

Sohrab's channeling

10<sup>th</sup> August 2017

THE ENERGIES OF A NEW YEAR CELEBRATION

THE CURRENT ZOROASTRIAN NEW YEAR ENERGIES

BIRTHDAY ENERGIES

Greetings!

Every community celebrates some form of a New Year, at some point during the course of the calendar year; and the world collectively celebrates New Year on the 1<sup>st</sup> of January.

A certain energetic event takes place every New Year. Let us first speak of a community's New Year, and then of the world-appointed one.

It doesn't matter whether or not you are a practicing member of your community; the fact that you are born into it means that you are energetically affected by its frequencies. And its New Year energies will therefore strongly influence you on that day, whether or not you choose to celebrate it.

So what happens on that day? You energetically shed aspects of the 'old you' and simultaneously open to aspects of the 'new you'. Your physical cells tune in to the upgraded community vibration and start to self-activate. They begin to vibrate faster and faster, at various intervals during that 24-hour day. They intermittently speed up, slow down and speed up again; creating a rhythm appropriate for the self.

***This accelerated vibration helps you shed old aspects that are now no longer appropriate for the self. The slower moments allow new energies to flood in; ones that you intend to use during the upcoming year.*** Let's illustrate this

with an example.

Let us assume that a certain person has worked very hard on self-empowerment, and has truly moved forward in her dealings with her tyrant mother-in-law. On her New Year, when her vibrations automatically increase, her old patterns and habits of submission will be released; and new energies will flood in. These will boost her self-empowerment and will offer her the opportunity to deal with her mother-in-law in a new and renewed way during the upcoming year.

It truly is a day of 'rebirth and rejuvenation'. ***This is why it is so important to keep asking yourself, "Who am I, NOW?"*** The new energies will certainly flood in; but if you *still believe* that you are the old victim, you will simply replay those old patterns and the new energies will go to waste. You will pollute them with outdated thought-patterns and belief structures; ones that are no longer valid.

Understand this concept with another, physical example. If you have lost a tremendous amount of weight but keep believing that you are still fat, the energies will only put that weight right back on your body. In short, you are, with your outdated belief structure, simply creating the 'old you' all over again.

Now that you know this, choose to use the energies of your New Year to your benefit. We suggest you spend a little time with the self, any time during the course of the actual day, and open to the energies. You will feel a vibration in your body; one that is different from the norm. Why not ask the Higher Self, "What have I shed today? What have I downloaded in its place?"

Now here's the fun part...you don't have to wait for your particular New Year. You have the right to energetically connect with any community's New Year. If you do so and make an energetic decision to participate in the upgrade process of the day, you will most certainly receive it.

Now imagine how many re-birthing processes you can experience in the

year! And to answer your unspoken question....

*Can we over-dose on this process?*

No, you can't. You may re-birth daily, if you so choose.

***Now let us speak of the 1<sup>st</sup> of January, which is Earth's appointed New Year. On this day, all her kingdoms energetically unite and choose to undergo the same process collectively.***

Should you choose to tune in on this day, you would sense not only your re-birthing, but also the re-birthing of every aspect of the Planet. The collective consciousness leaps forward on this day; but it is then dragged back down by old thought processes and behavioural patterns during the course of the year.

Now, you are well aware that the Zoroastrian New Year is approaching. All of you can choose to interact with its energies, if you so desire.

For the benefit of the newcomers in this room, every community has an energetic theme. The Zoroastrian theme is to ***"help people be the best they can be, at whatever they choose"***. Remember, the energies don't discriminate between what you term 'good' and 'bad'. So one person could draw on these energies to further his business in a fair and just manner, and another could use them to be an excellent thief.

This theme takes on a different and unique thrust each year. This year, the Zoroastrian energies will **help you bring colour back into your life.**

This is in keeping with the theme of this year, which is 'rebirth and recreation of the self'. When you bring colour, joy and music back into your life, you rebirth in a quicker and more expansive manner.

We remind you; you can be a member of *any* community and still interact with these energies. You just have to choose to open to them.

Let us look at 'colour' from the mental, physical and emotional perspective.

These energies will give you ***the opportunity to think differently.*** You will



find yourselves creating challenging situations and concepts; ones that you have to 'figure out'. Not traumatic ones; but challenging and exciting ones that stimulate your mental faculties.

You will have to ask yourselves questions like "How can I think differently, this time around?" and "How can I view this from a new, wider and more exciting perspective?" The energies will not only urge you to do this; but they will also stimulate your brain, pituitary and pineal glands so that you begin to think 'out of the box'.

You will also be faced with ***physical situations which urge you do things differently.*** This will challenge your habitual behavioural patterns; and will urge you to act differently, in the moment, in fullness.

The current Zarathustrian energies will also stimulate the emotional body, virtually forcing you ***to love, honor and respect THE SELF.*** Of course you can exercise free-will and refuse to do so, in which case you will feel very depressed and internally disjointed.

All in all, should you choose to connect with these New Year energies, you will offer the self a feast of gifts. Please avail of them.

*There are so many community New Years in India. May we choose to connect with as many of them as we wish?*

Yes, indeed. The choice is yours. We repeat: this has no bearing on physical celebrations. All you need is an 'inner space of celebration and connection'. And there is no limit to this at all: you could even choose to open to the energies of two New Year celebrations on the same day.

