

Sohrab's Channeling

31<sup>st</sup> August 2017

THE PROCESS OF ENERGETIC CONNECTION

THE CURRENT UPGRADE OF THE PITUITARY AND PINEAL GLANDS

THE CURRENT FLOODS

SURRENDER

Once again, choose to open up and bathe in the golden light of the Ganesh. Open wide. Once again, the room has been filled with this light, for your benefit. Take advantage of these frequencies and absorb them, head to toe. (Pause)

Use these energies to heal, cleanse and energize the self. (Pause)

You may now direct the energies outward, embracing all the names mentioned for healing, your families, your friends, your homes, your city, your country and your planet. And yes, indeed, you may also direct them towards the collective consciousness. (Pause)

And so it is, and so it is, and so it is.

BLESSINGS.

We have often asked you to 'open to the energies' of a certain Master or Collective. When you do this, many of you wonder if you are truly receiving these energies. Let's explain what happens when you do so.

Whenever you call upon a certain Master energy, you immediately put out a beam of light from your crown chakra (though, in certain cases, it can go out from other chakric points as well.) This is rather like 'turning on a light switch'.

This beam of light transcends time, space and dimension; and instantly activates that particular reservoir of energy in the Universe. You create a vibration in this reservoir, and instantly frequencies start passing back to you through that energetic strand. If you continue to do this, you simply accelerate the process, so that you begin to vibrate at a higher and higher frequency.

Those who are energetically sensitive, physical experience these vibrations in their bodies. Others may not 'feel' anything; but they still receive the same dose of energy.

You must now go beyond the need for physical validation, and simply trust the process. Every time you doubt your connection, you place an energetic clamp on the process, instantly reducing the flow. Repeated doubts simply 'turns off the switch'; and then you really receive nothing.

Stop doubting the self and trust that *just one thought* is all you need to create the desired connection.

(Smiling) In truth, ***the flow has already been created by you, even before you get the thought to do so.***

*Could you please explain this?*

Let us say that you get the urge to call upon the energies of Sai Baba. At a higher-conscious level, you have already opened to those frequencies, and the flow has been established. Because this has already occurred, the thought of calling upon the Sai then comes to you. The thought simply alerts the conscious mind to *what has already taken place* at a higher level.

If you hadn't already summoned the energies at a higher-conscious level, the thought wouldn't have arisen. ***The 'thought' is the full-stop at the end of a sentence that has already been written.*** It simply completes it.

If you fully trusted this, you wouldn't have to sit a moment longer in meditation. But as most of you are not ready to trust this implicitly, go ahead and call upon Master energies at the conscious level, and then spend

a little while, 'as it were', opening to the flow.

*This reminds me so much of what is said in the Bible: "Even before you have asked; I have answered."*

Yes; it is exactly that. And the same applies to your processes of healing. The moment you get the thought that you would like to send healing to a particular person or group or situation; you have actually already completed the task at a higher level.

Again, if you trusted this completely, you would not feel urged to do anything further; as it has already been done. But since most of you need the validation, go ahead and spend a little while officially 'sending healing'.

*Can we ask for more than one or two Master energies at a time?*

You can demand ten thousand if you like. The Universe is your energetic buffet. And here, you can't over-eat!

*How are people affected, when they choose to connect with lower or 'negative' forces?*

In some cases, it is what is necessary for their mission on Planet Earth. Then it simply benefits them. But if it not part of their mission and they do so, then it adversely affects them.

This has been discussed in the past. Some people, for example, come to earth to be terrorists. They carry out their mission and return to spirit in harmony and peace. Others come to earth to be trained as terrorists and to learn to move away from the act. If they fail, then they return to spirit in disarray.

*We are hearing so much about a current "Guru" who is unleashing terror and disharmony. People are so much under his sway that they are ready to do his every bidding and even ready to die for him. Is he in alignment with his mission or has he gone astray?*

His mission is to **help people touch their power**. He is playing the role of



the 'bad cop'; deliberately inciting them to give their power away to him. Some are doing so; others are not. But his is giving all of them a vigorous lesson in self-worth. So, to answer your question: he is in full alignment with his mission.

