

Sohrab's channeling

21st December 2017

THE ENERGIES OF CHRISTMAS 2017

UPGRADING THE SELF

SELF-EDUCATION

A NEW, SELF-CREATED PERSONAL ASSISTANT

THE SACRED MARY SPEAKS

A LOVE-LETTER TO THE SELF

EXITS BEFORE APRIL 2018

EARTH'S GOLDEN AGE

Greetings!

Today, this room does not contain just fifty people; it contains hundreds. Many, many of your loved ones from the spirit realms are present here to bless you, to connect with you and to celebrate who you are. Take a moment in silence and intuit who has come visiting today. (Pause)

Sense and feel their presences. Some of you have more than one visitor: open to them and receive their blessings. (Pause)

Why is there still so much fear? Some of you are closing off. Welcome them! Do not reject your loved ones. Doubt and fear places a wall between their frequencies and yours. Break down this wall. (Pause)

And so it is, and so it is, and so it is. Blessings to all. (Smiling at N.) A special blessing to you.

THE ENERGIES OF THE RIYAD BLESS YOU. BE IN CELEBRATION.

(Note: Riyad was group member N's son, who passed into spirit several years

ago)

(Sohrab shifts energies)

Blessings, dear friends! This is indeed a special day; a wonderful day of energy. The Winter Solstice brings with it the flow of the Christ Office, bathing the entire planet with its frequencies.

As you well know, the Christ Office always offers the flow of love; but each Christmas a slightly different energetic aspect is highlighted. The new energetic flow has begun today, and will continue throughout the upcoming year. It will focus upon two major aspects: ***the first: learning to love, accept and embrace the self. The second: self-education.*** These energies are naturally offered to every single human being on this planet.

Remember, you are about to enter a year in which you have to ***own your mastery.*** Till you begin to love, acknowledge, accept and embrace the self *and* educate yourself in any way you choose, you cannot begin to own your mastery.

Now choose to open up and receive the flow of the Christ Office. (Pause)

We ask those of you who will be attending a Church Service or a Mass, during the next few days, to please be beacons of light and help change and upgrade the energies of the people around you. Do this quietly and silently in the Church itself. Others may even do so from their homes on Christmas Eve and Christmas Day.

This light is now necessary to help shatter outdated beliefs and structures, and rigid dogma. We have said this before, and we repeat ourselves: ***the energies of Jesus Christ are NOT ones that propagate punishment, confession, atonement and retribution. They are, instead, the energies of celebrating the self.*** The old, rigid practices only lead to self-disempowerment.

So if you are sitting in a church and the old energies are being promoted, sit in silence and radiate your truth and your understanding outward. This will

affect those around you, and a chain-reaction will be set off. These old, stale energies now have to be changed worldwide.

The Catholic Church is going to undergo a tremendous shake-up during the coming year. Many of this faith are going to turn renegade and challenge its rigid structures. Some of these will come crashing down; as they must. Energetically support the process, so that the awareness of the Church now shifts. We assure you that the Christ Office only functions from love, understanding, embrace, nurture and acceptance; it never uses the whip. This must now be understood by all on Earth.

Now let us speak of the energies in general. They will continually provoke you, during 2018, to examine areas in which you have rejected the self, put yourself down, beaten yourself up and suppressed your magnificence. When this comes up for reviewal, simply acknowledge the issue and choose to live differently, from that moment onwards.

We spoke of ***self-education***. You are going to create opportunities which will help you educate the self in interesting and unusual ways. Yes, you may feel urged to take up new study courses, read enlightening books, listen to discourses and so on; this is the traditional form of education.

But it will also include creating situations that impel you to behave in a different and unusual manner; one to which you are not accustomed. Most of the education is going to be on-the-job training.

If, for example, you find yourself in a situation in which you have no option but to function differently, don't resist it; embrace the difference and revel in it. Discover new and exciting facets of the self. Explore the new you.

This upcoming year is not going to tolerate out-dated patterns and habituated modes of thought, speech and behaviour. Everything is not going to change, but everything *is* going to upgrade.

You will not be able to think, act and behave the same way you did before. In some areas, you will make minor adjustments; in others, you will make complete course-changes. But you cannot 'sing the song' you sang the last

year. Embrace this, rather than resist it. It will help you discover who you are, and own your Mastery.

BLESSINGS FROM THE ENERGIES OF THE BROTHER JOSEPH.

(Sohrab shifts energies)

The energies of Archangel Michael greet you! ***The Michael is here to reveal to you that each one of you has already energetically created a special, personal 'helper'; one who will guide you through 2018.*** Michael urges you to please acknowledge this, and to now connect with this friend on a regular basis.

