

Sohrab's Channeling

26th October 2017

A DIWALI LIGHT MEDITATION

THE PRACTICAL BENEFITS OF THE NEW DIWALI ENERGIES

THE EFFECT OF THESE ENERGIES ON THE OTHER KINGDOMS OF EARTH

YOUR 'MARRIAGE' WITH A CRYSTALLINE SOURCE

(Note: prior to the meeting, Sohrab read out the list of names for healing. In two cases, relatives had asked for energetic help to release their loved ones, who were old and in great mental and physical pain. As always, Sohrab urged the group to simply send light to all of them, to 'do with it what they wished'. The channeling then began.)

Yes, indeed; these two do wish to pass over, and you have full permission from their higher souls to aid them in this process. Take a moment now, *in joy*, and help them create, for themselves, a smooth and easy passage *at the right moment*. Help them overcome fear. (Pause)

Now please bathe all the other names, and yourselves, in the golden healing light of the Diwali frequencies. Enjoy it. (Pause)

Now focus entirely on yourselves. You have all brought yourselves here today to receive healing, as well as an energetic upgrade. We will guide you through this process; please follow us step-by-step.

Open the crown chakra and receive pure golden light; light of very high Universal frequencies. Fill the crown chakra with this. (Pause)

Now allow the energies to move into the third-eye chakra, and expand it.

(Pause)

Now take it into the throat chakra. First fill this area with golden light, and then allow it to spread down through the shoulders, down the arms, all the way to the fingertips. (Pause) If you are truly relaxed, you will experience a tangible vibration in your fingertips. (Pause)

Now take the energies into the heart chakra. Fill the entire chest cavity with this light. (Pause)

Take it down into the solar plexus chakra and fill this area. Then take it through the stomach, digestive tract, all the way to the rectum and anus. (Pause)

Now take it into the Hara chakra and illuminate all the surrounding areas: the hips, buttocks and the feminine areas/genitalia. (Pause) Continue to consciously illuminate this area. An intense upgrade is taking place here, for all of you. The *etheric* womb is being enhanced: this applies to men and women alike. (Pause)

Now take the energies downward through the thighs, knees, ankles and feet. Relax, so that you experience a tingle in the soles of the feet. (Pause)

Now allow these new frequencies to burst out of the physical body in all directions, like a starburst, so that they also illuminate the 12-body system that surrounds the physical body. (Long pause)

With this illumination, now bless your homes, your family and your loved ones. (Pause)

Now return to the third-eye, and once again visualize this bursting into golden light. (Pause)

And it is done. Return to full consciousness.

Dear ones: welcome! The energies that address you today are those of the MAHA AVATAAR BABAJI.

We request you, once again, to connect with the Babaji as he is today; not

as you know of him through books. He is, today, a grand Universal Master of great magnitude. He works with countless Universal societies, helping each one upgrade, revitalize and re-energize themselves to the appropriate level.

Take a moment and visualize the Maha Avataar Babaji. We use this name to help you identify the energy, but in cosmic terms he is the ILLUMINATOR. ***He has no form or shape; he is pure golden light.*** (Pause)

Now turn your attention inward, and allow his frequencies to upgrade your brain. Allow him access to your neurons, synapses, pathways and lobes. Open the brain, and allow golden light to enter it NOW. The more you relax, the more you will receive. (Pause)

Now spread the light to the pituitary and pineal glands, and illuminate them in the same way. (Pause)

And it is done. Return.

Dear friends, you have no idea how energetically blessed you are to receive the current Diwali frequencies. These energies have been discussed at a prior session. Let us speak further of their benefits.

These energies are being disseminated worldwide, and will continue to work for a complete year...this Diwali to the next one. They are going to have very practical benefits for the planet.

Last week you were told of the rising layers of consciousness being offered to you. ***We now suggest that you consciously open to these frequencies every single morning.*** Bathe in them. This will take you just a few minutes, and you can do this anywhere: in meditation or simply in the shower, for example.

They will work on you whether or not you do so; but if you take the trouble to align your consciousness with the process, the energetic effects will be magnified and accelerated.

Harness these energies, at will, to enhance whatever you are doing. ***If, for***

example, you choose to connect with the energies and then cook a meal, you will detoxify it, fill it with new and valuable energetic nutrients, and even upgrade the chemical composition of the food. You don't have to instruct the energies to do so; simply connect and cook, and all this will take place.

In the same way, if you have an upcoming business meeting, call on the energies before entering the room and the entire meeting will be enlightened. This does not necessarily mean that it will go 'exactly the way you want it to'; but the energies will elevate every participant, as well as the discussion itself, so that everyone rises to a new level of self-awareness.

If you are a healer, astrologer or card-reader, harness these energies before you serve your client. They will help you better connect with your tools and with your client's energies, so that you can give an enhanced, deeply-connected session.

So, no matter what you are involved with in daily life, choose to call on these frequencies moment-to-moment. Use them; they are yours for the asking.

These new frequencies are very specifically going to target the brain, pituitary and pineal glands. This naturally means that your consciousness is going to rise at a very speedy level. This will enable you to listen to people and read the sub-text, find the right words to express yourselves, better deal with situations, introspect, and understand the self much better than you ever did before.

We also suggest that you draw on these energies even when you are having 'a good time'. Why not enhance the event, so that it becomes 'a magnificent time'? Energize a party that you are throwing, a meeting with a good friend, or any other activity that already pleases you.

If, for example, you attend a concert and choose to energize the music, you will increase its vibrational effects and elevate it to a new level. This will benefit not only you, but the musicians themselves and the entire audience.

Use these energies at will, in an instant. Harnessing and disseminating them will take you only a few seconds, once you are adept with the process.

Surely you can spare that much time to benefit the self and all those around you? Enjoy them!

