

Sohrab's Channeling

3<sup>rd</sup> May 2018

PRACTICE WHAT YOU PREACH

A QUESTION AND ANSWER SESSION

GOD'S GRACE

NEED VS. GREED

FAITH

POWER

MANIPULATION

CELLULAR MEMORY

*Prior to the meeting, Sohrab spoke of how it was an energetic era in which to "practice what you preach". He cautioned the group members to be extremely responsible with their thoughts and words. He gave the example of a certain maid who jealously urged her employer to get rid of the second maid, saying valiantly, "I can handle her duties all by myself." The second maid then promptly (and unexpectedly) left to go on vacation, and the first maid was left doing just that.*

*Group member T. added to this, saying that when her client had said "I'm totally sorted", multiple tests then appeared before her, challenging this statement.*

*This was followed by a lengthy (unrecorded) question and answer session.*

Greetings!

We will continue as you began, taking your questions over the next two sessions. However, let us add to what was just discussed: **God's Grace**. You still see this as divine dispensation or a benevolent gesture on the part of the Creator.

God's Grace only occurs when ***you align your frequencies, even for a fleeting moment, with 'All that Is'. In doing so, you become the Creator and manifest that which you desire. You are the Creator and the Created.***

(Smiling) Some of you might then say, "Let me do this and win a lottery!" You might even attempt this by sitting down, aligning the self with abundance and visualizing fluid cash flowing into your coffers. But, in all likelihood, there would be a small part of you that still says, "I don't deserve this". And that's why no manifestation would take place.

But when you truly and passionately know, from deep within, that you are deserving of a new job, a healthy relationship or any other event in your life, and you come from an inner space of utter certainty, without neediness, you then flow with Creation and manifest it effortlessly. You have then, for a brief moment, known you are the Creator and the Created.

In short, ***God's Grace is you experiencing the God that you are.***

Now let's have your questions.

*I would like to share something. I can think of two such instances (of God's Grace) in my life. The first was when my husband was diagnosed with cancer. I was initially very perturbed. But a sudden calmness descended upon me. I got a very positive feeling; an inner 'knowingness' that he would overcome it. I also just knew I would be instrument in helping him heal. I was; and he did.*

You did not 'wave your energetic wand and fix it for him'; instead, you intuitively opened your flow to the Divine for a split second and

invited your husband's energies to join this merger. He did. There was an instantaneous three-way merger between Universal flow, your energies and those of your husband's. And the healing event took place.

Now, had he refused, the event wouldn't have happened; even though your merger was full and complete. But the strength of your merger energized him and provoked him to follow suit.

*The second was that I really wanted my current car very badly. (General laughter) I was absolutely positive that this was going to be my next car. It took a few months, but I have it now!*

When you work at manifesting physical objects or events like a new car, a new home or a new job, you do have to **examine the self and distinguish between need and greed**. There is no absolute: one person's need may indeed be another's greed; and vice versa.

***You will draw to the self exactly what you need. If there is greed, it will not manifest unless there is a lesson to be learnt from your greed. In that case, it will manifest, as greed actually becomes your need.***

Next question?

*Prior to the meeting, you spoke of learning to give and receive thanks and gratitude. I have an odd question: I have recently been repeatedly thanked by many people for things I haven't really done for them. Why is this happening?*

We would first like to throw this open to the group. Would anyone like to answer this?

*Maybe she is doing something that comes so naturally to her that she doesn't really see it as service; yet it could be something that the other people really need.*

That is correct; it is one part of the answer. Anyone else?

*Maybe she just needs to learn how to accept gratitude from others?*

Yes, this too is correct. Let us add a third point to this. You are also being provoked to give thanks and gratitude to the self. Please examine areas in which you have not already done so.

Further questions?

*I often say, "God Bless You" to people. Now I don't know if God is really blessing them; but I know that I do so from my heart of hearts. (General laughter)*

If you are doing so from your heart of hearts, you could even say "Devil Bless You" and it wouldn't matter! (Laughter) If you really mean it; it is so. ***It has to be so: in that moment of fullness, you are God.***

Now how about trying the words, "I Bless you"? If this embarrasses you, mentally say the "I" and verbalize the words "Bless You".

*You spoke earlier of our group friend who created a merger with the Divine and her husband's energies to facilitate his healing. But don't all of us do this while healing another? Surely healing cannot take place without a merger?*

You are correct. But in this case, her intensity was magnified because it was her husband, and not a total stranger. Her quiet, certain 'knowingness' was her merger.

*What if you have knowingness and certainty that healing can take place, but the third party is not willing to participate in the process?*

Then you have knowingness about that; and you do not have the right to force another to heal. So you either back off or choose to work from a different tack. Let us give you an example of this.