This is not a traditional Master with whom you are already familiar; it is a Master of your creation. You are the creator; you are the God. You have created this special helper by drawing energetic strands from several Masters and combining them together in a manner best suited to the self. These strands have now taken the form of a personal Master-helper.

We suggest that, in your own time, you sit and connect with your self-created Assistant. Some will sense the presence of a figure; others may experience abstract energies like frequency-swirls or points of light. The sooner you connect and befriend your Assistant, the quicker you will feel the Master presence and receive support and guidance.

Each person has, at a higher level, combined a perfect set of frequencies to help with his or her growth and evolution. If, for example, a certain person wants upgrade her inter-personal relationships this year, she will have combined the appropriate Master strands to create an expert guide in this field. However, these Master-assistants have been created by you with expertise in several fields; not just one.

The energy speaking now is no longer the Michael; it is his personal Master-helper. He has named us "Starlight". We have no singular form; we are a collection of millions of points of Universal light. We form a glow around him. We ask those of you who are clairvoyant to please study our

energies.

Please connect with your creation, get to know him and enjoy the connection. The Master is only here to serve you.

To answer an unasked question: No, you cannot use this to help another directly. It is for you and you alone. You can, of course, use your own energies to help another. But your created Master is only for you.

STARLIGHT BLESSES YOU.

(Sohrab shifts energies)

THE ENERGIES OF THE SACRED MARY ADDRESS YOU.

You will note that we did not use the terms “Mother Mary” nor “Universal Mary”. The Mary, in this era, has also upgraded. We use the word “Mary” for your reference. In the form of the **Sacred Mary**, she no longer predominantly holds feminine energy; but pure Universal energy that is fully merged.

The Sacred Mary offers blessings to all those on Planet Earth who truly wish to discover WHO THEY REALLY ARE. One call to these frequencies will help you attain self-empowerment, will give you wisdom and knowledge, will give you the courage to stand up and speak your truth, will give you the ability to stand your ground in the face of adversity and be who you really are...all in the moment.

BLESSINGS.

(Sohrab shifts energies)

Many in this room are familiar with the exercise that was offered a few sessions ago. We would like to repeat it, and urge *every single person in this room* to do it on Christmas Day.

Sit down anytime during the 25th and write yourself a love-letter. Yes, you

will feel silly, and may even chuckle while doing it: push through all that and still choose to do it.

This needs to be written; not typed. When you hand-write a sacred document, it creates a binding contract with the self and an energy loop is formed; one that moves faster and faster over time. Then the words must manifest in due course. So this seemingly childish exercise has deep energetic repercussions on the self.

We urge you to do this, and woo the self as if you were wooing a lover. Start with “Dear...” or “Beloved...” (and your name), and say things that come to mind like “I find you charming and fascinating. You excite me.” Even if you don’t quite believe it at that point, it must manifest over time.

This letter can be done at one sitting or in stages during the day. Its contents must be kept completely private, so as to preserve the purity of the energetic loop. Then, in the New Year, you may keep it and read it back anytime you desire; or you may burn it.

We challenge each one in this room to do this exercise. All of you, sitting here today, have a paradoxical relationship with love. At times you truly open to giving and receiving love; whereas at other times you completely deny it. This must now be corrected. Do this; and you will break the pattern you have established over lifetimes.

ARCHANGEL URIEL BLESSES YOU.

(Sohrab shifts energies)

Dear ones: you will all witness ***many, many passages and exits taking place between now and the month of April 2018.*** Do not feel sorry for these people. They will all, without exception, use this exit window as a “VIP Pass” to reach very high frequencies.

Certain energies have begun to flow today; ones that will continue till the end of April. They are filled with the force of love and self-awareness. Many will choose to take advantage of this and exit the Planet. When they do so and return to the Spirit realm, their growth and advancement will be astronomical.

The few minutes in the passageway between earth and spirit will be, to them, as beneficial as an entire lifetime of experience. Some will use it because they are ready to leave; others may even choose to use it though they had no prior intention of exiting the planet at this time.

Naturally, when you hear of a young and healthy person passing over, you feel sad. The mourning process is natural, normal and healthy. But we ask you to hold a parallel understanding of the situation at the same time; one of appreciation, acknowledgment and awareness. Find a way to silently salute them. Know that they have chosen to ride the wave of love and better themselves.

This information is not to alarm you; it is to raise awareness. You may now question us.

What of people who exit in a harsh or violent manner?

Yes; it applies to all humans, no matter how they exit.

Does this apply to animals and pets?

It applies to some of them; but not all.

Can one consciously choose to use it for the self?