Let us now move further. ***The current Universal frequencies are vigorously upgrading the pituitary and pineal glands.*** This process is heightened in the case of Lightworkers, self-seekers and those who are energetically advanced.

You may wonder why we are speaking of this again, as we mentioned such an upgrade a while ago. Yes, that did happen; but this further upgrade has only just begun.

The pituitary and pineal glands of those who are already vibrating at a high frequency are being offered the opportunity to experience multi-dimensionality.

Tune into these areas on a regular basis. Some of you might experience ***brief bouts of disorientation, disjointed thoughts, dizziness and vertigo.*** While these areas are being upgraded, a lot of ***unusual and peculiar thoughts and ideas may arise.*** These may confuse you. You will find yourselves thinking 'out of the box' and in a manner to which you are not accustomed.

Learn to acclimatize to all of this. None of it is permanent. You are simply in an interim period between your current, familiar thought processes and greatly advanced ones.

All of this could also manifest as irrational bouts of anger or irritability, instability of emotions and sometimes feeling displaced, lost and alone. It's all part of the process. Weather it; knowing what is happening.

We suggest that, over the next few months, you become ***hyper-aware of all that takes place in your lives on a daily basis.*** If, for example, you suddenly have a fall or an out-of-the-ordinary event takes place; instantly ask yourselves why you have created the situation and what you need to learn

from it.

Try and do so immediately or, at the very latest, that night. Don't put it off for days; you will then lose the connection.

(Speaking to M., who had had a fall just before the meeting and cut open her knee) Dear One, we have one line to say to you. We quote the glorious poet Rumi: **The wound is where the light comes in.** Meditate on this today, and get your answer.

*Will this upgrade of the pituitary and pineal also affect the collective consciousness?*

Yes; it has to.

Dear friends, now don't get over-analytical. If, for example, you randomly stub your toe, there is no need for self-search. You have just stubbed your toe. But if you have done so very badly, or you find yourself repeatedly tripping during the course of the day; then please introspect.

*How will this upgrade affect children?*

They are likely to be more hyper than usual; questioning everything you say and do. They will, frankly, be rather annoying. Some will also behave in an erratic manner. But, in general, as they are less resistant to new energies than you are, they will internalize them quickly and move through the phase faster than most adults.

Many of them will ask blunt and disturbing questions. We urge you to be as honest as you can, without over-exposing them to harsh and unpalatable reality. Many of them will have strange and erratic food-cravings. Again, you will have to find a balance between over-indulgence and understanding their needs.

*Is this upgrade preparation for the "Golden Age" that is coming in 2021?*

Dear one, the Golden Age has begun. This is the forerunning energy to 2021. It has to begin with people like you.

The flooding that you have all just experienced in this city truly took place in the most contained and beneficial manner. Had Lightworkers like you not worked to contain it, it would have been worse than the prior event, in which so many human and animal lives were lost. There would also have been several building collapses; ones which would have affected the poor. Most of this was contained.

However, this is a temporary cleanse. This city is going to create more in the future.

*Why is it that in most calamities, it is the poor that suffer the most?*

A good question. Those who have incarnated into poverty are extremely courageous souls; ones who have chosen to undergo a 'crash course' in growth and evolution. Most have repeated past-life histories of not being very successful at working out their issues. This has led them to choose an intensive course of study. Many of them also firmly believe that 'growth comes through pain'.

Yes, it does. But it's not the only way to grow, as you well know. We have been urging you for years to change this belief; one that is so firmly ingrained in the human cellular structure. You can choose, instead, to grow through joy.

But many of these souls know, without a doubt, that the only way they will be jolted into awakening is through pain. So they create it for a speed-up of personal growth and evolution. The good news is this: most of the time, it *does* work for them.