You are, perhaps, working to send light and healing to a loved one who is completely resistant to this energy. You might choose to stop

sending 'healing energy'; and instead send him the 'energy of awakening'. That could, possibly, provoke him to merge more strongly with his own higher soul and start accepting your healing light.

*What is faith?*

Let's first open this up to the group.

*(Group member 1) Belief in the self.*

*(Group member 2) My faith is in the Supreme.*

Dear Friends, it is now time that you all need to be certain that you are merged with the Supreme. ***Faith is believing in and honoring the self.*** Not just this incarnation, but in the SELF.

This, dear friend, does not violate your faith in the Supreme. It just takes you to a new level of merger. It helps you KNOW that you are an invaluable part of the Supreme. No more "the little me"!

*When you have faith in someone else, aren't you giving away your power? But when you have faith in the self, you are empowering the self.*

Faith and Power and inexorable intertwined. But again, we are speaking of Power in its purest form. When you speak of power on earth, you are generally referring to imbalances of power. True ***power*** can be summed up on one sentence: ***an acknowledgment and an appreciation of your own magnificence.*** How many of you can remain in balance, say "I am Magnificent", and believe it?

*Many mediums and healers say, "I am just an instrument of the Divine." Though I know that I am very much a part of the process, I find that I sometimes have to say 'humbling' things like this to make it acceptable and palatable to the client. I sometimes worry about this: is this correct or is this manipulation of another?*

***As long as you ensure that you are coming from a space of pure intent and energetic integrity, you may use whatever words you need to reach another. Your aim is to get the message across.***

Manipulation is not necessarily a 'dirty word'. You manipulate the course of a river to irrigate many fallow fields. You manipulate nuclear power to electrify a city. These are examples of manipulation with energetic integrity. But you can also manipulate nuclear power to destroy a city.

***Haven't you realized by now that we Masters constantly manipulate you?*** (Laughter) Yes; we pull your strings, tease you, excite you and tempt you with tidbits of knowledge...to help you grow and evolve.

*Hey, I'm my own Master!* (Laughter)

You are indeed! Don't you titillate yourself? Yes, exactly! It is all one. You are the Master and the Pupil. You are the Musician, the musical instrument, and the music.

*Could you speak to us of Cellular Memory?*

*(A note from Sohrab: The Master's answer confused everyone. While transcribing this section of the meeting, I have kept the original content but simplified the wording; occasionally adding to it, to make it more comprehensible.)*

Let us speak of this, as it pertains to the Human Race. It is different for the other kingdoms of Earth.

There is an energetic through-line between all your various incarnations. We are no longer going to refer to these as past, present and future ones. You already know that, from a Universal perspective, time just IS.

Therefore, your various incarnations run simultaneously and concurrently. Each incarnation is of a differing level of vibrational advancement, and each undergoes a unique set of experiences.

***The cells from all your incarnations (earthly or otherwise) are in constant energetic communication with one another. This could be likened to an ongoing conference-call between all parts of the self.***

Now let's take an example. Let us assume that an aspect of one person is a primitive cave-man, filled with two predominant emotions: fear and a strong survival-instinct. The cells of that caveman will then transmit these two aspects to the cells of all his concurrent and simultaneous incarnated parts.

In the same way, as you sit here right now, listening to this discourse and gaining knowledge and wisdom, you are simultaneously spreading this quality to all your incarnated aspects.

***You are now beginning to understand that cellular memory is not static. It is constantly ebbing and flowing, passing back and forth.***

However, in an individuated lifetime, you do have strongly-embedded emotions created by events in your childhood. Let us assume that you have a deep fear of authority figures, due to various experiences in your youth. This fear will remain relatively constant, from your perspective, till such times as you choose to work on it. And for as long as it remains constant, that is the energy you will be passing on to all your simultaneous selves.

But even this deep-seated fear will be constantly influenced by the energies being transmitted to you by different aspects of the self. So, if several of them grow in empowerment and project this towards you, this fear will automatically be diluted and will reduce. ***It's a***

***non-stop give-and-take between all aspects of the incarnated selves.***

***Now this sounds like you are 'at the mercy' of all parts of the less-evolved self. You are not.*** If you self-search and dedicate yourself to growth and personal evolution, you naturally raise your own vibrations. Now the harsher, base vibrations 'coming at you' from other lifetimes begin to affect you less and less. Simultaneously, you begin to interact more and more with higher-vibrational aspects of the self, thereby receiving higher and higher doses of their energies.

This could be amusingly likened to exchanging a group of self-destructive friends for more thoughtful, loving, cultured ones. This is self-created energetic refinement.

We will continue the question and answer session next week.

THE MAHA AVATAAR BABAJI BLESSES YOU.

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