Questions?

When you earlier asked us to share the light with our families, I was confused. I found a whole lot of people energetically coming to receive this light from me. They are not my family; I didn't even recognize them.

The term 'family' includes dear friends as well as loved ones from other lifetimes. You simply opened to them.

Has all of this happened after the mental cleanse that the Masters spoke of recently?

Yes, there is a sequence at play. The Ganesh energies first offered you a cleanse with 'merciless wisdom'. The Diwali frequencies then offered you a rise of consciousness. As consciousness rises, you are now ready to receive and work with this particular golden light.

We use the term 'golden light', because on earth, this is an exciting energetic visual to hold; one that denotes expansion, refinement and brilliance. In actual fact, this light is far beyond 'gold'. It contains infinite colours and very high frequencies; ones far beyond your imagination.

This light connects you with realms in the Universe that you have never before experienced. At times you will touch the 5th, 7th and 9th dimensions and so on; always in a measure commensurate to your personal growth and readiness.

Let us now move further. ***These energies are also affecting the other kingdoms of planet earth.*** Let us speak briefly of these as well.

The Plant Kingdom is receiving these energies at the highest rate, and it will use them to truly enhance itself. When we refer to this kingdom, we include flowers, trees, fruit, and grain and so on.

Some will use these energies to create hybrids. Others will simply increase

their nutritional values. Some may even use these energies to kill themselves off, so that they can rebirth, in the future, in a completely different form.

Therefore, the farming industry will be affected by this process. Certain lush fields will turn fallow. Others will bloom. Grains will slowly change in both taste and in nutritional value.

Fruit, in general, is upgrading itself. Some will turn extra sweet and tempting; others will turn sour or bitter. This will be an indication to the various kingdoms of earth not to eat them for a while. This is necessary for them, while they upgrade.

Please pay attention to what you eat over the course of the next 12 months: if something 'doesn't taste right', stop eating it for a while. You will also find yourselves craving certain foods, and shunning others. Pay attention to the guidance of the body.

The Animal Kingdom will be using these energies to upgrade both their physical bodies and their consciousness. This may cause a temporary imbalance in their mental bodies. Pay attention to this, particularly when it comes to your pets. Many may 'behave differently' over the next few months; respect their process of upgrade and work with it. You may not be able to train them or discipline them very easily.

The Mineral Kingdom is joyously absorbing the new Diwali frequencies and vibrating with great intensity. Most crystals are now singing a new and upgraded song. Connect with your personal crystals and your jewelry all over again; they are growing and evolving much faster than you are. Re-discover them.

Crystals, in general, are singing a new song of very refined frequency. We urge you to tune into them. If you have a lot at home, some may need to be moved around. Some may need to be separated. Others may need to be brought close together.

If you are unmindful of this, and there is a discordancy of their energies in

one area, this may cause minor damage to your homes. Cracks could appear in your walls, or paint may suddenly begin peeling. Why go through that?

Now please note: ***all of you are being aligned with and attuned to one unique crystalline form that exists somewhere on planet earth, but not in your home.*** You are well aware of the plethora of crystalline forms that exist inside mountains, on the sea bed, or buried deep within the earth's surface. Some are ancient Atlantean crystals that are being re-energized with brand new frequencies.

Each of you is being uniquely connected with one particular crystalline form; a very special companion. This is truly an energetic marriage arranged by your higher soul; one that will be 'solemnized' over the course of the next few weeks.

You could be united with a crystal the size of a mountain, or one the size of a tiny gem. Size is immaterial; it is the potency, frequency and energetic compatibility that matters.

We suggest that you meditate and ask to be shown your crystalline form. Its actual location is of no consequence; your connection with it is of vital importance.

Visualize it, call upon it and welcome it. Each 'couple' will work together, henceforth, in perfect harmony. This is a marriage that has no downside; it is one of purity, unity, love, mutual support, mutual respect and mutual expansion. So welcome your new spouse and enjoy the union!

While you were speaking of this, one of my many paintings of crystals flashed before me. May I connect with that particular one?

You may indeed. That is your spouse.

I find this information so timely: just yesterday I cleaned out my cupboard, took out and washed all my various crystals and put them all over the place. I also chose to put on this particular bracelet; one I haven't worn for several

years. It contains many different crystals. I do hope they are united in harmony!

If it feels right; it is right. If it feels uncomfortable; put it away. (Smiling)
But the crystals on your bracelet are in perfect harmony, so don't worry.

You spoke of a marriage with one crystal. Just now, when I had my eyes closed in meditation, I saw two of them!

Then you are marrying two of them! (Laughter) Dear friend, you did connect with two crystalline forms, but they are both physically and energetically conjoined.

What do you really mean by 'a crystalline spouse'?

Because it is a celestial energetic union, it is one of perfect harmony and bliss. ***It is an energetic merger between the human kingdom and the crystalline one; an experimental process that has never before been attempted on earth. The two of you will merge your energies over time, mutually benefitting each other. You are forerunners of a new system.***

Take a moment now, in silence, and put out a loud energetic call to your crystalline spouse. Ask it to reveal itself to you over the course of the next one week. (Pause)

And it is so.

BLESSINGS FROM THE ENERGIES OF THE ILLUMINATOR.

(Sohrab shifts energies)

Greetings!

A small addition to what has just been said. We now address all those in this room who work with tarot, astrology, cards, charts, healing or the written word. Please be aware that your relationship with your tools and your craft is now upgrading very rapidly.

A new union is being forged with what you use. We suggest that you sit

quietly with your tools, be they cards, charts or notebooks, re-connect, welcome the new frequencies, and ask for a new union with them. Do this; and from the very next session you will be able to access very high realms and frequencies.

BLESSINGS FROM THE ENERGIES OF SANT KABIR.