*We have been told that many Masters have recently incarnated as the new breed of children. Will they also experience this disturbance of the pituitary and pineal glands?*

Some will not be affected by this process at all, as they have already come with upgraded frequencies. Others will experience it even more harshly than the others; they will use the process to awaken the self to their



missions.

Now, ***in the case of Lightworkers, the pituitary gland is re-inventing itself.*** In the past, when you have focused on re-birth, your attention has always been drawn to the hara chakra. We now ask you to focus on re-birthing here (S. points to the crown and third-eye chakras).

This re-birthing offers you the opportunity to tap into Universal knowledge, wisdom and awareness to a degree you have never before experienced. Don't waste this opportunity. Consciously focus on this area and tend to it. Allow unusual and radical thoughts to flow in. Express yourselves. Speak up and speak out.

All of you are now channeling intuitively a lot of the time. This is a new merger with your own higher soul. Welcome it.

This, dear friends, is surrender. Surrender is a very misunderstood word on Earth. You tend to view it as 'giving your power away' or 'bending to the will of another'. Surrender, in its true form, is the exact opposite. ***True surrender is claiming your power to such a degree that you open to a complete flow between the Higher You and the earthly you.*** That is surrender: claiming your own power by trusting the self implicitly.

*Will this upgrade also affect the third-eye?*

Indeed it will. We will speak of this, in detail, at a future date. First internalize that which we have shared with you today.

This upgrade is also going to affect the physical body. ***These two glands are going to be releasing enzymes that will benefit the physical body. They can be used to cure the body of diseases, strengthen weak organs, altert body shape and to infuse the self with a sense of power, self-awareness and drive.***

The last point, 'drive', is of prime importance. You will now feel motivated to 'do' things which will benefit the self: exercising, or changing a behavioural pattern, or picking up the phone and calling someone, or bravely facing and

sorting out a tangled situation, or starting a project of your choice, and so on. Don't ignore these urges. Follow them through.

*Tomorrow is Eid. Could you touch upon the energies of that?*

As you well know, the **Islamic energies promote Universal Brotherhood**. That is why you have many in the community who flow with this energy, and share it joyously: poets, musicians, dramatists, authors and so on. And you have others in the same community who are plagued with 'separation'; and desire to break that by being influenced by the energies of the community.

***This year, the energies of Eid offer the entire human race the opportunity to celebrate the magnificence of the self.*** Here, Universal Brotherhood is teaching you to unite with you. We do suggest that all of you avail of these frequencies. They are your divine right.

It may interest you to know that, this year, these energies are offering themselves very specifically to the animal kingdom.

*And yet they slaughter the goat, and shun the pig!*

Do see the difference between what happens on earth and in spirit? Yes, ***these energies are offering the animal kingdom the opportunity to increase self-awareness.***

We leave you now in joy and blessings. A united group addresses you today. The energies that speak include the GANESH COLLECTIVE, THE ENERGIES OF ARCHANGEL GABRIEL AND THE SAI.

A special blessing comes to you today from THE COLLECTIVE CONSCIOUSNESS. We are in gratitude to this group, and others like you, who offer us your energies.

Take a few minutes now and once again, take in the energies generated in this room. Use them for the self and self alone. (Pause)

Our group offers itself to you for anything you desire, when it comes to your personal physical health. Take in the energies and bless the self. (Pause)



And it is so, and it is so, and it is so.

(Addressing H., who had asked for blessings for a group of people who had just had a very bad car accident, in which a couple of people had died.)

Those who have passed over are currently encased in golden light. There is no pain, confusion or trauma. They are not quite aware of what has taken place. But a group of Masters has encased them in light of healing and purity. Continue to send them love and blessings. It was a soul choice to move together. They are a powerful energetic team. Blessings.

(Sohrab shifts energies)

A special blessing to this beloved group from an old friend: the MONICA blesses you.

There is no need to share any more about myself. You already know of my growth and evolution. But please know that, from time to time, I am a silent visitor at these sessions. I come in love and joy, and continue to be in gratitude to many of you who helped me on my journey.

THE MONICA IS HERE IN JOY.

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