

Sohrab's Channeling

12th April 2018

VISITATIONS FROM SPIRIT LOVED ONES DURING APRIL 2018

INNER TRANSPARENCY (Part 2)

NEW CRYSTALLINE LIGHT EMANATING FROM THE BODY

THE UPGRADE OF THE INNER EAR

ARTISTIC KRISHNA FREQUENCIES

Greetings!

The room is filled with visitors today! Take a moment and sense their presences. Each one sitting here has between one and five loved ones, who have come to connect with them, greet them and love them. We are not even referring to the numerous Master energies that are also present here today; we are speaking of your loved ones. Open your hearts and try and sense *at least one* of your visitors. And just be loved. (Pause)

This entire month is going to be filled with visiting presences. We demand that you open to them; we accept none of your excuses. Open to them, experience them, interact with them, chat with them, fight with them (laughter), and have fun with them.

These souls are not coming to resolve past trauma. They simply come with love and in joy. Even if you sense the presence of someone with whom you had a difficult relationship on Earth, *know* that they are only coming with love. Should *you* desire some form of resolution, open to them with love.

These momentary interactions will happen repeatedly. Some may

occur in the meditative or sleep states; but, more often than not, they will happen during the day. If, for example, you are in a car and you suddenly think of a loved one, for no apparent reason, *trust* that your loved one is there at that moment and is trying to reach out to you.

(Addressing M.) Yes, yes, yes...he keeps trying to reach you! And he wants you to be much more pro-active! Get out there and live life fully. And drive more!

(Addressing S.) Dear one: both your parents are in attendance today, in love and honour. Love and Honour. Silent, strong, loving presences. Encouraging you to be the fullest you can be, in the most flamboyant way. Be true to the self. They say to you: This is a year of Transformation. Use it to your benefit. It is yours for the asking.

(Addressing K.) Of course he is present! He says: Have fun!

(Addressing P.) Who is here for you today?

Several presences.

Name some.

My great-grandmother. My grandmother-in-law. And several others, whom I energetically recognize, but don't consciously know.

You are being blessed by them with feminine empowerment.

Thank you.

(Addressing K.) Who is here for you today? Come on! You know!

(Inaudible response)

(Addressing H.) He wants you to come forward. *(She does so; and her loved one gives her a warm and lingering hug through Sohrab)*

Many others are present, but all of them cannot speak today. We ask you to connect with them, once again. You are now more certain of who is present for you, individually. (Pause)

Don't waste the month. Signs will be repeatedly given to you: thoughts or momentary flashes of 'knowingness', aroma, feathers and butterflies, flickering lights and so on. But do you really need these tangible signs? Can't you listen to your own inner prompting?

Each person sitting here today is deliberately provoking his or her connective abilities. Don't waste the month.

ARCHANGEL MICHAEL BLESSES YOU.

(Sohrab shifts energies)

ST. GERMAIN GREETES AND BLESSES YOU.

Last week, ***inner transparency*** was discussed. This is now going to become a very important, potent and revealing aspect for you, about you. Again, don't waste the opportunity.

This may be provoked by external stimuli, such as a mirror-image of the self in another person; but more often than not, ***you will find yourselves able to examine the self in an expanded manner, with clarity and ease.*** This may even amaze you.

Don't assume the process is going to be painful: it doesn't need to be that at all. Make it a joyous one. ***Revel in self-revelations.*** You will start discovering facets of the self that you never before acknowledged. We ask you to embrace them, celebrate them and give them validity...even if they are facets that do not please you.

This month brings to earth tremendous Universal energies of pure consciousness. These are being created by a network of Universal souls who have, at some point in their evolutionary processes, experienced Earth-life themselves. To create this, they have to understand humanity from within.

This network of grand friends have had varied experiences on earth, in the fields of science, art and the esoteric. They have generated the perfect set of frequencies to stimulate self-awareness on earth.

It's a grand time to get to know who you are. Don't wear blinkers. Let each day continuously reveal new facets of the self to you. Be thrilled, amazed, intrigued and even shocked by them. But revel in all of them.

This energy, which provokes inner transparency, will also ***urge you at times to share extremely personal issues with one trusted person, or even a select few.*** When this occurs, don't hold back. Have the courage to do so. There will not only benefit you, but also the recipient. He or she needs to hear it as well, for their growth and evolution. It may also be the 'release valve' they need to follow suit.

