exist and then choose to 'flow' with them. You conceptually know that you have an extended energy field; the higher soul. But how many of you actually choose to know it in here? (Pointing to the heart) It's rather like living in a large mansion, but locking yourself in one room and denying the existence of the actual home you own.

There are those who choose to believe that there is no other existence but this singular earthly life and continue to deny the existence of the magnificence of their own expansion and the magnificence of the Universe. They are, figuratively, locked in a dirty toilet. And yet, the key to unlock the door is in their own hands.

But the moment they begin to question life, their own existence and their mortality, channels miraculously open and answers start to come. And a flow is established with their own, divine frequencies.

No one can connect with any Master if they don't, first, acknowledge their own higher frequencies. Your higher soul is not somewhere 'up there' in the Universe; it extends all around you. Your incarnated body is the nucleus of this structure; it resides right in the center of it.

Till you acknowledge it, how can you acknowledge or 'channel' a Master energy? Because any external energy has to first enter your higher soul to even get to you. In short, if you deny your own power, you cannot begin to acknowledge or interact with any other energy.

Channeling is therefore just opening to the flow. How you hone it is your choice. You can connect for the self, or to serve others publically. Some channel and

create magnificent art, music, literature and dance. Others choose to channel and be the best mother and wife they can be. All of this is channeling.

What happens when you get possessed? How does one rid oneself of a destructive external entity?

When you are physically depleted and you encounter someone with a cough and cold, you often tend to 'pick it up'. But if you are strong and healthy, you don't. In exactly the same way, if you are energetically weak, you tend to attract energies and entities that are of a similar frequency.

The concept of 'possession' has become such an exaggerated one on Earth, due to lurid and sensational films and books. It is generally portrayed as 'evil demons taking you over'. Can this actually happen? Yes, it can; but it is extremely rare, and you have to be extremely energetically fragmented to be thus 'possessed'.

What is common, however, is this. When you are energetically depleted, you tend to attract to the self energies or entities of a similar vibration; ones that may attach themselves to you.

Aren't you familiar with the phrase "Misery loves company"? When you are in a bad mood or depressed, you don't want to be around cheerful people. You tend to feel worse about yourself. But the moment you find another miserable person, you feel a bit better about the self. You think you have found a kindred spirit.

In exactly the same way, if your frequencies are dim, external energies of a similar variety find it comforting to be around you. Most are not attempting to 'possess' you; they simply want to be in a vibrational field that is similar (and familiar) to theirs.

The best way to change this is to work at raising your own vibrations. When this happens, any entities of a lower vibration cannot attach themselves to you.

How would you do this? Find what suits you best. This could happen through chanting, meditation, prayer, or any spiritual practice that appeals to you. Counseling, therapy and medication may also help. Others may actually find physical activity the key, such as exercise and jogging. In short, anything that works for you, raises your spirits and makes you feel good about yourself.

Could you speak to us of Angels, Fairies and Unicorns? Do they even exist?

The **Angelic realm** is as 'real' as your Masters, Guides and physical selves. They are grand energetic Masters of great power, strength and love. On Earth, you love to use imagery: flowing robes, wings and halos that make the visual appealing to you. These are easily translatable representations of their incredibly powerful auric fields.

This realm spans time, space and dimension. The Angels with whom you are the most familiar are those who are powerful, yet gentle and loving beings. They also have 'cousins' with whom you are not so familiar. These Angelic beings oversee other Universal societies; both in this dimension and in other ones as well.

Though they all have the core of love, some are 'warrior angels', who actually fight for the light, with the light and of the light. Yet others are beings of pure education: their focus is to spread Universal knowledge and wisdom, and to awaken other beings.

This is a magnificent realm: one to be acknowledged, respected, honoured and appreciated. *If you feel a strong 'pull' to this realm, you must now acknowledge that you are an earthly part of their frequencies; an angelic representative on Planet Earth.*

Do not take these words lightly. Your mission will be to hold their energies along with yours and serve humanity in any way. Some come with world missions. Others only need to work with a small group. Yet others come to simply serve their own families.

So if you feel this strong 'pull', rest assured that they are with you every moment of your existence. Also know that a host of these magnificent beings will also be at hand to 'lift you out of your physical body', when the time is right. On wings of Angels.

Fairies are also inter-dimensional beings; but ones that most certainly exist on your planet, in your reality. Yes, they too have been romanticized in literature. They are beings of very high vibration that co-exist with you on earth: forest fairies, tree fairies, river fairies, mountain fairies and so on. They *are, generally, guardians of Earth's natural elements.* They have deep sensitivity and are in full

communication with all that they guard and guide. You can choose to tune into them.

(Smiling) A simple example: if you place fresh flowers or potted plants in your homes, you also invite a fairy presence that tends to them. Why not consciously welcome it as well? If you do so, the fairy presence will help you open to the energies that the flowers are releasing; and simultaneously help the flowers to receive your energies.

Now extend this concept: anything 'natural' that you have in your homes will have an accompanying guardian, such as crystals, wood, metals and so on. House spirits are also a part of this realm.

