

Sohrab's Channeling

20th July 2017

A QUESTION AND ANSWER SESSION (Part 2)

At the start of the meeting, Sohrab invited M., an 11-year old visitor from Switzerland, to address the group. Sohrab had narrated M's story at a prior session; but now the boy was visiting India with his Mother, and happily agreed to share his experiences with the group, in person.

M. described how he, and his best friend F., had made a soul contract to come together to Earth to fulfill a mission. They had decided to come to different families, but the same country. Since F. was nervous about the 'journey', M. had agreed to come to Earth 6 months in advance; so he incarnated in January, and his friend in June.

They had become friends at a very early age, but M's frustration was that his friend had no recollection of this process, so he didn't know how to communicate it to him.

M. further described the appearance of his Master at a very early age (whom he calls his 'Star-Wars God'.) The Master manifested from early childhood, and would appear before him at various intervals, assuring M. of his support and guidance, particularly in times of trouble.

M. described his Master as non-human, but as 'real' as any person: at times he could not only see him, but also physically touch him. He even told the group that his Master would often be with him when he was in utero; compressing his energies so that he did not damage M's mother.

M. also spoke of being able to communicate with a 'green lady' in his garden; one whom only he could see and hear.

Though he did not speak of it this time, I would like to remind the group of

his prior message, in which he shared how he would voyage nightly (astral-travel) with his guide, visiting another Universal society. This was a benevolent species; humanoid but much shorter than the human race. They always welcomed him and asked him to work alongside them. Then, at the right time, his Guide would tell him he needed to return to his body on Earth.

The group enthusiastically urged M. and his mother to join them at the next meeting.

Sohrab then proceeded to first address a couple of the group member's questions; ones which had not been answered at the last session due to limited time.

(Note: I am writing the answers to these two questions in my own words, as I did not record this section of the meeting.)

What is a Walk-In?

There are times when a soul wants to come to Earth to fulfill an urgent mission, but does not want to waste time going through the usual processes of being born, moving through childhood and teenage years, before beginning the mission. This soul may then contract with another person who is going to exit the body to affect a 'soul-swap'. This way, he comes straight into adulthood and can begin his mission almost immediately.

For this to happen, the physical body generally needs a vigorous shake-up. Therefore this generally happens through (what appears to be) a near-death experience. The person may create a bad car-crash, or be caught in an explosion, or even have a violent heart-attack. Through this process, the original soul exits the body, the new soul comes in and the person 'miraculously revives'.

Since the 'person' is now a different soul, his tastes, likes and dislikes, attitudes and modes of behaviour often change. He often does not feel the same way about his earthly family. This has, on occasion, led to a break-up of the family unit. However, he generally has an urgent desire to 'do

something different' with his life: his soul mission.

This may be to take up a new course of study and education, start a foundation or write a book, for example. Some soul missions may affect people worldwide, others may be ones that reach a small group of people, and yet others may be entirely personal missions.

I would now like to remind you of something the Masters had shared with us at a prior session; something you won't find on the net or in Spiritual books. There is another form of a walk-in; one called a **Support Soul**.

When a person on earth wants to continue living on Earth (for personal growth reasons) but their body is collapsing, they may enlist the aid of a Support Soul. This wonderful spirit friend acts as a silent nursemaid, simply keeping the body alive and functioning, without imprinting its personality on the person. The person therefore continues to live and function just as he always did, with no change whatsoever in personality.

This is true altruism: the person on Earth has no conscious knowledge of this, and therefore gives the support soul no acknowledgement or gratitude. Yet, without the silent strength of the generous support soul, his body would cease to function.

Can you speak to us of Judas and Ravana, the so-called 'villains' in ancient texts?

Several years ago, when I was starting a meeting, I was suddenly filled with the energies of an overwhelmingly loving entity. I mistook this for the energies of Jesus; they were, in fact, those of Judas.

When addressing the group, he explained that, at soul level, the two entities who loved the Jesus the most were the Mother Mary and he. Therefore, when the 'drama' of the Jesus story was ready to unfold on Earth, the two of them both requested to be allowed to play the role of the villain, to serve Jesus.

At a celestial conference, it was then decided that the Mother Mary could

not be permitted to do so; if she did, it would distort mother-son relationships forever. This role therefore was awarded to the Judas.

He further explained that, while on Earth, his deep love for Jesus repeatedly interfered with his mission: that of playing the role of the betrayer. His greatest friends were therefore emotions like envy, jealousy, one-upmanship and so on. Every time he went off-track, one of these would surge up and keep him on course.

When he returned to spirit, there were no karmic repercussions as he had successfully completed his mission. His reunion with the Jesus, in spirit, was joyous and all-embracing.

He also told the group that it takes a really strong soul to withstand waves of hatred that he constantly received from humanity, even today. Every time there is a Christian festival, he experiences this anew. And yet, he accepts this with equanimity, as his love for Jesus is all-embracing.

(Sohrab now begins the channeling)

Greetings. Let us have your questions.

If this was the case, why did Judas commit suicide?