When these moments arise, your old blocks will naturally surface. You may hold back, saying to the self, "This is far too intimate for me to share!" "What if she misuses this information?" "This will make me too vulnerable." Work through these blocks, having faith in the self that you are choosing to share from a space of fullness and trust.

You are also going to find that ***inner transparency gives you a new awareness of your own body.*** It's going to speak to you, loud and clear. If you take the trouble to listen, you will intuitively know, on a daily basis, exactly what to do or not do, exactly what to eat and drink and what not to eat and drink, what colours suit you for the day and so on. Tune in. Many of you will find that the body needs extra rest during this time period. Try and give it what it needs.

Body-talk: very powerful right now. And this also includes specific areas in the body. If, for example, your left knee suddenly starts aching, tune in immediately. You will be told exactly what to do, and what issue is trapped there, at that moment in time.

We repeat: during the upcoming period, you will find it very difficult to categorize a body part with a particular issue. The body is now

become a fluid kaleidoscope of energies. An issue that is generally associated with, for example, the lower back, may now suddenly manifest in the shoulder. You have no option now but to use your intuition. Don't get stuck with book-learning.

The energy of transparency, which is now flowing through you, has a frequency of very refined light. ***Many of you raise your vibrations by visualizing powerful golden light emanating from your structure. We now suggest that you do so with a visual of transparent, refined, crystalline light. This is currently more accurate.***

This crystalline light is sending out vibrations beyond your comprehension, embracing everyone around you. You will notice this over time. People will now behave very 'differently' with you and around you. A person, whom you thought would never open up, will suddenly do so. A person, whom would never speak out, will now do so in volumes. And so on. Enjoy the process: you don't have to 'work at it'; it's already begun. Just respond to it.

Any questions?

How do we use this light to help us address our own issues?

Simply command it to do so. This light is YOU, at a much higher vibratory level. Use it as you desire: for the self, for other and for the Universe.

You will also find that this light will help you heal others at an accelerated rate. Healing, of course, includes the hands-on touch, words of counsel and advice, an embrace, sage guidance, laughter and sometimes a sympathetic ear. ***You are now all becoming Master-Healers. Do not underestimate your own potency.*** Gift this process to the self and to others around you.

Many of you are now going to start hearing, quite audibly, sounds, vibrations and voices. Some will be comprehensible;

others not. You are working with these frequencies to upgrade the inner ear.

This also applies to daily conversation: tune in and really listen to the sub-text. We demand this of you now. Have fun. No one will be able to dupe you anymore!

Why only the inner hearing? What of the other senses?

All are being re-awakened; but we are speaking specifically of the months of April and May, during which the inner hearing is being targeted. The others are, of course, currently being peripherally activated. At a later date, the focus will shift elsewhere.

Can we request this crystalline energy to move to the third-eye, so that it helps us better tune in to people and situations?

This energy is your Higher Third Eye. So yes: if it pleases you, direct it to the official third-eye area. But play with it. If you are, for example, holding the hand of someone to whom you are talking, why not direct it to the point of physical contact? Then that area becomes the third eye.

Can this energetic third-eye energy be misused by people?

The energy, per se, is pure; but how you direct it is your choice. Two people could scan the energies of a third person and, perhaps, discover the trauma she is suffering. One person could use this knowledge to heal that individual; whereas another could use it to torment her. Personal choice.

THE ST. GERMAIN BLESSES YOU.

(Sohrab shifts energies)

KRISHNA CONSCIOUSNESS GREET'S YOU.

The current ***Krishna frequencies***, which are bathing Planet Earth, are magnificent, complex 12-dimensional energies. This ***will***

stimulate all your artistic senses.

Yes, some of you will be urged to explore your obvious artistic sides: music, art, drama, writing and dance. But the Krishna frequencies go far beyond this. ***They will urge you to live your daily life artistically.*** You will feel urged to be both creative and artistic when relating with family members, business colleagues and friends. You will feel urged to creatively overcome situations that trap you in daily life and to find inventive ways in which to make life both exciting and colourful.

A wave of artistry is now hitting planet Earth, and this frequency will flow throughout this year. Watch out for wonderfully creative breakthroughs in the artistic, technological, scientific, academic and business fields worldwide. Allow it to happen within the self as well. Live life creatively.

KRISHNA CONSCIOUSNESS BLESSES YOU.