However, we do suggest that you exercise discernment. Don't just 'over-eat at the buffet' for the sake of doing so. If you don't feel intuitively drawn to the energies of a particular New Year, let it pass you by. Listen to your inner promptings.

*Does this apply to all the festivals celebrated by a community?*

No; this specifically applies to each community's New Year. However, all

festivals have energetic benefits; and you may certainly avail of them.

*What happens on a birthday?*

This has been discussed, in great detail, in the past; but let us speak of it again, for the benefit of the newcomers.

When you are physically being born (either through the normal delivery process or a caesarian section) you receive the single, largest dose of energies that you will ever receive in this lifetime. It's rather like programming a complex computer in a few seconds. This is why most babies cry. Yes, of course they have to expel fluid from the lungs and learn to breathe air; but the emotional content of the wail is due to the feeling of being energetically overloaded with information and consciousness.

Now, every time a birthday approaches, a new flow of energy begins to fill your body. This starts a week to 10 days before the actual birthday, and continues for the same time period after. So you have a wide window of about 20 days, during which you are programmed for the upcoming year.

*What are we programmed with?*

It's extremely personal and individual. And it is your 'birthday gift' from your own higher soul. This is why, when your birthday nears, you start to feel a sense of childish excitement. You logically assume that you are looking forward to your party and your gifts; but in actual fact you are enjoying the inflow of wonderful new energies. Yes, Universal drugs; ones that give you a 'high'! (Laughter)

Those, however, who allow themselves to get depressed as a birthday approaches, are endangering themselves. They are blocking the inflow of the necessary energetic fuel for the upcoming year. They are the only losers. They, then, have to 'run on empty'; and very little growth takes place during the year.

This doesn't mean that you have to celebrate publically. Allow your inner sense of happiness to arise, and choose exactly what makes you feel good.



So if you want to have a party for a hundred people; please do so. Alternatively, if you want to spend the day in solitary, silent meditation; please do so. But make sure that your choice comes from an inner space of fullness and completion.

*I have two different birthdays: one calculated by the Parsi calendar and the other by the Western calendar. So which one would energetically affect me?*

This will entirely depend on which you feel is the more important one. You will energetically call upon the inflow of energies on that day.

*Today is my Parsi 'Roj' birthday. May I please ask for blessings and a birthday gift?*

You are indeed blessed by us and by your group. And isn't all this knowledge a wonderful birthday gift?

*I'd like something more! (Laughter)*

(Smiling) We are going to ask every man in this room to give you a resounding kiss after the meeting. (Howls of laughter) And you are going to accept these kisses with no embarrassment! Hear our words: **resounding kisses!** (More laughter) And if any of the ladies would like to offer you the same, please accept those as well! No resistance! You asked for it; you got it! (Laughter)

Of course you are blessed, dear one.

*What is the best way to connect to the energies of any New Year?*

This is very individual. If meditation works for you; do so. Invite the energies of the community into your auric field and body and simply enjoy them. If practicing a ritual of your choice means something to you, then carry it out and simultaneously invite the energies in. And if you prefer to simply command the energies to enter you; do just that. Find your own way.

Dear friends, mindless rituals are now going to energetically backfire on you, if you continue to practice them without the inner desire to do so.

Please don't follow them because you 'have to' or because society demands this of you.

With your current level of high-vibrational frequencies, if you carry out a ritual because you 'have to' or because you 'should'; you will pollute your own energies. This includes any arti, pooja, or prayer regime that you may be habitually following. So choose to do it wholeheartedly and with joy; or don't do it at all.

Another way to connect to any energetic flow is through music. Music is a high conductor of energy, and facilitates a smooth and easy flow between matter and spirit. So you could put on any music of your choice, invite the energies in and (preferably) dance to it.

*What happens energetically when a person is born into a particular religion and then converts to another?*

A person uses the energies of his birth-religion to propel him through his lifetime. It is his foundation. But if he converts, or simply practices another religion, he combines the two energies; thereby increasing his energetic foundation. The same applies to inter-faith couples. And children of mixed marriages who do the same widen and expand their energetic base even further. It is very healthy.

*What of an adopted child?*

The same applies here. He would energetically be influenced by his birth religion as well as those of his adoptive parents.

*What if we just 'hang out' with another community on a regular basis?*

If you have a sense of fondness for that community, then you are absorbing those frequencies as well.

(Smiling) Dear friends, all of you have chosen to come here today and 'hang out' with the Zoroastrian Navroze energies today. You have already connected with them.

We leave you now in joy and blessings.

The Zarathustrian energies speak today in the form of THE MERLIN.

Yes, the Alchemist. Transform your lives. Change Lead into Gold.

Blessings!

(Sohrab shifts energies)

THE MEHER (BABA) BLESSES ALL!

(Smiling at N., the birthday girl) And he is the first in line to kiss you! Come forward! Come, come, come! (She does so; and he kisses her loudly on the forehead) Was that 'resounding' enough? (Laughter)

(Calling on R., whose birthday had just gone by) She deserves a resounding kiss as well! (He does so)

Blessings. Blessings, all!

(Sohrab shifts energies)

SAI KA PRANAAM!

Several people in this room have called upon the Sai today, and asked him to make his presence known. Please know that you do not need validation. He is with you always!

BLESSINGS!

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