

Sohrab's Channeling

9th November 2017

DEATH: FROM THE SPIRIT PERSPECTIVE OF "A HOMECOMING"

Greetings!

You are all familiar with the old adage "Death on Earth is Rebirth in Spirit". This sounds very nice and comforting, but you have never really understood the concept. So today, let us speak of Death from a different perspective. Let us examine it from the perspective of a 'homecoming'.

When an incarnated soul is preparing to return to spirit, there is indeed celebration in the spirit realm. It is very much like one on earth, when you prepare for the return of your child who had gone abroad to study for several years.

So what do you do? You spring-clean the house. You tidy up his room. You cook dishes you know he likes. You inform all his friends of his arrival; you might even organize a party for him. You do little things to surprise him; ones you know will please him. And you experience a sense of anticipation, excitement, joy and love. A beloved family member is about to return home.

Something very similar is experienced in the spirit realm. Let's first examine this from the perspective of the Higher Soul. You know that your Higher Soul is really YOU, and that this aspect on planet earth is a tiny portion of it; one that is undergoing a study course in the form of various experiences.

So, although the higher soul is continually 'fed' by your growth and experience in this incarnation, it still yearns to be complete. It yearns for the incarnated portion to be re-integrated into Itself. An earthly parallel is that of a balanced mother who truly enjoys the fact that her child is studying

abroad, often communicates with him, encouraging him to study hard and enjoy his life to the fullest, and yet yearns to be re-united with him at a future date.

So when the Higher Soul is intimated by the incarnated aspect that a homecoming is imminent, it begins to vibrate, in joy and anticipation, at a very high frequency. This vibration, in turn, stimulates the incarnated aspect, urging it to come home.

All of you think that the Higher Soul is the 'supreme commander', and decides when the incarnated portion must return home. This is not true. Yes, it does offer advice, guidance and suggestions, and sometimes does urge you quite strongly to return; but it does not 'haul you back' into the spirit realm.

So these energetic impulses that it emits are only sent out after it is informed by the incarnated portion that a homecoming is being considered. It begins to 'dance'. It raises its vibrations, it generates and releases complex musical tones along with tempting essences and aromas; all of which excite the incarnated aspect. You begin to understand, at a higher-conscious level, that the spirit-house is being cleaned and a party is being organized for you.

The 'dance' of the Higher Soul alerts other souls in the Universe who love you. Some of these are those you loved in this lifetime and are now in spirit; others are those from many other lifetimes who also love you. In fact, over 90% of the 'party guests' are those of whom you have no conscious recollection in this lifetime, but whom you will instantly recognize when you pass over.

All these souls start to converge around your higher soul when the incarnated portion is *just about* to return. So you really do have a 'welcome home party' when you return to spirit; one of a magnitude you cannot imagine.

Remember, you would have incarnated with them, over lifetimes, in different

combinations; so you really are greeted by many husbands, wives, brothers, sisters and friends. All of them receive you by vibrating at a very high rate, emitting the essence of love.

This essence of love affects your own Higher Soul as well. A musical crescendo is created by all of this just before you arrive. ***Your Higher Soul begins to sing a 'siren song'; one so seductive that you cannot resist it any longer.*** It is this siren song that helps the incarnated aspect of the soul detach from the physical body and return home. ***This is the purest energy of prayer; it is also described as the Tunnel of Light.***

All communities of Earth offer prayers to those who have passed over. But let us assure you that, even if you have passed over in complete solitude, with no one to pray for you, this 'siren call' is all the prayer that you really need. No one is left prayer-less.

Your prayers always help: they massage, lubricate and vibrate the departed soul, giving it the necessary impetus to move across smoothly and easily. But even without this, the siren call is so strong that the pull becomes irresistible. At the point of its crescendo, the soul is drawn out of the physical body, as it cannot any longer tolerate the vibrations of a dense body. In that moment, a 'lift-off' takes place.

You may recall that, at a prior session, we had said that when a soul exits the body, a team of spirit energies, in the form of loved ones and Masters, are always present. They are indeed present, in the form of this 'siren call', singing a welcome-home song.

There can be a conflict when a person on earth is very blocked, resistant and scared of the concept of death. People like this often refuse to acknowledge that they have passed over. They, too, experience this siren call and a new level of freedom; but if the stubborn mind refuses to acknowledge this, their free-will is respected.

So if they say to themselves, "This is all a dream. It can't be happening to me. I choose to remain on Earth", then the siren song is reduced to a

degree, and the soul is permitted to return to Earth. Then this soul may attend its own funeral, 'hang around' the family for as long as it chooses, and remain earthbound.

But the siren song never vanishes completely. It plays incessantly and persistently in the background. And this is enough, over time, to urge the soul to give up these stubborn beliefs and move forward into spirit.

Now, how long the soul chooses to resist is totally individual. This can vary from days to centuries; but even this is never 'for eternity'. Over time, the siren song wears you down and you surrender to it.