The pain of his action of betrayal was too much for his human aspect to bear. He therefore chose a quick exit. He also experienced overwhelming weariness of the human form, and yearned to return to spirit, to be with his loved one.

In this case, there were absolutely no karmic repercussions: full divine dispensation was given to him for the act of 'suicide'. When he returned to spirit, the two souls merged. It was pure bliss.

Now understand that the ***Jesus and the Judas are two parts of the same soul***. So if you send thoughts of hatred to the Judas, you are actually doing the same to the Jesus.

This is what most do not understand. They repeatedly reject and revile

aspects of the self that they cannot abide; and in doing so, they are rejecting the self in totality.

Could you speak of the Goddess Kali? Why is she always portrayed as so fierce and destructive? How can one connect with her energies without becoming imbalanced?

The 'destructive' aspect of the Kali is but one part of her. **ALL MASTERS, including all of you, contain the holy trinity of creation, preservation and destruction.**

Here is a clear example of this: a surgeon must function with all three aspects in perfect harmony. He must go into the physical body and mercilessly **destroy** the cancer, in order to **preserve** the patient's life and **create** a future for him.

He cannot begin the operation and then say, "Poor cancer! I feel sorry for you. Let me leave you alone." So when he is destroying the cancer, he is embodying the aspect of the Ma Kali with which you are the most familiar. Yes, this may be labeled 'fierce and destructive'; but it is definitely not 'evil'.

There are certain Universal societies which view the Ma Kali as you view the Mother Mary on Earth; because there she projects her gentle, loving, nurturing, embracing side. If you told them of her 'fierce and destructive' ways on Earth, they would not believe you.

So all Masters have all three aspects, but different Masters play different roles in different societies and at different times, as is necessary for the evolution of a species.

Some magnify their powerful, destructive aspects; teaching you to do the same when necessary. Others magnify their creative or preservative aspects; urging you to discover the same in the self.

How would you 'best' connect with her, or with any other Master? The process is very individual; but in general, we suggest that you balance and center yourselves, and **deem yourselves worthy** of the connection. Then

trust the connection. And that's it.

You don't need to fear or protect yourselves from a Master connection: all Master energies are magnificent. As an experiment, why not choose to connect with the Judas energy, or that of the Ravana or the Kaikai? Discover them for yourselves. All are grand energies.

Could we call upon a Support Soul to help another person?

No, you cannot. But you can, physically or energetically, urge the other person to do so for herself. So if a person is either dismissive of 'spiritual concepts' or, perhaps, in a coma; go ahead and talk to the higher soul. Urge her to do so, but simultaneously release the outcome; as the person will only heed your advice if it is appropriate for her growth and evolution.

Is it possible to protect oneself from Black Magic?

Dear friend, this has been recently discussed. In general, the best way to ward off any energies or entities of a lower frequency is to raise your own vibrations. When you do so, anything of a lower frequency cannot attach itself to you.

What happens to our souls when we go to sleep? How can we better prepare for this?

Let's first dispel a myth. Most of you believe that you only astral-travel at night. We tell you that you astral-travel 24-hours a day. ***The soul is a master multi-tasker.***

Right now you are all sitting here, presumably listening to this meeting (laughter); yet other portions of your energies are doing all sorts of things, on earth and in the Universe. You never really 'fully' inhabit a physical body. Your extended energies can go here, there and everywhere; and indeed do so, at will.

However, when you are asleep, a larger portion of your extended energies travel the Universe. The same would apply to a comatose patient.

When you travel, you do a vast amount of work. ***Healing is the major task of all Lightworkers. Even if you don't consciously know it, all of you are Master Healers, serving a variety of aspects of Planet Earth.*** On certain nights you may choose to work with a single individual, or a group, or a war-torn zone, or with Planet Earth herself: healing, nurturing, guiding and balancing. This is done by you, day and night.

But beyond this, your soul works with many other tasks. Being so vast, you can (and do) many things at the same time. A portion of you may focus on ***education***; urging blocked souls to move beyond their limited thought-processes and belief systems, and to open up to their higher wisdom and self-awareness. A portion of the self offers itself as a ***'Universal Social Worker'***, selflessly aiding any aspect of the Universe that needs your help.

You also take ***celestial energy courses*** for your personal growth and development. These could even further what you are studying on Earth. If, for example, you are studying a new healing technique on Earth, you might simultaneously take up an advanced course in the same subject in the Universe. Even if you are taking cooking classes on Earth, you might join forces with experts in spirit, so that you can hone your innate knowledge and instinct, and better your culinary creations on earth.

Many of you are ***spirit law-makers***, working in teams to establish up-to-date spiritual laws on earth; ones in keeping with Her rising consciousness. Many old energetic laws do not hold good anymore; new ones have to be created, moment-to-moment. The list is endless.

How can you better 'program' yourself? Try and relax the body before you go to sleep. Call upon your own higher energies, Masters and guides; ask to be taken on voyages and to be given windows of clarity in the morning, so that you remember your trips.

This will require some training, as the mind is accustomed to 'closing down' at night. A small portion of it needs to be trained to recall your journeys in

the morning. This can happen, with strong intent and desire on your part.