Yes, you can; but the choice to exit is not made by the conscious mind alone. This has been explained in the past. And exit is planned by the higher-soul and the conscious mind together. If there is a conflict here, an intermediary level of the self intervenes and then a two-out-of-three decision holds good.

So it's actually beneficial to exit during this time period?

(Smiling) This is *not* going to cause a mass exodus from Planet Earth. Many want to remain here and experience the growth and evolution that 2018 will bring to them. But several individuals will choose to avail of this marvelous opportunity, because, after this 'energetic expressway' closes, another one of this potency is not likely to open up for several more years.

Those who choose it will move across smoothly and easily. Even if they have chosen a painful or violent death, the moment they have left the physical body, their 'rise' will be seamless and even meteoric.

Will this process, in any way, affect those of us who choose to remain on earth?

It will indeed. Energies are synchronous. As these people speedily exit and expand, an energetic loop they create affects all those on earth with whom they have some connection, close or otherwise. Then the people on earth also grow and rise in awareness.

Let us now correct a scientific misconception: no energy ever moves in a straight line. All energies loop.

What of expectant mothers and their unborn children?

This bears explanation. At times, a mother simply comes to give birth to the child, after which her mission is over. This will, naturally, only happen if the child needs the experience of growing up motherless. This contract also has to dovetail with the evolutionary needs of her husband and other children.

Sometimes, when an expectant mother dies in childbirth, it is not a pre-planned event. A celestial growth opportunity may have arisen for her; one she cannot refuse. And so, she returns to spirit. But this will always give the living child what we call 'the cannonball effect'. This child will then grow possibly 5 to 6 times more speedily than he would, were she to stay alive. It would also provoke the speedy growth of her other family

members.

These are but two reasons; there are several others as well. But let us assure you that, given the current energies, any expectant mother who dies in childbirth is one who has only come to give this child the gift of life. And when she returns to spirit, there is no 'grand trauma' on her part; she intuitively knows that she has fulfilled her mission.

You earlier spoke of the energy loops created by those who now choose to exit. Is this going to help us, during 2018, touch our own Mastery?

Most definitely. In this current era, even if one person on earth loops vigorously and touches his mastery, a series of energy loops are created, urging others to do the same. Energetically, every person is growing and setting off a series of these loops. They interlink with others' loops, spiral around and create infinite energy vortices. Each person is generating millions of vortices, which affect loved ones and strangers alike, provoking them to grow, expand and do the same. It is an era, on earth, of utter transformation.

This is, naturally, also going to bring to the surface garbage that needs to be released. So yes; during 2018, there are going to be physical and energetic explosions and shake-ups; ones that bring about a future of awareness...starting 2021. It's not the Golden Era you are waiting for; but it is a new era of earthly consciousness. From there will begin the rebuilding of Planet Earth and the human race.

So when does the Golden Era start?

This is difficult to answer from a 3rd dimensional perspective. You still continue to view it as a commencement date in a linear timeline. The Golden Era, one of higher-level frequencies, already exists on Planet Earth. So does the current era; one of denser energies. They both coexist; but in different dimensions.

As individual people grow and evolve, they automatically move into a higher level of frequency. As more and more move from denser layers to rarified

layers, these then become the 'current' frequencies. When critical mass is achieved, the Golden Era official 'arrives'. Yet it has always been here.

Many in this room are confused. Let's explain this with a simple example. In a singular household, one family member could be living in pain, trauma and depression; alongside another family member who lives in peace, harmony and awareness. Yet they both inhabit the same space, in the same time-line.

There appears to be so much chaos around us: corruption, scams, political instability, and so on. How do we deal with this?

There are going to be a series of worldwide crashes over the next few years, in every possible sphere of earthly life. But from these crashes will come reconstruction of the new earth. You often have to raze a building to the ground in order to create a new and improved one.

This is, unfortunately, the pattern of Planet Earth. Is this a Universal pattern? Not at all. The Universe re-creates itself, moment-to-moment, in pure joy.

There is, for example, going to be a time in the distant future in which worldwide computer systems crash. This will mean no communication, no banking, no internet, financial and emotional losses, confusion and utter chaos. Will this be permanent? Of course not. The human spirit is such that you will start re-creating new systems immediately. But this will help you rediscover inter-personal human relationships; an aspect that is fast fading in the world of technology.

You are aware of the tremendous benefits of the Internet; and also aware of how it has been misused over time. It was a grand gift given to Earth by your Universal friends. So if it is misused even further, it has to crash, so that it can be re-built in a stronger, healthier and even more powerful manner. However, if you correct the misuse of it from now, a crash will not even be necessary. Own your power.

We leave you now in joy, love and light.

BLESSINGS FROM THE HIGHER SOUL ENERGIES OF THE LORD JESUS
CHRIST.