The **'healing sleep'** is indeed the embrace of the Higher Soul, bringing you upto speed. But a lot takes place here. It **is a very active space. A portion of your energies are subjected to the music of your own higher soul and your loved ones. Yes, nothing else is used to heal but celestial music.**

You know the effects of music, even on planet earth. You know how deeply affected you can be by music that moves you. You may find yourselves ecstatically happy, or welling up with tears, or re-visiting old memories or being transported to another realm.

If all of this can happen even when you have density and resistant energies, imagine what happens when you have no defenses or ability to resist it. Imagine the effect of this symphony of music that moves you, vibrates you, heals you, cleanses you, energizes you, uplifts you, educates you and opens you out!

You regulate the music. You sometimes create gentleness and at other times you create a crescendo. **You are the conductor of the symphony, the musicians, the instruments, the music and the audience; all rolled into one. Music is truly the fabric of the Universe.** There is nothing higher in vibration than the vibration of music.

After you have been subjected to this music, **you start singing a new song. This is influenced by the notes and tones of your own Higher Soul, but you add to it the energies of all the experiences you have garnered in your**

lifetime. So you eventually emerge from the healing sleep, singing a song even more complex than that of your own Higher Soul.

It is now the Higher Soul's turn to absorb and integrate the music that you are now emitting. ***You now, temporarily, become the Master; and the Higher Soul becomes the student. You act as a guide and enhancer of your own Magnificence.***

A celebration, very much like a party on Earth, always takes place when you return home. There is no exception to this rule. When you meet all your loved ones from various lifetimes, imagine the multiplicity of love that you experience! You experience the pure vibration of love, music and the Universe. This love fills you...fills you...with so much magnificence that it is overwhelming.

Now the party really takes off. You begin to interact with all these loved ones, one-by-one; remembering your connection with them, exchanging news, and flowing with energy. This celebration is headier than any food and wine on Earth: ***you truly get drunk on love.*** And the party continues for as long as you desire it. Some party for years, in earth time. And in this party mode, growth takes place: growth through joy, love, awareness, understanding and acceptance.

You now start to understand that all aspects of the self, in all lifetimes, were necessary for your growth and evolution. ***You now begin to touch unconditional love: total and complete embrace and acceptance of the self.***

You think, on earth, that this term means learning to love everyone and everything outside the self, fully and equally. You can't ever do that, in a third dimensional reality. You are not even meant to do that. It's not about the outside.

The true definition of Unconditional Love is the ability to accept and embrace every single part of the self; even those parts you loathe and repeatedly reject. When you can embrace all of them, understanding that they are necessary for your growth and evolution, and that they are all

facets of the diamond that you are, only then have you touched Unconditional Love. Not before that. Don't fool yourselves.

So, though you will never be able to experience Unconditional Love fully in this 3-D reality; you certainly can walk further and further on the path towards it. Work towards it.

Now let us have your questions.

You spoke of death. What of those who pass over in a violent manner, such as war or murder? Do they experience the same homecoming?

As you well know, no form of exit is an 'accident'. Everyone chooses how to pass over, for various personal reasons. So yes, they still go through the same processes and experience the same love.

Even if you have gone off-track on earth, away from your mission, you may initially experience energetic disturbances and disharmony. This does feel like 'hell' for a while. But your Higher Soul always offers you unconditional love, and the moment you surrender yourself to it, deeming yourself worthy of it, the trauma is over.

So, *the period of 'hell' is entirely dependent on you; not on your Higher Soul.* If you surrender to the Higher Soul immediately, embracing the fact that you have gone off-track, you will experience the love in an instant.

What of places like Auschwitz, where they say souls are still trapped?

This we described earlier. Some of the souls who moved across in trauma refused to accept that they were in spirit. They did choose to return and remain in trauma, anger, hatred, revenge, victimhood and so on. Those who are still there do hear the siren song, but they continue to resist it stubbornly.

Why would they choose to do so?

Why do so many of you, who are spiritualists and awakened human beings, repeatedly continue to play victim to circumstances? Don't you repeatedly

play the 'poor me' and the blame-game? Why don't you move beyond it? Very often you don't, because it is familiar to you. It is your comfort zone. You even enjoy the attention you get from it. You enjoy the sympathy it garners from others. And yet you know better.

So yes, some souls continue to linger on earth for years, not only at Auschwitz, but also in other places you consider 'haunted': old castles and battlefields, for example. They choose to linger in pain, trauma, hatred, revenge and so on; sometimes for centuries. But the opportunity to move forward is at hand every micro-second. They just have to choose to take it.

Why do certain people have NDEs (Near-Death Experiences)? They are obviously responding to the call of the Higher Soul. So then, why do they return?