It may interest you to know that **a family conference takes place every single night**. A portion of you communes with your immediate family, sometimes your extended family, and on occasion with your spirit family. It's exactly like a common ritual on earth; one in which the family sits down to dinner together and discusses the events of the day.

These astral conferences are longer and even more intense if, on earth, you are at odds with certain family members. You discuss this at a higher level, in balance, and attempt to bring yourself back on-track, assuming that this conflict is not part of the greater scheme of the family's evolutionary process.

If a 'family war' is necessary, you may even discuss, in great harmony, how you can best further the earthly conflict.

What of orphans or abandoned children?

First of all, please understand that it requires **great soul strength** to choose to come to earth as a 'parentless' child; not from the social perspective, but from the energetic one. In general, the energies of parents are a key factor in the evolution of a child. **An orphan is an energetic pioneer; one who chooses to do it 'on his own' by tapping, almost exclusively, into his own energies**. Even when they are adopted, they have to primarily touch and draw upon their own energies.

So, in this case, **a celestial family conference would take place between the child and his own higher soul**. The higher energies of his surrogate parents, if any, would also be present; but their contribution would not be of prime importance.

So, if you were an orphan, it would be a chat between you and YOU. You are, energetically, your own father and mother.

At night, can we request a certain Master to take us on a specific voyage?

In general, we suggest you surrender to the choice of your higher consciousness. But yes, on a certain night, if you really want a favourite Master to take you somewhere specific, you may certainly ask for it.

Listen to your inner promptings. You may, perhaps, have watched the news on TV and been greatly affected by the plight of children in a certain war-torn area. You do have the divine right to say, "Tonight, I COMMAND my Masters to accompany me, while I go to the aid of these children." Go ahead; do it.

I sometimes wake up with the remnants of a dream. This stays with me for a while. Would this be a voyage?

Most times, yes. We suggest that, when you wake up, you don't strain to remember the voyage. This only pushes it further away. Instead, relax into the conscious memory of it.

"I AM THAT I AM." What does that really mean?

It is a statement that helps you acknowledge and embrace the magnificence that is you. It is a statement that helps you KNOW that you are a co-creator of ALL THAT IS. It IS.

Could you speak of twin souls and twin flames?

Twin souls are ***two energies that are strongly united***, rather like two lovers or two closely-bonded friends in the spirit realm. They come to earth for both separate and joint missions. They often choose to incarnate as a deeply united couple, inseparable friends or close siblings. Some even choose a devoted Master-Pupil relationship. The pull between the two is extremely strong.

Twin flames, however, ***are two portions of the same soul***. This term is glibly used on earth. Many claim to have met their twin flames: ***you rarely, if ever, meet your twin flame***. And there is a reason for this.

If you did, you would get so absorbed and obsessed with the person that you would completely ignore your daily duties, personal growth plan and even your life's mission. You would want to be with that person at all times, to the exclusion of everyone and everything else. And this would naturally invalidate your choice of growth through this incarnation.

You would recognize that the other person is an externalized part of you, and the yearning to merge would be so extreme that it could even destroy you.

Lovers, who commit suicide together, are often twin flames. The physical separation of being in two separate bodies can be too much to bear; they would rather unite in spirit again. Even sex is not enough. They often try to use the act of sex to merge with each other, but this only leads to a further sense of loss and separation when it is over, as they naturally inhabit separate bodies. This is excruciatingly painful. So twin flames rarely, if ever, permit themselves to meet.

So why do they separate in the first place?

By doing so, they double their growth and experience. Each may choose to live in different parts of the planet and go through different experiences. When they both return to the merged soul, they have earned the equivalent of a 'double Ph.D.'

We joyously offer you yet another session next week.

YOU ARE BLESSED AND EMBRACED BY THE ENERGIES OF ST. GERMAIN.

(Sohrab shifts energies)

Yes, yes, yes; the Meher (Baba) is also present. So many are mentally saying "Where are you today?" (Laughter)

MEHER BABA BLESSES YOU.

(Sohrab shifts energies)

A special blessing, and deep gratitude, from the energies of the JUDAS.

Gratitude, gratitude, gratitude.

A note from Sohrab:

After the meeting was over, two people identified themselves to the group as Walk-Ins, and shared a little of their stories with us. Please bear in mind that this is an extremely rare phenomenon; there are only a few worldwide.

The first was a lady who already knew she was one. She had had a very bad accident and was incapacitated for months. Her entire personality changed, as did her role in life. She now follows her mission: that of starting a foundation to aid the underprivileged. This lady 'coincidentally' chose to come to this particular session; she had not attended a meeting here in years.

The second was a man who was a first-time attendee. He had never heard of this concept, but as I was speaking of it, it started 'clicking' for him, and he just knew that he was one as well. He, too, had had a bad car accident, after which his life turned around. In his case, he contemplated giving the meeting a miss due to a torrential downpour, but 'something' urged him to come.

He said he wanted to go home and ponder over it, to re-discovering himself.