Unicorns never have and never will exist in this dimension of earth; but they always have and always will exist in alternate dimensions of earth. (Smiling) If you could open a window into an alternative dimension, you would see, instead of this room, a field filled with Unicorns. Right here, right now.

Unicorns are magnificent beings of tremendous strength, courage, focus, dedication, integrity and honour. They have an innate wisdom far beyond anything you have in this dimension. If you choose to tune into them, which you can now do, you can trust them implicitly and rely on their guidance a hundred percent.

Does free-will really exist on earth, or is everything pre-ordained?

In the past, there was a certain degree of genuine free-will. You also made certain choices which you thought were free-will ones, but they were actually pre-decided by you before you incarnated.

Let us hypothesize that you came to earth to learn to touch your power. You may have therefore pre-decided to meet a certain set of people who would repeatedly bully and oppress you, so that you could learn to stand up to them and touch your power.

When you then incarnated, you would surely meet them and start this process. You may have supposed that this was a free-will choice to associate and interact with them; but it was not. These events would have been cornerstones in your personal blueprint: ones you could not change.

How you dealt with them would be your genuine free-will choice. You could choose to actually learn the lesson by defying their authority, holding your own and standing up to them. Or you could have chosen to, once again, bow to the will of the group. Or you could have blocked them out, and buried yourself in a hobby or religious practice. And so on.

Today, this has all changed. *Starting 2017, all your cornerstones are now fluid.* So, even if you had chosen to come and learn to touch your power through, say, the experiences of marrying a tyrant husband, you now have the genuine free-will to change this around.

You can decide not to learn it through him at all, but through someone else instead. You can choose to learn it through another kind of experience completely. You can even choose to defer this lesson to another lifetime.

Even if you had chosen to grow and learn through the experience of cancer, and have been suffering from it for years, you can now decide, “I have learned all that I want from this disease. I now choose to go into remission”. Be certain of this, and it will be so. Such is your current, genuine free-will.

But if you don't believe this, and don't believe in your powers of re-creation of the self, then it naturally won't manifest.

Right now, you are all sitting in this room and listening to this discourse. You have several genuine free-will choices. You can walk out right now. Or continue sitting here and tune out. Or scoff at what is being said, denying its validity. Or listen and think about it. And so on. Your choice. And each choice will lead you down a different path of personal growth and evolution.

So what then of Karma and past-lives?

Yes, dear friend, you are a past-life therapist. We address all spiritualists now: regression therapists, astrologers, tarot readers and the like. Your work is not being invalidated. On the contrary, it is being taken to the next level.

As practitioners, if you lead a client through a past-life and he discovers a certain situation that is the root cause of his current problems; urge him to acknowledge this, learn from it and understand it. Then you must further urge him to touch his

power and choose to make a shift. You must explain that he is not bound by it anymore. *The fact that he has come to you and unearthed it means that he is ready to finish learning the lesson.* It's done in that moment. In that moment.

Could you speak to us about making choices in life?

There is no longer any 'right' or 'wrong' choice in your evolutionary process. All choices simply lead to different aspects of growth. In the past, you walked the road of life, and from time to time you would come to a fork in the road. This gave you the option of two (let us assume free-will) choices. Either one gave you a particular set of experiences; but generally one was more 'correct' than the other for you. And this process would keep repeating itself from time to time.

Now, there is no 'road' any longer. At each moment you explode into infinite 'points of light' or opportunities. And the moment you choose to focus on a singular one, it explodes again into yet another infinite set of choices.

So now there is no 'path of righteousness' and things that are 'good' and 'bad' for you. Everything is an experience; and each experience leads to an infinite set of more experiences. All experiences lead to growth and evolution.

Planet earth is moving from a 3-D reality to a 5-D reality. Some people are moving faster than others. How will this affect the human race, when earth finally moves completely into 5-D? Will some be left behind? Will they have to exit?

When you say "Moving from 3-D to 5-D", you are once again using a 3-D concept. You imagine an old earth and a new earth. But it will be the very same earth, with different dimensional existences in the same space.

Let us give you an example. In this very room, there are people of differing levels of awareness. Each one is listening to this discourse, and taking away something different from it. No two people are 'hearing' it in quite the same way. Some are receiving it from a 3-D level of awareness, others from 5-D and yet others from even higher levels of dimensional awareness. And yet you are all here at the same time, in the same space, listening to exactly the same thing.

Another example: if there is a young child at home, his level of growth and awareness is very different to yours, and yet he can easily co-exist with you.

So yes, though the people of earth, in general, are rapidly shifting; some doggedly cling to 3-D reality. Lightworkers and spiritualists are joyously leaping back and forth, as they must.

You cannot completely give up 3-D reality; if you did so, you would lose your bodies and your reason for incarnating on Earth. But your consciousness has to now be able to move back and forth, at will.

This process exercises your spiritual muscles. You are working towards transferring more and more of your consciousness into 5-D, while retaining a basic 3-D existence.