There are a variety of reasons for this. In some cases, the soul is genuinely ready to go, but decides at the very last minute that it would like to extend its study-course on earth. In other cases, they are given this experience for personal growth, jolting them into a level of spiritual awareness necessary for their continued future on earth. Some create this so that they can return to earth and awaken a large group of people by sharing their experience, or writing about it: it simply provokes their world mission. And so on. But an NDE is never a random, arbitrary or mistaken act.

At what stage do the Masters come in to help?

They are with you every step of the way. The siren song, which is predominantly the energy of your higher soul, coupled with the energies of all who love you, include the energies of your Master or Masters. The song is draped around your Master energies; they form the very core center of the frequencies.

The Masters make their presence felt, not only through the siren song, but externally as well. And they are with you every step of the way, from your point of exit till your point of evolution, when you acknowledge your own magnificence. They then shift their form from 'Masters' to 'co-Masters'.

I had a younger brother who firmly believed 'ashes to ashes, dust to dust'; and scoffed at anything remotely spiritual. I was with him at the moment of his death. I saw fear in his eyes, and said to him, "Don't worry, all your loved ones are waiting for you." I often wonder if this helped him. What happens to people like this?

Let us speak of your brother and others like him who firmly believe that death is a finality. They initially experience pure blackness. This is like being enclosed in a dark room, without the faintest glimmer of light. This helps them accept the fact that they have passed over, as it is what they expect. Then nothing happens. And they wait...and wait...and wait. And nothing happens.

Then they begin to wonder, "If I am dead, how come I still have thoughts? These shouldn't even exist. I should be 'dead and gone'. How is this possible? Is there possibly something more than this?"

This singular question creates a pinpoint of light in their vicinity. Just a pinpoint. Their attention goes to this, and they say, "How can this even exist?" As they focus on it, it increases in size. They are, in actual fact, moving towards the light.

They now begin to experience stronger and stronger light, along with waves of music and love. No Master appears yet; they are not yet ready to see one. This generally provokes them to say, "What is this? Let me explore it!" Then they begin to see and feel the presence of loved ones and Masters.

But if they, once again, stubbornly refuse to acknowledge this experience, and put it down to a delusion, the light vanishes and they are once again in blackness. And they wait...and wait...and wait. And nothing happens. And once again, they begin to wonder about their 'existence'.

And this process repeats itself over and over and over again, till they are ready to acknowledge that there really is 'something out there'. In an instant, they are flooded with light, consciousness and joyous visitors.

Can't we help these kinds of people from earth?

Your prayers and thoughts of love certainly help them and urge them forward; but they have the free-will to accept or reject this as well. Isn't it the same on earth? You can offer guidance, advice and medication to a sick friend; but its upto him to accept this or not. Free will rules supreme in the Universe.

So you are saying that we are thought-forms?

Yes. You are a combination of music, vibration, thought, consciousness and pure energy.

Do we have the right to pray and urge earthbound souls to move on?

First check why the soul is seemingly earthbound. It may not be 'trapped'; it may have come to earth to fulfill a mission in spirit-form. But in general; yes. If your gut tells you it is an earthbound, trapped soul, please do offer it light and energy and urge it to connect with its Master. But you cannot 'force it to move forward'.

What of other parts of ourselves in parallel existences and simultaneously realities?

We will not address that today; we will speak of that next week. Today was just an introduction to the subject.

Can a person choose to exit deliberately, to help another soul move on in the future?

This often happens. How often you have witnessed a couple on Earth: one hale and hearty, and the other ailing. And yet the healthy one suddenly exits. And you wonder why this has happened. Sometimes, the healthy one deliberately does this, to be able to welcome and receive the partner who is shortly going to cross over.

What happens to mentally imbalanced people when they pass over?

A very good question. Remember, when you pass over, you are not

suddenly 'an angel'. You are initially very much like you are on earth. But the siren song and the embrace of your loved ones enable you to shift, change and grow at a very rapid rate.

Mentally disturbed people also initially experience the same disorientation that they did on earth. But the loved ones, guides and the music give them energetic awareness and clarity at a very rapid rate. They can start to heal the mental body very quickly.

But free-will reigns supreme. So if they enjoy the victimhood and attention that their mental challenges have garnered on earth, they will refuse the help and stay disoriented for an extended period of time. But in general, the loved ones do focus their love and attention on the mental body, and re-orientation takes place at a rapid rate.

It may interest you to know that most who incarnate with mental health disturbances are, at soul level, veritable geniuses in a certain area. So, as their brainwaves start to realign, they access this flow from their own Higher Soul. This excites them, urging them to streamline their disoriented energies. It gives them focus, solace, awareness and self-appreciation.

We will continue this discussion next week. Any guesses which Master speaks today?

I thought it was Meher Baba.

It is indeed. IT IS THE SCIENTIFIC ASPECT OF THE MEHER (BABA) THAT ADDRESSES YOU TODAY.

Your grin cannot be missed! (Laughter)

THE MEHER BLESSES YOU.
