

Sohrab's Channeling

3<sup>th</sup> August 2017

CONNECTING WITH THE HIGHER SOUL

A RENEWED RISE OF FEMININE EMPOWERMENT

*Prior to the meeting, Sohrab discussed the higher soul with the group. He explained how the higher soul could have skills and attributes which would not necessarily manifest in a particular incarnation.*

*He cited the example of a client who, at soul level, was highly scientific: so much so that, in repeated incarnations, she had focused exclusively on this, and ignored all her other intended lessons. To ensure that this did not happen again, she had, in this lifetime, deliberately stemmed that aspect of her natural flow. She considered herself a 'dud' in science. Her intended growth was in the area of relationships, which she was now focusing on; working to create harmony in her family and amongst her friends.*

Greetings!

Yes, let us begin by asking each of you to connect with your own higher soul. Do this with joy and a sense of fun. Close your eyes, draw on the beautiful energies created by this entire group, and know that your higher soul is all around you; not 'somewhere up there'. You are the nucleus of this magnificent energy. So just enjoy your own higher soul frequencies, in silence, for a few minutes. (Pause)

Today, for fun, give this higher soul a form that pleases you. See it as male or female. Give it a pleasing physical form, clothing and any other attributes that make you feel good about yourself. (Pause)

Now greet this form as if you were greeting a beloved Master. Fall in love with it. Give it a hug. (Pause)

Feel out its energies. Does it feel powerful or gentle? Does it feel vibrant or serene? (Pause)

Now ask it to reveal to you any three attributes that it has. (Pause)

Give it a hug again, and know that you are embracing YOU. Stay in this tight, warm, loving embrace for a few moments. (Pause)

Now... feeling happy, joyous, youthful and rejuvenated... slowly return to full consciousness. (Pause)

Would anyone like to share an attribute they weren't expecting?

*Even before you asked us to 'give it a form', one had already appeared before me; one that I certainly did not expect. It was huge. A joker. Very powerful. Almost intimidating. I could feel his power; this made me uncomfortable.*

Yes, that was your earthly resistance to the image. The 'joker', in myth and legend, is always the truly wise one. He may play the fool at times, but this signifies joyous abandon and his surrender to the Universe. He knows it's all a game. Within him is a fount of knowledge, wisdom and awareness; all treated with light-heartedness. The part that scared you was his depth: you are actually threatened by your own vastness. Be aware that you are unwilling to touch your own magnificence.

Anyone else?

*Yes. At soul level, I am apparently non-judgmental. This did surprise me, as I do tend to get judgmental quite often; yet I don't want to be!*

Now learn how to be non-judgmental from your own higher soul, instead of trying to ask others how to do it. You are a master of it. So the next time you catch yourself being judgmental, just remind yourself that you are moving away from your own, natural, inherent flow.

*I saw myself as a wise mother with a young daughter, and the word that came*

*up was 'marketing'. And I am terrible at marketing!*

What do you mean by 'marketing'?

*I guess selling something?*

Your higher soul is simply urging you to acknowledge, streamline and better market your own talents.

*I saw myself as a white dove. What does this mean?*

(Addressing the group) What is the spiritual significance of a white dove?

*Peace.*

*Messenger.*

*Freedom.*

*Purity.*

*Love.*

*Innocence.*

You have your answer. Anyone else?

*I simply saw my current form as my higher self; it was like looking into a mirror. When I embraced it, I felt there was no separation; we were just one.*

Excellent.

*I saw my grandson's image. He came forward, embraced me, and then said, "I can swim well. I can play well". Then he started to play the piano like a professional. I found myself saying to him, "Do things at your own pace". He responded with, "I can do everything well. Who are you to judge my progress?"*

Your higher soul was simply showing you your own energetic youth, innocence, capabilities and vibrancy. Yes, at soul level you are a 'young soul'. Not an immature one; but one who is filled with inner youthfulness,

musicality and athleticism.

Higher-soul athleticism does not necessarily refer to 'sports'; it is the ability to leap through concepts and transcend time, space and dimension. It is a soul that acknowledges all Universes are its playground.

*I, too, saw myself as youthful. The attributes I got were conscience, dedication and entertainment.*

What does 'having a conscience' mean to you?

*Being true to oneself.*

And 'dedication'?

*Dedicating oneself to one's family and loved ones. Loyalty. Taking care of the self.*

Excellent. And we will answer the third. Entertainment...means exactly what it says. (Laughter)

Yes, at higher-soul level, you are a true entertainer. You work with humour, joy, fun. You have a soul-level understanding of rhythm, dance and music. You are the quintessential "Cabaret Artist in the Sky"! (Laughter)

Yes, this is very needed at soul level! Let us explain this. Sometimes on earth, when you are feeling low and depressed, you need a friend to use a little humour and urge you out of your funk.

Now, higher soul energies are always expanded, but some can get extremely intense. A scientific higher soul, for example, may begin to energetically turn inward on itself, in its unrelenting quest for the advancement of science. It would take another higher soul like yours to jolt it and urge it to open up. You might urge it to explore the musicality and the entertainment of science!