Look back at yourselves. Weren't you, in the past, so enmeshed in the trial and tribulations of daily life, so troubled by issues, so bothered by the opinion of others and so affected by societal norms? This still exists, but in much smaller doses: your awareness and consciousness is much more in 5-D now.

Don't you now find it harder to be around gossipy, petty-minded people? Don't you find yourselves less tolerant of mindless social conversation? Don't you find yourselves questioning empty rituals? Don't you repeatedly feel urged to be around like-minded people? All of this is indicative of your shift.

This shift does not deny you the opportunity, or pleasure, of still indulging in casual social events. Please do enjoy them. But that's not really who you are anymore.

Your quest is to transfer a vast portion of your energies into 5-D. Some of you have transferred about 70% to 5-D; others much less. You will never be able to transfer all your energies there. Just keep working at it.

We have been taught that all our incarnations are actually simultaneous and concurrent. Do events in one reality then affect all the others as well?

Yes, indeed they do. Events in *any* incarnation simultaneously affect all the others, and this interactive 'flow' is getting stronger and stronger. 5-D reality demands that you understand this concept.

Right now, you are all sitting in this room and getting a boost in knowledge and awareness. Simultaneously, all your existences are also experiencing some form of an ‘awareness boost’; ones appropriate to their levels of development.

In the same way, if you go through a painful experience, all parts of the self in other incarnations are also going to experience something that shakes them up as well. The levels of intensity will vastly differ; but it will happen.

Each incarnated part of you is now in constant communication with all the others: ‘group conference calls’ take place moment-to-moment.

So if I die, in this reality, do all the other parts of me also follow suit?

Not at all. Again, you are viewing this from a 3-D ‘time’ perspective. This ‘you’ exists in the current century, but other parts of you exist in different centuries. They all have their own time-lines. But you never lose connection with your other ‘selves’; it makes no difference whether you are in an incarnation or in spirit.

It’s a celestial dance: some go ‘up’ and some come ‘down’. It’s a cosmic swirl: the dance of the Krishna.

So if another part of ‘me’ exits, am I affected by that?

To a degree. Aspects that they have assimilated and the expansion that they experience when they return home affect you.

Let’s illustrate this with an earthly example. You have all heard of the empathetic bond that often exists between identical twins. They can often sense what’s happening to the other, even without conscious knowledge of the event that has taken place. When the event is painful, the other twin may experience a sense of dread. When the event is joyous, the other experiences an inexplicable sense of joy and elation.

I have experienced just this. I have an identical twin. We were in different countries at the time she had a severe epileptic seizure. I suddenly got terribly uneasy, called home, and found out what had just taken place. I just knew that something was wrong with her.

Thank you. So in this way, you are always affected by things that occur in your simultaneous and concurrent self; but not overwhelmed by them.

Sometimes we just feel 'off-mood' or joyous, for no apparent reason. Could this be the reason?

Yes, indeed it could. It's not the only reason for it; but often it is. Elation, however, can also come from an external source. Someone could be thinking of you with love, or praying for you, or mentally thanking you for what you have done for them. This kind of energy is very tangible and very experiential.

We have deliberately raised this point, as we would like you to consciously open to this energy. All of you receive far more blessings than you know you do. Open to them.

Why is the experience of molestation such a prevalent one? And why between siblings or family members?

Per se, any form of sexual molestation is generally created by a soul who has, over lifetimes, given his or her power away to others. The learning is to stand up, speak out, stand one's ground, value the self and fearlessly face up to authority figures.

When this pattern has been incessant and extreme, the soul sometimes chooses to create this kind of intense experience; one which it hopes will jolt it into awakening.

Intra-family sexual relations are created for a variety of reasons. But a common link is this: they have had a repeatedly tangled past-life relationship; one which they are urging the self to work out. By choosing to come together in the same family, they are not only bound together once again, so that they cannot easily escape the event; but also urged to face up to the experience and work it out.

Many people who are molested by strangers block out the event and try to escape it that way. But when it is a family member, you can rarely escape the event or the repeated memory of what has happened.

We will continue the question and answer session next week. We suggest you come prepared, and attempt to keep your questions brief and to the point.

(Now speaking to a newcomer in the room; an aura reader) Would you like to say anything about the energies you have experienced today?

I got a message to send light to several people in the room today, which I did. I also got a strong message to ask you to come to me for an energy scan/cleanse. This would help both of us: I can learn a lot from the process, and you will also benefit from it.

I saw a lot of light around you today, at various points in time. The purple light was the strongest.

I also got the profound realization that I don't need eyes or machines to read auras; I just need to open up. I truly thank you: today I was able to easily see auras after a very, very long time. Thank you!

Blessings! This was a 'trick' question, as each of the answers was given by different Master frequency. These energies changed very rapidly, like the colours and patterns of a kaleidoscope.

Many, many Master energies are present here in the room today. But the spokesperson is the ST. GERMAIN. Yes, the purple light!

BLESSINGS!