Many of you are Universal energetic 'entertainers'. It is a prerequisite of being a Lightworker.

Dear friends, the energies that speak today may surprise you. We have addressed this group in the past.

In our incarnated form, we have experienced extreme power, extreme powerlessness and all the degrees in between these two polarities. We come today to speak of this and to address the women in this group.

Once again, ***a window of opportunity has opened up for the women of earth to touch self-empowerment.*** Universal energies are being directed to those physical areas in which women are traditionally oppressed. These will naturally target the Middle East, the Far East, and pockets worldwide where women are repeatedly marginalized.

You will notice, over the next few months, women suddenly beginning to speak up and speak out about their issues. You will read of this on the net and in your newspapers, and you will see it on TV.

You will also experience it personally. If there are still areas in which you feel oppressed or repressed, you will feel urged to stand up, speak out, hold your ground and declare your worth.

Our energies have dedicated themselves to this country, and we work joyously to uplift those women who need a boost of courage. We urge all of you Lightworkers to follow suit. If you come across women who are oppressed, urge them to speak out. Give them support and help them understand that they deserve the best.

*Last week the Master spoke of the upgrade of the throat chakra. He asked us to watch our words, tone of voice and phraseology. If women now have to speak up and even been forceful, will this adversely affect that process?*

Not at all; it will support and further it. You must speak up and speak out, using force and authority when necessary. But it must always come from a space of inner balance, centeredness and self-empowerment.

You are also going to experience a personal ***rise in your own femininity.*** Now this may seem a paradox, as we have just spoken of furthering your

masculine attributes of standing your ground and speaking out. But it is not. The two must rise together to maintain a perfect yin/yang balance.

So if you suddenly feel like enhancing the self cosmetically, changing your style of hair and clothing, altering your posture and body shape...please listen to the self and follow through. The current energies will support you in any decision you make to enhance the self...as a woman.

Do not dismiss the 'cosmetic' urge as a frivolous one. One such change can give you such a surge of power that it may set off a chain reaction, leading you to overall self-empowerment.

***The next two to three months are going to offer you the opportunity to have several discussions with men.*** This will include family members, friends and complete strangers. These men are likely to be of two predominant types: those hungry to listen and learn; and those who are traditional 'male chauvinist pigs'. (Laughter)

Be open and forthcoming with the former group, sharing your wisdom and spiritual knowledge joyfully. But with the latter group, you will have to learn to stand your ground, even if they attempt to belittle you. Yes, you may even need to tell them a few 'home truths'.

(Smiling) Remember, if you have a very submissive personality, you will draw the latter group to you!

Now we speak to you and him (D. and Sohrab); the two representative males in the room. (Laughter) The feminine side of the male is also going to experience this, but to a lesser degree. However, ***men in general are going to experience a tremendous boost in creativity.***

This will invite all men to explore any aspects of their creative flow that they desire to further. This could include traditional exploration of the arts, or being creative in their work life, or being creative in the way they handle their personal relationships and so on.

(Pointing to D.) Have fun with it. Don't allow yourself to be oppressed by all

the women in this room who will attack you after this meeting! (Laughter)

BLESSINGS FROM THE HIGHER SOUL ENERGIES OF THE ZEENAT AMAN.

*But she's still alive!*

The **higher soul energies** of the Zeenat Aman. Listen to our words!

The Zeenat Aman has experienced every degree of the empowerment scale, from complete power to complete powerlessness. She has gone from being one of the most beautiful, sought-after women to an abused and publically-humiliated one. She has experienced India-wide acclaim and India-wide scorn and derision.

Do not mistake her for who she appears to be. She is a grand energetic Master; one who has come to teach others, by example, to climb the ladder of self-empowerment.

Her higher soul energies are here today to address **every single woman** in this room. Yes, each one of you has brought yourselves here today to experience these energies. In your own time, as yourselves why.

BLESSINGS.

(Sohrab shifts energies)

The Meher (Baba) is nervous today! Now all these ladies are going to shout at him, and tell him to cut his hair! (Laughter)

Blessings! Be as powerful as you can be! Be shining examples to the women of this country. Lead the way.

And yes, if any man stands in your way, give him a swift kick in the pants. (Laughter)

(To D.) Son, you had better run now! (Laughter)

BLESSINGS.

(Sohrab shifts energies)

The ARCHANGEL MICHAEL comes to lead the energies of the healing today. He also offers his assistance to those who are ready to pass over. He will help them on their journey.

Please send out your collective light to all who have asked for healing today; as well as several others who are connected, in some way, with this group.

Please send out the energies of pure love, light and (if appropriate for them) a smooth passage into the spirit realm. Bless them all. (Pause)

(Addressing A.) Dear one, you may now call upon the Michael to help him (her father) release.

A footnote from the Michael, for all who currently have throat issues. Spend a few minutes tonight singing aloud! Not in your head. Don't mumble, don't hum...sing. You may do so publically or privately; but sing. We demand that you do so for 4-5 minutes. Don't strain the throat; but sing aloud.

Choose any song that makes you happy; one that makes you feel loved by you. One that uplifts you from the heart. Do so, and notice the difference tomorrow morning.

BLESSINGS.

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